

Chaitanya Sattva: A UHV Cell of CBIT

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1	Chaitanya Sattva:A UHV Cell of CBIT	14-07-2023	Guest Lecture on “Inner leadership and Anger Free living”	100	2
2	Chaitanya Sattva:A UHV Cell of CBIT	3-8-2023	Guest Lecture on “Finding your balance: Navigating Diets and Lifestyles” for Staff of CBIT	15	15
3	Chaitanya Sattva:A UHV Cell of CBIT	10-9-2023	Hans India Marathon	60	25
4	Chaitanya Sattva:A UHV Cell of CBIT	25-09-2023 to 27-09-2023	Introductory lectures about Value Added Course on YES!+	600	40
5	Chaitanya Sattva:A UHV Cell of CBIT	24-11-2023	Guest Lecture on “You Walk this way only Once in your Life” on the Occasion of Sattva Anniversary	130	58
6	Chaitanya Sattva:A UHV Cell of CBIT	24-11-2023	Guest Lecture on “WIN-WIN-WIN” exclusively for the Faculty on the Occasion of Sattva Anniversary	10	74
7	Chaitanya Sattva:A UHV Cell of CBIT	25-11-2023	Guest Lecture on “Mind Power Management” on the Occasion of Sattva Anniversary	180	83
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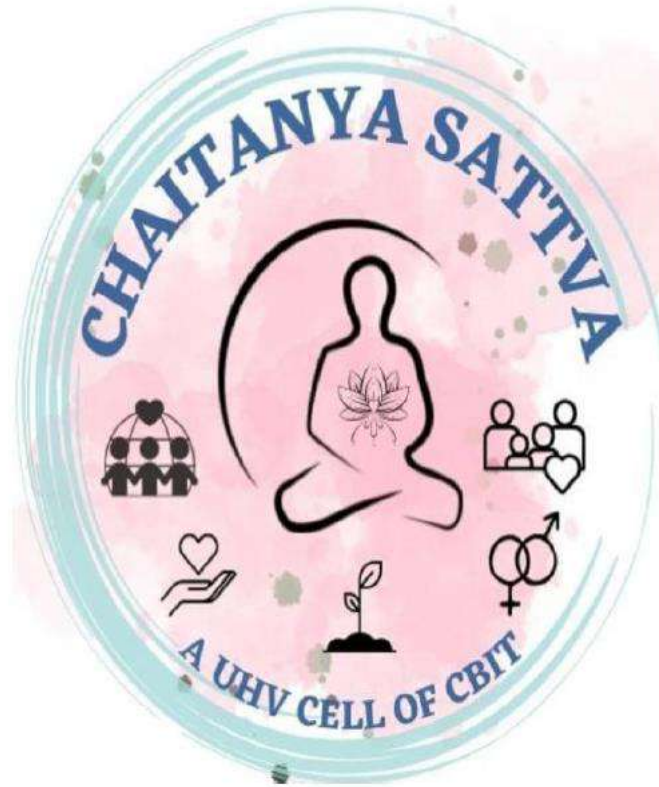
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COMMITTED TO RESEARCH, INNOVATION AND EDUCATION

45

years





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No.CBIT/126/Admn./2023

Dt.13.07.2023

CIRCULAR

It is proposed to organise a Guest Lecture on "Inner Leadership and Anger free living", by the Department of Civil Engineering in association with Chaitanya Sattva, the UHV cell of CBIT, on 14.07.2023 from 3:00 PM to 4:30 PM onwards in the N-Block Seminar Hall. The lecture will be delivered by Sister B K Deepa, a Senior Rajyoga Teacher from Brahma Kumaris, a World Spiritual University having more than 30 years of experience.

All the interested Staff and Students are directed to attend the event without detrimental to the classwork and other important works. Attendance will be recorded for those who attend the event.

For any further information contact the program Co-ordinator of the event, Dr. Kamalini Devi, Assistant Professor, CED, Mobile: 9337683749, Dr Angshuman Das, Assistant Professor, CED, Mobile: 9991016357 & Student Co-ordinator of UHV Cell Mrs. Shaik Seema, Mobile: 98665 47591.



CHE
PRINCIPAL

To

All the Advisors, Directors, Associate & Assistant Directors, Heads of the Departments, In-charges of Sections, Librarian, CoE, Head-HR, Asst. PD & PRO, for information and advised to circulate among all the staff and students under their control.

ACKNOWLEDGEMENT

It's our pleasure in thanking our honourable chief guest, 'Sister BK Deepa' from the bottom for our hearts. We as a committee are delighted to express our gratitude and respect to our principal 'Prof. C. V. Narasimhulu Garu 'and Director of Student affairs and Progression, professor 'Dr. P. Ravinder Reddy Garu 'for supporting us in every aspect of club work. We want to convey our special thanks to our faculty coordinators – 'Dr Kamalini Devi, Assistant Professor, CED' and 'Dr Angshuman Das, Assistant Professor, CED' who guided us. We would like to express our sincere appreciation to everyone who contributed to the success of the Event. Without your support, this event would not have possible.

We also extend our appreciation to all the attendees, volunteers and staff members who participated in the Event and contributed to its success.

ABSTRACT

The report reviews on the guest lecture on “Inner leadership and Anger Free living” which was conducted on 14-07-2023 from 3:00 p.m. to 4:00 p.m. by Chaitanya Sattva -the UHV cell of CBIT in association with Brahma Kumaris. This lecture was held at N-block Seminar Hall. The main objective of the program is to convey the importance of inner leadership and anger free living and more than 100 students attended and made the event a grand success. All the guests and dignitaries addressed the gathering and enlightened the students with their valuable words. The guest lecture was interactive, and the participants were able to interact and share their ideas and experiences, which contributed to the inner leadership and anger-free living. This report presents the detailed account of the event, including its objectives, agenda and outcomes. It also highlights the contribution of the speakers, Participants and organizers who made the event success.

INTRODUCTION

Brahma Kumaris is a worldwide spiritual movement dedicated to personal transformation and world renewal. Founded in India in 1937, Brahma Kumaris has spread to over 110 countries on all continents and has had an extensive impact in many sectors as an international NGO. However, their real commitment is to helping individuals transform their perspective of the world from material to spiritual. It supports the cultivation of a deep collective consciousness of peace and of the individual dignity of each soul. Chaitanya Sattva -the UHV cell of CBIT in association with Brahma Kumaris conducted a guest lecture on “Inner leadership and Anger free living”.

Dr Kamalini Devi mam has invited honourable Principal Prof. C. V. Narasimhulu Garu, Chief guest Sister BK Deepa, Professor Dakshina Murthy sir, CED and P.V. Prasad sir, EEE Department on to the dias. Dr Angshuman Das sir explained the importance of maintaining inner peace and being resilient in every situation. Thereafter, Prof. Dakshina Murthy sir expressed his valuable views on how inner self and nature works in hand in hand. He also mentioned that the love of a mother is nine months older than that of a father. Sir also described about the importance of controlling our emotions and suggested that the yoga is one of the best practices to do this while also learning about the cosmos, our physical requirements, and everything else. He also thanked the event organizers. Professor P.V. Prasad sir said that the subject UHV should not be perceived as subject for credits scoring. Sir suggested students to inculcate the human values taught in the UHV sessions should be imbibed into the daily lives of students to lead a better life.

Now Sister Deepa has been invited to enlighten talk about Human values. Sister first made sure every student was comfortable and grabbed their attention by introducing herself and where she came from. Sister addressed the types of problems faced by many of the students in this current day scenario. She mainly focussed on the problems relating to mental health. She interacted with students in knowing what all other kinds of problems faced by them and made the session interactive. Gradually sister deep dived into the topic of inner leadership.



Sister mentioned that the inner leadership is nothing but directing our own internal organization. Sister further described about how soul, spiritual energy, self is different from our physical body. She mentioned that in order to become good leader, the innate identity, which refers to spiritual self, must

be the master. Sister explained the importance of our self, spiritual energy in our life. She mentioned few ways to empower and nourish it. Sister enlightened the audience by telling the importance of empowering and nourishing both self and physical body in managing our daily life. She shared her observation from her experience that the time and energy we invest in the self to empower the self, to energise the self, the effect of that on the other areas of our life should be observed. To make the session more interactive and interesting, Sister Deepa displayed few virtues on the screen and asked every student to stand up and introduce themselves based on their signature virtues with at least 5 people around them.



She mentioned that meditation is a wonderful technique that enables us to connect with our higher selves, to the ultimate, and empower ourselves with his serenity, peace, love, forgiveness, and strength so that we can forgive one another. To make the students experience the taste of mediation, Sister Deepa played a peaceful, calming background music and asked the students to meditate. The session was ended with the vote of thanks. By the end of session, every student left the hall with full of positivity and got an idea on how to handle any kind of situation with their calmness.

CONCLUSION

The guest lecture conducted by the Department of Civil Engineering in association with Chaitanya Sattva, the UHV cell of CBIT was a huge success and achieved its objective of promoting inner leadership and anger-free living and helped a lot of participants to lead a better life. The event featured renowned speaker Sister Deepa and her interactive session that engaged participants and helped them with practical knowledge and strategies to apply in their lives. The organizers deserve praise for their efforts in organizing such a great event, and the club look forward to attending similar events in the future.

BIBLIOGRAPHY

- <https://drive.google.com/drive/folders/1BbMDSzkugffr9POLm81TQdyrT9MvOuYa?usp=sharing>

APPENDIX

Roll list of IV Sem AI			
S. No	HTNo	Name of the Student	Signature
1	160121732001	ALLAMRAJU LALITHA LAKSHMEERAJYAM	Allam
2	160121732002	BACHALA PRAVALIKA	Pravalika
3	160121732003	BANOTHU ANUSHA	Anusha
4	160121732004	DEVARAPALLY GRACE MAHITHA	Grace
5	160121732005	EDARA V S S SAHITHI	Sahithi
6	160121732006	IRUGU PUTEENA	Puteena
7	160121732007	JATLING ESHA	Esha
8	160121732008	KANCHANI SAI CHANDANA	Chandana
9	160121732009	MAMATHA CHOUDHARY	Mamatha
10	160121732010	MAREDVALLY SREEYA	Sreeya
11	160121732011	MEGHANA MANNE	Meghana
12	160121732012	MUTHE SREEJA	Sreeja
13	160121732013	NENAVATH AKHILA	N. Akhila
14	160121732014	PALLI THANMAI	P. Thanmai
15	160121732015	PANDITI SAI VENKATA CHERISHMA	Cherishma
16	160121732016	RAGAM ASRITHA	Asritha
17	160121732017	RAGAM DEEKSHITHA YADAV	R. Deekshitha
18	160121732018	SHAIK AFREEN	Afreen
19	160121732019	SHETTY BHARGAVI	Bhargavi
20	160121732020	ABDUL RAFEH CHOUHAN	Rafeh
21	160121732021	ADIGOPPULA NITHISH	Nithish
22	160121732022	AKKAPATHRI SUSHANTH PAUL	Sushanth
23	160121732023	ANKATALA SHASHIKANTH GOUD	Shashikanth
24	160121732024	BHUKYA SHARATH	Sharath
25	160121732025	CHALLURI PREMKUMAR	Premkumar
26	160121732026	CHERAKUTHOTA VISHRUTH KRISHNA	Vishruth
27	160121732027	DEVASANI RAMCHARAN	Ramcharan
28	160121732028	ERLA SHANTHI KUMAR	Shanthi
29	160121732029	G SUNIL	Sunil
30	160121732030	GATLA VIVEK	Vivek
31	160121732031	GUNDLA ANURAG	Anurag
32	160121732032	K NITISH	Nitish
33	160121732033	KARTHIK KASTURI	Karthik
34	160121732034	KAVALI MALLIKARJUN	Mallikarjun
35	160121732035	KONDOJU MUKTESH	Muktesh
36	160121732036	KUDUMULA SRI HARSHITHI REDDY	Harshithi

K. Dore
19/11/23

S. No	HTNo	Name of the Student	Signature
37	160121732037	LAKKIREDDY GUNA CHARAN REDDY	<i>[Signature]</i>
38	160121732038	M SRINIVAS	<i>[Signature]</i>
39	160121732039	MAGGIDI SRAVAN KUMAR	<i>[Signature]</i>
40	160121732040	MALOTH UDAYKUMAR	<i>[Signature]</i>
41	160121732041	MEKA SAI PRANAY	<i>[Signature]</i>
42	160121732042	MOHAMMAD ABDUL KHALID FARHAN	
43	160121732043	MOHAMMAD SAIFUDDIN	
44	160121732044	MOHAMMED NOUMAN	
45	160121732045	MUDAVATH MEGHANATH	<i>[Signature]</i>
46	160121732046	NAARU LITHEESH KUMAR REDDY	<i>[Signature]</i>
47	160121732047	NADIMPALLI SUBHAVAN VARMA	<i>[Signature]</i>
48	160121732048	NAGULAPALLY SAIKUMAR	<i>[Signature]</i>
49	160121732049	NATTUVA HARI RAGHAVENDRA PRASAD	<i>[Signature]</i>
50	160121732050	O SAI KUMAR	<i>[Signature]</i>
51	160121732051	PALLEBOINA GOPICHAND	<i>[Signature]</i>
52	160121732052	PALLERLA D M SANTOSH REDDY	<i>[Signature]</i>
53	160121732054	PUTTA PAVAN	<i>[Signature]</i>
54	160121732055	PUTTHA VIVEK REDDY	<i>[Signature]</i>
55	160121732056	S AJAY REDDY	<i>[Signature]</i>
56	160121732057	SABAVATH NAVEEN KUMAR	<i>[Signature]</i>
57	160121732058	SHAIK ABDUL SAIFULLAH	<i>[Signature]</i>
58	160121732059	SHAIK MOHAMMED ABDUL RAHMAN	<i>[Signature]</i>
59	160121732060	SHERI TEJESHWAR REDDY	<i>[Signature]</i>
60	160121732061	SIRIGARAPU ASHRITH RAJ	<i>[Signature]</i>
61	160121732062	VAKUDOTH MAHESH NAYAK	<i>[Signature]</i>
62	160121732063	VANDANAPU ABHIRAM	<i>[Signature]</i>
63	160121732064	YIRRINKI KRISHNA TEJA	<i>[Signature]</i>
64	160121732301	KANDALA VARSHITH	<i>[Signature]</i>
65	160121732302	MYAKALA MAHARSHI	<i>[Signature]</i>
66	160121732303	IRUKULLA VENKATA SAI	<i>[Signature]</i>
67	160121732304	BELLAM AKSHITHA	<i>[Signature]</i>
68	160121732305	EMULA GANESH	<i>[Signature]</i>
69	160121732306	MANDA PRALAYA	<i>[Signature]</i>
70	160121732314	GONELA HARIKRISHNA	<i>[Signature]</i>
71	160121732315	SANA FIRDAUS	<i>[Signature]</i>

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BE, IV Sem Roll List A2

Sno	HTNo	Name of the Student	Signature
1	160120732099	MD SAMEER KHAN	
2	160120732106	KOPPULA SIDDU PRASAD REDDY	
3	160121732071	AZMEERA PAVANI	
4	160121732072	CHIDRUPPA VISHWA	A. Pavani
5	160121732073	CHIKKULLA SREEJA	Ch. Vishwa
6	160121732074	GETTY VENKATA NANDITHA RAO	Sreeja-ch
7	160121732075	GUDIBANDLA SUNAINA	Getty
8	160121732076	GUGULOTH SONAL	Gudibandla
9	160121732077	GUGULOTH USHA	Guguloth
10	160121732078	KAMISSETY NIHARIKA	Usha-G
11	160121732079	KOTHULA PRATHYUSHA	Niharika-k
12	160121732080	KUSUMITHA POTHARLANKA	Prathyusha-k
13	160121732081	P MANVITHA	P. Kusumitha
14	160121732082	SALENDAR SNEHA	P. Manvitha
15	160121732083	SHERI GAYATHRI	S. Sneha
16	160121732084	SHERI GOWTHAMI	
17	160121732085	VATTI SREE SATYA NAGA ANJANI	Sheri
18	160121732086	VUJINI REETHU	Vatti
19	160121732087	ATHOTA SUBHUSHAN	Vujini
20	160121732088	B VENKATA SAI HANISH REDDY	Athota
21	160121732089	BANDARI ARYAN REDDY	B. Venkata Sai Hanish Reddy
22	160121732090	BANDARI SAITEJA	Bandari
23	160121732091	BEGARI PRASHANTH	Bandari
24	160121732092	BHUKYA AAKASH NAIK	Begari
25	160121732093	DADVAI ARYAN	Bhukya
26	160121732094	DEVARAKONDA SAKETH	Dadvai
27	160121732095	DHOOLLA JASHWANTH SURYA VIGNA VENKAT	Devarakonda
28	160121732096	DOSAVADA VIKRAM REDDY	Dhoolla
29	160121732097	DUBALA SAKETH	Dosavada
30	160121732098	G NITESH	Dubala
31	160121732099	GOPU SAI KIRAN REDDY	G. Nitesh
32	160121732100	GUBISALA HARSHA SRI TOGENDRA KUMAR	Govu
33	160121732101	GUGLOTH JEEVAN	Gubisala
34	160121732102	JANAGAM GOVARDHAN DATTA	Gugloth
35	160121732103	JUJAVARAPU SAKETH	Janagam
36	160121732104	K KRISHNARJUN REDDY	Jujavarapu

