

# CHAITANYA BHARATHI INSTITUTE OF TECHNOLOGY

Kokapet (Village), Gandipet, Hyderabad, Telangana - 500075.

## CRITERION V - STUDENT SUPPORT AND PROGRESSION

### 5.3 - Student Participation and Activities

#### 5.3.3 - Number of sports and cultural events / competitions organised by the institution

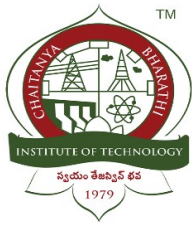
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## ACTIVITY REPORT ON WORLD ENVIRONMENT DAY

- 1. Name of Activity / Event : World Environment Day
- 2. Programme : World Environment Day
- 3. Activity / Event Date and Venue : 05-16-2023, CBIT Campus
- 4. Participants : Students of CBIT
- 5. No. of Participants : 40
- 6. Chaitanya Parivrita Club Student Coordinator : Oggu Akshitha Priya
- 7. Chaitanya Parivrita Club Staff Coordinator : E. Maheshwar Reddy, Asst. Prof., CED.



**CHAITANYA PARIVRITA CLUB**  
The Management, The Principal, Staff & Students  
Cordially invites you  
On the occasion of  
**WORLD ENVIRONMENT DAY' 2023**




**TREE PLANTATION DRIVE**

on 05-06-2023 (10:00 AM)  
@ CBIT Campus

*A small step to save the earth  
is in your hands*

**All Are Invited To Participate**  
Chaitanya Parivrita Club Coordinator:  
E. Maheshwar Reddy, Asst. Prof., Dept. of Civil Engg.

*Plant a tree*



As a part of the world environmental day, Chaitanya Parivrita Club organised Environment Day celebrations on June 5, 2023. The Principal staff and the students participated in the program in full spirit. The aim behind organising the Environment Day was to create awareness among people about the importance of keeping the environment clean as well as saving it. And for this purpose, the Principal of the institute, planted trees in the college premises and gave a speech on how our environment helps us in our daily life, and why we should all work together to protect the environment. All the staff and students participated in the program with much enthusiasm. The Principal thanked everyone for their presence and concluded the day's programme.



www.prajavinikidi.com  
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## సిబిఐటి కళాశాల లో ఘనంగా ప్రపంచ పర్యావరణ దినోత్సవం..

**ప్రజావినికీడి,(మెహదీపట్నం):**

ప్రపంచ పర్యావరణ దినోత్సవం సందర్భంగా చైతన్య పరివృత క్లబ్ చెట్ల నాటడం మీద ప్రత్యేక కార్యక్రమం నిర్వహించింది. ఈ సందర్భంగా కళాశాల ప్రిన్సిపాల్ పి రవీందర్ రెడ్డి , సీవిల్ విభాగ అధిపతి ప్రొఫెసర్ జగన్నాథరావు , కెమికల్ ఇంజనీరింగ్ విభాగాధిపతి ప్రొఫెసర్ ఎమ్ ముకుంద వాణి , సీనియర్ అధ్యాపకులు ప్రొఫెసర్ ఉమాకాంత చౌదరి, డాక్టర్ పి.వినాగ ప్రహ్లాద్, శ్రీ మహేశ్వర రెడ్డి , శ్రీ పాల శ్రీనివాస్, మరియు ఇతర అధ్యాపకులు పాల్గొన్నారు. పర్యావరణం గురించి తెలుసుకోవడానికి ఆన్లైన్ ఉపన్యాసం నిర్వహించడం. ఈ సందర్భంగా ప్రొఫెసర్ ఉమాకాంత చౌదరి మరియు డాక్టర్ పి.విజయ్ బాబు ఆక్సిజన్ ?? ప్రాముఖ్యత గురించి చెప్పారు. మన



పర్యావరణాన్ని నురక్షితమైన నివాస స్థలంగా మార్చుకోవాల్సిన అవసరం ఉందని, చెట్ల మెంపకం ద్వారా కాలుష్యాన్ని తగ్గించవచ్చని, భవిష్యత్ తరాల జీవితాన్ని నురక్షితంగా జీవించవచ్చు అని ఆయన అన్నారు. మరియు ఈ సంవత్సరం ధీమ్ బీట్ ప్లాస్టిక్ పొల్యూషన్ గురించి వారు వివరించారు.





E. Maheshwar Reddy

Faculty Co-ordinator  
Chaitanya Parivrita Club  
E. Maheshwar Reddy  
Assistant Professor  
Dept. of Civil Engg.





# CHAITANYA BHARATHI INSTITUTE OF TECHNOLOGY

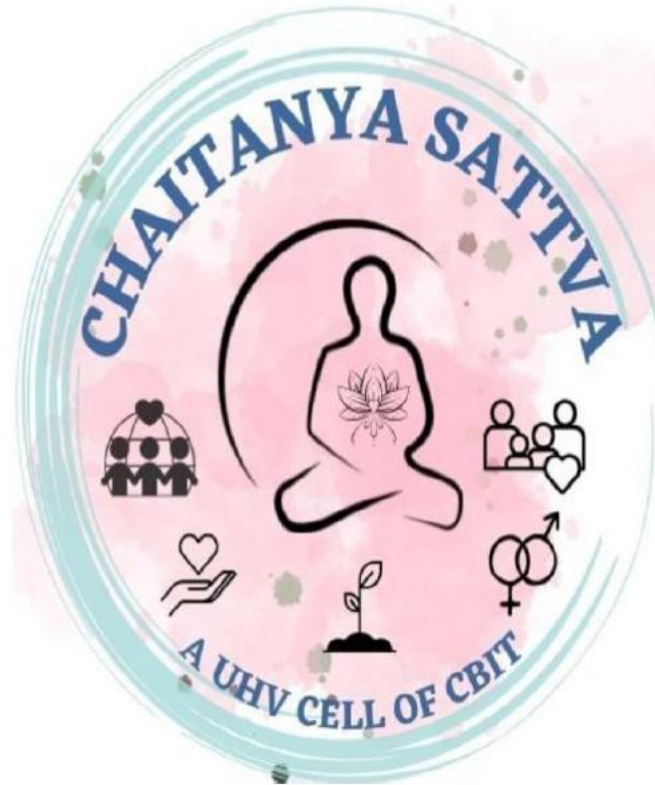
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COMMITTED TO RESEARCH, INNOVATION AND EDUCATION

# 45

years





CHAITANYA BHARATHI  
INSTITUTE OF TECHNOLOGY (A)

Kokapet(Village), Gandipet, Hyderabad, Telangana-500075. www.cbit.ac.in



COMMITTED TO  
RESEARCH,  
INNOVATION AND  
EDUCATION

44  
years

No.CBIT/126/ Admn./2023

Dt.13.07.2023

### CIRCULAR

It is proposed to organise a Guest Lecture on "Inner Leadership and Anger free living", by the Department of Civil Engineering in association with Chaitanya Sattva, the UHV cell of CBIT, on 14.07.2023 from 3:00 PM to 4:30 PM onwards in the N-Block Seminar Hall. The lecture will be delivered by Sister B K Deepa, a Senior Rajyoga Teacher from Brahma Kumaris, a World Spiritual University having more than 30 years of experience.

All the interested Staff and Students are directed to attend the event without detrimental to the classwork and other important works. Attendance will be recorded for those who attend the event.

For any further information contact the program Co-ordinator of the event, Dr. Kamalini Devi, Assistant Professor, CED, Mobile: 9337683749, Dr Angshuman Das, Assistant Professor, CED, Mobile: 9991016357 & Student Co-ordinator of UHV Cell Mrs. Shaik Seema, Mobile: 98665 47591.



*CHE*  
PRINCIPAL

To

All the Advisors, Directors, Associate & Assistant Directors, Heads of the Departments, In-charges of Sections, Librarian, CoE, Head-HR, Asst. PD & PRO, for information and advised to circulate among all the staff and students under their control.

## **ACKNOWLEDGEMENT**

It's our pleasure in thanking our honourable chief guest, 'Sister BK Deepa' from the bottom for our hearts. We as a committee are delighted to express our gratitude and respect to our principal 'Prof. C. V. Narasimhulu Garu 'and Director of Student affairs and Progression, professor 'Dr. P. Ravinder Reddy Garu 'for supporting us in every aspect of club work. We want to convey our special thanks to our faculty coordinators – 'Dr Kamalini Devi, Assistant Professor, CED' and 'Dr Angshuman Das, Assistant Professor, CED' who guided us. We would like to express our sincere appreciation to everyone who contributed to the success of the Event. Without your support, this event would not have possible.

We also extend our appreciation to all the attendees, volunteers and staff members who participated in the Event and contributed to its success.

## **ABSTRACT**

The report reviews on the guest lecture on “Inner leadership and Anger Free living” which was conducted on 14-07-2023 from 3:00 p.m. to 4:00 p.m. by Chaitanya Sattva -the UHV cell of CBIT in association with Brahma Kumaris. This lecture was held at N-block Seminar Hall. The main objective of the program is to convey the importance of inner leadership and anger free living and more than 100 students attended and made the event a grand success. All the guests and dignitaries addressed the gathering and enlightened the students with their valuable words. The guest lecture was interactive, and the participants were able to interact and share their ideas and experiences, which contributed to the inner leadership and anger-free living. This report presents the detailed account of the event, including its objectives, agenda and outcomes. It also highlights the contribution of the speakers, Participants and organizers who made the event success.

# INTRODUCTION

Brahma Kumaris is a worldwide spiritual movement dedicated to personal transformation and world renewal. Founded in India in 1937, Brahma Kumaris has spread to over 110 countries on all continents and has had an extensive impact in many sectors as an international NGO. However, their real commitment is to helping individuals transform their perspective of the world from material to spiritual. It supports the cultivation of a deep collective consciousness of peace and of the individual dignity of each soul. Chaitanya Sattva -the UHV cell of CBIT in association with Brahma Kumaris conducted a guest lecture on “Inner leadership and Anger free living”.

Dr Kamalini Devi mam has invited honourable Principal Prof. C. V. Narasimhulu Garu, Chief guest Sister BK Deepa, Professor Dakshina Murthy sir, CED and P.V. Prasad sir, EEE Department on to the dias. Dr Angshuman Das sir explained the importance of maintaining inner peace and being resilient in every situation. Thereafter, Prof. Dakshina Murthy sir expressed his valuable views on how inner self and nature works in hand in hand. He also mentioned that the love of a mother is nine months older than that of a father. Sir also described about the importance of controlling our emotions and suggested that the yoga is one of the best practices to do this while also learning about the cosmos, our physical requirements, and everything else. He also thanked the event organizers. Professor P.V. Prasad sir said that the subject UHV should not be perceived as subject for credits scoring. Sir suggested students to inculcate the human values taught in the UHV sessions should be imbibed into the daily lives of students to lead a better life.

Now Sister Deepa has been invited to enlighten talk about Human values. Sister first made sure every student was comfortable and grabbed their attention by introducing herself and where she came from. Sister addressed the types of problems faced by many of the students in this current day scenario. She mainly focussed on the problems relating to mental health. She interacted with students in knowing what all other kinds of problems faced by them and made the session interactive. Gradually sister deep dived into the topic of inner leadership.



Sister mentioned that the inner leadership is nothing but directing our own internal organization. Sister further described about how soul, spiritual energy, self is different from our physical body. She mentioned that in order to become good leader, the innate identity, which refers to spiritual self, must



be the master. Sister explained the importance of our self, spiritual energy in our life. She mentioned few ways to empower and nourish it. Sister enlightened the audience by telling the importance of empowering and nourishing both self and physical body in managing our daily life. She shared her observation from her experience that the time and energy we invest in the self to empower the self, to energise the self, the effect of that on the other areas of our life should be observed. To make the session more interactive and interesting, Sister Deepa displayed few virtues on the screen and asked every student to stand up and introduce themselves based on their signature virtues with at least 5 people around them.



She mentioned that meditation is a wonderful technique that enables us to connect with our higher selves, to the ultimate, and empower ourselves with his serenity, peace, love, forgiveness, and strength so that we can forgive one another. To make the students experience the taste of mediation, Sister Deepa played a peaceful, calming background music and asked the students to meditate. The session was ended with the vote of thanks. By the end of session, every student left the hall with full of positivity and got an idea on how to handle any kind of situation with their calmness.

## **CONCLUSION**

The guest lecture conducted by the Department of Civil Engineering in association with Chaitanya Sattva, the UHV cell of CBIT was a huge success and achieved its objective of promoting inner leadership and anger-free living and helped a lot of participants to lead a better life. The event featured renowned speaker Sister Deepa and her interactive session that engaged participants and helped them with practical knowledge and strategies to apply in their lives. The organizers deserve praise for their efforts in organizing such a great event, and the club look forward to attending similar events in the future.

## **BIBLIOGRAPHY**

- <https://drive.google.com/drive/folders/1BbMDSzkugffr9POLm81TQdyrT9MvOuYa?usp=sharing>

## APPENDIX

Roll list of IV Sem AI			
S. No	HTNo	Name of the Student	Signature
1	160121732001	ALLAMRAJU LALITHA LAKSHMEERAJYAM	Allam
2	160121732002	BACHALA PRAVALIKA	Pravalika
3	160121732003	BANOTHU ANUSHA	Anusha
4	160121732004	DEVARAPALLY GRACE MAHITHA	Grace
5	160121732005	EDARA V S S SAHITHI	Sahithi
6	160121732006	IRUGU PUTEENA	Puteena
7	160121732007	JATLING ESHA	Esha
8	160121732008	KANCHANI SAI CHANDANA	Chandana
9	160121732009	MAMATHA CHOUDHARY	Mamatha
10	160121732010	MAREDEVALLY SREEYA	Sreeya
11	160121732011	MEGHANA MANNE	Meghana
12	160121732012	MUTHE SREEJA	Sreeja
13	160121732013	NENAVATH AKHILA	Akhila
14	160121732014	PALLI THANMAI	Thanmai
15	160121732015	PANDITI SAI VENKATA CHERISHMA	Cherishma
16	160121732016	RAGAM ASRITHA	Asritha
17	160121732017	RAGAM DEEKSHITHA YADAV	Deekshitha
18	160121732018	SHAIK AFREEN	Afreen
19	160121732019	SHETTY BHARGAVI	Bhargavi
20	160121732020	ABDUL RAFEH CHOUHAN	Rafeh
21	160121732021	ADIGOPPULA NITHISH	Nithish
22	160121732022	AKKAPATHRI SUSHANTH PAUL	Sushanth
23	160121732023	ANKATALA SHASHIKANTH GOUD	Shashikanth
24	160121732024	BHUKYA SHARATH	Sharath
25	160121732025	CHALLURI PREMKUMAR	Premkumar
26	160121732026	CHERAKUTHOTA VISHRUTH KRISHNA	Vishruth
27	160121732027	DEVASANI RAMCHARAN	Ramcharan
28	160121732028	ERLA SHANTHI KUMAR	Shanthi
29	160121732029	G SUNIL	Sunil
30	160121732030	GATLA VIVEK	Vivek
31	160121732031	GUNDLA ANURAG	Anurag
32	160121732032	K NITISH	Nitish
33	160121732033	KARTHIK KASTURI	Karthik
34	160121732034	KAVALI MALLIKARJUN	Mallikarjun
35	160121732035	KONDOJU MUKTESH	Muktesh
36	160121732036	KUDUMULA SRI HARSHITHI REDDY	Harshithi

K Dore  
19/1/25

S. No	HTNo	Name of the Student	Signature
37	160121732037	LAKKIREDDY GUNA CHARAN REDDY	<i>[Signature]</i>
38	160121732038	M SRINIVAS	<i>[Signature]</i>
39	160121732039	MAGGIDI SRAVAN KUMAR	<i>[Signature]</i>
40	160121732040	MALOTH UDAYKUMAR	<i>[Signature]</i>
41	160121732041	MEKA SAI PRANAY	<i>[Signature]</i>
42	160121732042	MOHAMMAD ABDUL KHALID FARHAN	
43	160121732043	MOHAMMAD SAIFUDDIN	
44	160121732044	MOHAMMED NOUMAN	
45	160121732045	MUDAVATH MEGHANATH	<i>[Signature]</i>
46	160121732046	NAARU LITHEESH KUMAR REDDY	<i>[Signature]</i>
47	160121732047	NADIMPALLI SUBHAVAN VARMA	<i>[Signature]</i>
48	160121732048	NAGULAPALLY SAIKUMAR	<i>[Signature]</i>
49	160121732049	NATTUVA HARI RAGHAVENDRA PRASAD	<i>[Signature]</i>
50	160121732050	O SAI KUMAR	<i>[Signature]</i>
51	160121732051	PALLEBOINA GOPICHAND	<i>[Signature]</i>
52	160121732052	PALLERLA D M SANTOSH REDDY	<i>[Signature]</i>
53	160121732054	PUTTA PAVAN	<i>[Signature]</i>
54	160121732055	PUTTHA VIVEK REDDY	<i>[Signature]</i>
55	160121732056	S AJAY REDDY	<i>[Signature]</i>
56	160121732057	SABAVATH NAVEEN KUMAR	<i>[Signature]</i>
57	160121732058	SHAIK ABDUL SAIFULLAH	<i>[Signature]</i>
58	160121732059	SHAIK MOHAMMED ABDUL RAHMAN	<i>[Signature]</i>
59	160121732060	SHERI TEJESHWAR REDDY	<i>[Signature]</i>
60	160121732061	SIRIGARAPU ASHRITH RAJ	<i>[Signature]</i>
61	160121732062	VAKUDOTH MAHESH NAYAK	<i>[Signature]</i>
62	160121732063	VANDANAPU ABHIRAM	<i>[Signature]</i>
63	160121732064	YIRRINKI KRISHNA TEJA	<i>[Signature]</i>
64	160121732301	KANDALA VARSHITH	<i>[Signature]</i>
65	160121732302	MYAKALA MAHARSHI	<i>[Signature]</i>
66	160121732303	IRUKULLA VENKATA SAI	<i>[Signature]</i>
67	160121732304	BELLAM AKSHITHA	<i>[Signature]</i>
68	160121732305	EMULA GANESH	<i>[Signature]</i>
69	160121732306	MANDA PRALAYA	<i>[Signature]</i>
70	160121732314	GONELA HARIKRISHNA	<i>[Signature]</i>
71	160121732315	SANA FIRDAUS	<i>[Signature]</i>

K. Devi Anjshim D.



BE, IV Sem Roll List A2

Sno	HTNo	Name of the Student	Signature
1	160120732099	MD SAMEER KHAN	
2	160120732106	KOPPULA SIDDU PRASAD REDDY	
3	160121732071	AZMEERA PAVANI	
4	160121732072	CHIDRUPPA VISHWA	A.Pavani
5	160121732073	CHIKKULLA SREEJA	Ch.Viskupa Sreeja.ch
6	160121732074	GETTY VENKATA NANDITHA RAO	
7	160121732075	GUDIBANDLA SUNAINA	
8	160121732076	GUGULOTH SONAL	
9	160121732077	GUGULOTH USHA	Usha-G
10	160121732078	KAMISSETY NIHARIKA	Niharika.k
11	160121732079	KOTHULA PRATHYUSHA	Prathyusha.k
12	160121732080	KUSUMITHA POTHARLANKA	P.Kus
13	160121732081	P MANVITHA	P.Manvitha
14	160121732082	SALENDAR SNEHA	S.Sneha.
15	160121732083	SHERI GAYATHRI	
16	160121732084	SHERI GOWTHAMI	
17	160121732085	VATTI SREE SATYA NAGA ANJANI	
18	160121732086	VUJJINI REETHU	Reethu
19	160121732087	ATHOTA SUBHUSHAN	
20	160121732088	B VENKATA SAI HANISH REDDY	
21	160121732089	BANDARI ARYAN REDDY	
22	160121732090	BANDARI SAITEJA	
23	160121732091	BEGARI PRASHANTH	
24	160121732092	BHUKYA AAKASH NAIK	
25	160121732093	DADVAI ARYAN	
26	160121732094	DEVARAKONDA SAKETH	
27	160121732095	DHOELLA JASHWANTH SURYA VIGNA VENKAT	
28	160121732096	DOSAVADA VIKRAM REDDY	
29	160121732097	DUBALA SAKETH	
30	160121732098	G NITESH	
31	160121732099	GOPU SAI KIRAN REDDY	
32	160121732100	GUBISALA HARSHA SRI YOGENDRA KUMAR	
33	160121732101	GUGLOTH JEEVAN	
34	160121732102	JANAGAM GOVARDHAN DATTA	
35	160121732103	JUJAVARAPU SAKETH	
36	160121732104	K KRISHNARJUN REDDY	

K Devi Anushuman A.