K. Devi


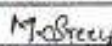

Anjani

BE, IV Sem Roll List A2

Sno	HTNo	Name of the Student	Signature
37	160121732105	K SAI THEJA	
38	160121732106	KARRI ABHIRAM	
39	160121732107	KARUKONDA SAI KIRAN	
40	160121732108	KATRAVATH RAHUL	
41	160121732109	KONTHAM MANIKANTA	
42	160121732110	LAXMAREDDYGIRI MANIDEEP REDDY	
43	160121732111	M SHANKAR VARUN	
44	160121732112	MACHERLA VAISHNAV GANESH	
45	160121732113	MADU SHRI MOKSHAGNA GOUD	
46	160121732114	MALLEGARI SHANMUKH REDDY	
47	160121732115	MERUGUMALLA ROHITH KRISHNA	
48	160121732116	MODALA SAI SNOHITH SAGAR	
49	160121732117	NOMULA ROHITH REDDY	
50	160121732118	P S ANUSH REDDY	
51	160121732119	P UDAY KIRAN	
52	160121732120	PANDULA VINAYKUMAR	
53	160121732121	PARASELLI JAGADEESH	
54	160121732122	PATHLAVATH AKASH	
55	160121732123	PENTA ROHITH	
56	160121732125	RAGULAKOLA PRADEEP KUMAR	
57	160121732126	REKHENDER LOKESH	
58	160121732127	SD ASIF	
59	160121732128	SHAIK AFROOZ	
60	160121732129	THONTI RAYUDU	
61	160121732130	THOTA LALEETH SHIVA KUMAR	
62	160121732131	UDUTHA VISHNU VARDHAN	
63	160121732132	YELE LAKSHMI NARASIMHA	
64	160121732307	MADIPALLY MALLIKARJUN	
65	160121732308	PUPPALA SWETHA	
66	160121732309	BOINI THIRUPATHI	
67	160121732310	GADAPA MADHU	
68	160121732311	BANOTHU NIKHIL	
69	160121732312	BANOTHU PRIYANKA	
70	160121732313	SHAIK SANA TASLIM	
71	160121732315	SANA FIRDAUS	

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Saalva Team

Dept	Roll No	Name	Signature
CIVIL	160121732032	K. Nithish	
CIVIL	160121732010	Sreya Reddy	
CIVIL	160121732007	Asha	
EEE	160121734041	Jay Balaraj	
EEL	160121734091	Pritham	
CHEM	160122502010	Tharun	

for
Head of

K Dene Anglana



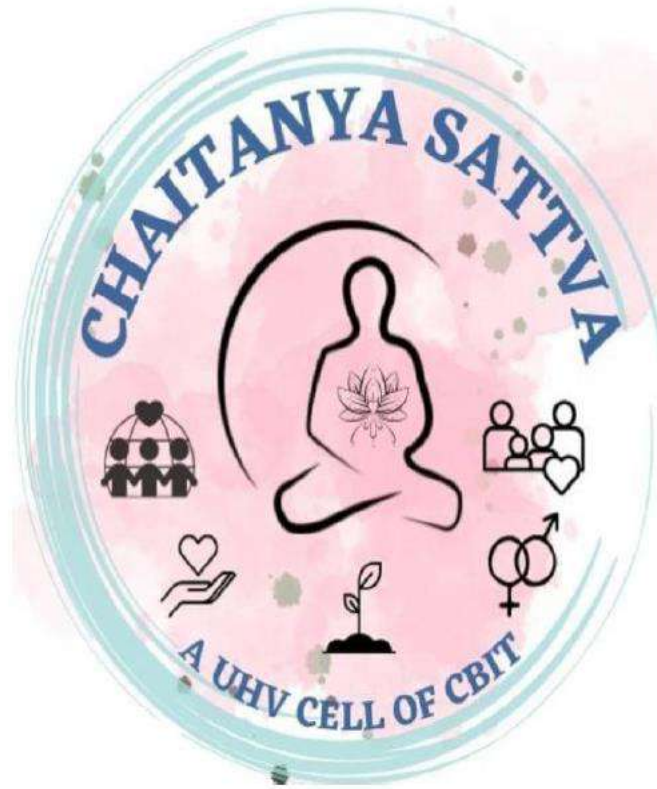
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No. 954/CBIT/AEC/IC/2023

Dt.02-08-2023

CIRCULAR

Chaitanya Sattva: A UHV Cell of CBIT is collaborating with **The ART OF LIVING Organization** to conduct a Session for faculty on **“Finding Your Balance: Navigating Diets and Lifestyles”**. For addressing faculty, we are welcoming **Sri Manas Ram Garu**, a renowned Mindfulness & Yoga Guru. The session will take place from 4:00p.m. to 5:00p.m. on 03/08/2023 in N-block Seminar Hall.

Manas Ram is an Art of Living facilitator. He has been volunteering and facilitating Personality Development and Youth Programs using the techniques of Mind Management, Yoga & Meditation for over 10 years. He also worked as a Head of Outreach with The Harvard Model United Nations and as a consultant with Worldview Education. He has conducted Mind Management sessions in premium institutions across the world like UC Berkeley, UN, University of Sydney, ISB, IIT, etc. He has taught courses to a wide range of audience that include Indian Army & Navy officials, IAS officers, Professors, celebrities & students from across the country. All the faculty members are requested to attend the Session without fail.

For Any Further Information, contact the program Co-ordinator of the Club, C. Srisailam, Assistant Professor, EEE, Mobile: 9039714123, Dr. G. Suresh Babu, Professor, EEE, Mobile: 9493411401 & Student Co-ordinator of the club A. Akshay, Mobile:7287078216.

Manas Ram
Co-ordinator
To Sattva Club

[Signature]
PRINCIPAL

All Heads of the Departments for information and with a request to arrange for circulation among all the faculty members under their control.

All the Advisors, Directors, Associate / Assistant Directors / Joint Directors, COE, Librarian, Head - HR, Asst. Physical Director for Information.

WBC to upload the same on our website.



CHAITANYA SATTVA

-A UHV cell of CBIT



Chaitanya Sattva Club
Cordially invites you for the session on

*Finding your balance:
Navigating Diets and Lifestyles*

by

Sri Manas Ram garu

A Renowned Mindfulness & Yoga Guru

AUGUST

THURSDAY

03

2023

4:00 - 5:00PM

Venue:

N- block Seminar hall

Student Co-Ordinator:

A. Akshay

contact: 7287078216

ACKNOWLEDGEMENT

It's our pleasure in thanking our honourable chief guest, 'Manas Ram' from the bottom for our hearts. We as a committee are delighted to express our gratitude and respect to our principal 'Dr. C. V. NARASIMHULU Garu' and Director of Student affairs and Progression, professor 'Dr. P. V. R. Ravindra Reddy for supporting us in every aspect of club work. We want to convey our special thanks to our faculty coordinators – 'Dr G. Suresh Babu Garu, Professor, EEE', 'Shri. C. Srisailam Garu, Assistant Professor, EEE' and 'Dr N. R. Dakshinamurthy, Associate Professor, CIVIL' who guided us. We would like to express our sincere appreciation to everyone who contributed to the success of the Event. Without your support, this event would not have possible.

We also extend our appreciation to all the attendees, volunteers and staff members who participated in the Event and contributed to its success.

ABSTRACT

The report reviews on the guest lecture on “Finding your balance: Navigating Diets and Lifestyles” which was conducted on 03-08-2023 from 4:00 p.m. to 5:00 p.m. by Chaitanya Sattva -the UHV cell of CBIT in association with Sri Manas Ram Garu. This lecture was held at N-block Seminar Hall. The main objective of the program is to convey the importance of maintaining a balance in your life and diet and more than 15 faculty members attended and made the event a grand success. All the guests and dignitaries addressed the gathering and enlightened the students with their valuable words. The guest lecture was interactive, and the participants were able to interact and share their ideas and experiences on maintaining a balance in life and diet. This report presents the detailed account of the event, including its objectives, agenda and outcomes. It also highlights the contribution of the speakers, Participants and organizers who made the event success.

INTRODUCTION



Manas Ram is an Art of Living facilitator. He has been volunteering and facilitating Personality development and Youth Programs using the techniques of Mind Management, Yoga & Meditation for over 10 years. He is a certified Cognitive Behavioural Therapist, Neuro Linguistic Practitioner, Reiki Master Healer, Google certified Digital Marketing analyst and a Life Coaching expert. He has conducted mind management sessions in premium institutions across the world like UC Berkeley, UN, University of Sydney, ISB, IIT, etc. He has taught courses to a wide range of audience that include Indian Army & Navy officials, IAS officers, Professors, celebrities & students from across the country. Prior to that, he worked as a Head of Outreach with The Harvard Model United Nations and as a consultant with Worldview Education. With a bachelor's in technology and a Masters in Yogic Science, he makes a perfect combo to facilitate the programs that include ancient techniques with contemporary relevance. He is also a Yoga certification Board certified, Yoga Teacher who has trained over 3000 professionals from 60 countries.



The Art of Living Foundation Founded in 1981 by Gurudev Sri Sri Ravi Shankar, The Art of Living Foundation is an educational and humanitarian movement engaged in stress-management and service initiatives. The foundation's programs have helped millions around the world to effectively combat stress and disease thus improving their health and well-being. The Art of Living operates globally in over 162 countries and has touched the lives of over 425 million people.



Chaitanya Sattva -the UHV cell of CBIT in association with Sri Manas Ram Garu conducted a guest lecture on “Finding your balance: Navigating Diets and Lifestyles”.

We eat approximately 2kg of food every day and drink 2.5 litres of water every day. But do you know how much air we breathe every day? About 10000 litres of air!! And yet we don't pay attention to our breath! On an average, a person takes around 23,000 breaths in one day. Yet, how much do we know about our breath? A child smiles 400 a day, a teenager only 17 times, an adult rarely smiles. If the lungs were open flat and spread, they would cover the entire size of a tennis court! How many of you would like to be happy and healthy? The mind keeps going into the past and the future, so how to keep the mind in the present moment? We cannot deal with the mind from the level of the mind. Food, Sleep, Breath, A Calm Meditative Happy State of Mind.

These are the sentences from Manas Ram Garu which grabbed attention from the viewers. Manas Ram Garu expressed the importance of mind control and stress and its effects with the body. He taught how to tackle the resistance of control of mind. Having control and management of mind will lead to a better and balanced life. Our principal expressed his views on balance of life.



Gandipet, Telangana, India

98R9+9CW, Kokapet, Gandipet, Hyderabad, Telangana 500075, India

Lat 17.391018°

Long 78.31849°

03/08/23 04:40 PM GMT +05:30

Google

CONCLUSION

The guest lecture conducted by the Department of Civil Engineering in association with Chaitanya Sattva, the UHV cell of CBIT was a huge success and achieved its objective of promoting balance of lifestyle and diet and helped a lot of participants to lead a better life. The event featured renowned speaker Shri Manas Ram Garu and his interactive session that engaged participants and helped them with practical knowledge and strategies to apply in their lives. The organizers deserve praise for their efforts in organizing such a great event, and the club look forward to attending similar events in the future.

APPENDIX

FEEDBACK FORM

Name: Dr. K Jagannadha Rao

Phone number: 9849075484

Did you enjoy the session?(Y/N): Y

What did you like most in the session?: Controlling diet,

not by consumption but by controlling
mind.

K
3/8/23

Feedback from faculty



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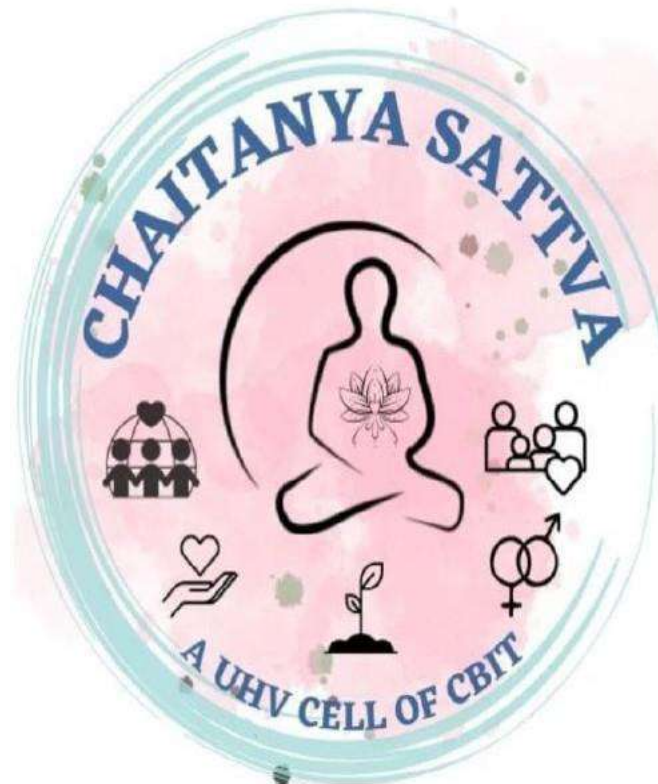
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COMMITTED TO
RESEARCH,
INNOVATION AND
EDUCATION

45

years



Hans Hyderabad Marathon 2023

Hans Hyderabad Marathon on
10.09.2023 On eve of
"WORLD SUICIDE PREVENTION DAY"

Event Date :
10th September 2023

Timings :
5 am to 10 am

Event Venue :
People's Plaza - Half and Full Marathon
Gachibowli Stadium - 5km & 10km

Register Here



Media Partners



For Details Contact

+91 8096967741, +91 9985100008, +91 9705555551

Hyderabad,
Date:-30/08/2023.

To,
The Principal,
Chaitanya Bharathi Institute of Technology, (Through proper channel)
Hyderabad.

Sir,

Sub: Permission-World Suicide Prevention Day-Marathon 2023 -Hans India -Request -reg.
Chaitanya Sattva: A UHV Cell of CBIT is collaborating with Hans India Organization to
conduct a **MARATHON 2023** on eve of "World Suicide Prevention Day". The Event is
going take place in People Plaza and Gachibowli Stadium on 10th September, 2023 from
5AM to 10AM.

So, We request you to give permission for necessary arrangements and to conduct the event
smoothly.

Yours Sincerely

Thanking You,

I

FACULTY CO-ORDINATORS

P. Azeez Khan(VII Sem, B.E., EEE),
Vice President,
EEE)
Chaitanya Sattva club.

C. Srisailam (Assistant Professor,

Dr. N. R. Dakshinamurthy (Associate Professor, CIVIL)

Dr. G. Suresh Babu (Professor, EEE)

Recommended & Proposed

- ① No financial commitment
- ② Counts as a social activity conducted
in collaboration with Hans India
- ③ 10th Sept being Sunday, there is no
interference of class work.

P. Azeez Khan
31/8/2023

P. Azeez Khan
31/8/2023

C. S.

Undertaking for 'Hans India Marathon 2023'

Date: __/09/2023

I, _____, a registered student of CBIT, has voluntarily chosen to participate in the 'Hans India Marathon 2023,' scheduled to take place on 10-09-2023.

I would like to make it explicitly clear that the college and its authorities shall not be held responsible for any incident or injury that may occur during the aforementioned event. Also, I acknowledge and understands the inherent risks associated with participation in a marathon, and willingly undertakes this activity at their own discretion.

Furthermore, College will not be liable for any medical expenses, legal matters, or other consequences that may arise as a result of participation in the 'Hans India Marathon 2023.' I have been informed and understands that they are participating in this event as an individual and not as a representative or agent of the college.

By signing this undertaking, I agree to release and hold harmless College, its faculty, staff, and officials from any claims, damages, or liabilities arising from their participation in the 'Hans India Marathon 2023.'

This undertaking is voluntarily signed by _____ on this date __/09/2023.

Student's Signature with Date

Parents Signature

Student's Full Name:

Parents Name:

Student Roll No.:

Department:

Contact no.:

ACKNOWLEDGEMENT

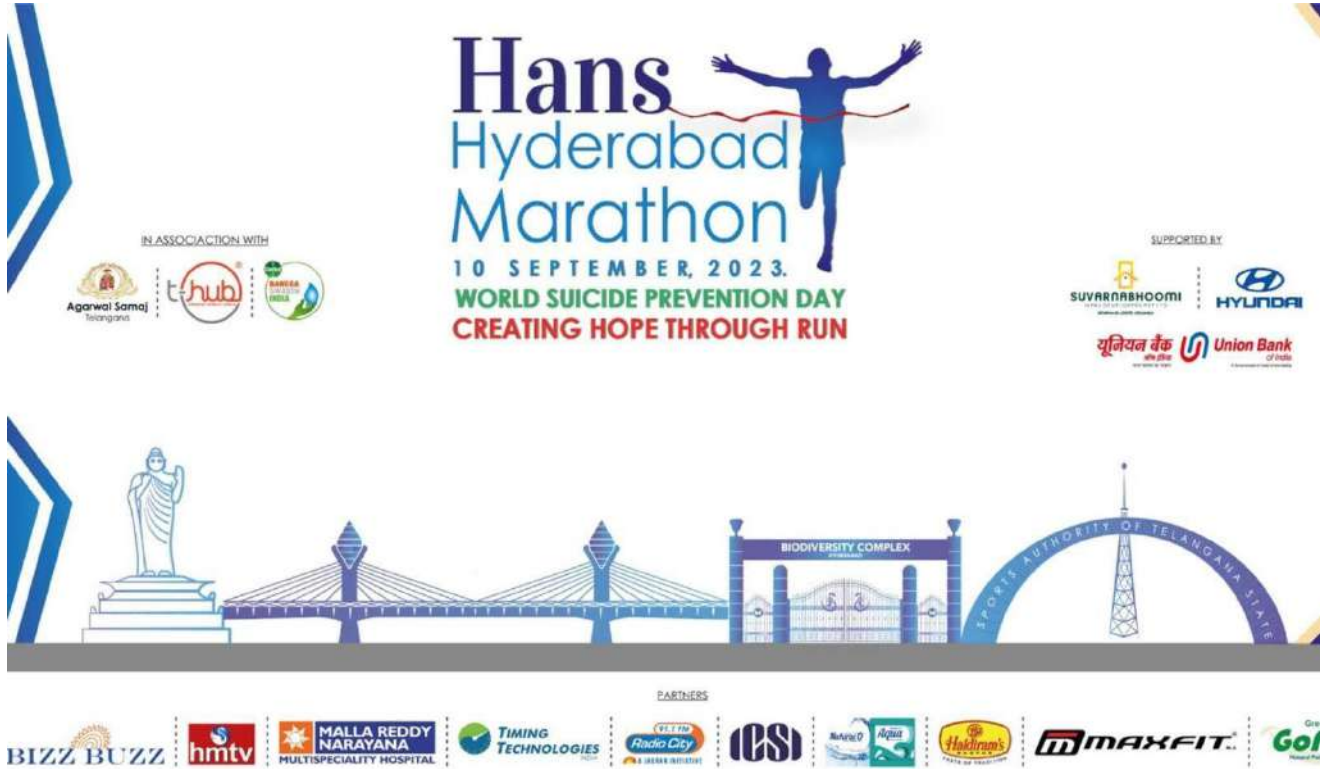
We as a committee are delighted to express our gratitude and respect to our principal 'Prof. C. V. Narasimhulu Garu 'and Director of Student Affairs and Progression 'Dr P. V. R. Ravindra Reddy Garu' for supporting us in every aspect of club work. We want to convey our special thanks to our faculty coordinators – 'Dr G. Suresh Babu Garu, Professor, EEE', 'Shri. C. Srisailam Garu, Assistant Professor, EEE' and 'Dr N. R. Dakshinamurthy, Associate Professor, CIVIL' who guided us. We would like to express our sincere appreciation to everyone who contributed to the success of the Event. Without your support, this event would not have been possible.

We also extend our appreciation to all the attendees, volunteers and staff members who participated in the Event and contributed to its success.

ABSTRACT

The report reviews on the series of events that were conducted on “World Suicide Prevention Day” by Chaitanya Sattva -the UHV cell of CBIT in collaboration with Hans India organization. This was held on 10th September 2023, at Peoples Plaza and Gachibowli Stadium from 5AM to 10AM. The main objective of the Marathon is to bring people together to share hope and promote preventive measures to reduce the number of suicides and suicidal tendencies. The theme of the program is to create hope through run, which aims to discuss, inform, and raise awareness on Mental health importance. People belonging to different age groups from all over the city have taken part in the Marathon. The marathon races consist of a Full Marathon, Half Marathon, 10K Run, and 5K Run. This report presents a detailed account of the event, including its objectives, agenda, and outcomes.

INTRODUCTION



World Suicide Prevention Day (WSPD) was established in 2003 by the International Association for Suicide Prevention in conjunction with the World Health Organization (WHO). The 10th of September each year aims to focus attention on the issue, reduces stigma and raises awareness among organizations, governments, and the public, giving a singular message that suicides are preventable.

According to the WHO estimates, India has the 41st highest suicide rate globally. It is estimated that more than thirty-five students end life every day. In the two Telugu states, around 1,300 suicides were reported in 2021. Being a socially responsible media house, Hans India which has been organizing Hyderabad Marathon since 2018 has now taken up the initiative to spread the message that life is precious, and suicide can never be a solution to any problem and should be avoided at any cost.

On the World Suicide Prevention Day, Chaitanya Sattva- a UHV cell of CBIT in collaboration with Hans India made a humble attempt to “Create Hope Through Action”, to draw attention of society to this important public health issue and to disseminate the message that suicides are

preventable. To make this day matter, over 5,000 runners participated in marathon to encourage and instill confidence among people and convey the message that there are many alternatives to make life successful. The Marathon was flagged off by The Hans India MD Hanumanth Rao from People’s Plaza at Necklace Road.



The venue for Full Marathon and Half Marathon was People's Plaza (PV Marg) while the venue for 5K and 10K run was Gachibowli Stadium. Prior to the Marathon there was a Zumba session at both the venues. The route for Full Marathon(42.2kms) was Starting Point at Tank Bund Peoples Plaza-via-one loop of necklace road-Raj Bhavan road-Minerva Coffee Shop-Punjaguta-TV9-LV Prasad Marg-Jubilee check post-Cable Bridge-Inorbit Mall-IKEA-Biodiversity- Cyberabad Police Commissionerate Gachibowli Police Station-ISB Road-Wipro Circle-Q City-Mysamma Temple Kanchi Gachibowli Road-University of Hyderabad-Indian Immunological housing complex-Finish point at Gachibowli Stadium. The route for half Marathon(21.1kms) was Starting Point at Tank Bund Peoples Plaza-via-Raj Bhavan road-Minerva Coffee Shop-Punjaguta Flyover-TV9-LV Prasad Marg-Jubilee check post-Cable Bridge-Inorbit-IKEA-Biodiversity-Cyberabad Police Commissionerate-Gachibowli Police Station-Finish point Gachibowli Stadium. The route for 10K run was starting point at Gachibowli Stadium (Indoor Stadium)-Gachibowli Station entrance gate-Old Bombay road-CMSD-Hyderabad University Main gate-Hyderabad University Bus Stop-Alind doyens' colony-Gul mohar Park colony-U-turn at Gul mohar Park colony followed by same path and finish point inside the Gachibowli Athletic Ground. The route for 5K run was starting point at Gachibowli Stadium (Indoor Stadium)-Gachibowli Stadium entrance gate-old Mumbai road-CMSD-Hyderabad University Main gate-U-turn at Hyderabad University Main Gate-Hyderabad University small gate-CMSD-Gachibowli entrance gate-Finish Point Inside the Gachibowli Athletic ground. The participants were provided with T-shirts, water/energy drinks, snacks, breakfast, Timing certificates and medals. There was an award ceremony right after the marathon. For all the four segments of Marathon winners have been awarded.





Images from event place (Gachibowli Stadium)



THE HANS INDIA



13/09/2023 HYDERABAD Pg 04

CONCLUSION

People belonging to different age groups across the city have taken part in the Marathon. Young people got the chance to display their enthusiasm and dedication to live a healthy lifestyle at the Marathon. By actively taking part in such events, people not only contribute to their own well-being but also served as an example for others to embrace wellness and physical fitness. The youth's passion for this marathon reflected their desire to have a good influence on society. With its Marathon effort, the Hans Hyderabad Marathon has been successful in involving and inspiring Hyderabad's younger people. It has evolved into a tool for advancing social concerns, mental health, and physical fitness. Participants have shown their happiness and gratitude for the opportunity the marathon has provided through their active participation. The organizers deserve praise for their efforts in organizing such a magnificent event, and the club look forward to attending similar events in the future.

APPENDIX

First Name	Last Name	Undertaking su	Mobile Number	T-Shirt size	Race: People's Plaza- Gachibowli Sta	T-shirt recieved	Signature
✓ Anoopkumar	Manthani	*	7794902421	L	Half Marathon	✓	M. Ag
✓ KUNDETI	SAI PRASAD	*	7702341054	L	Half Marathon		
✓ Nanneboyina	Manoj	*	6301672271	XL	Half Marathon	✓	Manoj
✓ Yellugani Anjan	Goud	*	7036787606	M	Half Marathon		
✓ Sahith reddy	Thummala	*	8309317012	M	Full Marathon	✓	Sahith
✓ Saikiran	Kangula	*	9398207416	M	Full Marathon		
Sarvotham	Naik	*	8106895177	M	Full Marathon		
Sri Manipal Yadu	Mudda	*	94937 22127	M	Full Marathon		
✓ Devanapally	SriHarsha	-	9618230960	L	5km Run	✓	Hd
✓ Devulapelly	Koushik	-	8179228861	S	5km Run	✓	KA
✓ Duggampudi	SriChandana	-	6302682035	M	5km Run	✓	OK
✓ Ferdoues	Mohammad	-	9701946360	M	5km Run	✓	Ferdous
✓ Manideep	Dasari	-	7288049740	M	5km Run	✓	MD
✓ Paleti	Satatha	-	9346309553	XXXL	5km Run	✓	Pa
✓ PHANITHA	BODA	-	6281500964	XS	5km Run	✓	Ph
✓ Aayushi	Kar	*	9182221664	M	5km Run		
Andrews	Deepak	*	7995140217	M	5km Run	✓	
Asritha	Ragam	*	9640491518	XL	5km Run		
Bachala	Pravalika	*	9398428354	XS	5km Run		
✓ Bharath	Pattepu	*	8341024029	L	5km Run		
✓ Chetan	Prasad	*	8125442308	L	5km Run	✓	
✓ Devashish	Mudigonda	*	8096723445	L	5km Run	✓	
✓ Dixith	Potu	*	8978877333	M	5km Run	✓	
Fatema	Sihorwala	*	9121764319	L	5km Run	✓	
✓ Gnandeep	Gadde	*	9885206649	L	5km Run	✓	Gnandeep
IRUGU	Puteena	*	6303388129		5km Run		
Jahnavi	Manoj	*	7382485555	M	5km Run		
✓ Jay	Sundar	*	9866076963	M	5km Run	✓	
Jeevika	Mekala	*	9110315072	S	5km Run		

✓ K. Jessy	Paul	*	6301520639	L	5km Run		
Keerthana	Sankuru	*	8309070641	M	5km Run	✓	Ked
✓ Jaasya	komimaraju	*	7013580723	XXL	5km Run	✓	Soft
Lalasa	Reddy	*	9014379255	M	5km Run		
✓ Mayoer	P	*	9398774076	L	5km Run	✓	Mayoer
✓ Namitha	Eittadi	*	7981460798	L	5km Run		
NENAVATH	AKHILA	*	9392989935	L	5km Run		
✓ Pendyala	Sriram Reddy	*	7995544020	M	5km Run	✓	Sriram
✓ Pragnay	Reddy	*	6304506210	XXL	5km Run	✓	Pragnay
Pratham	Reddy	*	8688258371	M	5km Run		
Rohith	Salla	*	9030500910	L	5km Run	✓	Rohith
Sai Abhiram	Alluri	*	9491395487	L	5km Run		
Sai Ganesh	Mandala	*	7013754077	M	5km Run		
✓ Sai karthik reddy	Palagiri	*	7981927449	L	5km Run	✓	Sai
SAI VARUN REI THOTA	*	*	8686858738	L	5km Run	✓	Varun
Saiteja	Dasari	*	8956464606	L	5km Run		
✓ Sathwik	Prayakarao	*	8341110444	XL	5km Run	✓	Sathwik
✓ Sathwik babu	GUNJULURI	*	7396515257	XL	5km Run	✓	Sathwik
Shiva	Runku	*	9391981774	L	5km Run	✓	Shiva
✓ Shivani	pervar	*	9177807444	L	5km Run	✓	Shivani
Shreya	Chennuri	*	09392228178	XS	5km Run	✓	Shreya
✓ Siddeshwar	Bodolla	*	9346604160	M	5km Run	✓	Siddeshwar
✓ Siddhartha	Dasari	*	9493733100	M	5km Run		
Sreehitha	M	*	9494441012	S	5km Run		
Sridhar	Chekurthi	*	8790467746	L	5km Run	✓	Sridhar
✓ Suguru	SaiGanesh	*	7093885856	S	5km Run	✓	Suguru
✓ Tasya	Vallabhaneni	*	9908807635	S	5km Run	✓	Tasya
✓ Uday Kiran Redi	Manda	*	7997594057	L	5km Run	✓	Uday Kiran
✓ Vajje	Deepanvitha	*	7207184493	S	5km Run	✓	Vajje
Sivani	Varada	*	8121044099	S	5km Run		
Akshaya	Paduru	*	9948433335	S	5km Run		

18

Mounica	Koganti		7661882345	XS	5km Run		
Haasini	Parimi		9005535533	S	5km Run		
Azeez	Khan	-	7032301307	XL	10km Run		
✓ Grandhi	Manognadevi	-	9502545583	S	10km Run	✓	Grandhi
✓ Keerthana	Nalla	-	8143766561	M	10km Run	✓	Keerthana
✓ Prashanthi	N	-	9328038044	M	10km Run	✓	Prashanthi
✓ Rahul	Kolluri	-	8008267609	XL	10km Run	✓	Rahul
Aawish	Kannoju	*	7013200445	M	10km Run	✓	Aawish
✓ anshika	gupta	*	9398509701	M	10km Run	✓	Anshika
Arpula	Akshay	*	7287078216	L	10km Run	✓	Arpula
Bhavana	Ganganamani	*	9440420687	XS	10km Run	✓	Bhavana
✓ N	Anjali	*	9959901428	S	10km Run	✓	N
N	Soumya	*	9618710461	XXL	10km Run	✓	N
REVANTH	THANEERU	*	7794965764	S	10km Run	✓	Revant
✓ Sahakar	Malleboina	*	8300866257	M	10km Run	✓	Sahakar
Samanth	Chinthakindhi	*	9652553226	L	10km Run		
shaik	seema	*	9666547591	S	10km Run	✓	Shaik
Soumya	Allenki	*	9618710461	XXL	10km Run		
✓ Tulasi	Rasamsetti	*	6300805754	S	10km Run	✓	Tulasi
Usama	Ahmed	*	9390938122	XL	10km Run	✓	Usama
✓ Vaishnavi Reddy	Reddy	*	9133642083	S	10km Run	✓	Vaishnavi
✓ Victor Paul	Jangiti	*	8523841791	M	10km Run	✓	Victor Paul
✓ Yashaswini	Sonte	*	7670975770	XS	10km Run	✓	Yashaswini
Riyaz	Mohammad		9676393884	M	10km Run		
Irshad	Mohammad		7396633541	M	10km Run		
Deepak	Anumala		7981358134	S	10km Run		
A. Anand	A. Anand		9651052204	M	10km Run	✓	A. Anand
G. Abhishek			6302315772	M	10km Run	✓	G. Abhishek
Adnan	Mohammad		9063064087	M	10km Run	✓	Adnan
C. Charan Kumar			9392345564	M	10km Run	✓	C. Charan Kumar
K. Keerthi Kalyan Reddy			9848887802	M	10km Run	✓	K. Keerthi Kalyan Reddy

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COMMITTED TO
RESEARCH,
INNOVATION AND
EDUCATION

45

years

CERTIFICATE

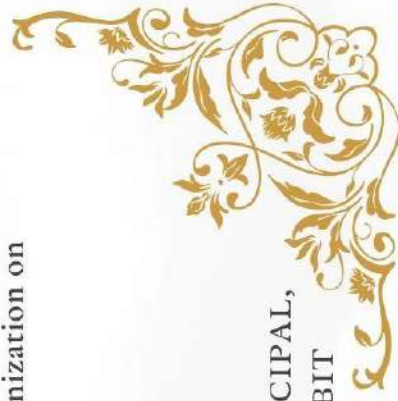
OF PARTICIPATION

This is to certify that,

has participated in "HANS INDIA MARATHON 2023" which is organized by
Chaitanya Sattva: A UHV Cell of CBIT in Association with HANS INDIA Organization on
10th September, 2023.