## BE, IV Sem Roll List A2

Sno	HTNo	Name of the Student	Signature
37	160121732105	K SAI THEJA	
38	160121732106	KARRI ABHIRAM	
39	160121732107	KARUKONDA SAI KIRAN	
40	160121732108	KATRAVATH RAHUL	
41	160121732109	KONTHAM MANIKANTA	
42	160121732110	LAXMAREDDYGIRI MANIDEEP REDDY	
43	160121732111	M SHANKAR VARUN	
44	160121732112	MACHERLA VAISHNAV GANESH	
45	160121732113	MADU SHRI MOKSHAGNA GOUD	
46	160121732114	MALLEGARI SHANMUKH REDDY	
47	160121732115	MERUGUMALLA ROHITH KRISHNA	
48	160121732116	MODALA SAI SNOHITH SAGAR	
49	160121732117	NOMULA ROHITH REDDY	
50	160121732118	P S ANUSH REDDY	
51	160121732119	P UDAY KIRAN	
52	160121732120	PANDULA VINAYKUMAR	
53	160121732121	PARASELLI JAGADEESH	
54	160121732122	PATHLAVATH AKASH	
55	160121732123	PENTA ROHITH	
56	160121732125	RAGULAKOLA PRADEEP KUMAR	
57	160121732126	REKHENDER LOKESH	
58	160121732127	SD ASIF	
59	160121732128	SHAIK AFROOZ	
60	160121732129	THONTI RAYUDU	
61	160121732130	THOTA LALEETH SHIVA KUMAR	
62	160121732131	UDUTHA VISHNU VARDHAN	
63	160121732132	YELE LAKSHMI NARASIMHA	
64	160121732307	MADIPALLY MALLIKARJUN	
65	160121732308	PUPPALA SWETHA	
66	160121732309	BOINI THIRUPATHI	
67	160121732310	GADAPA MADHU	
68	160121732311	BANOTHU NIKHIL	
69	160121732312	BANOTHU PRIYANKA	
70	160121732313	SHAIK SANA TASLIM	
71	160121732315	SANA FIRDAUS	

Amey...







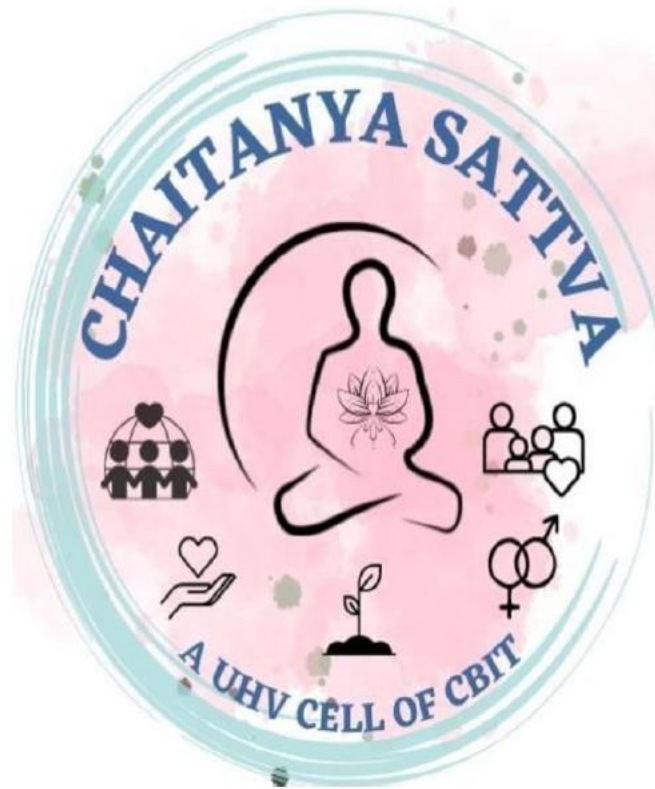
# CHAITANYA BHARATHI INSTITUTE OF TECHNOLOGY

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COMMITTED TO  
RESEARCH,  
INNOVATION AND  
EDUCATION

45  
years





**CHAITANYA BHARATHI**  
**INSTITUTE OF TECHNOLOGY (A)**

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COMMITTED TO  
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INNOVATION AND  
EDUCATION

**44**  
years

No. 954/CBIT/AEC/IC/2023

Dt.02-08-2023

**CIRCULAR**

Chaitanya Sattva: A UHV Cell of CBIT is collaborating with **The ART OF LIVING Organization** to conduct a Session for faculty on **“Finding Your Balance: Navigating Diets and Lifestyles”**. For addressing faculty, we are welcoming **Sri Manas Ram Garu**, a renowned Mindfulness & Yoga Guru. The session will take place from 4:00p.m. to 5:00p.m. on 03/08/2023 in N-block Seminar Hall.

Manas Ram is an Art of Living facilitator. He has been volunteering and facilitating Personality Development and Youth Programs using the techniques of Mind Management, Yoga & Meditation for over 10 years. He also worked as a Head of Outreach with The Harvard Model United Nations and as a consultant with Worldview Education. He has conducted Mind Management sessions in premium institutions across the world like UC Berkeley, UN, University of Sydney, ISB, IIT, etc. He has taught courses to a wide range of audience that include Indian Army & Navy officials, IAS officers, Professors, celebrities & students from across the country. All the faculty members are requested to attend the Session without fail.

For Any Further Information, contact the program Co-ordinator of the Club, C. Srisailam, Assistant Professor, EEE, Mobile: 9039714123, Dr. G. Suresh Babu, Professor, EEE, Mobile: 9493411401 & Student Co-ordinator of the club A. Akshay, Mobile:7287078216.

*Manas Ram*  
*Co-ordinator*  
*To*  
*Sattva Club*

*[Signature]*  
PRINCIPAL

All Heads of the Departments for information and with a request to arrange for circulation among all the faculty members under their control.

All the Advisors, Directors, Associate / Assistant Directors / Joint Directors, COE, Librarian, Head - HR, Asst. Physical Director for Information.

WBC to upload the same on our website.



# CHAITANYA SATTVA

-A UHV cell of CBIT



Chaitanya Sattva Club  
Cordially invites you for the session on

*Finding your balance:  
Navigating Diets and Lifestyles*

by

Sri Manas Ram garu

A Renowned Mindfulness & Yoga Guru

AUGUST

THURSDAY

03

2023

4:00 - 5:00PM

Venue:

N- block Seminar hall

Student Co-Ordinator:

A. Akshay

contact: 7287078216

## **ACKNOWLEDGEMENT**

It's our pleasure in thanking our honourable chief guest, 'Manas Ram' from the bottom for our hearts. We as a committee are delighted to express our gratitude and respect to our principal 'Dr. C. V. NARASIMHULU Garu' and Director of Student affairs and Progression, professor 'Dr. P. V. R. Ravindra Reddy for supporting us in every aspect of club work. We want to convey our special thanks to our faculty coordinators – 'Dr G. Suresh Babu Garu, Professor, EEE', 'Shri. C. Srisailam Garu, Assistant Professor, EEE' and 'Dr N. R. Dakshinamurthy, Associate Professor, CIVIL' who guided us. We would like to express our sincere appreciation to everyone who contributed to the success of the Event. Without your support, this event would not have possible.

We also extend our appreciation to all the attendees, volunteers and staff members who participated in the Event and contributed to its success.

## **ABSTRACT**

The report reviews on the guest lecture on “Finding your balance: Navigating Diets and Lifestyles” which was conducted on 03-08-2023 from 4:00 p.m. to 5:00 p.m. by Chaitanya Sattva -the UHV cell of CBIT in association with Sri Manas Ram Garu. This lecture was held at N-block Seminar Hall. The main objective of the program is to convey the importance of maintaining a balance in your life and diet and more than 15 faculty members attended and made the event a grand success. All the guests and dignitaries addressed the gathering and enlightened the students with their valuable words. The guest lecture was interactive, and the participants were able to interact and share their ideas and experiences on maintaining a balance in life and diet. This report presents the detailed account of the event, including its objectives, agenda and outcomes. It also highlights the contribution of the speakers, Participants and organizers who made the event success.



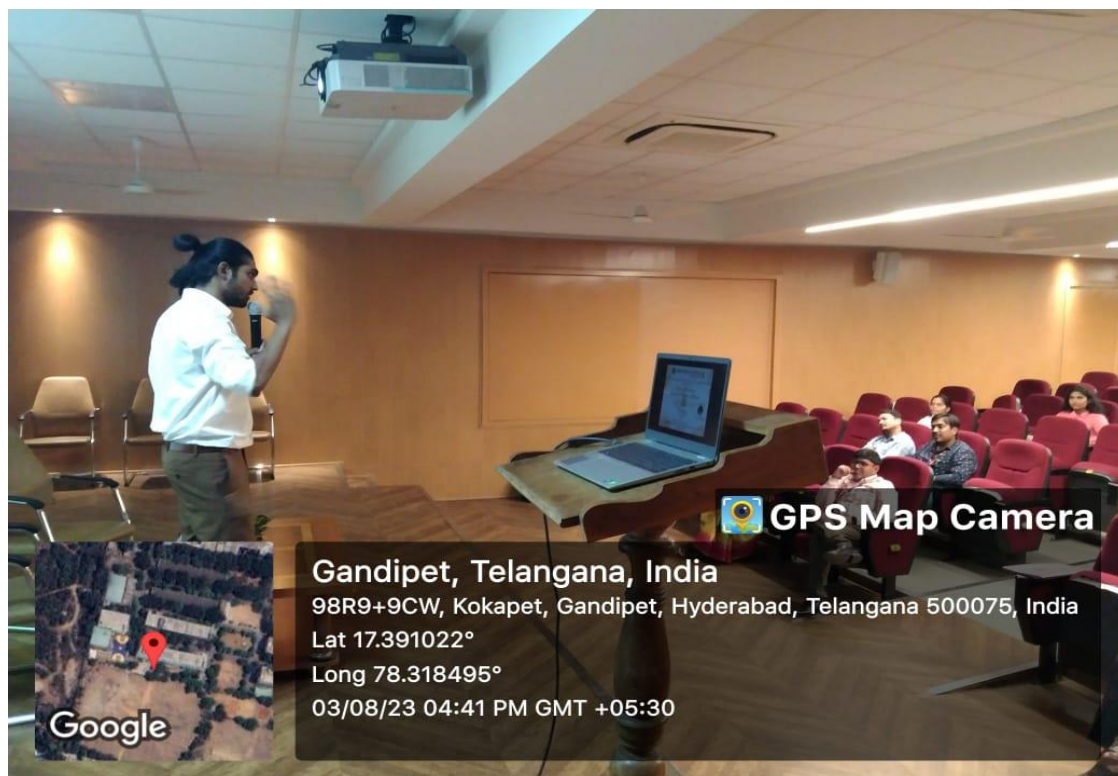
# INTRODUCTION



Manas Ram is an Art of Living facilitator. He has been volunteering and facilitating Personality development and Youth Programs using the techniques of Mind Management, Yoga & Meditation for over 10 years. He is a certified Cognitive Behavioural Therapist, Neuro Linguistic Practitioner, Reiki Master Healer, Google certified Digital Marketing analyst and a Life Coaching expert. He has conducted mind management sessions in premium institutions across the world like UC Berkeley, UN, University of Sydney, ISB, IIT, etc. He has taught courses to a wide range of audience that include Indian Army & Navy officials, IAS officers, Professors, celebrities & students from across the country. Prior to that, he worked as a Head of Outreach with The Harvard Model United Nations and as a consultant with Worldview Education. With a bachelor's in technology and a Masters in Yogic Science, he makes a perfect combo to facilitate the programs that include ancient techniques with contemporary relevance. He is also a Yoga certification Board certified, Yoga Teacher who has trained over 3000 professionals from 60 countries.



The Art of Living Foundation Founded in 1981 by Gurudev Sri Sri Ravi Shankar, The Art of Living Foundation is an educational and humanitarian movement engaged in stress-management and service initiatives. The foundation's programs have helped millions around the world to effectively combat stress and disease thus improving their health and well-being. The Art of Living operates globally in over 162 countries and has touched the lives of over 425 million people.



Chaitanya Sattva -the UHV cell of CBIT in association with Sri Manas Ram Garu conducted a guest lecture on “Finding your balance: Navigating Diets and Lifestyles”.

We eat approximately 2kg of food every day and drink 2.5 litres of water every day. But do you know how much air we breathe every day? About 10000 litres of air!! And yet we don't pay attention to our breath! On an average, a person takes around 23,000 breaths in one day. Yet, how much do we know about our breath? A child smiles 400 a day, a teenager only 17 times, an adult rarely smiles. If the lungs were open flat and spread, they would cover the entire size of a tennis court! How many of you would like to be happy and healthy? The mind keeps going into the past and the future, so how to keep the mind in the present moment? We cannot deal with the mind from the level of the mind. Food, Sleep, Breath, A Calm Meditative Happy State of Mind.

These are the sentences from Manas Ram Garu which grabbed attention from the viewers. Manas Ram Garu expressed the importance of mind control and stress and its effects with the body. He taught how to tackle the resistance of control of mind. Having control and management of mind will lead to a better and balanced life. Our principal expressed his views on balance of life.



**Gandipet, Telangana, India**

98R9+9CW, Kokapet, Gandipet, Hyderabad, Telangana 500075, India

Lat 17.391018°

Long 78.31849°

03/08/23 04:40 PM GMT +05:30



## **CONCLUSION**

The guest lecture conducted by the Department of Civil Engineering in association with Chaitanya Sattva, the UHV cell of CBIT was a huge success and achieved its objective of promoting balance of lifestyle and diet and helped a lot of participants to lead a better life. The event featured renowned speaker Shri Manas Ram Garu and his interactive session that engaged participants and helped them with practical knowledge and strategies to apply in their lives. The organizers deserve praise for their efforts in organizing such a great event, and the club look forward to attending similar events in the future.

## APPENDIX

### FEEDBACK FORM

Name: Dr. K. Jagannadha Rao

Phone number: 9849075484

Did you enjoy the session?(Y/N): Y

What did you like most in the session?: Controlling diet,

not by consumption but by controlling  
mind.

KJR  
3/8/23

**Feedback from faculty**



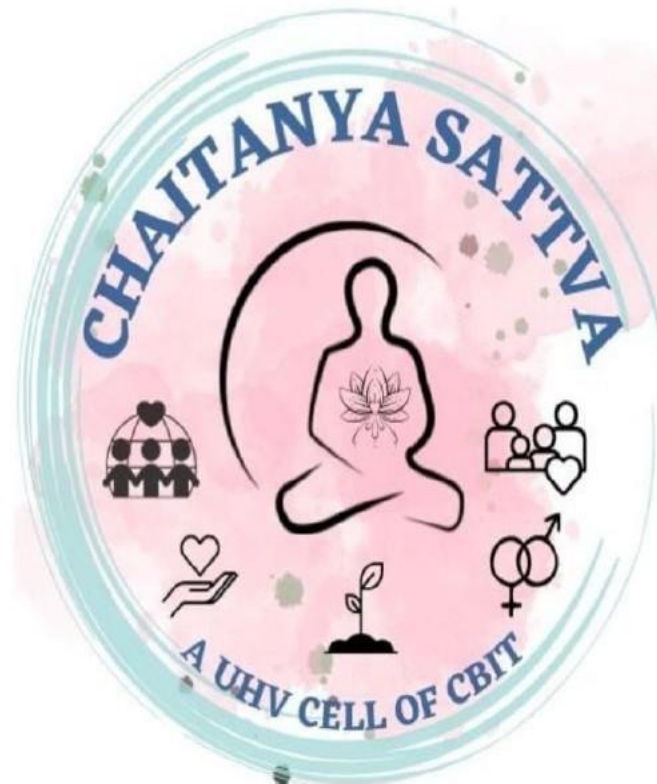
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years



# Hans Hyderabad Marathon 2023

Hans Hyderabad Marathon on  
10.09.2023 On eve of  
**"WORLD SUICIDE PREVENTION DAY"**

**Event Date :**  
10<sup>th</sup> September 2023

**Timings :**  
5 am to 10 am

**Event Venue :**  
People's Plaza - Half and Full Marathon  
Gachibowli Stadium - 5km & 10km

**Register Here**



**Media Partners**



**For Details Contact**

**+91 8096967741, +91 9985100008, +91 9705555551**

Hyderabad,  
Date:-30/08/2023.

To,  
The Principal,  
Chaitanya Bharathi Institute of Technology, (Through proper channel)  
Hyderabad.