FACULTY COORDINATOR,
CHAITANYA SATTVA

PRINCIPAL,
CBIT



Certificates Link:-

<https://drive.google.com/drive/folders/1zzcNossPLufEWi1BvxszK99mJtJMfKC?usp=sharing>



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EDUCATION

45
years



CHAITANYA SATTVA

-A UHV club of CBIT.



REPORT ON
CHAITANYA
SATTVA
CLUB
YES+
GUEST
LECTURES

Hyderabad
22/09/2023

To,
The principal,
Chaitanya Bharathi Institute of Technology,
Hyderabad.

Respected Sir,

Sub: Request to conduct Introductory Lectures on Stress Management.

CHAITANYA SATTVA in Association with DEPARTMENT OF CIVIL ENGINEERING is planning to conduct a VALUE ADDED COURSE on YESI+(Youth Empowerment and Skills). As a pre-event for the Course, Introductory Lectures are being arranged in every department. This opportunity can be utilized by every student and get benefit out of the same. Sri Vamshi Krishna Garu, and Sri A. Krishna Garu, facilitators of ART OF LIVING, are going to address the students. In this regard it is requested to grant the permission for the conduction of Pre talk in the respective departments, the same is attached in the time table.

Thanking You,

Yours Sincerely,

Vineeth

Vineeth Reddy B,(VII Sem, IT H1)
Club Coordinator.

FACULTY CO-ORDINATOR

Dr. N.R. Dakshinamurthy (Associate Professor, CIVIL.)

K.Nitish (V Sem, Civil A1)
Department Coordinator.

Submitted to the principal
for approval. The time table is prepared in consultation
with the department.
22/9/23

Recommended & Forwarded

It may be conducted during the free periods

22/09/2023

C. V. S.

	1	2	3	4	5	6
MONDAY (25-09-2023)			BIOTECH EEE-1 ECE-2	AIML(C4) CSE-1	CIVIL-A1	
TUESDAY (26-09-2023)		ECE-3	AI&DS(I1) IT-1 MECH(F1)	AI&DS(I2) CHEM CSE-5 IT-3	ECE-1 CSE-2 EEE-2 AIML	
WEDNESDAY (27-09-2023)			IT-2	CIVIL A2	CSE-3 MECH(F2)	

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21/9/23

Handwritten signature
21/9/23

ACKNOWLEDGEMENT

We seize this moment to convey our heartfelt appreciation to our esteemed guests, including Mr Krishna Garu, Mr Udith Garu, Mr Omkar Garu, Mr Maheshwara Garu and Ms Aishwarya Garu. Their presence has made a significant difference, and we are sincerely thankful. We would like to extend our special appreciation to the faculty coordinators, Dr G. Suresh Babu sir, C. Srisailam sir and Dr N. R. Dakshinamurthy sir for their dedicated support and guidance throughout the guest lecture series.

ABSTRACT

During September 2023, the CHAITANYA SATTVA CLUB organized a series of guest lectures for various classes, drawing the enthusiastic participation of over forty second-year students from each class. The lectures primarily focus on the vital skill of mind management, which is an essential complement to traditional education in today's world. The gathering was graced by guests and dignitaries who delivered enlightening and valuable speeches to the students.

INTRODUCTION

In September 2023, the CHAITANYA SATTVA CLUB organized a series of guest lectures aimed at fostering soft skills, also known as people skills, which have gained substantial recognition in recent years, particularly in the context of career advancement. Research from esteemed institutions like Harvard University, the Carnegie Foundation, and the Stanford Research Centre consistently underscores the significance of well-developed soft skills, attributing a remarkable 85% of professional success to these skills, with the remaining 15% attributed to hard skills and technical knowledge.

To address the critical role of soft skills in professional achievement, YES+ (Youth Empowering Skills) hosted guest lectures, providing students with a platform to enhance these essential skills. This report aims to present insights from the lectures, focusing on youth empowerment and the cultivation of skills crucial for success in today's world.

The guest lecturer for one of these sessions was Mr Krishna Sir, a distinguished entrepreneur and member of the Art of Living community. Renowned for expertise in mind management, he regularly conducts classes on this subject in colleges.

The CHAITANYA SATTVA CLUB successfully organized guest lectures with active participation from various classes and speakers. The table below provides an overview of the classes and respective speakers:

S.no	Class	Speaker	Date of Guest lecture
1	CIVIL-A1	Mr Udith & Mr Krishna	25-09-2023
2	CSE-C1	Mr Udith	25-09-2023
3	CSE(AIML)-C4	Mr Krishna	25-09-2023
4	ECE-2	Mr Udith	25-09-2023
5	EEE-D1	Mr Vamshi Krishna	25-09-2023
6	CET-C5	Ms Aishwarya	26-09-2023
7	CHEMICAL	Mr Udith & Mr Harsha	26-09-2023
8	CSE-C2	Ms Aishwarya	26-09-2023
9	ECE-1	Mr Krishna	26-09-2023
10	ECE-3	Mr Krishna	26-09-2023
11	EEE-D2	Mr Udith	26-09-2023
12	IT-3	Mr Krishna	26-09-2023
13	MECH-F1	Mr Omkar	26-09-2023
14	AIML	Mr Omkar	26-09-2023
15	CIVIL-A2	Ms Aishwarya	27-09-2023
16	IT-2	Mr Udith	27-09-2023
17	IT-1	Mr Maheshwara	04-10-2023
18	MECH	Mr Krishna	04-10-2023
19	AI&DS-1	Mr Maheshwara	04-10-2023
20	CSE-C3	Mr Krishna	04-10-2023

Each lecture emphasized the pivotal importance of mind management skills and provided practical tips for skill development. The students, representing different academic backgrounds, exhibited a high level of engagement, actively participating in the discussions and note-taking.

The lectures highlighted the role of mind management skills in dealing with modern-day stress and pressures. Speakers stressed the need for students to cultivate self-awareness, emotional intelligence, and mindfulness for a successful and fulfilling life. Furthermore, the connection between education and mind management skills was explored, emphasizing the importance of a holistic education that includes life skills and character development.

Students expressed gratitude for the opportunity to learn from experienced speakers, recognizing the value of these lectures in their personal and professional growth.





CONCLUSION

In conclusion, the guest lecture series organized by the CHAITANYA SATTVA CLUB has been a game-changer. The diverse topics, ranging from mind management to emotional intelligence and effective communication, have underscored the undeniable importance of soft skills in our professional and personal lives. These lectures offered an invaluable learning experience for the students. It enriched their understanding of the critical nature of mind management skills and how these competencies can be nurtured and applied in their everyday lives. These lectures served as a testimony to the club's commitment to expanding students' knowledge and skill development.

APPENDIX

Roll list of IV Sem A1

S. No	HTNo	Name of the Student	Signature
1	160121732001	ALLAMRAJU LALITHA LAKSHMEERAJYAM	Allam
2	160121732002	BACHALA PRAVALIKA	Pravalika
3	160121732003	BANOTHU ANUSHA	Anusha
4	160121732004	DEVARAPALLY GRACE MAHITHA	Grace
5	160121732005	EDARA V S S SAHITHI	Sahithi
6	160121732006	IRUGU PUTEENA	Putena
7	160121732007	JATLING ESHA	Esha
8	160121732008	KANCHANI SAI CHANDANA	Chandana
9	160121732009	MAMATHA CHOUDHARY	Mamatha
10	160121732010	MAREDVALLY SREEYA	Sreeya
11	160121732011	MEGHANA MANNE	Meghana
12	160121732012	MUTHE SREEJA	Sreeja
13	160121732013	NENAVATH AKHILA	N. Akhila
14	160121732014	PALLI THANMAI	P. Thanmai
15	160121732015	PANDITI SAI VENKATA CHERISHMA	Cherishma
16	160121732016	RAGAM ASRITHA	Asritha
17	160121732017	RAGAM DEEKSHITHA YADAV	R. Deekshitha
18	160121732018	SHAIK AFREEN	Afreen
19	160121732019	SHETTY BHARGAVI	Bhargavi
20	160121732020	ABDUL RAFAH CHOUHAN	Rafah
21	160121732021	ADIGOPPULA NITHISH	Nithish
22	160121732022	AKKAPATHRI SUSHANTH PAUL	Sushanth
23	160121732023	ANKATALA SHASHIKANTH GOUD	Shashikanth
24	160121732024	BHUKYA SHARATH	Sharath
25	160121732025	CHALLURI PREMKUMAR	Premkumar
26	160121732026	CHERAKUTHOTA VISHRUTH KRISHNA	Vishruth
27	160121732027	DEVASANI RAMCHARAN	Ramcharan
28	160121732028	ERLA SHANTHI KUMAR	Shanthi
29	160121732029	G SUNIL	Sunil
30	160121732030	GATLA VIVEK	Vivek
31	160121732031	GUNDLA ANURAG	Anurag
32	160121732032	K NITISH	Nitish
33	160121732033	KARTHIK KASTURI	Karthik
34	160121732034	KAVALI MALLIKARJUN	Mallikarjun
35	160121732035	KONDOJU MUKTESH	Muktesh
36	160121732036	KUDUMULA SRI HARSITHI REDDY	Harsithi

K. Dora
19/1/23

S. No	HTNo	Name of the Student	Signature
37	160121732037	LAKKIREDDY GUNA CHARAN REDDY	<i>Guna</i>
38	160121732038	M SRINIVAS	<i>Srinivas</i>
39	160121732039	MAGGIDI SRAVAN KUMAR	<i>Sraavan</i>
40	160121732040	MALOTH UDAYKUMAR	<i>Uday</i>
41	160121732041	MEKA SAI PRANAY	<i>M. Uday</i>
42	160121732042	MOHAMMAD ABDUL KHALID FARHAN	
43	160121732043	MOHAMMAD SAIFUDDIN	
44	160121732044	MOHAMMED NOUMAN	
45	160121732045	MUDAVATH MEGHANATH	
46	160121732046	NAARU LITHEESH KUMAR REDDY	<i>Meghanath</i>
47	160121732047	NADIMPALLI SUBHAVAN VARMA	<i>Lithesh</i>
48	160121732048	NAGULAPALLY SAIKUMAR	<i>Subha</i>
49	160121732049	NATTUVA HARI RAGHAVENDRA PRASAD	<i>Saikumar</i>
50	160121732050	O SAI KUMAR	<i>N. Hari</i>
51	160121732051	PALLEBOINA GOPICHAND	<i>OP</i>
52	160121732052	PALLERLA D M SANTOSH REDDY	<i>P. G.</i>
53	160121732054	PUTTA PAVAN	<i>P. Santosh</i>
54	160121732055	PUTTHA VIVEK REDDY	<i>P. Pavan</i>
55	160121732056	S AJAY REDDY	<i>P. Vivek</i>
56	160121732057	SABAVATH NAVEEN KUMAR	<i>Ajay</i>
57	160121732058	SHAIK ABDUL SAIFULLAH	<i>Saifullah</i>
58	160121732059	SHAIK MOHAMMED ABDUL RAHMAN	<i>Mohammed</i>
59	160121732060	SHERI TEJESHWAR REDDY	<i>Tejeshwar</i>
60	160121732061	SIRIGARAPU ASHRITH RAJ	<i>Ashrith</i>
61	160121732062	VAKUDOTH MAHESH NAYAK	<i>V. Mahesh</i>
62	160121732063	VANDANAPU ABHIRAM	<i>V. Abhiram</i>
63	160121732064	YIRRINKI KRISHNA TEJA	<i>Y. Krishna</i>
64	160121732301	KANDALA VARSHITH	<i>K. Varshith</i>
65	160121732302	MYAKALA MAHARSHI	<i>M. Maharshi</i>
66	160121732303	IRUKULLA VENKATA SAI	<i>I. Venkatasai</i>
67	160121732304	BELLAM AKSHITHA	<i>B. Akshitha</i>
68	160121732305	EMULA GANESH	<i>E. Ganesh</i>
69	160121732306	MANDA PRALAYA	<i>M. Pralaya</i>
70	160121732314	GONELA HARIKRISHNA	<i>G. Hari</i>
71	160121732315	SANA FIRDAUS	<i>S. Firdaus</i>

K. Devi Anjuman M.




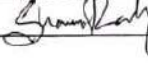



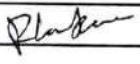
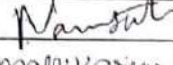
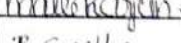
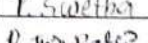

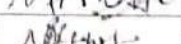

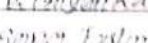
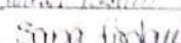

BE, IV Sem Roll List A2

Sno	HTNo	Name of the Student	Signature
1	160120732099	MD SAMEER KHAN	
2	160120732106	KOPPULA SIDDU PRASAD REDDY	
3	160121732071	AZMEERA PAVANI	
4	160121732072	CHIDRUPPA VISHWA	A Pavani
5	160121732073	CHIKKULLA SREEJA	Ch. Vishwa
6	160121732074	GETTY VENKATA NANDITHA RAO	Sreeja.ch
7	160121732075	GUDIBANDLA SUNAINA	
8	160121732076	GUGULOTH SONAL	
9	160121732077	GUGULOTH USHA	
10	160121732078	KAMISETTY NIHARIKA	Usha-G
11	160121732079	KOTHULA PRATHYUSHA	Niharika.k
12	160121732080	KUSUMITHA POTHARLANKA	Prathyusha.k
13	160121732081	P MANVITHA	P. Kusum
14	160121732082	SALENDAR SNEHA	P. Manvitha
15	160121732083	SHERI GAYATHRI	S. Sneha.
16	160121732084	SHERI GOWTHAMI	
17	160121732085	VATTI SREE SATYA NAGA ANJANI	
18	160121732086	VUJJINI REETHU	
19	160121732087	ATHOTA SUBHUSHAN	
20	160121732088	B VENKATA SAI HANISH REDDY	
21	160121732089	BANDARI ARYAN REDDY	
22	160121732090	BANDARI SAITEJA	
23	160121732091	BEGARI PRASHANTH	
24	160121732092	BHUKYA AAKASH NAIK	
25	160121732093	DADVAI ARYAN	
26	160121732094	DEVARAKONDA SAKETH	
27	160121732095	DHOULLA JASHWANTH SUKYA WIGNA VENKAT	
28	160121732096	DOSAVADA VIKRAM REDDY	
29	160121732097	DUBALA SAKETH	
30	160121732098	G NITESH	
31	160121732099	GOPU SAI KIRAN REDDY	
32	160121732100	GUBBALA HARSHA SRI YOGENDRA KLIMAR	
33	160121732101	GUGLOTH JEEVAN	
34	160121732102	JANAGAM GOVARDHAN DATTA	
35	160121732103	JUJJAVARAPU SAKETH	
36	160121732104	K KRISHNARJUN REDDY	

K. Devi

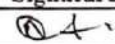
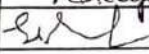
Angshuman M.