Sir,

Sub: Permission-World Suicide Prevention Day-Marathon 2023 -Hans India -Request -reg.  
Chaitanya Sattva: A UHV Cell of CBIT is collaborating with Hans India Organization to  
conduct a **MARATHON 2023** on eve of "World Suicide Prevention Day". The Event is  
going take place in People Plaza and Gachibowli Stadium on 10<sup>th</sup> September, 2023 from  
5AM to 10AM.

So, We request you to give permission for necessary arrangements and to conduct the event  
smoothly.

Yours Sincerely

Thanking You,

I

FACULTY CO-ORDINATORS

P. Azeez Khan(VII Sem, B.E., EEE),  
Vice President,  
EEE)  
Chaitanya Sattva club.

C. Srisailam (Assistant Professor,

Dr. N. R. Dakshinamurthy (Associate Professor, CIVIL)

Dr. G. Suresh Babu (Professor, EEE)

Recommended & Permitted

- ① No financial commitment
- ② Counts as a social activity conducted  
in collaboration with Hans India
- ③ 10<sup>th</sup> Sept being Sunday, there is no  
hinderance of class work.

*P. Azeez Khan*  
31/8/2023

*P. Azeez Khan*  
31/8/2023

*C. S.*

**Undertaking for 'Hans India Marathon 2023'**

Date: \_\_/09/2023

I, \_\_\_\_\_, a registered student of CBIT, has voluntarily chosen to participate in the 'Hans India Marathon 2023,' scheduled to take place on 10-09-2023.

I would like to make it explicitly clear that the college and its authorities shall not be held responsible for any incident or injury that may occur during the aforementioned event. Also, I acknowledge and understands the inherent risks associated with participation in a marathon, and willingly undertakes this activity at their own discretion.

Furthermore, College will not be liable for any medical expenses, legal matters, or other consequences that may arise as a result of participation in the 'Hans India Marathon 2023.' I have been informed and understands that they are participating in this event as an individual and not as a representative or agent of the college.

By signing this undertaking, I agree to release and hold harmless College, its faculty, staff, and officials from any claims, damages, or liabilities arising from their participation in the 'Hans India Marathon 2023.'

This undertaking is voluntarily signed by \_\_\_\_\_ on this date \_\_/09/2023.

Student's Signature with Date

Parents Signature

Student's Full Name:

Parents Name:

Student Roll No.:

Department:

Contact no.:



## **ACKNOWLEDGEMENT**

We as a committee are delighted to express our gratitude and respect to our principal 'Prof. C. V. Narasimhulu Garu 'and Director of Student Affairs and Progression 'Dr P. V. R. Ravindra Reddy Garu' for supporting us in every aspect of club work. We want to convey our special thanks to our faculty coordinators – 'Dr G. Suresh Babu Garu, Professor, EEE', 'Shri. C. Srisailam Garu, Assistant Professor, EEE' and 'Dr N. R. Dakshinamurthy, Associate Professor, CIVIL' who guided us. We would like to express our sincere appreciation to everyone who contributed to the success of the Event. Without your support, this event would not have been possible.

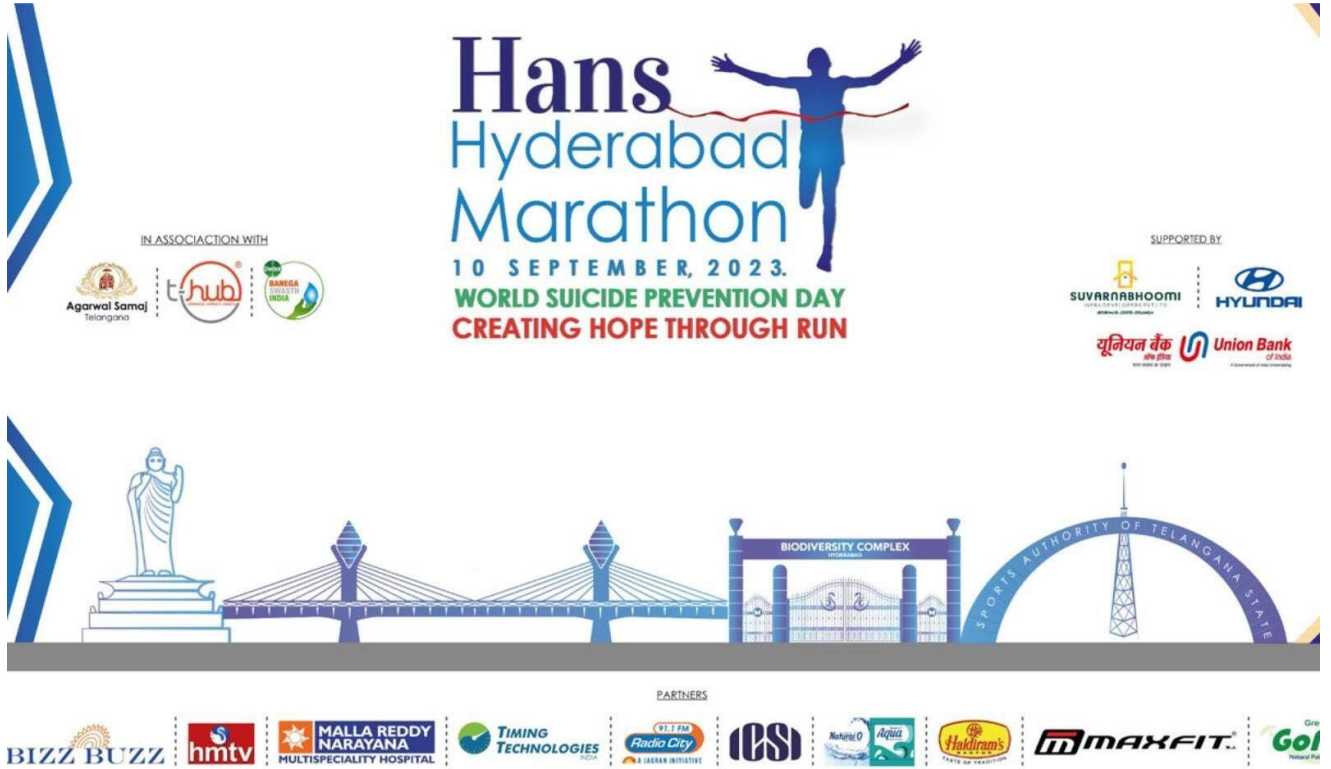
We also extend our appreciation to all the attendees, volunteers and staff members who participated in the Event and contributed to its success.

## **ABSTRACT**

The report reviews on the series of events that were conducted on “World Suicide Prevention Day” by Chaitanya Sattva -the UHV cell of CBIT in collaboration with Hans India organization. This was held on 10<sup>th</sup> September 2023, at Peoples Plaza and Gachibowli Stadium from 5AM to 10AM. The main objective of the Marathon is to bring people together to share hope and promote preventive measures to reduce the number of suicides and suicidal tendencies. The theme of the program is to create hope through run, which aims to discuss, inform, and raise awareness on Mental health importance. People belonging to different age groups from all over the city have taken part in the Marathon. The marathon races consist of a Full Marathon, Half Marathon, 10K Run, and 5K Run. This report presents a detailed account of the event, including its objectives, agenda, and outcomes.



# INTRODUCTION



World Suicide Prevention Day (WSPD) was established in 2003 by the International Association for Suicide Prevention in conjunction with the World Health Organization (WHO). The 10<sup>th</sup> of September each year aims to focus attention on the issue, reduces stigma and raises awareness among organizations, governments, and the public, giving a singular message that suicides are preventable.

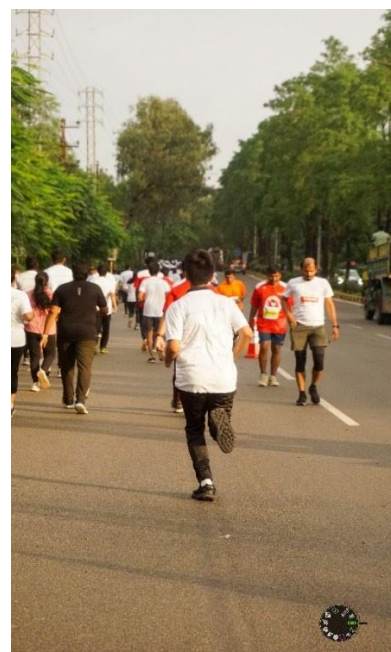
According to the WHO estimates, India has the 41<sup>st</sup> highest suicide rate globally. It is estimated that more than thirty-five students end life every day. In the two Telugu states, around 1,300 suicides were reported in 2021. Being a socially responsible media house, Hans India which has been organizing Hyderabad Marathon since 2018 has now taken up the initiative to spread the message that life is precious, and suicide can never be a solution to any problem and should be avoided at any cost.

On the World Suicide Prevention Day, Chaitanya Sattva- a UHV cell of CBIT in collaboration with Hans India made a humble attempt to “Create Hope Through Action”, to draw attention of society to this important public health issue and to disseminate the message that suicides are

preventable. To make this day matter, over 5,000 runners participated in marathon to encourage and instill confidence among people and convey the message that there are many alternatives to make life successful. The Marathon was flagged off by The Hans India MD Hanumanth Rao from People’s Plaza at Necklace Road.



The venue for Full Marathon and Half Marathon was People's Plaza (PV Marg) while the venue for 5K and 10K run was Gachibowli Stadium. Prior to the Marathon there was a Zumba session at both the venues. The route for Full Marathon(42.2kms) was Starting Point at Tank Bund Peoples Plaza-via-one loop of necklace road-Raj Bhavan road-Minerva Coffee Shop-Punjaguta-TV9-LV Prasad Marg-Jubilee check post-Cable Bridge-Inorbit Mall-IKEA-Biodiversity- Cyberabad Police Commissionerate Gachibowli Police Station-ISB Road-Wipro Circle-Q City-Mysamma Temple Kanchi Gachibowli Road-University of Hyderabad-Indian Immunological housing complex-Finish point at Gachibowli Stadium. The route for half Marathon(21.1kms) was Starting Point at Tank Bund Peoples Plaza-via-Raj Bhavan road-Minerva Coffee Shop-Punjaguta Flyover-TV9-LV Prasad Marg-Jubilee check post-Cable Bridge-Inorbit-IKEA-Biodiversity-Cyberabad Police Commissionerate-Gachibowli Police Station-Finish point Gachibowli Stadium. The route for 10K run was starting point at Gachibowli Stadium (Indoor Stadium)-Gachibowli Station entrance gate-Old Bombay road-CMSD-Hyderabad University Main gate-Hyderabad University Bus Stop-Alind doyens' colony-Gul mohar Park colony-U-turn at Gul mohar Park colony followed by same path and finish point inside the Gachibowli Athletic Ground. The route for 5K run was starting point at Gachibowli Stadium (Indoor Stadium)-Gachibowli Stadium entrance gate-old Mumbai road-CMSD-Hyderabad University Main gate-U-turn at Hyderabad University Main Gate-Hyderabad University small gate-CMSD-Gachibowli entrance gate-Finish Point Inside the Gachibowli Athletic ground. The participants were provided with T-shirts, water/energy drinks, snacks, breakfast, Timing certificates and medals. There was an award ceremony right after the marathon. For all the four segments of Marathon winners have been awarded.







**Images from event place (Gachibowli Stadium)**





# THE HANS INDIA



13/09/2023 HYDERABAD Pg 04



## **CONCLUSION**

People belonging to different age groups across the city have taken part in the Marathon. Young people got the chance to display their enthusiasm and dedication to live a healthy lifestyle at the Marathon. By actively taking part in such events, people not only contribute to their own well-being but also served as an example for others to embrace wellness and physical fitness. The youth's passion for this marathon reflected their desire to have a good influence on society. With its Marathon effort, the Hans Hyderabad Marathon has been successful in involving and inspiring Hyderabad's younger people. It has evolved into a tool for advancing social concerns, mental health, and physical fitness. Participants have shown their happiness and gratitude for the opportunity the marathon has provided through their active participation. The organizers deserve praise for their efforts in organizing such a magnificent event, and the club look forward to attending similar events in the future.

# APPENDIX

First Name	Last Name	Undertaking su	Mobile Number	T-Shirt size	Race: People's Plaza- Gachibowli Sta	T-shirt recieved	Signature
✓ Anoopkumar	Manthani	*	7794902421	L	Half Marathon	✓	M. Ag
✓ KUNDETI	SAI PRASAD	*	7702341054	L	Half Marathon		
✓ Nanneboyina	Manoj	*	6301672271	XL	Half Marathon	✓	Manoj
✓ Yellugani Anjan	Goud	*	7036787606	M	Half Marathon		
✓ Sahith reddy	Thummala	*	6309317012	M	Full Marathon	✓	Sahith
✓ Saikiran	Kangula	*	9398207416	M	Full Marathon		
Sarvotham	Naik	*	8106895177	M	Full Marathon		
Sri Manipal Yada	Mudda	*	94937 22127	M	Full Marathon		
✓ Devanapally	SriHarsha	-	9618230960	L	5km Run	✓	Hd
✓ Devulapelly	Koushik	-	8179228861	S	5km Run	✓	KA
✓ Duggampudi	SriChandana	-	6302682035	M	5km Run	✓	OK
✓ Ferdoues	Mohammad	-	9701946360	M	5km Run	✓	Ferdous
✓ Manideep	Dasari	-	7288049740	M	5km Run	✓	MD
✓ Paleti	Satatha	-	9346309553	XXXL	5km Run	✓	Pa
✓ PHANITHA	BODA	-	6281500964	XS	5km Run	✓	Ph
✓ Aayushi	Kar	*	9182221664	M	5km Run		
Andrews	Deepak	*	7995140217	M	5km Run	✓	D
Asritha	Ragam	*	9640491518	XL	5km Run		
Bachala	Pravalika	*	9398428354	XS	5km Run		
✓ Bharath	Pattepu	*	8341024029	L	5km Run		
✓ Chetan	Prasad	*	8125442308	L	5km Run	✓	C
✓ Devashish	Mudigonda	*	8096723445	L	5km Run	✓	
✓ Dixith	Potu	*	8978877333	M	5km Run	✓	Dixith
Fatema	Sihorwala	*	9121764319	L	5km Run	✓	Fatema
✓ Gnandeep	Gadde	*	9885206649	L	5km Run	✓	Gnandeep
IRUGU	Puteena	*	6303388129	L	5km Run		
Jahnavi	Manoj	*	7382485555	M	5km Run		
✓ Jay	Sundar	*	9866076963	M	5km Run	✓	Jay
Jeevika	Mekala	*	9110315072	S	5km Run		

✓ K. Jessy	Paul	*	6301520639	L	5km Run		
Keerthana	Sankuru	*	8309070641	M	5km Run	✓	Ked
✓ Jaasya	kommaraju	*	7013580723	XXL	5km Run	✓	Soft
Lalasa	Reddy	*	9014379255	M	5km Run		
✓ Mayoer	P	*	9398774076	L	5km Run	✓	Mayoer
✓ Namitha	Eittadi	*	7981460798	L	5km Run		
NENAVATH	AKHILA	*	9392989935	L	5km Run		
✓ Pendyala	Sriram Reddy	*	7995544020	M	5km Run	✓	Sriram
✓ Pragnay	Reddy	*	6304506210	XXL	5km Run	✓	Pragnay
Pratham	Reddy	*	8688258371	M	5km Run		
Rohith	Salla	*	9030500910	L	5km Run	✓	Rohith
Sai Abhiram	Alluri	*	9491395487	L	5km Run		
Sai Ganesh	Mandala	*	7013754077	M	5km Run		
✓ Sai karthik reddy	Palagiri	*	7981927449	L	5km Run	✓	Sai
SAI VARUN REI	THOTA	*	8686858738	L	5km Run	✓	Varun
Saiteja	Dasari	*	8956464606	L	5km Run		
✓ Sathwik	Prayakarao	*	8341110444	XL	5km Run	✓	Sathwik
✓ Sathwik babu	GUNJULURI	*	7396515257	XL	5km Run	✓	Sathwik
Shiva	Runku	*	9391981774	L	5km Run	✓	Shiva
✓ Shivani	pervar	*	9177807444	L	5km Run	✓	Shivani
Shreya	Chennuri	*	09392228178	XS	5km Run	✓	Shreya
✓ Siddeshwar	Bodolla	*	9346604160	M	5km Run	✓	Siddeshwar
✓ Siddhartha	Dasari	*	9493733100	M	5km Run		
Sreehitha	M	*	9494441012	S	5km Run		
Sridhar	Chekurthi	*	8790467746	L	5km Run	✓	Sridhar
✓ Suguru	SaiGanesh	*	7093885856	S	5km Run	✓	Suguru
✓ Tasya	Vallabhaneni	*	9908807635	S	5km Run	✓	Tasya
✓ Uday Kiran Redd	Manda	*	7997594057	L	5km Run	✓	Uday
✓ Vajje	Deepanvitha	*	7207184493	S	5km Run	✓	Vajje
Sivani	Varada		8121044099	S	5km Run		
Akshaya	Paduru		9948433335	S	5km Run		

18

Mounica	Koganli		7661882345	XS	5km Run		
Haasini	Parimi		9005535533	S	5km Run		
✓ Azeez	Khan	-	7032301307	XL	10km Run		
✓ Grandhi	Manognadevi	-	9502545583	S	10km Run	✓	Grandhi
✓ Keerthana	Naila	-	8143766561	M	10km Run	✓	Keerthana
✓ Prashanthi	N	-	8328038044	M	10km Run	✓	Prashanthi
✓ Rahul	Kolluri	-	8008267609	XL	10km Run	✓	Rahul
Aawish	Kannoju	*	7013200445	M	10km Run	✓	Aawish
✓ anshika	gupta	*	9398509701	M	10km Run		
Arpula	Akshay	*	7287078216	L	10km Run	✓	Arpula
Bhavana	Ganganamani	*	9440420687	XS	10km Run	✓	Bhavana
✓ N	Anjali	*	9959901428	S	10km Run	✓	N
N	Soumya	*	9618710461	XXL	10km Run	✓	N
REVANTH	THANEERU	*	7794965764	S	10km Run	✓	Revant
✓ Sahakar	Malleboina	*	6300866257	M	10km Run	✓	Sahakar
Samanth	Chinthakindhi	*	9652553226	L	10km Run		
shaik	seema	*	9866547591	S	10km Run	✓	Shaik
Soumya	Allenki	*	9618710461	XXL	10km Run		
✓ Tulasi	Rasamsetti	*	6300605754	S	10km Run	✓	Tulasi
Usama	Ahmed	*	9390938122	XL	10km Run	✓	Usama
✓ Vaishnavi Reddy	Reddy	*	9133642083	S	10km Run	✓	Vaishnavi
✓ Victor Paul	Jangiti	*	8523841791	M	10km Run	✓	Victor
✓ Yashaswini	Sonte	*	7670975770	XS	10km Run	✓	Yashaswini
Riyaz	Mohammad		9676393884	M	10km Run		
Irshad	Mohammad		7396633541	M	10km Run		
Deepak	Anumala		7981358134	S	10km Run		
A. Vasanthi	A. Madhu		9551052204	M	10km Run	✓	A. Vasanthi
G. Abhishek			6302315772	M	10km Run	✓	G. Abhishek
Adnan	Mohammad		9063064084		10km Run	✓	Adnan
C. Charan Kumar			9392345564		10km Run	✓	C. Charan Kumar
K. Keerthi Kalyan Reddy			9348818782		10km Run	✓	K. Keerthi Kalyan Reddy

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RESEARCH,  
INNOVATION AND  
EDUCATION

# 45

years

# CERTIFICATE

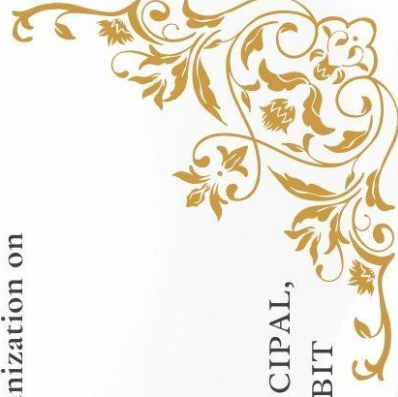
OF PARTICIPATION

This is to certify that,

has participated in “HANS INDIA MARATHON 2023” which is organized by  
Chaitanya Sattva: A UHV Cell of CBIT in Association with HANS INDIA Organization on  
10th September, 2023.

FACULTY COORDINATOR,  
CHAITANYA SATTVA

PRINCIPAL,  
CBIT





## **Certificates Link:-**

<https://drive.google.com/drive/folders/1zzcNossPLufEWi1BvxszK99mJtJMfKC?usp=sharing>



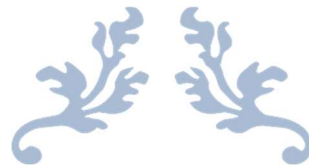
# CHAITANYA BHARATHI INSTITUTE OF TECHNOLOGY

An Autonomous Institute | Affiliated to Osmania University  
Kokapet Village, Gandipet Mandal, Hyderabad, Telangana-500075, www.cbit.ac.in



COMMITTED TO  
RESEARCH,  
INNOVATION AND  
EDUCATION

45  
years



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## CHAITANYA SATTVA

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-A UHV club of CBIT.



REPORT ON  
CHAITANYA  
SATTVA  
CLUB  
YES+  
GUEST  
LECTURES

Hyderabad  
22/09/2023

To,  
The principal,  
Chaitanya Bharathi Institute of Technology,  
Hyderabad.

Respected Sir,

Sub: Request to conduct Introductory Lectures on Stress Management.

CHAITANYA SATTVA in Association with DEPARTMENT OF CIVIL ENGINEERING is planning to conduct a VALUE ADDED COURSE on YESI+(Youth Empowerment and Skills). As a pre-event for the Course, Introductory Lectures are being arranged in every department. This opportunity can be utilized by every student and get benefit out of the same. Sri Vamshi Krishna Garu, and Sri A. Krishna Garu, facilitators of ART OF LIVING, are going to address the students. In this regard it is requested to grant the permission for the conduction of Pre talk in the respective departments, the same is attached in the time table.

Thanking You,

Yours Sincerely,

*Vineeth*

Vineeth Reddy B,( VII Sem, IT H1)  
Club Coordinator.

*N.R. Dakshinamurthy* FACULTY CO-ORDINATOR

Dr. N.R. Dakshinamurthy (Associate Professor, CIVIL.)

*K.Nitish*  
K.Nitish (V Sem, Civil A1)  
Department Coordinator.

*Submitted to the principal  
for approval. The time table is prepared in consultation  
with the department.  
22/9/23*

*Recommended & Forwarded*

*It may be conducted during the free periods*

*P. Suresh*  
22/09/2023

*C. V. S.*



	1	2	3	4	5	6
MONDAY (25-09-2023)			BIOTECH EEE-1 ECE-2	AIML(C4) CSE-1	CIVIL-A1	
TUESDAY (26-09-2023)		ECE-3	AI&DS(I1) IT-1 MECH(F1)	AI&DS(I2) CHEM CSE-5 IT-3	ECE-1 CSE-2 EEE-2 AIML	
WEDNESDAY (27-09-2023)			IT-2	CIVIL A2	CSE-3 MECH(F2)	

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21/9/23

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21/9/23

## **ACKNOWLEDGEMENT**

We seize this moment to convey our heartfelt appreciation to our esteemed guests, including Mr Krishna Garu, Mr Udith Garu, Mr Omkar Garu, Mr Maheshwara Garu and Ms Aishwarya Garu. Their presence has made a significant difference, and we are sincerely thankful. We would like to extend our special appreciation to the faculty coordinators, Dr G. Suresh Babu sir, C. Srisailam sir and Dr N. R. Dakshinamurthy sir for their dedicated support and guidance throughout the guest lecture series.

## **ABSTRACT**

During September 2023, the CHAITANYA SATTVA CLUB organized a series of guest lectures for various classes, drawing the enthusiastic participation of over forty second-year students from each class. The lectures primarily focus on the vital skill of mind management, which is an essential complement to traditional education in today's world. The gathering was graced by guests and dignitaries who delivered enlightening and valuable speeches to the students.

# INTRODUCTION

In September 2023, the CHAITANYA SATTVA CLUB organized a series of guest lectures aimed at fostering soft skills, also known as people skills, which have gained substantial recognition in recent years, particularly in the context of career advancement. Research from esteemed institutions like Harvard University, the Carnegie Foundation, and the Stanford Research Centre consistently underscores the significance of well-developed soft skills, attributing a remarkable 85% of professional success to these skills, with the remaining 15% attributed to hard skills and technical knowledge.

To address the critical role of soft skills in professional achievement, YES+ (Youth Empowering Skills) hosted guest lectures, providing students with a platform to enhance these essential skills. This report aims to present insights from the lectures, focusing on youth empowerment and the cultivation of skills crucial for success in today's world.

The guest lecturer for one of these sessions was Mr Krishna Sir, a distinguished entrepreneur and member of the Art of Living community. Renowned for expertise in mind management, he regularly conducts classes on this subject in colleges.

The CHAITANYA SATTVA CLUB successfully organized guest lectures with active participation from various classes and speakers. The table below provides an overview of the classes and respective speakers:

S.no	Class	Speaker	Date of Guest lecture
1	CIVIL-A1	Mr Udith & Mr Krishna	25-09-2023
2	CSE-C1	Mr Udith	25-09-2023
3	CSE(AIML)-C4	Mr Krishna	25-09-2023
4	ECE-2	Mr Udith	25-09-2023
5	EEE-D1	Mr Vamshi Krishna	25-09-2023
6	CET-C5	Ms Aishwarya	26-09-2023
7	CHEMICAL	Mr Udith & Mr Harsha	26-09-2023
8	CSE-C2	Ms Aishwarya	26-09-2023
9	ECE-1	Mr Krishna	26-09-2023
10	ECE-3	Mr Krishna	26-09-2023
11	EEE-D2	Mr Udith	26-09-2023
12	IT-3	Mr Krishna	26-09-2023
13	MECH-F1	Mr Omkar	26-09-2023
14	AIML	Mr Omkar	26-09-2023
15	CIVIL-A2	Ms Aishwarya	27-09-2023
16	IT-2	Mr Udith	27-09-2023
17	IT-1	Mr Maheshwara	04-10-2023
18	MECH	Mr Krishna	04-10-2023
19	AI&DS-1	Mr Maheshwara	04-10-2023
20	CSE-C3	Mr Krishna	04-10-2023

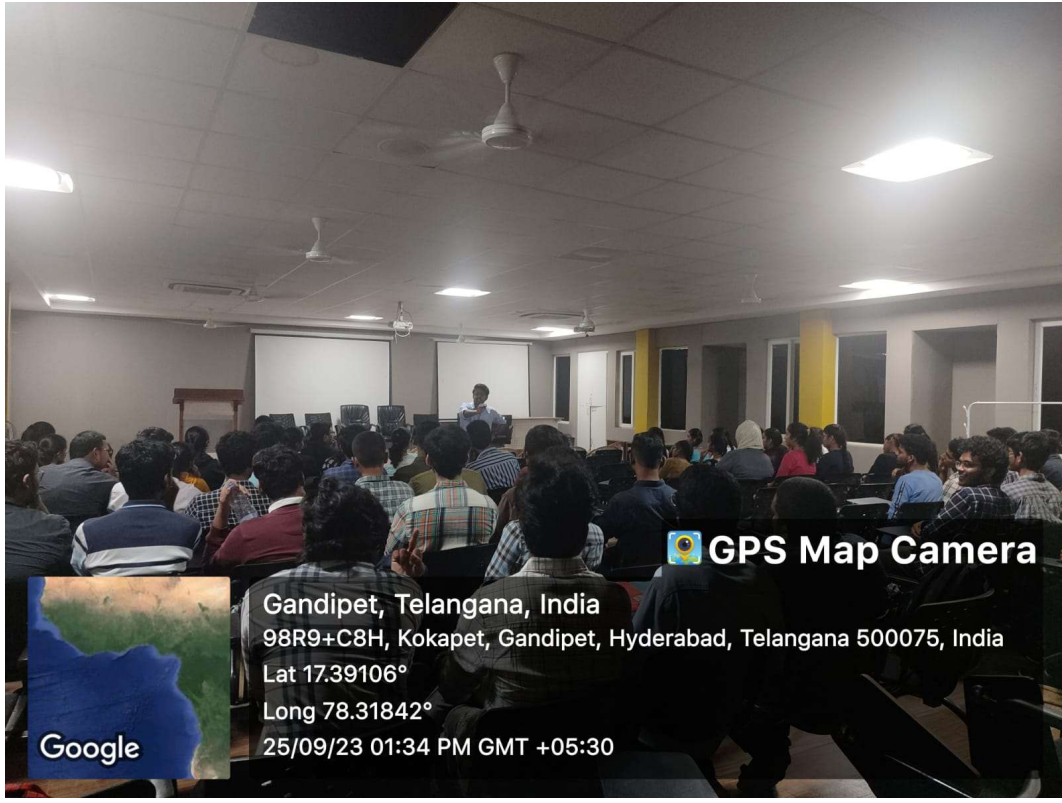


Each lecture emphasized the pivotal importance of mind management skills and provided practical tips for skill development. The students, representing different academic backgrounds, exhibited a high level of engagement, actively participating in the discussions and note-taking.

The lectures highlighted the role of mind management skills in dealing with modern-day stress and pressures. Speakers stressed the need for students to cultivate self-awareness, emotional intelligence, and mindfulness for a successful and fulfilling life. Furthermore, the connection between education and mind management skills was explored, emphasizing the importance of a holistic education that includes life skills and character development.

Students expressed gratitude for the opportunity to learn from experienced speakers, recognizing the value of these lectures in their personal and professional growth.





## **CONCLUSION**

In conclusion, the guest lecture series organized by the CHAITANYA SATTVA CLUB has been a game-changer. The diverse topics, ranging from mind management to emotional intelligence and effective communication, have underscored the undeniable importance of soft skills in our professional and personal lives. These lectures offered an invaluable learning experience for the students. It enriched their understanding of the critical nature of mind management skills and how these competencies can be nurtured and applied in their everyday lives. These lectures served as a testimony to the club's commitment to expanding students' knowledge and skill development.

# APPENDIX

Roll list of IV Sem A1

S. No	HTNo	Name of the Student	Signature
1	160121732001	ALLAMRAJU LALITHA LAKSHMEERAJYAM	Allam
2	160121732002	BACHALA PRAVALIKA	Pravalika
3	160121732003	BANOTHU ANUSHA	Anusha
4	160121732004	DEVARAPALLY GRACE MAHITHA	Grace
5	160121732005	EDARA V S S SAHITHI	Sahithi
6	160121732006	IRUGU PUTEENA	Puteena
7	160121732007	JATLING ESHA	Esha
8	160121732008	KANCHANI SAI CHANDANA	Chandana
9	160121732009	MAMATHA CHOUDHARY	Mamatha
10	160121732010	MAREDVALLY SREEYA	Sreeya
11	160121732011	MEGHANA MANNE	Meghana
12	160121732012	MUTHE SREEJA	Sreeja M
13	160121732013	NENAVATH AKHILA	N. Akhila
14	160121732014	PALLI THANMAI	P. Thanmai
15	160121732015	PANDITI SAI VENKATA CHERISHMA	Cherishma
16	160121732016	RAGAM ASRITHA	Asritha
17	160121732017	RAGAM DEEKSHITHA YADAV	R. Deekshu
18	160121732018	SHAIK AFREEN	Afreen
19	160121732019	SHETTY BHARGAVI	Bhargavi
20	160121732020	ABDUL RAFEH CHOUHAN	Rafah
21	160121732021	ADIGOPPULA NITHISH	Nithish
22	160121732022	AKKAPATHRI SUSHANTH PAUL	Sushanth Paul
23	160121732023	ANKATALA SHASHIKANTH GOUD	Shanku
24	160121732024	BHUKYA SHARATH	Sharath
25	160121732025	CHALLURI PREMKUMAR	Premkumar
26	160121732026	CHERAKUTHOTA VISHRUTH KRISHNA	Vishruth
27	160121732027	DEVASANI RAMCHARAN	Ramcharan
28	160121732028	ERLA SHANTHI KUMAR	E. Shanthi
29	160121732029	G SUNIL	Sunil
30	160121732030	GATLA VIVEK	Vivek
31	160121732031	GUNDLA ANURAG	Anurag
32	160121732032	K NITISH	Nitish
33	160121732033	KARTHIK KASTURI	Karthik
34	160121732034	KAVALI MALLIKARJUN	Mallikarjun
35	160121732035	KONDOJU MUKTESH	Muktesh
36	160121732036	KUDUMULA SRI HARSHITH REDDY	Sri Harshith

K. Dore  
19/1/23



S. No	HTNo	Name of the Student	Signature
37	160121732037	LAKKIREDDY GUNA CHARAN REDDY	
38	160121732038	M SRINIVAS	
39	160121732039	MAGGIDI SRAVAN KUMAR	
40	160121732040	MALOTH UDAYKUMAR	
41	160121732041	MEKA SAI PRANAY	M. Uday
42	160121732042	MOHAMMAD ABDUL KHALID FARHAN	
43	160121732043	MOHAMMAD SAIFUDDIN	
44	160121732044	MOHAMMED NOUMAN	
45	160121732045	MUDAVATH MEGHANATH	
46	160121732046	NAARU LITHEESH KUMAR REDDY	M. Meghanath
47	160121732047	NADIMPALLI SUBHAVAN VARMA	L. Meehan
48	160121732048	NAGULAPALLY SAIKUMAR	S. Subha
49	160121732049	NATTUVA HARI RAGHAVENDRA PRASAD	S. Suman
50	160121732050	O SAI KUMAR	N. Harish
51	160121732051	PALLEBOINA GOPICHAND	P. G.
52	160121732052	PALLERLA D M SANTOSH REDDY	P. Santosh
53	160121732054	PUTTA PAVAN	P. Pavan
54	160121732055	PUTTHA VIVEK REDDY	P. Vivek
55	160121732056	S AJAY REDDY	S. Ajay
56	160121732057	SABAVATH NAVEEN KUMAR	S. Naveen
57	160121732058	SHAIK ABDUL SAIFULLAH	S. Saifullah
58	160121732059	SHAIK MOHAMMED ABDUL RAHMAN	S. Rahman
59	160121732060	SHERI TEJESHWAR REDDY	S. Tejeshwar
60	160121732061	SIRIGARAPU ASHRITH RAJ	S. Ashrith
61	160121732062	VAKUDOTH MAHESH NAYAK	V. Mahesh
62	160121732063	VANDANAPU ABHIRAM	V. Abhiram
63	160121732064	YIRRINKI KRISHNA TEJA	V. Krishnam
64	160121732301	KANDALA VARSHITH	K. Varshith
65	160121732302	MYAKALA MAHARSHI	M. Maharshi
66	160121732303	IRUKULLA VENKATA SAI	I. Venkatasai
67	160121732304	BELLAM AKSHITHA	B. Akshitha
68	160121732305	EMULA GANESH	E. Ganesh
69	160121732306	MANDA PRALAYA	M. Pralaya
70	160121732314	GONELA HARIKRISHNA	G. Krishna
71	160121732315	SANA FIRDAUS	S. Firdaus

K. Devi. Anjuman M.

BE, IV Sem Roll List A2




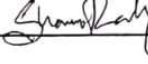



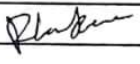
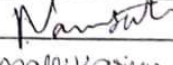
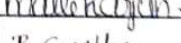
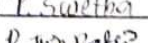

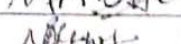
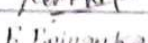
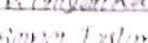
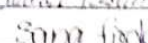

Sno	HTNo	Name of the Student	Signature
1	160120732099	MD SAMEER KHAN	
2	160120732106	KOPPULA SIDDU PRASAD REDDY	
3	160121732071	AZMEERA PAVANI	A Pavani
4	160121732072	CHIDRUPPA VISHWA	Ch. Vishwa
5	160121732073	CHIKKULLA SREEJA	Sreeja.ch
6	160121732074	GETTY VENKATA NANDITHA RAO	
7	160121732075	GUDIBANDLA SUNAINA	
8	160121732076	GUGULOTH SONAL	
9	160121732077	GUGULOTH USHA	Usha-G
10	160121732078	KAMISSETTY NIHARIKA	Niharika.k
11	160121732079	KOTHULA PRATHYUSHA	Prathyusha.k
12	160121732080	KUSUMITHA POTHARLANKA	P. Kusum
13	160121732081	P MANVITHA	P. Manvitha
14	160121732082	SALENDAR SNEHA	S. Sneha.
15	160121732083	SHERI GAYATHRI	
16	160121732084	SHERI GOWTHAMI	
17	160121732085	VATTI SREE SATYA NAGA ANJANI	
18	160121732086	VUJJINI REETHU	Reethu
19	160121732087	ATHOTA SUBHUSHAN	
20	160121732088	B VENKATA SAI HANISH REDDY	
21	160121732089	BANDARI ARYAN REDDY	
22	160121732090	BANDARI SAITEJA	
23	160121732091	BEGARI PRASHANTH	
24	160121732092	BHUKYA AAKASH NAIK	
25	160121732093	DADVAI ARYAN	
26	160121732094	DEVARAKONDA SAKETH	
27	160121732095	DHOULLA JASHWANTH SURYA VIGNA VENKAT	
28	160121732096	DOSAVADA VIKRAM REDDY	
29	160121732097	DUBALA SAKETH	
30	160121732098	G NITESH	
31	160121732099	GOPU SAI KIRAN REDDY	
32	160121732100	GUBBALA HARSHA SRI YOGENDRA KLIMAR	
33	160121732101	GUGLOTH JEEVAN	
34	160121732102	JANAGAM GOVARDHAN DATTA	
35	160121732103	JUJJAVARAPU SAKETH	
36	160121732104	K KRISHNARJUN REDDY	

K. Deva

Angshuman M.