BE, IV Sem Roll List A2

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37	160121732105	K SAI THEJA	
38	160121732106	KARRI ABHIRAM	
39	160121732107	KARUKONDA SAI KIRAN	
40	160121732108	KATRAVATH RAHUL	
41	160121732109	KONTHAM MANIKANTA	
42	160121732110	LAXMAREDDYGIRI MANIDEEP REDDY	
43	160121732111	M SHANKAR VARUN	
44	160121732112	MACHERLA VAISHNAV GANESH	
45	160121732113	MADU SHRI MOKSHAGNA GOUD	
46	160121732114	MALLEGARI SHANMUKH REDDY	
47	160121732115	MERUGUMALLA ROHITH KRISHNA	
48	160121732116	MODALA SAI SNOHITH SAGAR	
49	160121732117	NOMULA ROHITH REDDY	
50	160121732118	P S ANUSH REDDY	
51	160121732119	P UDAY KIRAN	
52	160121732120	PANDULA VINAYKUMAR	
53	160121732121	PARASELLI JAGADEESH	
54	160121732122	PATHLAVATH AKASH	
55	160121732123	PENTA ROHITH	
56	160121732125	RAGULAKOLA PRADEEP KUMAR	
57	160121732126	REKHENDER LOKESH	
58	160121732127	SD ASIF	
59	160121732128	SHAIK AFROOZ	
60	160121732129	THONTI RAYUDU	
61	160121732130	THOTA LALEETH SHIVA KUMAR	
62	160121732131	UDUTHA VISHNU VARDHAN	
63	160121732132	YELE LAKSHMI NARASIMHA	
64	160121732307	MADIPALLY MALLIKARJUN	
65	160121732308	PUPPALA SWETHA	
66	160121732309	BOINI THIRUPATHI	
67	160121732310	GADAPA MADHU	
68	160121732311	BANOTHU NIKHIL	
69	160121732312	BANOTHU PRIYANKA	
70	160121732313	SHAIK SANA TASLIM	
71	160121732315	SANA FIRDAUS	

Ameyda... 2

Saalva Team

Dept	Roll No	Name	Signature
CIVIL	160121732032	K. Nithish	
CIVIL	160121732010	Sreya Reddy	M. Sreya
CIVIL	160121732007	Esha	
EEE	160121734041	Jay Paulsarol	
EEE	160121734091	Pritham	
CHEM	1601228602010	Hiripriya	

K. Devi Arjunan M.

for King
Head, etc

Name	Roll.No	Signature
Aditi	1601 22 735 071	Aditi
Bhanya Sree	072	Bhanya
Satika	073	Satika
Alekhya	074	Alekhya
Alekhye	075	Alekhye
Abshitha	076	Abshitha
Sandhya	077	Sandhya
G. Deekshitha Varshini	078	Deekshitha Varshini
I. Sravani	079	Sravani
Nandini	080	Nandini
Priyanka K	081	Priyanka
Deekshitha L	082	Deekshitha L
M. Jaya Sree	083	M. Jayasree
Navya Vatturi	084	Navya V.
Naga Samhitha	085	Naga Samhitha
Sruvidhi	086	Sruvidhi
Prasoonag.	087	Prasoonag.
R. Harini	088	Harini
S. Manisha	089	S. Manisha
Sreshtha V	090	Sreshtha V
Tejaswini	091	Tejaswini
Vaicha	092	Vaicha
Sunaina	093	Sunaina
Nagatya	094	Nagatya
Arun	095	Arun
Atharva	096	Atharva
B. Vidyay Kran.	097	B. Vidyay Kran.
B. Madhu Sreekan	098	B. Madhu Sreekan
B. Kharthik	099	B. Kharthik
CH Sai Sri-Varsha	100	Harsha

Name	Roll No	Signature
Raghu Das	101	
Ramesh:	102	
	103	
R. Uday Kiran	104	
G. Vikram	105	
G. Sujith	106	
Mahender	107	
G. Prabhakaran	108	
J. Nikhil	109	
Kharshyap	110	
Vignesh	111	
Akshay	112	
K. Meghraj	113	
K. Vamshi	114	
Vamshi Tej	115	
Pawan Kalyan	116	
Obaid Rahman	117	
Muhammad Siddique	118	
	119	
M. Sharath Reddy	120	
N. Krishna Chaitanya	121	
N. Dileep Kumar	122	
N. Som Sai	123	
Rakesh	124	
P. Chiruk	125	
P. Sumeet	126	
P. Sai Vamshi	127	
Chiranjeevi	128	
Vijayendra Varma	129	
S. Raja Shekhar	130	

Name	Roll No	Signature
Sri Sai Mahitesh	131	
T. Akhilesh	132	
	133	
V. Abhinav Karthikey	134	
-Akhash reddy	308	
Vamsi	309	
V. Sai Supraja	310	V. Sai Supraja
S. Aishwarya	311	Aishwarya
G. Deekshitha	312	G. Deekshitha
Avinash	313	Signature
	314	
M. Sidhartha	160121735111	m. sidhartha



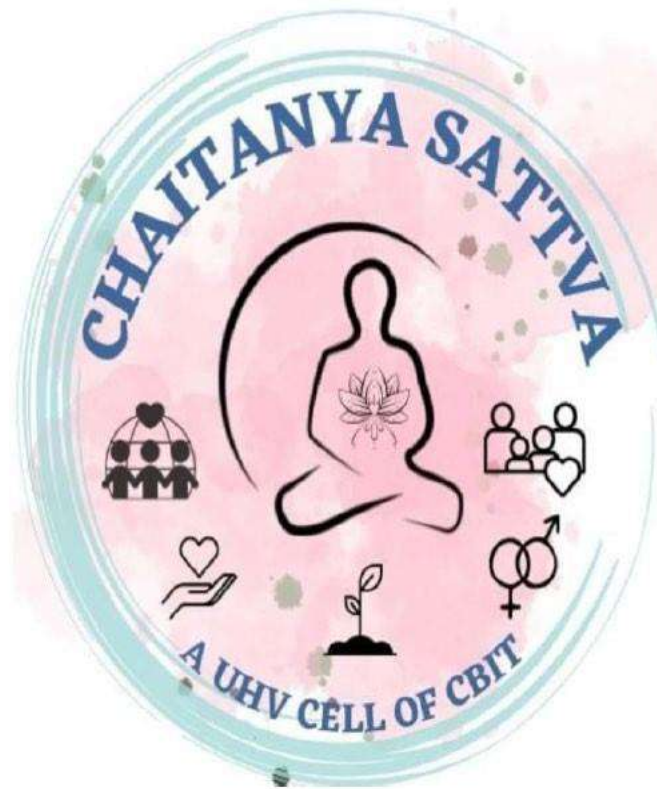
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45
years





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CHAITANYA SATTVA :A UHV CELL OF CBIT ORGANIZES




MOTIVATIONAL LECTURE ON “YOU WALK THIS WAY ONLY ONCE IN YOUR LIFE”

Exclusively for students

BY

MAJ. GEN. DR. S S DASA, SM, VSM (Retd),
Ex.CEO,JB Group of Education Institutions,Hyderabad.

 **D block seminar hall @ 1.30pm to 3.00pm**

 **24/11/2023**



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No. 1167 /CBIT/AEC/IC/2023

Dt.21-11-2023

CIRCULAR

This is to inform that the Chaitanya Sattva: A UHV Cell of CBIT is conducting a guest lecture on **"You walk this way only once"** by Major-General Prof. Dr. S. S. Dasaka, SM, VSM(Retd). The event is on Chaitanya Sattva's Anniversary i.e., **24th November 2023**, from 1.30pm to 3.30pm at D-Block Seminar Hall.

All the Head of Departments are requested to make arrangements to circulate the notice to respective staff.

For any further information in this regard, kindly contact faculty coordinators of the Club, Mr. C. Srisailam (9032838993), Assistant Professor, Electrical and Electronics Engineering Department and Dr. N. R. Dakshinamurthy (9652814862), Associate Professor, Civil Engineering Department.

C. S. S.
PRINCIPAL

To

All Heads of the Departments for information and with a request to arrange for circulation among all the students, faculty and staff under their control.

All the Advisors, Directors, Associate / Assistant Directors / Joint Directors, CoE, Librarian, Head - HR, Asst. Physical Director for Information.

WBC to upload the same on Institute's website.

P. Prasad
21/11/23

ACKNOWLEDGEMENT

It is our pleasure in thanking our honourable chief guest, 'Major General Prof. Dr S S Dasaka' from the bottom for our hearts. We as a committee are delighted to express our gratitude and respect to our principal 'Prof. C. V. Narasimhulu Garu and Director of Student Affairs and Progression Dr P. V. R. Ravindra Reddy Garu for supporting us in every aspect of club work. We want to convey our special thanks to our faculty coordinators – 'Dr G. Suresh Babu Garu', Professor, EEE, 'Shri. C. Srisailam Garu, Assistant Professor, EEE' and 'Dr N. R. Dakshinamurty, Associate Professor, CIVIL' who guided us. We would like to express our sincere appreciation to everyone who contributed to the success of the Event. Without your support, this event would not have been possible.

We also extend our appreciation to all the volunteers and staff members who participated in the Event and contributed to its success.

ABSTRACT

This report reviews the guest lecture on “You Walk this way only Once in your Life” which was conducted on 24-11-2023 from 1.30 p.m. to 3.30 p.m. by Chaitanya Sattva - the UHV cell of CBIT. This lecture was held at D-block Seminar Hall exclusively for the students. This event was held on Chaitanya Sattva's Anniversary. The main objective of this event is to highlight the responsibility of the student to achieve their success and move in a right direction. It is about cultivating an environment where everyone involved in the educational process emerges victorious. This report presents a detailed account of the event, including its objectives, agenda, and outcomes.

INTRODUCTION

On One-year Anniversary of the club, Chaitanya Sattva- A UHV cell of CBIT conducted a guest lecture on “You Walk this way only once” and the speaker of the event was “Major General Prof. Dr S S Dasaka” who was Executive President (Vice-Chancellor) of Indus University at Ahmedabad. He has also worked as director of a reputed Institute of technology in Sikkim, as VC of a private University in Himachal Pradesh, as CEO of two reputed educational groups at Hyderabad. While working in the Army, he had academic, research and training experiences too. He taught at the college of Military Engineering, Pune and at the college of Defence Management, Secunderabad. He has also worked at Headquarters of the Army Training Command, Shimla. Presently, he is the CEO of JB Group of Educational Institutions, Hyderabad.

The host has invited honourable Chief guest “Dr S S Dasaka Garu” and “Suresh Babu sir, Assistant Professor, EEE”, ‘Dr N. R. Dakshinamurthy, Associate Professor, CIVIL’ and student co-ordinator “Akshay” onto the dias. Firstly, Prof. Suresh Babu sir extended heartfelt congratulations to all those who contributed to the remarkable one-year journey of our Chaitanya Sattva Club. Sir also expressed his views and opinions on the main objective of the event.

Now Dr Dasaka Garu has been invited to enlightened talk about “You Walk this way only once”. Sir grabbed the attention of the students by displaying some interesting and relatable Engineering Facts. Sir also mentioned that Life is a one-time opportunity: The speaker emphasizes the irreplaceable nature of life, highlighting that every moment and opportunity is unique and cannot be visited again. Dr. S S Dasaka Garu directed students' attention to their studies, suggesting that education is a key aspect of maximizing one is potential and contributing meaningfully to society. The speaker motivated students to recognize the uniqueness of their lives, prioritize education, aspire to be distinguished alumni, and actively contribute to the betterment of society.



Dr. S S Dasaka provided insights into the steps students should take to navigate their journey in the right direction, offering practical advice for making informed choices. The speaker highlighted the need for a balance between enjoyment and academic pursuits, emphasizing that a harmonious approach to both aspects of life leads to a more fulfilling experience. Addressing students, Dr S S Dasaka discussed various pathways to reach their goals, encouraging them to set clear objectives and pursue them with dedication and focus. The speaker underscored the diverse roles students play as children, learners, and citizens. He emphasized the multifaceted nature of their responsibilities, stressing the importance of fulfilling these roles with a sense of duty and responsibility. Dr S S Dasaka's address encompassed practical guidance for choosing the right path, emphasized the importance of balance between enjoyment and studies, encouraged a purposeful approach, and highlighted the varied responsibilities students have as individuals in different capacities.



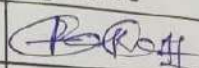
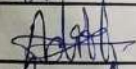
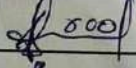
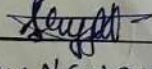
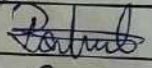
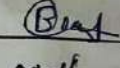

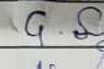
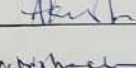
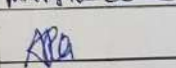

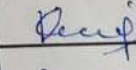
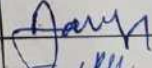
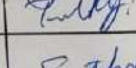
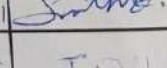


Images from event place (D block Seminar Hall)

CONCLUSION

The guest lecture conducted by the Chaitanya Sattva, the UHV cell of CBIT was a tremendous success and achieved its objective of promoting the significance of seizing the opportunities that life presents. The event encouraged students to embrace every moment, recognizing that each step taken is a unique journey with its own set of experiences and lessons. By emphasizing the transient nature of life's path, the speech inspired students to live with purpose, passion, and a sense of urgency. It encouraged students to maximize their distinctive journey, crafting a legacy marked by meaningful moments and a positive imprint. The active involvement of students in this event displayed their commitment to self-discipline and serves as an inspiration for others to cultivate similar qualities. The organizers deserve praise for their efforts in organizing such a magnificent event, and the club look forward to attending similar events in the future.

Attendance Sheet

S No	Name	Year	Branch	Signature
01	B. Praveenkumar	1 st year	Mech (2)	
02	B. Paramesh	1 st year	Mech (F1)	B. Paramesh
03	B. Saikiran	1 st year	Mech (F1)	B. Saikiran
04	V. Anand	1 st year	Mech (F1)	V. Anand
05	A. Adith	1 st year	Mech (F1)	
06	B. Srujan Reddy	1 st year	Mech (F1)	
07	Srujan	1 st year	Mech (F1)	
08	K. Lokesh Narasimha	1 st year	Mech (F1)	K. Lokesh Narasimha
09	Rahul	1 st year	Mech (F1)	
10	M. Bhaskar	1 st year	Mech (F1)	
11	M. Nithin Kumar	1 st year	Mech (F1)	
12	N. Chandu	1 st year	Mech (F1)	
13	G. Daniel	1 st year	Mech (F2)	G. Daniel
14	K. Akash	1 st year	Mech (F1)	
15	M. Krishna Chaitanya Reddy	1 st year	Mech (F1)	
16	A. Raghavendra	1 st year	Mech (F1)	
17	Krishna Srujan	1 st year	Mech (F1)	KS
18	Rahul	1 st year	Mech (F1)	Rahul
19	K. Chaitanya	1 st year	Mech (F1)	Chaitanya
20	K. Vanshi	1 st year	Mech (F1)	
21	Ch. Vanshi	1 st year	Mech (F1)	
22	Tushar Reddy. K	1 st year	(Mech) F1	
23	Sathvik Sivar	1 st year	(Mech) F1	
24	T. Nikshith	1 st year	(Mech) F1	T. Nikshith

<u>CIVIL</u>			
<u>S.No.</u>	<u>Roll-No.</u>	<u>Name</u>	<u>Signature</u>
1.	160121732017	R. Deekshitha	R. Deekshitha
2.	160121732019	S. Bhargavi	Bhargavi
3.	160121732001	A. Lalitha	Lalitha
4.	160121732046	Litheesh	Litheesh
	160121732030	Gr. Vivek	Vivek
	160121732003	Anusha	Anusha
	160121732012	Sreeja	Sreeja
8.	160121732013	Akhila	Akhila
9.	160121732054	Pavan	Pavan
10.	160121732050	Sai Kumar	Sai Kumar
11.	160121732061	S. Ashwithraj	Ashwithraj
12.	160121732048	N. Sai Kumar	Sai Kumar
13.	160121732024	B. Sharath	Sharath
14.	160121732022	Sushanth paul	Sushanth paul
15.	160121732029	Sunil	Sunil
16.	160121732040	Uday Kumar	Uday M.
17.	160121732041	M. Sai praneeth	Sai praneeth
18.	160121732039	M. Sravan Kumar	Sravan
19.	160121732049	N. Hari Raghavendra	N. Hari

S.No.		Name	Roll no	Signature
1.	Jayesh sainivas	160121736108	Jes	
2.	V. Chaturya	160121736083	chaturya	
3.	Ch. Akshitha	160121736318	Axy	
4.	K. Nithin	160121736321	Nithin	
5.	G. SAIRAM	160121736101	S. IRAM	
6.	Jayesh Reddy	160121736107	Reddy	
7.	A. Sameer Kashyap	160121736086	Ka	
8.	I. Ankith	160121736105	Akshith	
9.	K.R. Abhiram	160121736109	Abhiram	
10.	B. Nithin	160121736310	Nithin	
11.	K. Shammukha	160121736320	Shammukha	
12.	Sisichandhan	160121736319	Sisichandhan	
13.	B. Akashana	160121736073	Akashana	
14.	Jahnavi	160121736075	Jahnavi	
15.	K. Mamatha	160121736079	K. Mamatha	
16.	A. Surya Kumar	160121736077	A. Surya	
17.	Smrivas	160121736098	Smrivas	
18.	T. Sai Deepak	160121736128	Deepak	
19.	M. Vineeth	160121736114	Vineeth	
20.	S. Akshay	160121736126	Akshay	

21	E. Saipreetham	160121736100	Espeetham
22	B. Kaushik	160121736092	Kaushik
23	R. Ankith	160121736123	Ankith
24.	Akshith Sheelu	160121736118	Sheelu
25.	Puneeth Chary	160121736088	Puneeth
26	T. Achuth	160121736127	Achuth