BE, IV Sem Roll List A2

Sno	HTNo	Name of the Student	Signature
37	160121732105	K SAI THEJA	
38	160121732106	KARRI ABHIRAM	
39	160121732107	KARUKONDA SAI KIRAN	
40	160121732108	KATRAVATH RAHUL	
41	160121732109	KONTHAM MANIKANTA	
42	160121732110	LAXMAREDDYGIRI MANIDEEP REDDY	
43	160121732111	M SHANKAR VARUN	
44	160121732112	MACHERLA VAISHNAV GANESH	
45	160121732113	MADU SHRI MOKSHAGNA GOUD	
46	160121732114	MALLEGARI SHANMUKH REDDY	
47	160121732115	MERUGUMALLA ROHITH KRISHNA	
48	160121732116	MODALA SAI SNOHITH SAGAR	
49	160121732117	NOMULA ROHITH REDDY	
50	160121732118	P S ANUSH REDDY	
51	160121732119	P UDAY KIRAN	
52	160121732120	PANDULA VINAYKUMAR	
53	160121732121	PARASELLI JAGADEESH	
54	160121732122	PATHLAVATH AKASH	
55	160121732123	PENTA ROHITH	
56	160121732125	RAGULAKOLA PRADEEP KUMAR	
57	160121732126	REKHENDER LOKESH	
58	160121732127	SD ASIF	
59	160121732128	SHAIK AFROOZ	
60	160121732129	THONTI RAYUDU	
61	160121732130	THOTA LALEETH SHIVA KUMAR	
62	160121732131	UDUTHA VISHNU VARDHAN	
63	160121732132	YELE LAKSHMI NARASIMHA	
64	160121732307	MADIPALLY MALLIKARJUN	
65	160121732308	PUPPALA SWETHA	
66	160121732309	BOINI THIRUPATHI	
67	160121732310	GADAPA MADHU	
68	160121732311	BANOTHU NIKHIL	
69	160121732312	BANOTHU PRIYANKA	
70	160121732313	SHAIK SANA TASLIM	
71	160121732315	SANA FIRDAUS	




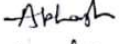

Angulim 2





Name	Roll.No	Signature
Aditi	1601 22 735 071	<del>Aditi</del>
Bhanya Sree	072	Bhanya
Satvika	073	Satvika
Alekhya	074	Alekhya
Alekhya	075	Alekhya
Akshitha	076	Akshitha
Sandhya	077	Sandhya
G. Deekshitha Varshini	078	Deekshitha Varshini
I. Sravani	079	<del>Sravani</del>
Nandini	080	Nandini
Priyanka K	081	Priyanka
Deekshitha L	082	<del>Deekshitha L</del>
M. Jaya Sree	083	M. Jayasree
Navya Vatturi	084	Navya V.
Naga Samhitha	085	<del>Naga Samhitha</del>
Sruvidhi	086	<del>Sruvidhi</del>
Prasoonag	087	<del>Prasoonag</del>
R. Harini	088	Harini
S. Manisha	089	<del>S. Manisha</del>
Sreshtha V	090	Sreshtha V
Tejaswini	091	Tejaswini
Vaishali	092	<del>Vaishali</del>
Sunaina	093	<del>Sunaina</del>
Nagatya	094	Nagatya
Arun	095	Arun
Atharva	096	<del>Atharva</del>
B. Uday Kran.	097	<del>B. Uday Kran.</del>
B. Madhu Sreekanth	098	<del>B. Madhu Sreekanth</del>
B. Kharthik	099	<del>B. Kharthik</del>
CH Sai Sriharsha	100	Harsha

Name	Roll No	Signature
Raghu Das	101	
Ramesh	102	
	103	
R. Uday Kiran	104	
G. Vikram	105	
G. S. Sujith	106	
Mahender	107	
G. Prabhakaran	108	
J. Nikhil	109	
Kharshyap	110	
Vignesh	111	
Akshay	112	
K. Meghraj	113	
K. Vamshi	114	
Vamun Tej	115	
Pawan Kalyan	116	
Obaid Rahman	117	
Muhammad Siddique	118	
	119	
M. Sharath Reddy	120	
N. Kricha Chaitanya	121	
N. Dileep Kumar	122	
N. Somsai	123	
Rakesh	124	
P. Chiruk	125	
P. Sumeet	126	
P. Sai Vamshi	127	
Chiranjeevi	128	
Vijayendra Varma	129	
S. Raja Shekhar	130	

Name	Roll No	Signature
Sri Sai Mahitesh	131	
T. Akhilesh	132	
	133	
V. Abhimanyu Karthikey	134	
Akhash reddy	308	
Vamsi	309	
V. Sai Supraja	310	V. Sai Supraja
S. Aishwarya	311	Aishwarya
G. Deekshitha	312	G. Deekshitha
Avinash	313	<del>Signature</del>
	314	
M. Sidhartha	160121735111	m. sidhartha



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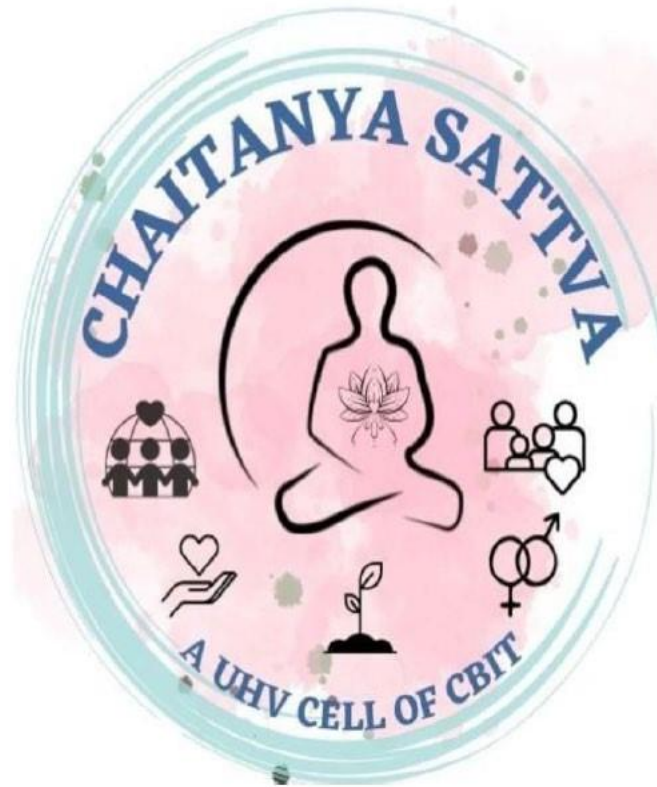
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COMMITTED TO  
RESEARCH,  
INNOVATION AND  
EDUCATION

# 45

years







## CHAITANYA BHARATHI INSTITUTE OF TECHNOLOGY

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# 45

years



## CHAITANYA SATTVA :A UHV CELL OF CBIT ORGANIZES




### MOTIVATIONAL LECTURE ON "YOU WALK THIS WAY ONLY ONCE IN YOUR LIFE"

Exclusively for students

BY

**MAJ. GEN. DR. S S DASA, SM, VSM (Retd),**  
Ex.CEO,JB Group of Education Institutions,Hyderabad.

 **D block seminar hall @ 1.30pm to 3.00pm**

 **24/11/2023**



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**45**  
years

No. 1167 /CBIT/AEC/IC/2023

Dt.21-11-2023

**CIRCULAR**

This is to inform that the Chaitanya Sattva: A UHV Cell of CBIT is conducting a guest lecture on **“You walk this way only once”** by Major General Prof. Dr. S. S. Dasaka, SM, VSM(Retd). The event is on Chaitanya Sattva’s Anniversary i.e., **24<sup>th</sup> November 2023**, from 1.30pm to 3.30pm at D-Block Seminar Hall.

All the Head of Departments are requested to make arrangements to circulate the notice to respective staff.

For any further information in this regard, kindly contact faculty coordinators of the Club, Mr. C. Srisailam (9032838993), Assistant Professor, Electrical and Electronics Engineering Department and Dr. N. R. Dakshinamurthy (9652814862), Associate Professor, Civil Engineering Department.

  
**PRINCIPAL**

To

All Heads of the Departments for information and with a request to arrange for circulation among all the students, faculty and staff under their control.

All the Advisors, Directors, Associate / Assistant Directors / Joint Directors, CoE, Librarian, Head - HR, Asst. Physical Director for Information.

WBC to upload the same on Institute's website.

  
20/11/2023

## **ACKNOWLEDGEMENT**

It is our pleasure in thanking our honourable chief guest, 'Major General Prof. Dr S S Dasaka' from the bottom for our hearts. We as a committee are delighted to express our gratitude and respect to our principal 'Prof. C. V. Narasimhulu Garu and Director of Student Affairs and Progression Dr P. V. R. Ravindra Reddy Garu for supporting us in every aspect of club work. We want to convey our special thanks to our faculty coordinators – 'Dr G. Suresh Babu Garu', Professor, EEE, 'Shri. C. Srisailam Garu, Assistant Professor, EEE' and 'Dr N. R. Dakshinamurty, Associate Professor, CIVIL' who guided us. We would like to express our sincere appreciation to everyone who contributed to the success of the Event. Without your support, this event would not have been possible.

We also extend our appreciation to all the volunteers and staff members who participated in the Event and contributed to its success.

## **ABSTRACT**

This report reviews the guest lecture on “You Walk this way only Once in your Life” which was conducted on 24-11-2023 from 1.30 p.m. to 3.30 p.m. by Chaitanya Sattva - the UHV cell of CBIT. This lecture was held at D-block Seminar Hall exclusively for the students. This event was held on Chaitanya Sattva's Anniversary. The main objective of this event is to highlight the responsibility of the student to achieve their success and move in a right direction. It is about cultivating an environment where everyone involved in the educational process emerges victorious. This report presents a detailed account of the event, including its objectives, agenda, and outcomes.



# INTRODUCTION

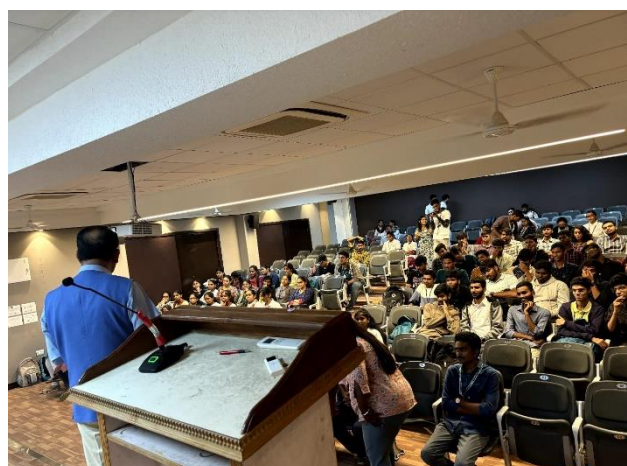
On One-year Anniversary of the club, Chaitanya Sattva- A UHV cell of CBIT conducted a guest lecture on “You Walk this way only once” and the speaker of the event was “Major General Prof. Dr S S Dasaka” who was Executive President (Vice-Chancellor) of Indus University at Ahmedabad. He has also worked as director of a reputed Institute of technology in Sikkim, as VC of a private University in Himachal Pradesh, as CEO of two reputed educational groups at Hyderabad. While working in the Army, he had academic, research and training experiences too. He taught at the college of Military Engineering, Pune and at the college of Defence Management, Secunderabad. He has also worked at Headquarters of the Army Training Command, Shimla. Presently, he is the CEO of JB Group of Educational Institutions, Hyderabad.

The host has invited honourable Chief guest “Dr S S Dasaka Garu” and “Suresh Babu sir, Assistant Professor, EEE”, ‘Dr N. R. Dakshinamurthy, Associate Professor, CIVIL’ and student co-ordinator “Akshay” onto the dias. Firstly, Prof. Suresh Babu sir extended heartfelt congratulations to all those who contributed to the remarkable one-year journey of our Chaitanya Sattva Club. Sir also expressed his views and opinions on the main objective of the event.

Now Dr Dasaka Garu has been invited to enlightened talk about “You Walk this way only once”. Sir grabbed the attention of the students by displaying some interesting and relatable Engineering Facts. Sir also mentioned that Life is a one-time opportunity: The speaker emphasizes the irreplaceable nature of life, highlighting that every moment and opportunity is unique and cannot be visited again. Dr. S S Dasaka Garu directed students' attention to their studies, suggesting that education is a key aspect of maximizing one is potential and contributing meaningfully to society. The speaker motivated students to recognize the uniqueness of their lives, prioritize education, aspire to be distinguished alumni, and actively contribute to the betterment of society.



Dr. S S Dasaka provided insights into the steps students should take to navigate their journey in the right direction, offering practical advice for making informed choices. The speaker highlighted the need for a balance between enjoyment and academic pursuits, emphasizing that a harmonious approach to both aspects of life leads to a more fulfilling experience. Addressing students, Dr S S Dasaka discussed various pathways to reach their goals, encouraging them to set clear objectives and pursue them with dedication and focus. The speaker underscored the diverse roles students play as children, learners, and citizens. He emphasized the multifaceted nature of their responsibilities, stressing the importance of fulfilling these roles with a sense of duty and responsibility. Dr S S Dasaka's address encompassed practical guidance for choosing the right path, emphasized the importance of balance between enjoyment and studies, encouraged a purposeful approach, and highlighted the varied responsibilities students have as individuals in different capacities.







**Gandipet, Telangana, India**  
 98R9+RGM, CBIT Rd Number 2, Kokapet, Gandipet, Hyderabad, Telangana 500075, India  
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 24/11/23 02:23 PM GMT +05:30



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**Images from event place (D block Seminar Hall)**


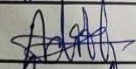
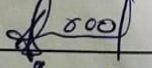
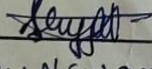
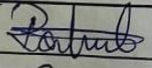
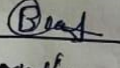
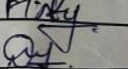
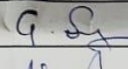
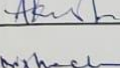
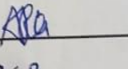
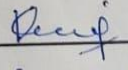
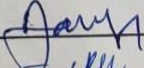
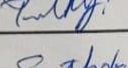
## **CONCLUSION**

The guest lecture conducted by the Chaitanya Sattva, the UHV cell of CBIT was a tremendous success and achieved its objective of promoting the significance of seizing the opportunities that life presents. The event encouraged students to embrace every moment, recognizing that each step taken is a unique journey with its own set of experiences and lessons. By emphasizing the transient nature of life's path, the speech inspired students to live with purpose, passion, and a sense of urgency. It encouraged students to maximize their distinctive journey, crafting a legacy marked by meaningful moments and a positive imprint. The active involvement of students in this event displayed their commitment to self-discipline and serves as an inspiration for others to cultivate similar qualities. The organizers deserve praise for their efforts in organizing such a magnificent event, and the club look forward to attending similar events in the future.





### Attendance Sheet

S No	Name	Year	Branch	Signature
01	B. Praveenkumar	1 <sup>st</sup> year	Mech(2)	
02	B. Paramesh	1 <sup>st</sup> year	Mech(F1)	B. Paramesh
03	B. Saikiran	1 <sup>st</sup> year	Mech (F1)	B. Saikiran
04	V. Anand	1 <sup>st</sup> year	Mech (F1)	<del>V. Anand</del>
05	A. Adith	1 <sup>st</sup> year	Mech(F1)	
06	B. Sujit Reddy	1 <sup>st</sup> year	Mech(F1)	
07	Sreyan	1 <sup>st</sup> year	Mech(F1)	
08	K. Lokesh Narasimha	1 <sup>st</sup> year	Mech(F1)	K. Lokesh Narasimha
09	Rahul	1 <sup>st</sup> year	Mech(F1)	
10	M. Bhaskar	1 <sup>st</sup> year	Mech-1(F1)	
11	M. Nithin Kumar	1 <sup>st</sup> year	Mech-1(F1)	
12	N. Chandu	1 <sup>st</sup> year	Mech(F1)	
13	G. Daniel	1 <sup>st</sup> year	Mech(F2)	G. Daniel
14	K. Akash	1 <sup>st</sup> year	Mech F1	
15	M. Krishna Chaitanya Reddy	1 <sup>st</sup> year	Mech(F1)	M. Krishna Chaitanya Reddy
16	A. Raghavendra	1 <sup>st</sup> year	Mech (F1)	
17	Krishna Sreyan	1 <sup>st</sup> year	Mech (F1)	KS
18	Rahul	1 <sup>st</sup> year	Mech(F1)	Rahul
19	K. Chaitanya	1 <sup>st</sup> year	Mech(F1)	Chaitanya
20	K. Vamsi	1 <sup>st</sup> year	Mech(F1)	
21	Ch. Vamsi	1 <sup>st</sup> year	(Mech)F1	
22	Tushar Reddy K	1 <sup>st</sup> year	(Mech)F1	
23	Sathvik Sivar	1 <sup>st</sup> year	(Mech)F1	Sathvik
24	T. Dikshith	1 <sup>st</sup> year	(Mech)F1	T. Dikshith



CIVIL

<u>S.No.</u>	<u>Roll-No.</u>	<u>Name</u>	<u>Signature</u>
1.	160121732017	R. Deekshitha	R. Deekshitha
2.	160121732019	S. Bhargavi	Bhargavi
3.	160121732001	A. Lalitha	Lalitha
4.	160121732046	Litheesh	Litheesh
	160121732030	Gr. Vivek	Vivek
	160121732003	Anusha	Anusha
	160121732012	Sreeja	Sreeja
8.	160121732013	Akhila	Akhila
9.	160121732054	Pavan	Pavan
10.	160121732050	Sai Kumar	Sai Kumar
11.	160121732061	S. Ashwithraj	Ashwithraj
12.	160121732048	N. Sai Kumar	Sai Kumar
13.	160121732024	B. Sharath	Sharath
14.	160121732022	Sushanth paul	Sushanth paul
15.	160121732029	Sunil	Sunil
16.	160121732040	Uday Kumar	Uday Kumar
17.	160121732041	M. Sai praneeth	Sai praneeth
18.	160121732039	M. Sravan Kumar	Sravan Kumar
19.	160121732049	N. Hari Raghavendra	N. Hari Raghavendra

Calculus Energy Auditing (6 <sup>th</sup> hour)		(Mechanical F2)	
S.No.	Name	Roll no	Signature
1.	Jayesh sainivas	160121736108	Jus
2.	V. Chaturya	160121736083	Chaturya
3.	Ch. Akshitha	160121736318	Axy
4.	K. Nithin	160121736321	Nithin
5.	G. SAIRAM	160121736101	S. IRAM
6.	Jayesh Reddy	160121736107	Reddy
	<del>XXXXXXXXXX</del>	<del>XXXXXXXXXX</del>	<del>XXXXXXXXXX</del>
7.	A. Sameer Kashyap	160121736086	Ka
8.	I. Ankith	160121736105	Ankith
9.	K.R. Abhiram	160121736109	Abhiram
10.	B. Nithin	160121736310	Nithin
11.	K. Shammukha	160121736320	Shammukha
12.	Sisichandhan	160121736319	Sisichandhan
13.	B. Akashana	160121736073	Akashana
14.	Jahnavi	160121736075	Jahnavi
15.	K. Mamatha	160121736079	K. Mamatha
16.	A. Surya Kumar	160121736077	A. Surya
17.	Smrivas	160121736098	Smrivas
18.	T. Sai Deepak	160121736128	Deepak
19.	M. Vineeth	160121736114	Vineeth
20.	S. Akshay	160121736126	Akshay

21	E. Saipreelam	160121736100	Espreelam
22	B. Kavshik	160121736092	Kavshik
23	R. Ankith	160121736123	Ankith
24.	Akshitha Sheeku	160121736118	Sheeku
25.	Puneeth Chary	160121736088	Puneeth
26	T. Achuth	160121736127	Achuth



Name	Mechanical - F-1	Engrg Auditing	Roll no	Sign
M. Sanjay			160121736037	<u>M.S</u>
Niteesh			160121736057	<u>Niteesh</u>
Vijay Annand			160121736046	<u>Annand</u>
Samanwith			160121736040	<u>Samanwith</u>
K. Adhar Rish			160121736035	<u>Rish</u>
Vineeth			160121736049	<u>Vineeth</u>
Suchith			160121736315	<u>Suchith</u>
Anay			160121736011	<u>Anay</u>
vamsh			160121736030	<u>Vamsh</u>
Vikant			160121736027	<u>Vikant</u>
Manara			1601217360306	
Sharon			160121736003	<u>Sharon</u>
Sruja			160121736004	<u>Sruja</u>
Vivek			160121736317	<u>Vivek</u>
Sai Prasad			160121736301	<u>Sai Prasad</u>
Siddhant			160121736018	<u>Siddhant</u>
Shaik M.K			160120736043	<u>Shaik</u>
Ananya			160121736006	<u>Ananya</u>
dai vardhan			160121736016	<u>Vardhan</u>
Kalith			160121736316	<u>Kalith</u>
Vaishita			160121736023	<u>Vaishita</u>
Habigan			160121736005	<u>Habigan</u>
Rukesh			160121736051	<u>Rukesh</u>
Aravind			160121736014	<u>Aravind</u>
Vinayak			160121736047	<u>Vinayak</u>
B. Sankrishna			160121736015	<u>Sankrishna</u>
K. Bhanuprasath			1601217360302	<u>Bhanuprasath</u>
M. Naveen Reddy			160121736303	<u>Naveen</u>
V.V.V			160121736059	<u>V.V.V</u>
			160121736033	<u>Karthik</u>

2<sup>nd</sup> year

- |             |              |          |         |
|-------------|--------------|----------|---------|
| 1) Sindhu   | 160122732016 | Civil A1 | Sindhu  |
| 2) Gayatri  | 160122732009 | Civil A1 | Gay     |
| 3) Shravani | 160122732013 | Civil A1 | Shra    |
| 4) J. Divya | 160122732006 | Civil A1 | Divya   |
| 5) Shalini  | 160122732001 | Civil A1 | Shalini |
| 6) Shreya   | 160122732011 | Civil A1 | Shreya  |
| 7) Komala   | 160122732017 | Civil A1 | Komala  |







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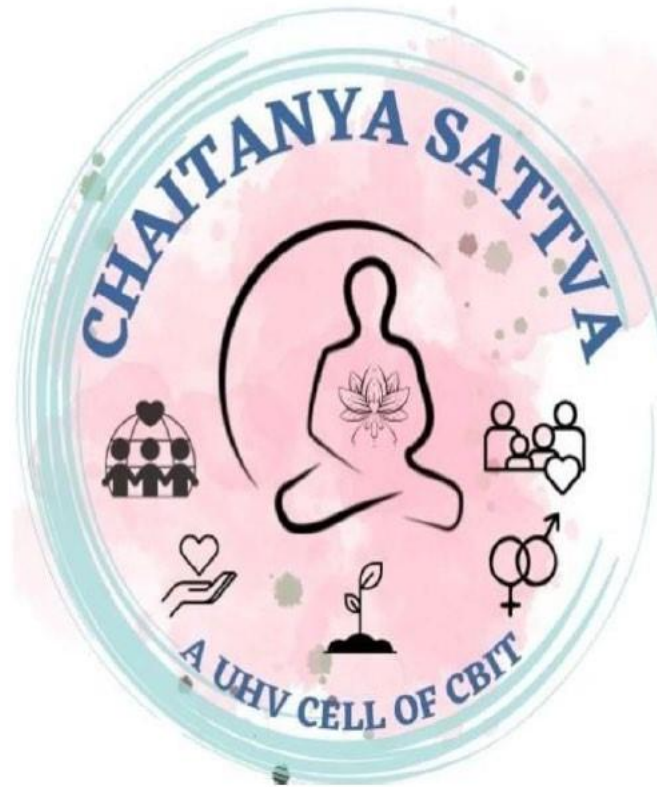
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No.1168 /CBIT/AEC/IC/2023

Dt. 21-11-2023

**CIRCULAR**

This is to inform that the Chaitanya Sattva: A UHV Cell of CBIT is conducting a guest lecture on **“Win-Win-Win Teaching”** for the faculty by Major General Prof. Dr. S. S. Dasaka Garu. The event is on Chaitanya Sattva's Anniversary i.e., **24<sup>th</sup> November 2023**, from 3.30pm to 4.45pm at D-block Seminar Hall.

All the Head of Departments are requested to make arrangements to circulate the notice to respective staff.

For any further information in this regard, kindly contact faculty coordinators of the Club, Mr. C. Srisailam (9032838993), Assistant Professor, Electrical and Electronics Engineering Department and Dr. N. R. Dakshinamurthy (9652814862), Associate Professor, Civil Engineering Department.

  
**PRINCIPAL**

To  
All Heads of the Departments for information and with a request to arrange for circulation among all the students, faculty and staff under their control.

All the Advisors, Directors, Associate / Assistant Directors / Joint Directors, CoE, Librarian, Head - HR, Asst. Physical Director for Information.

WBC to upload the same on Institute's website.

  
21/11/23



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### CHAITANYA SATTVA :A UHV CELL OF CBIT ORGANIZES

**MOTIVATIONAL LECTURE ON**

**“WIN - 3 TEACHING”**

Exclusively for faculty

BY

**MAJ .GEN. DR. S S DASHAKA, SM, VSM (Retd),**  
Ex.CEO, JB Group of Education Institutions, Hyderabad.



D block seminar hall

@ 3.30pm to 4.45pm



24/11/2023

## **ACKNOWLEDGEMENT**

It's our pleasure in thanking our honourable chief guest, 'Major General Prof. Dr S S Dasaka' from the bottom for our hearts. We as a committee are delighted to express our gratitude and respect to our principal 'Prof. C. V. Narasimhulu Garu and Director of Student Affairs and Progression Dr P. V. R. Ravindra Reddy Garu for supporting us in every aspect of club work. We want to convey our special thanks to our faculty coordinators – 'Dr G. Suresh Babu Garu, Professor, EEE', 'Shri. C. Srisailam Garu, Assistant Professor, EEE' and 'Dr N. R. Dakshinamurthy, Associate Professor, CIVIL' who guided us. We would like to express our sincere appreciation to everyone who contributed to the success of the Event. Without your support, this event would not have been possible.

We also extend our appreciation to all the volunteers and staff members who participated in the Event and contributed to its success.

## **ABSTRACT**

This report reviews the guest lecture on “Win-Win-Win Teaching” which was conducted on 24-11-2023 from 4:00 p.m. to 4:45 p.m. by Chaitanya Sattva - the UHV cell of CBIT. This lecture was held at D-block Seminar Hall exclusively for the faculty. This event was held on Chaitanya Sattva's Anniversary. The main objective of this event is to highlight the importance of a three-way triumph in education—where the teacher, the student, and the college each attain success. It's about cultivating an environment where everyone involved in the educational process emerges victorious. This report presents a detailed account of the event, including its objectives, agenda, and outcomes.



# INTRODUCTION

Major General Prof. Dr S S Dasaka was Executive President (Vice-Chancellor) of Indus University at Ahmedabad. He has also worked as director of a reputed Institute of technology in Sikkim, as VC of a private University in Himachal Pradesh, as CEO of two reputed educational groups at Hyderabad. While working in the Army, he had academic, research and training experiences too. He taught at the college of Military Engineering, Pune and at the college of Defence Management, Secunderabad. He has also worked at Headquarters of the Army Training Command, Shimla. Presently, he is the CEO of JB Group of Educational Institutions, Hyderabad.

The host has invited honourable Principal “Prof. C. V. Narasimhulu Garu”, Chief guest “Dr S S Dasaka Garu”, and “Professor Suresh Babu sir, EEE department” on to the dias. Firstly, Principal Prof. C. V. Narasimhulu Garu extended heartfelt congratulations to all those who contributed to the remarkable one-year journey of our Chaitanya Sattva Club. Sir also expressed the necessity of Win-3 Teaching in our current education system.

Now Dr Dasaka Garu has been invited to enlighten talk about Win-3 Teaching. In the event, Dasaka Garu emphasized the essence of win-win-Win teaching, signifying that every element should achieve success in a mutually beneficial environment. To illustrate, this approach dictates that the teacher, student, and college should each attain victory. Additionally, he introduced the notion of "THE YOUTH POWER," denoting individuals characterized by abundant energy, creativity, dynamism, multitasking abilities, heightened alertness, and a can-do upbeat attitude.

Dasaka Garu provided insights into the evolution of various aspects, comparing the past and present scenarios. These aspects encompassed factors such as available seats, the depth of students' knowledge, accessibility to educational materials, the dedication of teachers, the range of subjects available, the prevalence of distractions, and the alignment of education with industry demands and readiness. Additionally, Dasak Garu dug into the diverse generational backgrounds of teachers, spanning from Generation X to Y and Z.



He introduced the mantra 'DARE-DREAM-DO,' embodying the principle that if you conceive a dream, seize the opportunity to act without hesitation. Furthermore, he enriched the discussion with inspirational quotes from Abdul Kalam. Subsequently, he offered motivational quotes such as 'You can, if you think you can.' The conversation extended to insights on goal pursuit, task prioritization, and achieving excellence.

He presented two options: either stand up and be counted by many who are sitting or sit down and count those who are standing. Additionally, he emphasized the crucial balance between achieving excellence aligned with Google's standards and addressing the specific needs of students. He stressed the imperative of shifting students' perspectives from "WHY DO I NEED A TEACHER WHEN I'VE GOT GOOGLE" to "I DON'T NEED GOOGLE, MY TEACHER KNOWS EVERYTHING," emphasizing the teacher's role in molding this mindset.

Furthermore, he delved into the teaching and learning process, outlining it as a transition "From Those Who Can/Willing TO Those Who Need/Ready and Willing." The challenge, as he framed it, was guiding students from a minimal readiness level to a standard industry-ready output. In the discourse, he elaborated on the learning cycle, the concept of learning by parts, and the importance of a pre-class checklist for effective teaching. The esteemed Chief Guest was recognized and celebrated as the event concluded.





## **CONCLUSION**

The guest lecture conducted by the Chaitanya Sattva, the UHV cell of CBIT was a huge success and achieved its objective of promoting the concept of Win-3 Teaching, a holistic approach to education, where the success of the teacher, the student, and the institution are interdependent and interconnected. This concept promotes an inclusive learning environment where, the teacher, the student, and the college, not only achieves individual success but also contributes to the overall advancement of the educational environment. By emphasizing collaboration and mutual growth, Win-3 Teaching highlights the idea that education is a collective effort, with positive outcomes for everyone involved. It serves as a structure that acknowledges the dynamic interaction among elements like teacher commitment, student involvement, and institutional distinction. This framework, in essence, cultivates a flourishing and harmonized educational atmosphere, ensuring a well-rounded and thriving experience for everyone involved. The organizers deserve praise for their efforts in organizing such a great event, and the club look forward to attending similar events in the future.



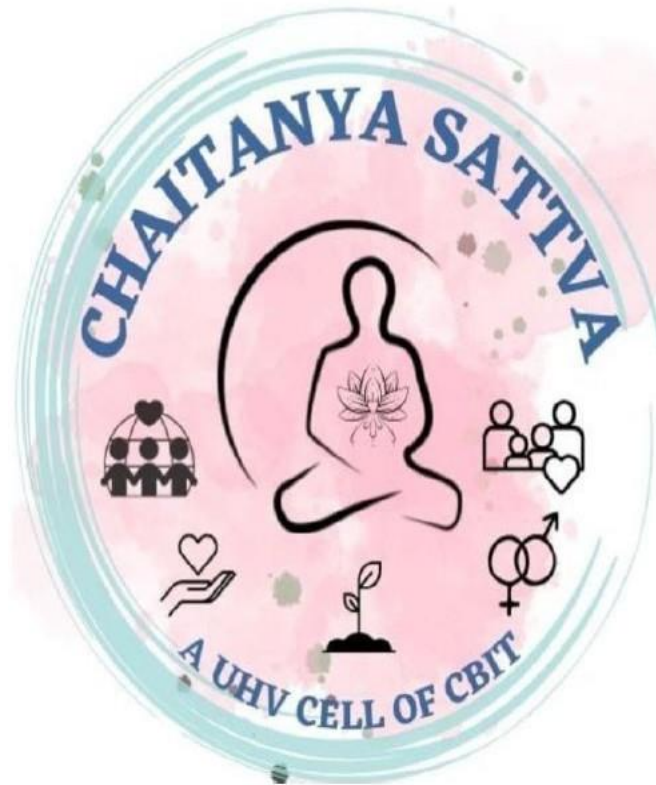


# CHAITANYA BHARATHI INSTITUTE OF TECHNOLOGY

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Green Audit: 14001 | 2015  
Energy Audit: 50001 | 2018

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INNOVATION AND  
EDUCATION

# 45

years

## CHAITANYA SATTVA , A UHV CELL OF CBIT ORGANIZES

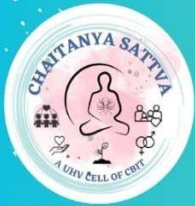
### MOTIVATIONAL LECTURE ON

## “MIND POWER MANAGEMENT”

BY

## SRI PRADYUMNA KRISHNA DASA

DIVISIONAL-HEAD of YOUTH Empowerment Club of  
Hare Krishna Movement Hyderabad.



D block seminar hall

@ 1.30pm to 3.30pm



25/11/2023



chaitanya.sattva



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years

No. 1169 /CBIT/AEC/IC/2023

Dt.21-11-2023

**CIRCULAR**

This is to inform that the Chaitanya Sattva: A UHV Cell of CBIT is conducting a guest lecture on “**Mind Power Management**” by Sri-Pradyumna Krishna Dasa. The event is being conducted on the occasion of it's One Year Anniversary i.e., **25<sup>th</sup> November 2023**, from 1.30pm to 3.30pm at N-block Seminar Hall.

All the Head of Departments are requested to make arrangements to circulate the notice to the respective students and staff.

For any further information in this regard, kindly contact faculty coordinators of the Club, Mr. C. Srisailam (9032838993), Assistant Professor, Electrical and Electronics Engineering Department and Dr. N. R. Dakshinamurthy (9652814862), Associate Professor, Civil Engineering Department.

  
**PRINCIPAL**

To  
All Heads of the Departments for information and with a request to arrange for circulation among all the students, faculty and staff under their control.

All the Advisors, Directors, Associate / Assistant Directors / Joint Directors, CoE, Librarian, Head - HR, Asst. Physical Director for Information.

WBC to upload the same on Institute's website.

  
21/11/2023

## **ACKNOWLEDGEMENT**

As we reflect with success on the challenges faced and triumphs celebrated, it is essential to acknowledge the dedication and hard work of every soul brought together to make this journey a special memory. It's our pleasure in thanking our honorable chief guest, 'Sri Pradyumna Krishna Dasa' from the bottom for our hearts. We as a committee are delighted to express our gratitude and respect to our principal 'Prof. C. V. Narasimhulu Garu 'and Director of Student Affairs and Progression 'Dr P. V. R. Ravindra Reddy Garu 'for supporting us in every aspect of club work. We want to convey our special thanks to our faculty coordinator – 'Dr G. Suresh Babu Garu, Professor, EEE', who guided us. We would like to express our sincere appreciation to everyone who contributed to the success of the Event. Without your support, this event would not have been possible.

We also extend our appreciation to all the attendees, volunteers and staff members who participated in the Event and contributed to its success.



## **ABSTRACT**

This report reviews on the event that was conducted on “Mind Power Management” by Chaitanya Sattva -the UHV cell of CBIT as a part of first anniversary celebrations of the club. This was held on 25<sup>th</sup> November 2023, at N Block seminar hall, CBIT from 2:30pm to 4:00pm. This event is conducted to agitate minds with the rush of thoughts through which, one can master their minds. The endless chatter of the mind is the cause of all distraction in the world. So, in this this event, the three agendas of life have been explained. Every thought in a mind has a respective destiny. Mind management is the art of consciously directing and shaping the thoughts and emotions that flow through your mind. It empowers you to take charge of your inner world, thereby influencing your actions, behaviors, and ultimately, your outcomes in life. When you cultivate a positive and focused mindset, you build resilience, boost creativity, and unlock doors to success that you might not have thought possible. The capability we each possess is far greater than most of us can even begin to imagine. This report explores some of the ways our minds impact our lives and how to transition our thought patterns to benefit us.