Name	Mechanical - F-1 Energy Auditing	Roll no	Sign
M. Sanjay		160121736037	<u>Ma</u>
Niteesh		160121736057	<u>Niteesh</u>
Vijay Anand		160121736046	<u>Anand</u>
Samanwith		160121736040	<u>Samanwith</u>
K. Adhar Rish		160121736035	<u>Rish</u>
Vineeth		160121736049	<u>Vineeth</u>
Suchith		160121736315	<u>Suchith</u>
Anay		160121736011	<u>Anay</u>
vansh		160121736030	<u>Vansh</u>
Vikant		160121736027	<u>Vikant</u>
Manara		1601217360306	
Sharon		160121736003	<u>Sharon</u>
Sruja		160121736004	<u>Sruja</u>
Vivek		160121736317	<u>Vivek</u>
Sai Prasad		160121736301	<u>Sai Prasad</u>
Siddhanta		160121736018	<u>Siddhanta</u>
Shaik M.K		160120736043	<u>Shaik M.K</u>
Ananya		160121736006	<u>Ananya</u>
dai vardhan		160121736016	<u>dai vardhan</u>
Kalith		160121736316	<u>Kalith</u>
Vaishita		160121736023	<u>Vaishita</u>
Habigan		160121736005	<u>Habigan</u>
Rubish		160121736051	<u>Rubish</u>
Aravind		160121736014	<u>Aravind</u>
Vinayak		160121736047	<u>Vinayak</u>
B. Sankrishna		160121736015	<u>B. Sankrishna</u>
K. Bhanuprasath		1601217360302	<u>K. Bhanuprasath</u>
M. Naveena Reddy		160121736303	<u>M. Naveena Reddy</u>
V.V.V		160121736059	<u>V.V.V</u>
		160121736033	<u>Karthik</u>

2nd year

- | | | | |
|-------------|--------------|----------|---------|
| 1) Sindhu | 160122732016 | Civil A1 | Sindhu |
| 2) Gayatri | 160122732009 | Civil A1 | Gay |
| 3) Shravani | 160122732013 | Civil A1 | Shra |
| 4) J. Divya | 160122732006 | Civil A1 | Divya |
| 5) Shubini | 160122732001 | Civil A1 | Shubini |
| 6) Shreya | 160122732011 | Civil A1 | Shreya |
| 7) Komala | 160122732017 | Civil A1 | Komala |



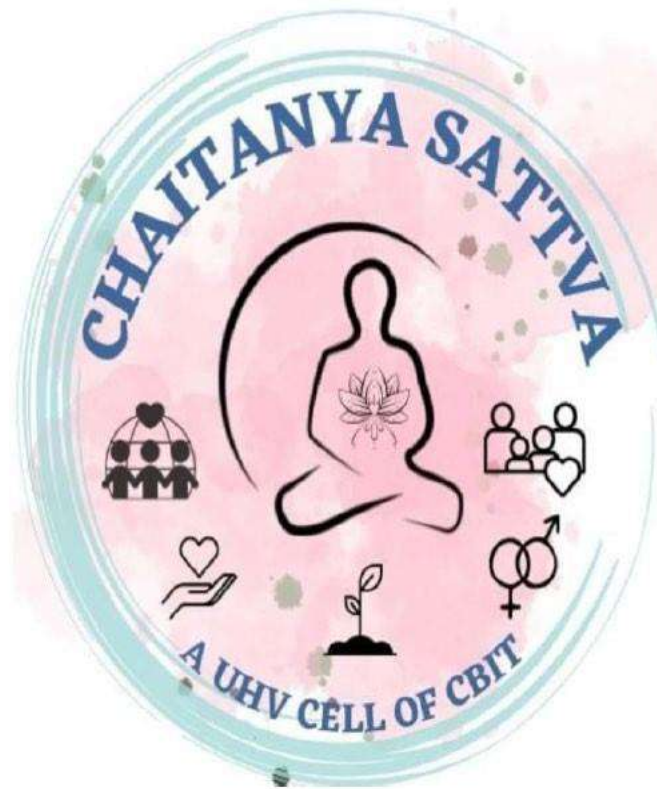
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No.1168 /CBIT/AEC/IC/2023

Dt. 21-11-2023

CIRCULAR

This is to inform that the Chaitanya Sattva: A UHV Cell of CBIT is conducting a guest lecture on **“Win-Win-Win Teaching”** for the faculty by Major General Prof. Dr. S. S. Dasaka Garu. The event is on Chaitanya Sattva's Anniversary i.e., **24th November 2023**, from 3.30pm to 4.45pm at D-block Seminar Hall.

All the Head of Departments are requested to make arrangements to circulate the notice to respective staff.

For any further information in this regard, kindly contact faculty coordinators of the Club, Mr. C. Srisailam (9032838993), Assistant Professor, Electrical and Electronics Engineering Department and Dr. N. R. Dakshinamurthy (9652814862), Associate Professor, Civil Engineering Department.


PRINCIPAL

To
All Heads of the Departments for information and with a request to arrange for circulation among all the students, faculty and staff under their control.

All the Advisors, Directors, Associate / Assistant Directors / Joint Directors, CoE, Librarian, Head - HR, Asst. Physical Director for Information.

WBC to upload the same on Institute's website.


21/11/23



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CHAITANYA SATTVA :A UHV CELL OF CBIT ORGANIZES

MOTIVATIONAL LECTURE ON

“WIN - 3 TEACHING”

Exclusively for faculty

BY

MAJ .GEN. DR. S S DASA, SM, VSM (Retd),
Ex.CEO, JB Group of Education Institutions, Hyderabad.



D block seminar hall

@ 3.30pm to 4.45pm



24/11/2023

ACKNOWLEDGEMENT

It's our pleasure in thanking our honourable chief guest, 'Major General Prof. Dr S S Dasaka' from the bottom for our hearts. We as a committee are delighted to express our gratitude and respect to our principal 'Prof. C. V. Narasimhulu Garu and Director of Student Affairs and Progression Dr P. V. R. Ravindra Reddy Garu for supporting us in every aspect of club work. We want to convey our special thanks to our faculty coordinators – 'Dr G. Suresh Babu Garu, Professor, EEE', 'Shri. C. Srisailam Garu, Assistant Professor, EEE' and 'Dr N. R. Dakshinamurthy, Associate Professor, CIVIL' who guided us. We would like to express our sincere appreciation to everyone who contributed to the success of the Event. Without your support, this event would not have been possible.

We also extend our appreciation to all the volunteers and staff members who participated in the Event and contributed to its success.

ABSTRACT

This report reviews the guest lecture on “Win-Win-Win Teaching” which was conducted on 24-11-2023 from 4:00 p.m. to 4:45 p.m. by Chaitanya Sattva - the UHV cell of CBIT. This lecture was held at D-block Seminar Hall exclusively for the faculty. This event was held on Chaitanya Sattva's Anniversary. The main objective of this event is to highlight the importance of a three-way triumph in education—where the teacher, the student, and the college each attain success. It's about cultivating an environment where everyone involved in the educational process emerges victorious. This report presents a detailed account of the event, including its objectives, agenda, and outcomes.

INTRODUCTION

Major General Prof. Dr S S Dasaka was Executive President (Vice-Chancellor) of Indus University at Ahmedabad. He has also worked as director of a reputed Institute of technology in Sikkim, as VC of a private University in Himachal Pradesh, as CEO of two reputed educational groups at Hyderabad. While working in the Army, he had academic, research and training experiences too. He taught at the college of Military Engineering, Pune and at the college of Defence Management, Secunderabad. He has also worked at Headquarters of the Army Training Command, Shimla. Presently, he is the CEO of JB Group of Educational Institutions, Hyderabad.

The host has invited honourable Principal “Prof. C. V. Narasimhulu Garu”, Chief guest “Dr S S Dasaka Garu”, and “Professor Suresh Babu sir, EEE department” on to the dias. Firstly, Principal Prof. C. V. Narasimhulu Garu extended heartfelt congratulations to all those who contributed to the remarkable one-year journey of our Chaitanya Sattva Club. Sir also expressed the necessity of Win-3 Teaching in our current education system.

Now Dr Dasaka Garu has been invited to enlightened talk about Win-3 Teaching. In the event, Dasaka Garu emphasized the essence of win-win-Win teaching, signifying that every element should achieve success in a mutually beneficial environment. To illustrate, this approach dictates that the teacher, student, and college should each attain victory. Additionally, he introduced the notion of "THE YOUTH POWER," denoting individuals characterized by abundant energy, creativity, dynamism, multitasking abilities, heightened alertness, and a can-do upbeat attitude.

Dasaka Garu provided insights into the evolution of various aspects, comparing the past and present scenarios. These aspects encompassed factors such as available seats, the depth of students' knowledge, accessibility to educational materials, the dedication of teachers, the range of subjects available, the prevalence of distractions, and the alignment of education with industry demands and readiness. Additionally, Dasak Garu dug into the diverse generational backgrounds of teachers, spanning from Generation X to Y and Z.



He introduced the mantra 'DARE-DREAM-DO,' embodying the principle that if you conceive a dream, seize the opportunity to act without hesitation. Furthermore, he enriched the discussion with inspirational quotes from Abdul Kalam. Subsequently, he offered motivational quotes such as 'You can, if you think you can.' The conversation extended to insights on goal pursuit, task prioritization, and achieving excellence.

He presented two options: either stand up and be counted by many who are sitting or sit down and count those who are standing. Additionally, he emphasized the crucial balance between achieving excellence aligned with Google's standards and addressing the specific needs of students. He stressed the imperative of shifting students' perspectives from "WHY DO I NEED A TEACHER WHEN I'VE GOT GOOGLE" to "I DON'T NEED GOOGLE, MY TEACHER KNOWS EVERYTHING," emphasizing the teacher's role in molding this mindset.

Furthermore, he delved into the teaching and learning process, outlining it as a transition "From Those Who Can/Willing TO Those Who Need/Ready and Willing." The challenge, as he framed it, was guiding students from a minimal readiness level to a standard industry-ready output. In the discourse, he elaborated on the learning cycle, the concept of learning by parts, and the importance of a pre-class checklist for effective teaching. The esteemed Chief Guest was recognized and celebrated as the event concluded.





Images from event place (D block Seminar Hall)

CONCLUSION

The guest lecture conducted by the Chaitanya Sattva, the UHV cell of CBIT was a huge success and achieved its objective of promoting the concept of Win-3 Teaching, a holistic approach to education, where the success of the teacher, the student, and the institution are interdependent and interconnected. This concept promotes an inclusive learning environment where, the teacher, the student, and the college, not only achieves individual success but also contributes to the overall advancement of the educational environment. By emphasizing collaboration and mutual growth, Win-3 Teaching highlights the idea that education is a collective effort, with positive outcomes for everyone involved. It serves as a structure that acknowledges the dynamic interaction among elements like teacher commitment, student involvement, and institutional distinction. This framework, in essence, cultivates a flourishing and harmonized educational atmosphere, ensuring a well-rounded and thriving experience for everyone involved. The organizers deserve praise for their efforts in organizing such a great event, and the club look forward to attending similar events in the future.



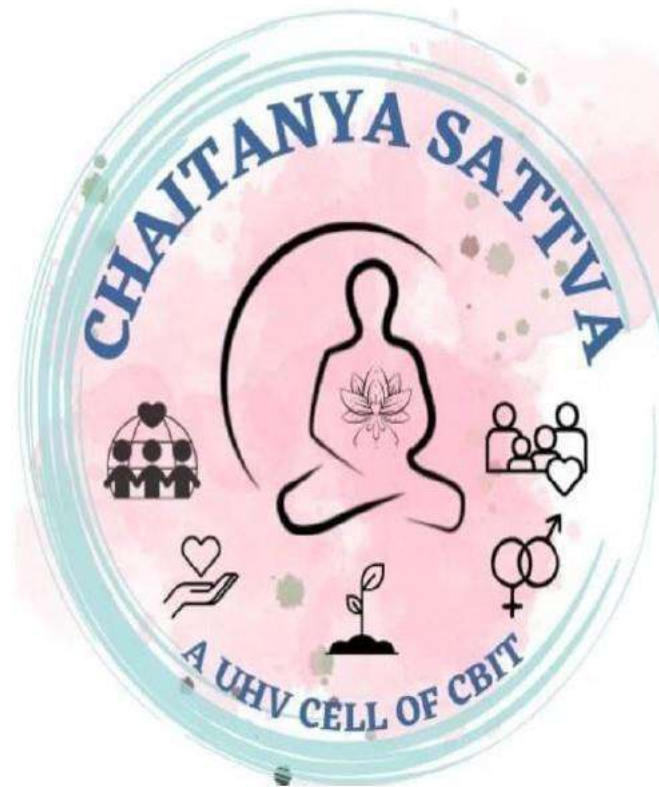
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CHAITANYA SATTVA, A UHV CELL OF CBIT ORGANIZES

MOTIVATIONAL LECTURE ON “MIND POWER MANAGEMENT”

BY

SRI PRADYUMNA KRISHNA DASA

DIVISIONAL-HEAD of YOUTH Empowerment Club of
Hare Krishna Movement Hyderabad.



D block seminar hall

@ 1.30pm to 3.30pm



25/11/2023



chaitanya.sattva



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No. 1169 /CBIT/AEC/IC/2023

Dt.21-11-2023

CIRCULAR

This is to inform that the Chaitanya Sattva: A UHV Cell of CBIT is conducting a guest lecture on “**Mind Power Management**” by Sri-Pradyumna Krishna Dasa. The event is being conducted on the occasion of it's One Year Anniversary i.e., **25th November 2023**, from 1.30pm to 3.30pm at N-block Seminar Hall.

All the Head of Departments are requested to make arrangements to circulate the notice to the respective students and staff.

For any further information in this regard, kindly contact faculty coordinators of the Club, Mr. C. Srisailam (9032838993), Assistant Professor, Electrical and Electronics Engineering Department and Dr. N. R. Dakshinamurthy (9652814862), Associate Professor, Civil Engineering Department.


PRINCIPAL

To
All Heads of the Departments for information and with a request to arrange for circulation among all the students, faculty and staff under their control.

All the Advisors, Directors, Associate / Assistant Directors / Joint Directors, CoE, Librarian, Head - HR, Asst. Physical Director for Information.

WBC to upload the same on Institute's website.


21/11/2023

ACKNOWLEDGEMENT

As we reflect with success on the challenges faced and triumphs celebrated, it is essential to acknowledge the dedication and hard work of every soul brought together to make this journey a special memory. It's our pleasure in thanking our honorable chief guest, 'Sri Pradyumna Krishna Dasa' from the bottom for our hearts. We as a committee are delighted to express our gratitude and respect to our principal 'Prof. C. V. Narasimhulu Garu 'and Director of Student Affairs and Progression 'Dr P. V. R. Ravindra Reddy Garu 'for supporting us in every aspect of club work. We want to convey our special thanks to our faculty coordinator – 'Dr G. Suresh Babu Garu, Professor, EEE', who guided us. We would like to express our sincere appreciation to everyone who contributed to the success of the Event. Without your support, this event would not have been possible.

We also extend our appreciation to all the attendees, volunteers and staff members who participated in the Event and contributed to its success.

ABSTRACT

This report reviews on the event that was conducted on “Mind Power Management” by Chaitanya Sattva -the UHV cell of CBIT as a part of first anniversary celebrations of the club. This was held on 25th November 2023, at N Block seminar hall, CBIT from 2:30pm to 4:00pm. This event is conducted to agitate minds with the rush of thoughts through which, one can master their minds. The endless chatter of the mind is the cause of all distraction in the world. So, in this this event, the three agendas of life have been explained. Every thought in a mind has a respective destiny. Mind management is the art of consciously directing and shaping the thoughts and emotions that flow through your mind. It empowers you to take charge of your inner world, thereby influencing your actions, behaviors, and ultimately, your outcomes in life. When you cultivate a positive and focused mindset, you build resilience, boost creativity, and unlock doors to success that you might not have thought possible. The capability we each possess is far greater than most of us can even begin to imagine. This report explores some of the ways our minds impact our lives and how to transition our thought patterns to benefit us.

INTRODUCTION

Chaitanya Sattva – A UHV cell of Chaitanya Bharathi Institute of Technology, was inaugurated on 30th November 2022. As a part of the first anniversary celebrations of this club, a brain invoking event called ‘Mind Power Management’ was conducted for which ‘Sri Pradyumna Krishna Dasa’ Garu was invited as the chief guest. His Grace Sri Pradyumna Krishna Dasa completed his Engineering in Automobile from Rajasthan Technical University. He worked for a few years in corporate before taking the decision to dedicate his life for serving humanity through The Akshaya Patra Foundation, World’s Number-1 NGO run Mid-Day meal program for underprivileged school children across India. He got inspired by the teachings of Bhagavad-Gita and dedicated his life to Hare Krishna Movement and joined the organization in the year 2013. Now he is rendering his resolute missionary and voluntary services to society from the past one decade. His journey into the world of spirituality and devotion began with a deep sense of purpose and a burning desire to serve humanity. Through initiatives such as food distribution, educational programs, and youth outreach efforts, he has embodied the essence of selfless service, ensuring that the teachings of Bhagavad Gita are not confined to the temple but are accessible to all. He has coached hundreds of youngsters to give them light and hope in their lives. He is well versed in guiding people in the knowledge of serving humanity and thereby serving the almighty. Various activities & workshops like Yoga for HAPPINESS, GITA for YOUTH, FOLK are conducted to educate and help the students & working professionals to mold their lives to a successful path. These workshops are happening in many reputed colleges like IIT-Hyderabad, BITS Hyderabad, JNTU, GITAM University, IISc- Bengaluru, IIT-Delhi, IIT-Guwahati, IIT-Kharagpur, IIM-Bengaluru, NIT-Calicut, Trichy, Surathkal etc. He is currently the DIVISINAL-HEAD of YOUTH Empowerment Club of Hare Krishna Movement Hyderabad, Leading various Youth development projects across Telangana.