# INTRODUCTION

Chaitanya Sattva – A UHV cell of Chaitanya Bharathi Institute of Technology, was inaugurated on 30<sup>th</sup> November 2022. As a part of the first anniversary celebrations of this club, a brain invoking event called ‘Mind Power Management’ was conducted for which ‘Sri Pradyumna Krishna Dasa’ Garu was invited as the chief guest. His Grace Sri Pradyumna Krishna Dasa completed his Engineering in Automobile from Rajasthan Technical University. He worked for a few years in corporate before taking the decision to dedicate his life for serving humanity through The Akshaya Patra Foundation, World’s Number-1 NGO run Mid-Day meal program for underprivileged school children across India. He got inspired by the teachings of Bhagavad-Gita and dedicated his life to Hare Krishna Movement and joined the organization in the year 2013. Now he is rendering his resolute missionary and voluntary services to society from the past one decade. His journey into the world of spirituality and devotion began with a deep sense of purpose and a burning desire to serve humanity. Through initiatives such as food distribution, educational programs, and youth outreach efforts, he has embodied the essence of selfless service, ensuring that the teachings of Bhagavad Gita are not confined to the temple but are accessible to all. He has coached hundreds of youngsters to give them light and hope in their lives. He is well versed in guiding people in the knowledge of serving humanity and thereby serving the almighty. Various activities & workshops like Yoga for HAPPINESS, GITA for YOUTH, FOLK are conducted to educate and help the students & working professionals to mold their lives to a successful path. These workshops are happening in many reputed colleges like IIT-Hyderabad, BITS Hyderabad, JNTU, GITAM University, IISc- Bengaluru, IIT-Delhi, IIT-Guwahati, IIT-Kharagpur, IIM-Bengaluru, NIT-Calicut, Trichy, Surathkal etc. He is currently the DIVISINAL-HEAD of YOUTH Empowerment Club of Hare Krishna Movement Hyderabad, Leading various Youth development projects across Telangana.



The Faculty Co-Ordinator for Chaitanya Sattva, Prof. Of EEE Dept., Dr. B. Suresh Babu, as a part of his speech, mentioned “It is apt to have such a wonderful session, Mind Power Management.” In this event, the chief guest, Sri Pradyumna Krishna Dasa Garu, discussed about the 3 agendas of life.

1. Need for controlling mind.
2. Understanding the mechanism of mind.
3. Different methods of mind control.



### 1. Need for controlling mind

He addressed the gathering, about the diverse ways in which a man can control his mind and the need for mind control, which implies miracles on an individual's lifestyle. He started the session with an invocation prayer. (Bhagavad Gita 2:29)

He described an incident of his childhood, where he unknowingly grabbed a golden pen from his neighbor's house, and later realized the mistake. He said that “Every thought in a mind has a respective destiny.” We also practiced an activity in which, the audience were asked to count the number of thoughts running in their minds for the next 60secs. Through this activity, the essentiality for control of mind, and the miracles that can happen through this was explained. He also said, “It is said that, on an average a person gets 60,000 thoughts in a day, which is not useful. But unfortunately, we're unable to control our minds. We all live in a fast world, with fast cars, fast mobiles etc. In this fast society, there are many wrong things happening. The rise of violence, murder, terrorism, rape cases and many things are increasing. The root cause of all such evils



is **uncontrolled mind**. It is said that 77% of everything we think are negative. 75% of all illnesses are self-induced.” Hence, it is seen that, the need for controlling mind is vital.



## 2. Understanding the mechanism of mind

Mind is a thought generating machine. It sometimes acts as a friend, and sometimes an enemy.  
(Analogy: A sharp knife. A sharp knife in hands of a mother, and the same sharp knife in hands of an evil person can have two totally different perspectives.)

### **Chariot of body:**

5 horses - 5 senses  
Rope - Mind  
Passenger - Soul (Athma)  
Driver - Intelligence (Buddhi)

Taming the horses of the chariot, implies to regulating success in our life. One who thinks who has many enemies, has uncontrolled mind.



### 3. Different methods of mind control

There are different methods to control mind:

- a. Physical
- b. Mental
- c. Spiritual

#### **a. Physical:**

Physical methods such as **Pranayama, Yoga asanas, Meditation etc.** We know that modern life is stressful where we must deal with less sleep, stress, and other anxiety disorders. Yoga improves mind-body coordination and improves consciousness while Pranayama improves breath and mind control. Regular practice of meditation improves mental health by reducing stress and anxiety. Daily practice of **yoga asana with pranayama and meditation** helps individual to become health conscious and help them in living a holistic life.

#### **b. Mental:**

Mental methods such as **concentration, affirmation & self-talk, positive thinking, change of mental attitude** can make a huge difference on our minds and thoughts.

Technically, any self-talk about yourself is affirming something. The more you repeat it, the more you believe it. The more you believe it, the more you repeat it. This is the vicious cycle of confirmation bias and, when you have a negative self-image, negative feedback seeking. Even if you're currently affirming negative beliefs about yourself, you can shift your mindset to include more positive self-affirmations with practice.

In our life we focus on what we don't have, our own weaknesses, our own shortcomings become our focus, rather than what we want to learn or achieve in life. We start seeing the glass half -empty rather than cultivating a position or a mindset to see the glass half -filled. It is technically called as the Sunflower Principle. What is the Sunflower Principle? Whatever time of the day it may be, it may be winter or summer, US or India, the Sunflower is always focused on Sun. In the very same way, the winners, they are always focused on Sun.

#### **d. Spiritual:**

If one has weakness in something the best solution is to read Bhagavad Gita. It is an ancient knowledge. The Bhagavad Gita, a revered ancient Hindu scripture, serves as a profound guide addressing a myriad of human emotions and challenges encountered in daily life. It offers timeless wisdom and practical solutions for navigating through the complexities of the human experience.









Images from event place (D block Seminar Hall)

## **CONCLUSION**

Mind power management is all about harnessing and directing the incredible capabilities of the human mind. It involves understanding how thoughts, emotions, and beliefs shape our experiences and then actively guiding these mental faculties toward positive outcomes. Participants have come to know incredible capabilities of the human mind and how we can control it and the importance of Bhagwat Gita. Moreover, managing mind power isn't just about personal development; it extends to influencing others positively, fostering better relationships, and creating a conducive environment for growth and success. Ultimately, mastering mind power management empowers us to navigate life's challenges with greater clarity, purpose, and effectiveness. The organizers deserve praise for their efforts in organizing such a great event, and the club look forward to attending similar events in the future.



## APPENDIX

F-2 Sem III

Attendance Sheet					Roll no
S No	Name	Year	Branch	Signature	
1	Harshit Vema	2	Mech		160122736094
2	M. Yashwanth Raju	2	Mech		160122736108
3	K. Anush	2	Mech		160122736098
4	R. Shiva	2	Mech		160122736113
5	T.R.D. Prabhas	2	Mech		160122736118
6	Vansh Krishna Raj	2	Mech		160122736096
7	Meece	2	Mech		160122736105
8	Joe Hamilton	2	Mech		160122736100
9	N. Koushit	2	Mech		160122736109
10	C.H. Prashanth	2	Mech		160122736089
11	R. Sai Punith	2	Mech		160122736112
12	Akshay	2	Mech		160122736117
13	Bhuvanesh	2	Mech		160122736101
F-1					
1)	Sabarsh	2	Mech (FI)		160122736098
2)	Salman Raj	2	Mech (FI)		160122736032
3)	Arnav Reddy	2	Mech (FI)		160122736011
4)	Sankalp Reddy	2	Mech (FI)		160122736099
5)	Nikhil	2	Mech (FI)		160122736021
6)	Sai Raj	2	Mech (FI)		160122736029
7)	Nishal	2	Mech (FI)		160122736016
8)	Vijay	2	Mech (FI)		160122736020
9)	Gowtham	2	Mech (FI)		160122736046
10)	Shreyas	2	Mech (FI)		160122736010
11)	Sreehitha	2	Mech (FI)		160122736006
12)	Ashith	2	Mech (FI)		160122736015
13)	B. Vignesh	2	Mech (FI)		160122736017

### Attendance Sheet

S No	Name	Year	Branch	Signature	Roll No
1	D. Praetham	1 <sup>st</sup> year	AIDS-1	Praetham	1601-23-771-03
2	G. Santhosh	1 <sup>st</sup> year	AIDS-1	Santhosh	1601-23-771-04
3	C. Karthik	1 <sup>st</sup> year	AIDS-1	Karthik	1601-23-771-05
4	M. Sai Kiran	1 <sup>st</sup> year	AIDS-1	M.S.K.	1601-23-771-06
5	K. Rishi Kumar Reddy	1 <sup>st</sup> year	AIDS-1	Rishi	1601-23-771-07
6	P. Varshant	1 <sup>st</sup> year	Mech-1	Varshant	1601-23-771-08
7	M. Ruchana	1 <sup>st</sup> year	AIDS-1	Ruchana	1601-23-771-09
8	K.V.D.S PRAGNA	1 <sup>st</sup> year	AIDS-1	Pragna	1601-23-771-10
9	K. Varshini	1 <sup>st</sup> year	AIDS-1	Varshini	1601-23-771-11
10	Rushika Sree	1 <sup>st</sup> year	AIDS-1	Rushika	1601-23-771-12
11	T. Srijana Reddy	1 <sup>st</sup> year	AIDS-1	Srijana	1601-23-771-13
12	H. Abhishek Varma	2 <sup>nd</sup> year	Mech-1	Abhishek	1601-22-736-01
13	M. Tharun Teja Goud	2 <sup>nd</sup> year	Mech-1	Tharun	1601-22-736-02
14	M.D. Shanoula Z	2 <sup>nd</sup> year	Mech-1	Shanoula	1601-22-736-03
15	C.H. Ganesh	2 <sup>nd</sup> year	Mech-1	Ganesh	1601-22-736-04
16	K. Meher Pavan	2 <sup>nd</sup> year	Mech-1	Meher	1601-22-736-05
17	T. Shashi Kanth	2 <sup>nd</sup> year	Mech-1	Shashi	1601-22-736-06
18	B. Purnushotham	2 <sup>nd</sup> year	Mech-1	Purnushotham	1601-22-736-07
19	N. Anil Reddy	2 <sup>nd</sup> year	Mech-1	Anil	1601-22-736-08
20	Siddhu Nayak	2 <sup>nd</sup> year	Mech-1	Siddhu	1601-22-736-09
21	Teevan	2 <sup>nd</sup> year	Mech-1	Teevan	1601-22-736-10
22	Uday Kiran	2 <sup>nd</sup> year	Mech-1	Uday	1601-22-736-11
23	M. Sujith Reddy	II <sup>nd</sup>	MECH-F1	Sujith	1601-22-736-038
24	D. Nithin Kumar	II <sup>nd</sup>	MECH-F1	Nithin	1601-22-736-045
25	K. Sathwik	II <sup>nd</sup>	MECH-F1	Sathwik	1601-22-736-031
26	D. Chandhan	II <sup>nd</sup>	MECH-F1	Chandhan	1601-22-736-022
27	Ganesh	II <sup>nd</sup>	Mech-F1	Ganesh	1601-22-736-051
28	S. Arun	II <sup>nd</sup>	Mech-F1	Arun	1601-22-736-052
29	Karthik	II <sup>nd</sup>	Mech-F1	Karthik	1601-22-736-053
30	Varun	II <sup>nd</sup>	Mech-F1	Varun	1601-22-736-054



31. Usha S	I <sup>st</sup>	Mech-F <sub>2</sub>	Vibhansh	16012273604
32. Akshara	I <sup>nd</sup>	Mech F <sub>2</sub>	Akshay	160122736002
33. ARUN REDDY	I <sup>nd</sup>	Mech F <sub>1</sub>	Arun	1601-22-736-015
34. saharsh	I <sup>nd</sup>	mech F <sub>1</sub>	Sun	1601-22-736-048
35. Salman Raju	I <sup>nd</sup>	Mech F <sub>1</sub>	Sahay Raju	1601-22-736-052
36. Sankalp	I <sup>nd</sup>	Mech F <sub>1</sub>	Sankalp	1601-22-736-049
37. SuRaj	I <sup>nd</sup>	Mech F <sub>1</sub>	Su	1601-22-736-024
38. Nikhil	I <sup>nd</sup>	Mech F <sub>1</sub>	N	1601-22-736-021
39. Sam Anshul	I <sup>nd</sup>	Mech F <sub>1</sub>	A-Sam	1601-22-736-016
40. Vijay	I <sup>nd</sup>	Mech F <sub>1</sub>	Vijay	1601-22-736-020
41. Govindam	I <sup>nd</sup>	Mech F <sub>1</sub>	Govindam	1601-22-736-016
42. shreeya	I <sup>nd</sup>	Mech F <sub>1</sub>	Shreeya	1601-22-736-010
43. Sreehith	I <sup>nd</sup>	Mech F <sub>1</sub>	Sreehith	160122-736-006
44. Anshith	I <sup>nd</sup>	Mech F <sub>1</sub>	Anshith	1601-22-736-018
45. Rihika	I <sup>nd</sup>	Mech F <sub>1</sub>	R	1601-22-736-005
46. Muleash	I <sup>nd</sup>	Mech F <sub>1</sub>	M	1601-22-736-036
47. Shilpa	I <sup>nd</sup>	Mech F <sub>1</sub>	S	1601-22-736-002
48. Sundeep	I <sup>nd</sup>	Mech F <sub>1</sub>	Sundeep	1601-22-736-056
49. Sampth	I <sup>nd</sup>	Mech F <sub>1</sub>	Sampth	1601-22-736-025
50. Duni	I <sup>nd</sup>	Mech F <sub>1</sub>	M. Duni	1601-22-736-029

AIDS-1

Attendance Sheet					
S No	Name	Year	Branch	Signature	Roll No
1	S. Sai Abhinav	3 <sup>rd</sup> year	AIDS	[Signature]	160123771062
2	J Anuhya	1 <sup>st</sup> year	AIDS	[Signature]	160123771005
3	Anikant Reddy	1 <sup>st</sup> year	AIDS	[Signature]	160123771032
4	M.N. Pravaradhan	1 <sup>st</sup> year	AIDS	[Signature]	16012377049
5	Shanmukh	1 <sup>st</sup> year	AIDS	Shanmu	160123771031
6	G. Ratna Sai Dileep	1 <sup>st</sup> year	AIDS	[Signature]	160123771040
7	R. Saayushrini	1 <sup>st</sup> year	AIDS-I	[Signature]	160123771016
8	A. Arjavaradhan Reddy	1 <sup>st</sup> year	AIDS-I	[Signature]	160123771026
9	K. Sai Sindhu	1 <sup>st</sup> year	AIDS-I	Sindhunx	160123771007
10	V. Socha	1 <sup>st</sup> year	AIDS-I	Sula	160123771022
11	Maalya Fatma	1 <sup>st</sup> year	AIDS-I	[Signature]	160123771012
12	N. Shananya	1 <sup>st</sup> year	AIDS-I	N. Shan	160123771024
13	Suzana	1 <sup>st</sup> year	AIDS-I	Suz	160123771023
14	V. Kyathika	1 <sup>st</sup> year	AIDS-I	[Signature]	160123771021
15	P. Sittarini	1 <sup>st</sup> year	AIDS-I	P. Sitt	160123771015
16	Saroj	1 <sup>st</sup> year	AIDS-I	[Signature]	160123771018
17	M. Harsha Varadhan	1 <sup>st</sup> year	AIDS-I	M. Harsha	160123771017
18	A. Sai Sathish	1 <sup>st</sup> year	AIDS-I	A. Sathish	160123771014
19	Abdullah	1 <sup>st</sup> year	AIDS-I	Abdul	160123771057
20	Surya Raju Reddy	1 <sup>st</sup> year	AIDS-I	Surya	160123771041
21	B. Varun	1 <sup>st</sup> year	AIDS-I	Varun	160123771029
22	B. Shashank	1 <sup>st</sup> year	AIDS-I	Shashank	160123771030
23	P. Radhika Pagadala	1 <sup>st</sup> year	AIDS-I	[Signature]	160123771055
24	C.G. Akash	1 <sup>st</sup> year	AIDS-I	Akash	160123771035
25	Krishna	1 <sup>st</sup> year	AIDS-I	[Signature]	160123771039
26	A. Nishith Reddy	1 <sup>st</sup> year	AIDS-I	[Signature]	160123771054
27	P. Naga Vinod Naidu	1 <sup>st</sup> year	AIDS-I	[Signature]	160123771060
28	P. Purna chandrasoo	1 <sup>st</sup> year	AIDS-I	[Signature]	160123771056
29	Harshith	1 <sup>st</sup> year	AIDS-I	Harshith	160123771043



30	V. Praty	1 <sup>st</sup>	AIDS-I	160123771069	
31)	P. Pransay	1 <sup>st</sup> year	AIDS-I	1601-23-771-058	Pransay
32)	Manohara Sai Ch.	1 <sup>st</sup> year	AI-D31	1601-23-771-050	Manohar
33)	B. Praneeth	1 <sup>st</sup> year	AI-D3-I	1601-23-771-028	Praneeth
34)	Ch. Grishmarth	1 <sup>st</sup> year	AIDS-I	1601-23-771-027	Grishmarth
35)	B. Udayawati	1 <sup>st</sup> year	AIDS-I	1601-23-771-002	Udayawati
36)	K. Vyslavati	1 <sup>st</sup> year	AIDS-I	1601-23-771-009	Vyslavati
37)	Vinay Kumar	1 <sup>st</sup> year	AIDS-I	1601-23-771-064	Vinay
38)	Ganata Ch. Krishna	1 <sup>st</sup> year	Civil-I	1601-23-732-029	KR
39)	G. Santhosh	1 <sup>st</sup> year	AIDS-I	1601-23-771-042	Santhosh
40	B. Shanmukh	1 <sup>st</sup> yr	AIDS-I	1601-23-771-097	Shanmukh
41	Vishwanath	1 <sup>st</sup> year	Civil-I	1601-23-732-006	Vishwanath