The Faculty Co-Ordinator for Chaitanya Sattva, Prof. Of EEE Dept., Dr. B. Suresh Babu, as a part of his speech, mentioned “It is apt to have such a wonderful session, Mind Power Management.” In this event, the chief guest, Sri Pradyumna Krishna Dasa Garu, discussed about the 3 agendas of life.

1. Need for controlling mind.
2. Understanding the mechanism of mind.
3. Different methods of mind control.



1. Need for controlling mind

He addressed the gathering, about the diverse ways in which a man can control his mind and the need for mind control, which implies miracles on an individual's lifestyle. He started the session with an invocation prayer. (Bhagavad Gita 2:29)

He described an incident of his childhood, where he unknowingly grabbed a golden pen from his neighbor's house, and later realized the mistake. He said that “Every thought in a mind has a respective destiny.” We also practiced an activity in which, the audience were asked to count the number of thoughts running in their minds for the next 60secs. Through this activity, the essentiality for control of mind, and the miracles that can happen through this was explained. He also said, “It is said that, on an average a person gets 60,000 thoughts in a day, which is not useful. But unfortunately, we're unable to control our minds. We all live in a fast world, with fast cars, fast mobiles etc. In this fast society, there are many wrong things happening. The rise of violence, murder, terrorism, rape cases and many things are increasing. The root cause of all such evils

is **uncontrolled mind**. It is said that 77% of everything we think are negative. 75% of all illnesses are self-induced.” Hence, it is seen that, the need for controlling mind is vital.



2. Understanding the mechanism of mind

Mind is a thought generating machine. It sometimes acts as a friend, and sometimes an enemy.
(Analogy: A sharp knife. A sharp knife in hands of a mother, and the same sharp knife in hands of an evil person can have two totally different perspectives.)

Chariot of body:

5 horses - 5 senses
Rope - Mind
Passenger - Soul (Athma)
Driver - Intelligence (Buddhi)

Taming the horses of the chariot, implies to regulating success in our life. One who thinks who has many enemies, has uncontrolled mind.

3. Different methods of mind control

There are different methods to control mind:

- a. Physical
- b. Mental
- c. Spiritual

a. Physical:

Physical methods such as **Pranayama, Yoga asanas, Meditation etc.** We know that modern life is stressful where we must deal with less sleep, stress, and other anxiety disorders. Yoga improves mind-body coordination and improves consciousness while Pranayama improves breath and mind control. Regular practice of meditation improves mental health by reducing stress and anxiety. Daily practice of **yoga asana with pranayama and meditation** helps individual to become health conscious and help them in living a holistic life.

b. Mental:

Mental methods such as **concentration, affirmation & self-talk, positive thinking, change of mental attitude** can make a huge difference on our minds and thoughts.

Technically, any self-talk about yourself is affirming something. The more you repeat it, the more you believe it. The more you believe it, the more you repeat it. This is the vicious cycle of confirmation bias and, when you have a negative self-image, negative feedback seeking. Even if you're currently affirming negative beliefs about yourself, you can shift your mindset to include more positive self-affirmations with practice.

In our life we focus on what we don't have, our own weaknesses, our own shortcomings become our focus, rather than what we want to learn or achieve in life. We start seeing the glass half -empty rather than cultivating a position or a mindset to see the glass half -filled. It is technically called as the Sunflower Principle. What is the Sunflower Principle? Whatever time of the day it may be, it may be winter or summer, US or India, the Sunflower is always focused on Sun. In the very same way, the winners, they are always focused on Sun.

d. Spiritual:

If one has weakness in something the best solution is to read Bhagavad Gita. It is an ancient knowledge. The Bhagavad Gita, a revered ancient Hindu scripture, serves as a profound guide addressing a myriad of human emotions and challenges encountered in daily life. It offers timeless wisdom and practical solutions for navigating through the complexities of the human experience.







Images from event place (D block Seminar Hall)

CONCLUSION

Mind power management is all about harnessing and directing the incredible capabilities of the human mind. It involves understanding how thoughts, emotions, and beliefs shape our experiences and then actively guiding these mental faculties toward positive outcomes. Participants have come to know incredible capabilities of the human mind and how we can control it and the importance of Bhagwat Gita. Moreover, managing mind power isn't just about personal development; it extends to influencing others positively, fostering better relationships, and creating a conducive environment for growth and success. Ultimately, mastering mind power management empowers us to navigate life's challenges with greater clarity, purpose, and effectiveness. The organizers deserve praise for their efforts in organizing such a great event, and the club look forward to attending similar events in the future.

APPENDIX

F-2 Sem III

Attendance Sheet					Roll no
S No	Name	Year	Branch	Signature	
1	Harshit Vema	2	Mech		160122736092
2	M. Yashwanth Raju	2	Mech		160122736103
3	K. Anush	2	Mech		160122736098
4	R. Shiva	2	Mech		160122736112
5	T. R. D. Prabhas	2	Mech		160122736118
6	Vansh Krishna Raj	2	Mech		160122736096
7	Mee	2	Mech		160122736105
8	Joe Hamilton	2	Mech		160122736100
9	N. Koushik	2	Mech		160122736109
10	C. H. Prashanth	2	Mech		160122736089
11	R. Sai Punith	2	Mech		160122736112
12	Akshay	2	Mech		160122736117
13	Bhuvanesh	2	Mech		160122736101
F-1					
1)	Sabarsh	2	Mech (FI)		160122736098
2)	Salman Raj	2	Mech (FI)		160122736032
3)	Arnav Reddy	2	Mech (FI)		160122736011
4)	Sankalp Reddy	2	Mech (FI)		160122736099
5)	Nikhil	2	Mech (FI)		160122736021
6)	Sai Raj	2	Mech (FI)		160122736029
7)	Nishal	2	Mech (FI)		160122736016
8)	Vijay	2	Mech (FI)		160122736020
9)	Gowtham	2	Mech (FI)		160122736046
10)	Shreyas	2	Mech (FI)		160122736010
11)	Sreehitha	2	Mech (FI)		160122736006
12)	Ashith	2	Mech (FI)		160122736015
13)	B. Vignesh	2	Mech (FI)		160122736017

Attendance Sheet

S No	Name	Year	Branch	Signature	Roll No
1	D. Praetham	1 st year	AIDS I	Praetham	1601-23-741-03
2	G. Santhosh	1 st year	AIDS I	Santhosh	1601-23-741-04
3	C. Karthik	1 st year	AIDS I	Karthik	1601-23-741-05
4	M. Sai Kiran	1 st year	AIDS I	M.S.K.	1601-23-741-06
5	K. Rishi Kumar Reddy	1 st year	AIDS I	Rishi	1601-23-741-07
6	P. Varshini	1 st year	Mech-I	Varshini	1601-23-741-08
7	M. Rishu	1 st year	AIDS I	Rishu	1601-23-741-09
8	K.V.D.S PRAGNA	1 st year	AIDS I	Pragna	1601-23-741-10
9	K. Varshini	1 st year	AIDS I	Varshini	1601-23-741-11
10	Rushika Sree	1 st year	AIDS I	Rushika	1601-23-741-12
11	T. Srijana Reddy	1 st year	AIDS I	Srijana	1601-23-741-13
12	H. Abhishek Varma	2 nd year	Mech-I	Abhishek	1601-22-736-01
13	M. Tharun Teja Goud	2 nd year	Mech-I	Tharun	1601-22-736-02
14	M.D. Shanoula 2	2 nd year	Mech-I	Shanoula	1601-22-736-03
15	C.H. Ganesh	2 nd year	Mech-I	Ganesh	1601-22-736-04
16	K. M. Chir Pavan	2 nd year	Mech-I	Pavan	1601-22-736-05
17	T. Shashi Kanth	2 nd year	Mech-I	Shashi	1601-22-736-06
18	B. Purnashotham	2 nd year	Mech-I	Purnashotham	1601-22-736-07
19	N. Anil Reddy	2 nd year	Mech-I	Anil	1601-22-736-08
20	Siddhu Nayak	2 nd year	Mech-I	Siddhu	1601-22-736-09
21	Teevan	2 nd year	Mech-I	Teevan	1601-22-736-10
22	Uday Kiran	2 nd year	Mech-I	Uday	1601-22-736-11
23	M. Sujith Reddy	II nd	MECH-F1	Sujith	1601-22-736-038
24	D. Nithin Kumar	II nd	MECH-F1	Nithin	1601-22-736-045
25	K. Sathwik	II nd	MECH-F1	Sathwik	1601-22-736-031
26	D. Chandhan	II nd	MECH-F1	Chandhan	1601-22-736-022
27	Ganesh	II nd	Mech-F1	Ganesh	1601-22-736-051
28	S. Arun	II nd	Mech-F1	Arun	1601-22-736-052
29	Karthik	II nd	Mech-F1	Karthik	1601-22-736-053
30	Varun	II nd	Mech-F1	Varun	1601-22-736-054

31. Usha S	I nd	Mech-F ₂	Vibhansh	16012273604
32. Akshata	I nd	Mech F ₂	Akshat	160122736002
33. Anuv Freddy	I nd	Mech F ₁	Anuv	1601-22-736-015
34. sakorah	I nd	mech F ₁	Sa	1601-22-736-048
35. Salman Raja	I nd	Mech F ₁	Salman Raja	1601-22-736-052
36. Sankalp	I nd	Mech F ₁	Sankalp	1601-22-736-049
37. SuRaj	I nd	Mech F ₁	Su	1601-22-736-024
38. Nikhil	I nd	Mech F ₁	Ni	1601-22-736-021
39. Sam Anshul	I nd	Mech F ₁	A Sam	1601-22-736-015
40. Vijay	I nd	Mech F ₁	Vijay	1601-22-736-020
41. Govindam	I nd	Mech F ₁	Govindam	1601-22-736-016
42. shreeya	I nd	Mech F ₁	Shreeya	1601-22-736-010
43. Sreehith	I nd	Mech F ₁	Sreehith	160122-736-006
44. Anshith	I nd	Mech F ₁	Anshith	1601-22-736-018
45. Rihika	I nd	Mech F ₁	Ri	1601-22-736-005
46. Muleesh	I nd	Mech F ₁	Mule	1601-22-736-036
47. Shilpa	I nd	Mech F ₁	Sh	1601-22-736-002
48. Sundeep	I nd	Mech F ₁	Sundeep	1601-22-736-056
49. Sampth	I nd	Mech F ₁	Sampth	1601-22-736-025
50. Dani	I nd	Mech F ₁	M. Dani	1601-22-736-029

AIDS-1

Attendance Sheet					Roll No
S No	Name	Year	Branch	Signature	
1	S. Sai Abhinav	3 rd year	AIDS	[Signature]	160123771062
2	J Anuhya	1 st year	AIDS	[Signature]	160123771005
3	Anikant Reddy	1 st year	AIDS	[Signature]	160123771082
4	M.N. Pravaradhan	1 st year	AIDS	[Signature]	16012377049
5	Shanmukh	1 st year	AIDS	Shanmu	160123771031
6	G. Ratna Sai Dileep	1 st year	AIDS	[Signature]	160123771040
7	R. Saayushrini	1 st year	AIDS-I	[Signature]	160123771016
8	A. Arjavaradhan Reddy	1 st year	AIDS-I	[Signature]	160123771026
9	K. Sai Sindhu	1 st year	AIDS-I	Sindhux	160123771007
10	V. Socha	1 st year	AIDS-I	Sula	160123771022
11	Maelya Fakruda	1 st year	AIDS-I	[Signature]	160123771012
12	N. Shananya	1 st year	AIDS-I	N. Shan	160123771024
13	Suzana	1 st year	AIDS-I	Suz	160123771023
14	V. Kyathika	1 st year	AIDS-I	[Signature]	160123771021
15	P. Sittarini	1 st year	AIDS-I	P. Sitt	160123771015
16	Saroj	1 st year	AIDS-I	[Signature]	160123771018
17	M. Harsha Varadhan	1 st year	AIDS-I	M. Harsha	160123771047
18	A. Sai Sathish	1 st year	AIDS-I	A. Sathish	160123771057
19	Abkullah	1 st year	AIDS-I	Abriel	160123771057
20	Surya Raju Reddy	1 st year	AIDS-I	Surya	160123771041
21	B. Varun	1 st year	AIDS-I	Varun	160123771029
22	B. Shashank	1 st year	AIDS-I	Shashank	160123771030
23	P. Radhika Pagadala	1 st year	AIDS-I	[Signature]	160123771055
24	C. Akash	1 st year	AIDS-I	Akash	160123771035
25	Krishna	1 st year	AIDS-I	Krishna	160123771039
26	A. Nikith Reddy	1 st year	AIDS-I	[Signature]	160123771054
27	P. Naga Vinod Naidu	1 st year	AIDS-I	[Signature]	160123771060
28	P. Purna chandrasoo	1 st year	AIDS-I	[Signature]	160123771056
29	Harshith	1 st year	AIDS-I	Harshith	160123771043

30	विवेक	1 st	AIDS-I	160123771069	
31)	P. Pransay	1 st year	AIDS-I	1601-23-771-058	Pransay
32)	Manohar Sai Ch.	1 st year	AI-D31	1601-23-771-050	Manohar
33)	B. Praneeeth	1 st year	AI-D3-I	1601-23-771-028	Praneeeth
34)	Ch. Grishmarth	1 st year	AIDS-I	1601-23-771-027	Grishmarth
35)	B. Udayaani	1 st year	AIDS-I	1601-23-771-002	Udayaani
36)	K. Vijaylaxmi	1 st year	AIDS-I	1601-23-771-109	Vijaylaxmi
37)	Vinay Kumar	1 st year	AIDS-I	1601-23-771-064	Vinay
38)	Ch. Krishna	1 st year	Civil-I	1601-23-771-029	Krishna
39)	G. Samarth	1 st year	AIDS-I	1601-23-771-042	Samarth
40)	B. Shanmukh	1 st yr	AIDS-I	1601-23-771-099	Shanmukh
41)	Vijaynani	1 st year	Civil-I	1601-23-771-031	Vijaynani
				1601-23-771-006	Vijaynani

Chemical [8]

Attendance Sheet					
S No	Name	Year	Branch	Signature	Roll no
1.	G. Karthik	2 nd year	Chemical	G. Karthik	1601-22-802-020
2.	Ch. Abhishek	2 nd year	Chemical	Abhishek	1601-22-802-023
3.	M. Praneetha	2 nd year	Chemical	M. Praneetha	1601-22-802-026
4.	K. Saikeethan Reddy	2 nd year	Chemical	K. Saikeethan Reddy	1601-22-802-042
5.	A. Pavan Patel	2 nd year	Chemical	A. Pavan Patel	1601-22-802-018
6.	R. Adith	2 nd year	Chemical	R. Adith	1601-22-802-043
7.	D. Ganesh	2 nd year	Chemical	D. Ganesh	1601-22-802-039
8.	J. Anil Kumar Reddy	2 nd year	Chemical	J. Anil Kumar Reddy	1601-22-802-309
9.	L. Tharun	2 nd year	Chemical	L. Tharun	1601-22-802-031
10.	G. Tharun	2 nd year	Chemical	G. Tharun	1601-22-802-051
11.	D. Rajavardhan	2 nd year	Chemical	D. Rajavardhan	1601-22-802-026
12.	K. Manish Raj	2 nd year	Chemical	K. Manish Raj	1601-22-802-308
13.	M. Harman	2 nd year	Chemical	M. Harman	1601-22-802-058
14.	V. Shroff	2 nd year	Chemical	V. Shroff	1601-22-802-048

IT Branch

1)	R. Sandeep Kumar	2 nd year	IT-1	R. Sandeep Kumar	1601-22-737-057
Civil - 2 nd year (II sem)					
1.	D. Pranathi	2 nd year	Civil-A1	D. Pranathi	160122732002
2.	S. Kaishna Thanya	2 nd year	Civil-A1	S. Kaishna Thanya	160122732012
3.	Rohith	2 nd year	Civil-A1	Rohith	160122732018
4.	Sree Varun	2 nd year	Civil-A1	Sree Varun	160122732049
5.	Abhishek	2 nd year	Civil-A1	Abhishek	160122732037

Attendance Sheet

S No	Name	Year	Branch	Signature
1.	Akshitha.Ds	2nd	ECE-3	Akshitha
2.	Jashwanth	2nd	ECE-3	Jashwanth
3.	V.SriPooja	2nd	Mech-Fi	V.SriPooja
4.	K.Rithvik	2nd	Civil A1	K.Rithvik
5.	J.Jemitha	3rd	EEE	J.Jemitha
6.	A.Pithom	3rd	EEE	A.Pithom
7.	Karthikaya	3rd	EEE	Karthikaya
8.	Amanaya S	2nd	II	Amanaya S
9.	Chethan Kumar	2nd	II	Chethan
10.	Rajewar	2nd	ECE-3	Rajewar
11.	Abhigyan Abhigyan	2nd	ECE-3	Abhigyan
12.	Dhanush	2nd	ECE-3	Dhanush
13.	D. Sarjana Reddy	2nd	CIVIL A1	D. Sarjana
14.	G. Bhavana	3rd	EEE	Bhavana
15.	Yashaswini Sontu	3rd	EEE	Yashaswini
16.	Supriya	3rd	EEE	Supriya
17.	Sarvatham Naik	3rd	EEE	Sarvatham

Roll No

160122335148
160122335179
160122336082
160122332075
160121734082
160121734082
160121734082
160122131072
160122137062
160122335142
160122335143
160122335169
160121732003
160121734087
160121734016
160121734009
160121734033



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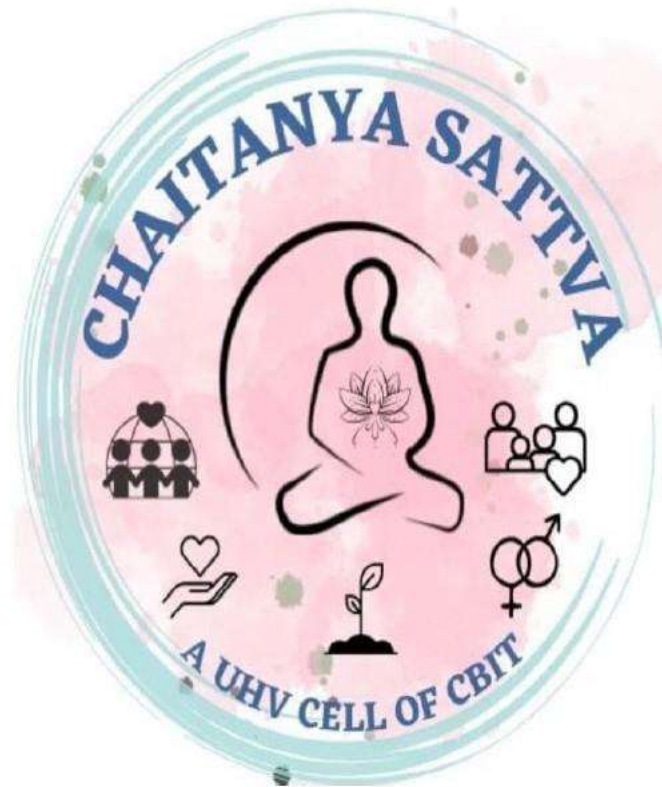
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COMMITTED TO RESEARCH, INNOVATION AND EDUCATION

45

years





**HARE KRISHNA
HERITAGE TOWER**

400 feet
Radha Krishna Temple



**VOLUNTEER
REGISTRATION**



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[hkmhyderabad.org/
volunteering](http://hkmhyderabad.org/volunteering)

96769 10183



SATURDAY

**09
DEC**

**5:30 PM
ONWARDS**

Sri Radha Govinda

Ratha Yatra

at Narsingi, Kokapet.

Come, pull the chariot



— START POINT —

Sri Krishna Goshala
Gandipet Main Rd,
Shankarpally circle.

LOCATION



— END POINT —

Hare Krishna Heritage Tower
Golden Mile Rd, Narsingi,
Kokapet, Hyderabad.

Hyderabad,
Date:-08/12/2023.

To,
The Principal,
Chaitanya Bharathi Institute of Technology, (Through proper channel)
Hyderabad.

Sir,

Sub: Permission- Ratha Yatra -Chaitanya Sattva-Req-reg.

Chaitanya Sattva: A UHV Cell of CBIT in association with **Hare Krishna Foundation** organizing "Ratha Yatra". As part of the event, We are requested to provide volunteers. Event is going take place at Gandipet Circle on 9th December 2023 from 4:30 pm. So, We request you to give permission for the necessary arrangements and to conduct the event smoothly.

Thanking You,

Yours Sincerely

A. Akshay
A. Akshay (VII Sem, B.E., EEE),
President,
Chaitanya Sattva club.

FACULTY CO-ORDINATORS

C. Srisailam (Assistant Professor, EEE)

Dr. N. R. Dakshinamurthy (Associate Professor, CIVIL)

[Signature] 8/12/23
Dr. G. Suresh Babu (Professor, EEE)

Recommended & Forwarded
The students who want to
volunteer the event should
take the permission from parents
and no objection from the parent
is to be submitted to faculty in charge.

[Signature]
8/12/2023

[Signature]



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45
years

Date: __/__/2023

Undertaking for 'Ratha Yatra'

I, _____, a registered student of CBIT, has voluntarily chosen to participate in the 'Ratha Yatra', scheduled to take place on 09-12-2023.

I would like to make it explicitly clear that the college and its authorities shall not be held responsible for any incident or injury that may occur during the aforementioned event. Also, I acknowledge and understands the inherent risks associated with participation in a marathon, and willingly undertakes this activity at their own discretion.

Furthermore, College will not be liable for any medical expenses, legal matters, or other consequences that may arise as a result of participation in the 'Ratha Yatra'. I have been informed and understands that they are participating in this event as an individual and not as a representative or agent of the college.

By signing this undertaking, I agree to release and hold harmless College, its faculty, staff, and officials from any claims, damages, or liabilities arising from their participation in the 'Ratha Yatra'.

This undertaking is voluntarily signed by _____ on this date __/__/2023.

Student's Signature with Date

Parents Signature

Student's Full Name :

Parents Name:

Student Roll No.:

Department:

Contact no.:

ACKNOWLEDGEMENT

We as a committee are delighted to express our gratitude and respect to our principal 'Prof. C. V. Narasimhulu Garu' and Director of Student Affairs and Progression 'Dr P. V. R. Ravindra Reddy Garu' for supporting us in every aspect of club work. We want to convey our special thanks to our faculty coordinators – 'Dr G. Suresh Babu Garu, Professor, EEE', 'Shri. C. Srisailam Garu, Assistant Professor, EEE' and 'Dr N. R. Dakshinamurty, Associate Professor, CIVIL' who guided us. We would like to express our sincere appreciation to everyone who contributed to the success of the Event. Without your support, this event would not have been possible.

We also extend our appreciation to all the attendees, volunteers and staff members who participated in the Event and contributed to its success.

ABSTRACT

This report reviews on the series of events that were conducted in “Ratha Yatra” by Chaitanya Sattva -the UHV cell of CBIT in collaboration with Hare Krishna Movement. This was held on 9th December 2023, at Gandipet main road from 6PM to 10PM. This traditional chariot procession, deeply rooted in Hindu culture, featured elaborate decorations and spiritual discourses, with the speakers shedding light on the cultural and religious significance of the Ratha Yatra. The event aimed to provide a spiritually enriching experience, drawing attendees into the festive ambiance and cultural celebration. This report presents a detailed account of the event, including its objectives, agenda, and outcomes.

INTRODUCTION



Ratha Yatra, an ancient Hindu festival steeped in tradition, holds profound significance as it unites communities in the celebration of spirituality and devotion. Originating from the city of Puri, where it has been observed for centuries, Ratha Yatra has transcended geographical boundaries, captivating hearts globally.

On the 9th of December 2023, Chaitanya Sattva, in collaboration with the Hare Krishna Movement, orchestrated a Ratha Yatra event at Gandipet main road from 6 pm to 10 pm. The distinguished Chief Guest for the occasion was MLA Rajendra Goud Garu. Notable speakers included Madhu Pandit Dasa Garu, Satya Goura Chandra Dasa Garu, Vasudev Keshav Dasa Garu, Jagan Mohan Dasa Garu and Gopichand Garu.

People from different parts of city arrived ahead of the designated time at the destination. The event quickly started off with invaluable insights from the notable speakers. Madhu Pandit Dasa Garu, a spiritual leader and President of ISKCON Bangalore, is actively engaged in humanitarian initiatives such as Akshaya Patra, providing free mid-day meals to government school children. As the Founder and Chairman of The Akshaya Patra Foundation, he has been honored with the Padma Shri Award by the Government of India for the foundation's distinguished service to the nation's children. Through the discourse, devotees gained a heightened awareness of the transformative power of the Hare Krishna Maha Mantra and discovered practical ways to surrender to Krishna in their spiritual journey.

Satya Goura Chandra dasa Garu, President of Hare Krishna golden temple Hyderabad, President of Akshaya Patra TS & AP., IIT Madras gold medalist. The speaker, possessing a deep comprehension of Dharma, engaged the devotees by skillfully intertwining captivating stories that vividly portrayed the enduring significance of leading a virtuous life. Each narrative acted as a guiding light, leading the audience to a more profound understanding of Dharma and encouraging them to steadfastly embrace its principles. MLA Rajendra Goud Garu, the Chief Guest, expressed deep honor and gratitude for being part of such an auspicious event.

The Ratha Yatra procession held in Kokapet unfolded as a vibrant and spiritually charged event, with a meticulously planned schedule of stops that engaged the community in the celebration. The procession commenced at 6:00 PM from Sri Krishna Goshala (Kancha), marking the beginning of a journey filled with cultural richness. The Ratha Yatra continued its journey through Legend Chimes, engaging residents and spreading the cultural significance of the event. The procession united at Poulomi 90 & Retreat, creating a communal gathering point for devotees. Continuing its path, the Ratha Yatra progressed through Rajapushpa Regalia, involving residents and spreading the cultural significance of the event.

The procession reached 7 Hills Apartments, extending the celebration to different residential communities in Kokapet. Residents of Rajapushpa Atria were treated to the spiritual ambiance as the chariot made its way through their neighborhood. The Lawnz transformed into a focal point of celebration, as devotees came together to witness the splendor of the Ratha Yatra. The Post Office Circle, witnessed the procession captivating the attention of passersby, contributing to the cultural richness of the area. Serenity Park marked a pivotal point in the procession, where the spiritual ambiance seamlessly intertwined with the serene surroundings, creating a harmonious blend of spirituality and the local environment. The pinnacle of the event occurred at the Hare Krishna Heritage Tower, bringing the Ratha Yatra to a close with profound devotion and a prevailing sense of unity among the participants. At this final destination, devotees immersed themselves in bhajans, kirtans, and sankirtans, elevating the spiritual essence of the event. Transportation facility was provided.





Images from the event place



Images from the event place

CONCLUSION

People belonging to different age groups across the city have taken part in this event. In summary, the Ratha Yatra exudes a sense of solemnity, highlighted by the iconic chariots carrying divine deities on a symbolic journey. This spiritual initiative seamlessly aligns with the essence of the event. The grandeur and vibrancy of the chariots not only serve as a visual spectacle but also embody the collective celebration of life. This spectacle conveys a profound message, emphasizing the significance of unity, faith, and joy as essential elements of the human experience. The Ratha Yatra becomes a powerful symbol, uniting communities in a shared expression of devotion and celebration, underscoring the enduring connection between the divine and the human spirit. The organizers deserve praise for their efforts in organizing such a magnificent event, and the club looks forward to attending similar events in the future.

Link for Certificates:-

https://drive.google.com/drive/folders/1wP9N05kfIACihhm1D44I1y83xsP7jdx?usp=drive_link



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INNOVATION AND
EDUCATION

45

years

Certificate of participation

This is to certify that Mr./Ms.....of has participated
in "RATHA YATRA" on December 9th 2023, organised by Chaitanya Sattva: A UHV Cell of
CBIT in association with Hare Krishna Foundation.

**FACULTYCOORDINATOR
CHAITANYA SATTVA**

**PRINCIPAL
CBIT**

APPENDIX

RATHA YATRA (09-12-2023)

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1	J Sai Varshini	Civil A-1	Varshini
2	U Sneha	Civil A-1	u.sneha
3	Raja	Civil A-1	Raja
4	V. Vallu Sai	MBA - B	V. Vallu Sai
5	K. Roshika	MBA - B	K. Roshika
6	Sheelbal. K	MBA - B	Sheelbal. K
7	M. Farooq	MBA - B	M. Farooq
8	B. Shivarajulu	MBA - B	B. Shivarajulu
9	V. Saijya	MBA - B	V. Saijya
10	Aradhya	MBA - B	Aradhya
11	D. Sriyani	MBA - B	D. Sriyani
12	D. Rohit	MBA - B	D. Rohit
13	Afreen	MBA - B	Afreen
14	T. Sai Priya	MBA - B	T. Sai Priya
15	R. Mansi	MBA - B	R. Mansi
16	A. Srinivas Varma	"	A. Srinivas Varma
17	A. Sindhu	"	A. Sindhu
18	K. Rohit	"	K. Rohit
19	N. Hruday	MBA - A	N. Hruday
20	Leela Krishna Sai	MBA - B	Leela Krishna Sai
21	G. Prashanthi	MBA - B	G. Prashanthi
22	Gayatri	MBA - B	Gayatri
23	Santosh	MBA - B	Santosh
24	Sampath	MBA - B	Sampath
25	Anurag	MBA - B	Anurag
26	Yethi Anantika	MBA - B	Yethi Anantika
27	P. Abgarani	EEE - 1 - A	P. Abgarani
28	H. Bhavana	MBA - A	H. Bhavana
29	Gayathri	MBA - A	Gayathri
30	Dhaathri	MBA - A	Dhaathri
31	P. Sai Jagadeesh	MBA - A	P. Sai Jagadeesh
32	Harshith H. Ch.	MBA - A	Harshith H. Ch.
33	K. Prashanth	MBA - A	K. Prashanth
34	Raviteja	MBA - A	Raviteja
35	Vi. Jay	MBA - A	Vi. Jay
36	K. Lavanya	MBA - A	K. Lavanya
37	K. Rishi	EEE - 1	K. Rishi
38	S. Sathwik	EEE - 1	S. Sathwik
39	T. Tejaswanth	EEE - 1	T. Tejaswanth
40	Manipal yadav	EEE - 1	Manipal yadav
41	D. Sneha	Civil - 1	D. Sneha
42	H. Srija	"	H. Srija
43	G. Sushree	"	G. Sushree
44	T. Vamsi	"	T. Vamsi
45	B. Sneha Anjali	"	B. Sneha Anjali
46	M. Rishik	"	M. Rishik
47	Adharsh	Civil - A1	Adharsh
48	Sabari	4th year	Sabari
49	Manoj	Civil A1	Manoj
50		EEE 01	
51			

1) Ambidi Vishnu Teja	MBA
2) VVVMSRK Revanth	MBA
3) S. Gunavardhan	MBA
4) Rachamalla Mxunallni	MBA
5) K. pranav	MBA
6) Sandisi Dhanush	SMS
7) Sri Shivan	SMS
8) B Karthik	SMS
9) Kotturi Vineeth	SMS
10) D. Venumadhav Sagar	MBA
11) K. Charitha Nayak	MBA
12) Akhila Vaddepally	MBA
13) Rajesh Kunsothu	MBA
14) K. Ramya Sri Ratna	MBA
15) V. Bhavya Shree	MBA
16) J. Shobith Reddy	MBA
17) M. Sai Kishore	MBA
18) A. Sannihith	MBA
19) Sagar Banothu	MBA
20) Bachala Shiva Kumar	SMS
21) V. Karthikeya Revanth	MBA
22) R. preethi	MBA
23) Ch. RV Sai Hushith	MBA
24) P. Laxmi Gayathri	MBA
25) E. prashanth	MBA

26) Pradeep

MBA

~~27) U. Vijay Kumar~~

~~MBA~~

~~28)~~

27) Akshaya Chintala

MBA

28) A. Eshwari

MBA

29) A. Sindhu

SMS

~~30) CH. Shiva Shiral~~

30) CH. Shiva Shankar Reddy

CSE-3

31) N. Abhilash Reddy

ECE-3

32) Surya

CSE (COT)

33) Vamsi

ECE-3

34) Jahnaxi

ECE-3

35) Preethi

ECE-3

36) Chaitanya

Chemical

37) J. Anil Kumar Reddy

Chemical

38) L. TaTaji

Chemical

39) P. Kauthikeya

EEE-1