# Chemical [B]

Attendance Sheet					
S No	Name	Year	Branch	Signature	Roll no
1.	G. Karthik	2 <sup>nd</sup> year	Chemical	G. Karthik	1601-22-802-030
2.	Ch. Abhishek	2 <sup>nd</sup> year	Chemical	Abhishek	1601-22-802-033
3.	M. Praveetha	2 <sup>nd</sup> year	Chemical	M. Praveetha	1601-22-802-036
4.	K. P. Saikeethan Reddy	2 <sup>nd</sup> year	Chemical	K. P. Saikeethan Reddy	1601-22-802-042
5.	A. Parvathi	2 <sup>nd</sup> year	Chemical	A. Parvathi	1601-22-802-048
6.	R. Adith	2 <sup>nd</sup> year	Chemical	R. Adith	1601-22-802-049
7.	D. Ganesh	2 <sup>nd</sup> year	Chemical	D. Ganesh	1601-22-802-050
8.	J. Anil Kumar Reddy	2 <sup>nd</sup> year	Chemical	J. Anil Kumar Reddy	1601-22-802-059
9.	L. Tharun	2 <sup>nd</sup> year	Chemical	L. Tharun	1601-22-802-051
10.	G. Tharun	2 <sup>nd</sup> year	Chemical	G. Tharun	1601-22-802-051
11.	D. Rajavardhan	2 <sup>nd</sup> year	Chemical	D. Rajavardhan	1601-22-802-026
12.	K. Manish Raj	2 <sup>nd</sup> year	Chemical	K. Manish Raj	1601-22-802-034
13.	M. Harman	2 <sup>nd</sup> year	Chemical	M. Harman	1601-22-802-058
14.	V. Shroff	2 <sup>nd</sup> year	Chemical	V. Shroff	1601-22-802-048
<u>IT Branch</u>					
1)	R. Sandeep Kumar	2 <sup>nd</sup> year	IT-1	R. Sandeep Kumar	1601-22-737-057
<u>Civil - 2<sup>nd</sup> year (II sem)</u>					
1.	D. Pranathi	2 <sup>nd</sup> year	Civil-A1	D. Pranathi	160122732002
2.	S. Kaishna Thanya	2 <sup>nd</sup> year	Civil-A1	S. Kaishna Thanya	160122732012
3.	Rohith	2 <sup>nd</sup> year	Civil-A1	Rohith	160122732018
4.	Sree Varun	2 <sup>nd</sup> year	Civil-A1	Sree Varun	160122732049
5.	Abhishek	2 <sup>nd</sup> year	Civil-A1	Abhishek	160122732037



### Attendance Sheet

S No	Name	Year	Branch	Signature
1.	Akshitha.Ds	2nd	ECE-3	Akshitha
2.	Jashwanth	2nd	ECE-3	Jash
3.	V.SriPooja	2nd	Mech-Fi	Vasija
4.	K.Rithvik	2nd	Civil A1	Rithvik
5.	J.Jemitha	3rd	EEE	Jemitha
6.	A.Pithom	3rd	EEE	Pithom
7.	Karthikaya	3rd	EEE	Karthikaya
8.	Amaraya S	2nd	II	Amaraya
9.	Chethan Kumar	2nd	II	Chethan
10.	Rajewar	2nd	ECE-3	Rajewar
11.	<del>Rithvik</del> Abhigyan	2nd	ECE-3	Abhigyan
12.	Dhanush	2nd	ECE-3	Dhanush
13.	D. Sarjana Reddy	2nd	Civil A1	Sarjana
14.	G. Bhavana	3rd	EEE	Bhavana
15.	Yashaswini Sontu	3rd	EEE	Yashaswini
16.	Supriya	3rd	EEE	Supriya
17.	Parvatham Nikh	3rd	EEE	Parvatham

Roll No  
 160122335148  
 160122335179  
 160122336083  
 160122332025  
 160121434082  
 160121434082  
 160121434082  
 160122331072  
 160122337062  
 160122335142  
 160122335143  
 160122335169  
 160121432003  
 160121734007  
 160121734016  
 160121734009  
 160121734023



# CHAITANYA BHARATHI INSTITUTE OF TECHNOLOGY

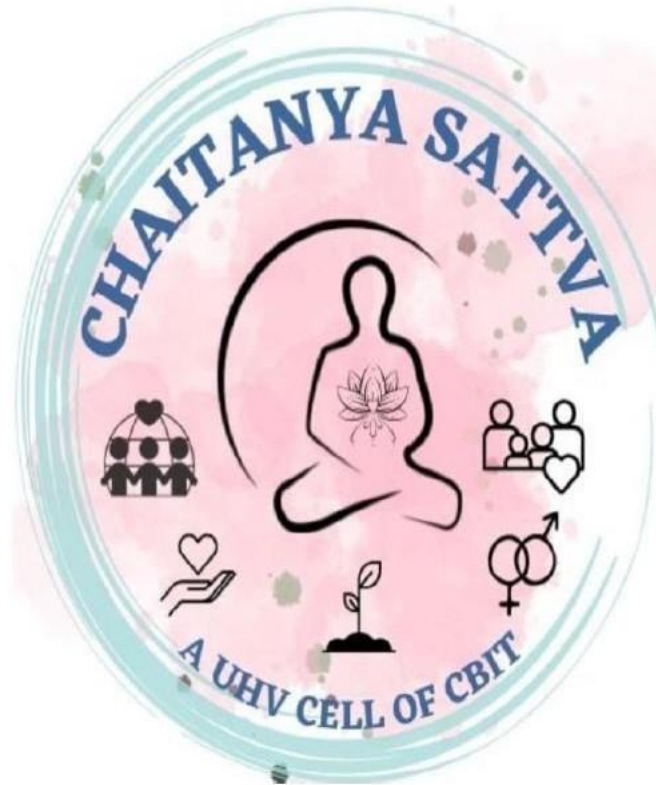
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RESEARCH,  
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EDUCATION

# 45

years

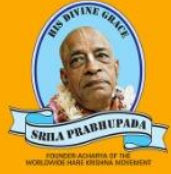






**HARE KRISHNA  
HERITAGE TOWER**

**400 feet**  
Radha Krishna Temple



**VOLUNTEER  
REGISTRATION**



Scan this QR Code  
or Use the below link  
[hkmhyderabad.org/  
volunteering](http://hkmhyderabad.org/volunteering)

**96769 10183**



**SATURDAY**

**09  
DEC**

**5:30 PM  
ONWARDS**

**Sri Radha Govinda**  
**Ratha Yatra**

**at Narsingi, Kokapet.**

*Come, pull the chariot*

— START POINT —

**Sri Krishna Goshala**  
Gandipet Main Rd,  
Shankarpally circle.

LOCATION



— END POINT —

**Hare Krishna Heritage Tower**  
Golden Mile Rd, Narsingi,  
Kokapet, Hyderabad.

Hyderabad,  
Date:-08/12/2023.

To,  
The Principal,  
Chaitanya Bharathi Institute of Technology, (Through proper channel)  
Hyderabad.

Sir,

Sub: Permission- Ratha Yatra -Chaitanya Sattva-Req-reg.

**Chaitanya Sattva: A UHV Cell of CBIT** in association with **Hare Krishna Foundation** organizing "Ratha Yatra". As part of the event, We are requested to provide volunteers. Event is going take place at Gandipet Circle on 9<sup>th</sup> December 2023 from 4:30 pm. So, We request you to give permission for the necessary arrangements and to conduct the event smoothly.

Thanking You,

Yours Sincerely

*A. Akshay*  
A. Akshay (VII Sem, B.E., EEE),  
President,  
Chaitanya Sattva club.

FACULTY CO-ORDINATORS

C. Srisailam (Assistant Professor, EEE)

Dr. N. R. Dakshinamurthy (Associate Professor, CIVIL)

*G. Suresh Babu* 8/12/23  
Dr. G. Suresh Babu (Professor, EEE)

Recommended & Forwarded  
The students who want to  
volunteer the event should  
take the permission from parents  
and no objections from the parent  
is to be submitted to faculty in charge.

*P. Reddy*  
8/12/2023

*C. S.*



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Date: \_\_\_/12/2023

**Undertaking for 'Ratha Yatra'**

I, \_\_\_\_\_, a registered student of CBIT, has voluntarily chosen to participate in the 'Ratha Yatra', scheduled to take place on 09-12-2023.

I would like to make it explicitly clear that the college and its authorities shall not be held responsible for any incident or injury that may occur during the aforementioned event. Also, I acknowledges and understands the inherent risks associated with participation in a marathon, and willingly undertakes this activity at their own discretion.

Furthermore, College will not be liable for any medical expenses, legal matters, or other consequences that may arise as a result of participation in the 'Ratha Yatra'. I have been informed and understands that they are participating in this event as an individual and not as a representative or agent of the college.

By signing this undertaking, I agree to release and hold harmless College, its faculty, staff, and officials from any claims, damages, or liabilities arising from their participation in the 'Ratha Yatra'.

This undertaking is voluntarily signed by \_\_\_\_\_ on this date \_\_\_/12/2023.

Student's Signature with Date

Parents Signature

Student's Full Name :

Parents Name:

Student Roll No.:

Department:

Contact no.:

## **ACKNOWLEDGEMENT**

We as a committee are delighted to express our gratitude and respect to our principal 'Prof. C. V. Narasimhulu Garu' and Director of Student Affairs and Progression 'Dr P. V. R. Ravindra Reddy Garu' for supporting us in every aspect of club work. We want to convey our special thanks to our faculty coordinators – 'Dr G. Suresh Babu Garu, Professor, EEE', 'Shri. C. Srisailam Garu, Assistant Professor, EEE' and 'Dr N. R. Dakshinamurty, Associate Professor, CIVIL' who guided us. We would like to express our sincere appreciation to everyone who contributed to the success of the Event. Without your support, this event would not have been possible.

We also extend our appreciation to all the attendees, volunteers and staff members who participated in the Event and contributed to its success.



## **ABSTRACT**

This report reviews on the series of events that were conducted in “Ratha Yatra” by Chaitanya Sattva -the UHV cell of CBIT in collaboration with Hare Krishna Movement. This was held on 9<sup>th</sup> December 2023, at Gandipet main road from 6PM to 10PM. This traditional chariot procession, deeply rooted in Hindu culture, featured elaborate decorations and spiritual discourses, with the speakers shedding light on the cultural and religious significance of the Ratha Yatra. The event aimed to provide a spiritually enriching experience, drawing attendees into the festive ambiance and cultural celebration. This report presents a detailed account of the event, including its objectives, agenda, and outcomes.

# INTRODUCTION



Ratha Yatra, an ancient Hindu festival steeped in tradition, holds profound significance as it unites communities in the celebration of spirituality and devotion. Originating from the city of Puri, where it has been observed for centuries, Ratha Yatra has transcended geographical boundaries, captivating hearts globally.

On the 9th of December 2023, Chaitanya Sattva, in collaboration with the Hare Krishna Movement, orchestrated a Ratha Yatra event at Gandipet main road from 6 pm to 10 pm. The distinguished Chief Guest for the occasion was MLA Rajendra Goud Garu. Notable speakers included Madhu Pandit Dasa Garu, Satya Goura Chandra Dasa Garu, Vasudev Keshav Dasa Garu, Jagan Mohan Dasa Garu and Gopichand Garu.

People from different parts of city arrived ahead of the designated time at the destination. The event quickly started off with invaluable insights from the notable speakers. Madhu Pandit Dasa Garu, a spiritual leader and President of ISKCON Bangalore, is actively engaged in humanitarian initiatives such as Akshaya Patra, providing free mid-day meals to government school children. As the Founder and Chairman of The Akshaya Patra Foundation, he has been honored with the Padma Shri Award by the Government of India for the foundation's distinguished service to the nation's children. Through the discourse, devotees gained a heightened awareness of the transformative power of the Hare Krishna Maha Mantra and discovered practical ways to surrender to Krishna in their spiritual journey.

Satya Goura Chandra dasa Garu, President of Hare Krishna golden temple Hyderabad, President of Akshaya Patra TS & AP., IIT Madras gold medalist. The speaker, possessing a deep comprehension of Dharma, engaged the devotees by skillfully intertwining captivating stories that vividly portrayed the enduring significance of leading a virtuous life. Each narrative acted as a guiding light, leading the audience to a more profound understanding of Dharma and encouraging them to steadfastly embrace its principles. MLA Rajendra Goud Garu, the Chief Guest, expressed deep honor and gratitude for being part of such an auspicious event.

The Ratha Yatra procession held in Kokapet unfolded as a vibrant and spiritually charged event, with a meticulously planned schedule of stops that engaged the community in the celebration. The procession commenced at 6:00 PM from Sri Krishna Goshala (Kancha), marking the beginning of a journey filled with cultural richness. The Ratha Yatra continued its journey through Legend Chimes, engaging residents and spreading the cultural significance of the event. The procession united at Poulomi 90 & Retreat, creating a communal gathering point for devotees. Continuing its path, the Ratha Yatra progressed through Rajapushpa Regalia, involving residents and spreading the cultural significance of the event.

The procession reached 7 Hills Apartments, extending the celebration to different residential communities in Kokapet. Residents of Rajapushpa Atria were treated to the spiritual ambiance as the chariot made its way through their neighborhood. The Lawnz transformed into a focal point of celebration, as devotees came together to witness the splendor of the Ratha Yatra. The Post Office Circle, witnessed the procession captivating the attention of passersby, contributing to the cultural richness of the area. Serenity Park marked a pivotal point in the procession, where the spiritual ambiance seamlessly intertwined with the serene surroundings, creating a harmonious blend of spirituality and the local environment. The pinnacle of the event occurred at the Hare Krishna Heritage Tower, bringing the Ratha Yatra to a close with profound devotion and a prevailing sense of unity among the participants. At this final destination, devotees immersed themselves in bhajans, kirtans, and sankirtans, elevating the spiritual essence of the event. Transportation facility was provided.







Images from the event place





Images from the event place

## **CONCLUSION**

People belonging to different age groups across the city have taken part in this event. In summary, the Ratha Yatra exudes a sense of solemnity, highlighted by the iconic chariots carrying divine deities on a symbolic journey. This spiritual initiative seamlessly aligns with the essence of the event. The grandeur and vibrancy of the chariots not only serve as a visual spectacle but also embody the collective celebration of life. This spectacle conveys a profound message, emphasizing the significance of unity, faith, and joy as essential elements of the human experience. The Ratha Yatra becomes a powerful symbol, uniting communities in a shared expression of devotion and celebration, underscoring the enduring connection between the divine and the human spirit. The organizers deserve praise for their efforts in organizing such a magnificent event, and the club looks forward to attending similar events in the future.

### **Link for Certificates:-**

[https://drive.google.com/drive/folders/1wP9N05kfIACihhm1D44I1y83xsP7jdx?usp=drive\\_link](https://drive.google.com/drive/folders/1wP9N05kfIACihhm1D44I1y83xsP7jdx?usp=drive_link)



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EDUCATION

**45** years

# Certificate of participation

This is to certify that Mr./Ms.....of ..... has participated  
in “RATHA YATRA” on December 9th 2023, organised by Chaitanya Sattva: A UHV Cell of  
CBIT in association with Hare Krishna Foundation.

**FACULTYCOORDINATOR  
CHAITANYA SATTVA**

**PRINCIPAL  
CBIT**



# APPENDIX

RATHA YATRA (09-12-2023)

S.NO	NAME	BRANCH AND SECTION	SIGNATURE
1	J Sai Varshini	Civil A-1	varshini
2	U Sneha	Civil A-1	u.sneha
3	Raja	Civil A-1	Raja
4	V. Vallu Sai	MBA - B	Vallu Sai
5	K. Roshika	MBA - B	Roshika
6	Sheetal. K	MBA - B	Sheetal
7	M. Farooq	MBA - B	Farooq
8	B. Shivarajulu	MBA - B	Shivarajulu
9	V. Saitoja	MBA - B	Saitoja
10	Harsha	MBA - B	Harsha
11	S. Chaitanya	MBA - B	Chaitanya
12	D. Srivani	MBA - B	Srivani
13	D. Rohit	MBA - B	Rohit
14	Afreen	MBA - B	Afreen
15	T. Sai Priya	MBA - B	Sai Priya
16	R. Mansi	MBA - B	Mansi
17	A. Srinivas Varma	"	Srinivas Varma
18	A. Sindhu	"	Sindhu
19	K. Rohit	"	Rohit
20	N. Hruday	MBA - A	Hruday
21	Leela Krishna Sai	MBA - B	Leela Sai
22	G. Prashanth	MBA - B	Prashanth
23	Gayatri	MBA - B	Gayatri
24	Santosh	MBA - B	Santosh
25	Sampath	MBA - B	Sampath
26	Anurag	MBA - B	Anurag
27	Yethi Anantika	MBA - B	Anantika
28	R. Anurag	EEE - 1 - A	Anurag
29	H. Bhavani	MBA - A	Bhavani
30	Gayathri	MBA - A	Gayathri
31	Dhaathri	MBA - A	Dhaathri
32	P. Sai Jagadeesh	MBA - A	Sai Jagadeesh
33	Harshit HCH.	MBA - A	Harshit
34	K. Prashanth	MBA - A	Prashanth
35	Raviteja	MBA - A	Raviteja
36	Vi Jay	MBA - A	Vi Jay
37	K. Lavanya	MBA - A	Lavanya
38	K. Rishi	EEE - 1	Rishi
39	S. Sathwik	EEE - 1	Sathwik
40	T. Jeshwanth	EEE - 1	Jeshwanth
41	Manipal yadav	EEE - 1	Manipal
42	D. Sneha	Civil - 1	Sneha
43	D. Srija	"	Srija
44	G. Sushael	"	Sushael
45	T. Vamsi	"	Vamsi
46	S. Sneha	"	Sneha
47	B. Sneha Anjali	"	Sneha Anjali
48	M. Rishik	"	Rishik
49	Adharsh	Civil - A1	Adharsh
50	Sabari	4th year	Sabari
51	Manoj	Civil A1	Manoj



1) Ambidi Vishnu Teja	MBA
2) VVVMSRK Revanth	MBA
3) S. Gunavardhan	MBA
4) Rachamalla Mxunalini	MBA
5) K. pranav	MBA
6) Sandisi Dhanush	SMS
7) Sri Shivan	SMS
8) B Karthik	SMS
9) Kotturi Vineeth	SMS
10) D. Venumadhav Sagar	MBA
11) K. Charitha Nayak	MBA
12) Akhila Vaddepally	MBA
13) Rajesh Kunsothu	MBA
14) K. Ramya Sri Ratna	MBA
15) V. Bhavya Shree	MBA
16) J. Shobith Reddy	MBA
17) M. Sai Kishore	MBA
18) A. Sannihith	MBA
19) Sagar Banothu	MBA
20) Bachala Shiva Kumar	SMS
21) V. Karthikeya Revanth	MBA
22) R. preethi	MBA
23) Ch. RV Sai Hushith	MBA
24) P. Laxmi Gayathri	MBA
25) E. prashanth	MBA

28) Pradeep

MBA

~~29) U. Vijay Kumar~~

~~MBA~~

~~29)~~

27) Akshaya Chintala

MBA

28) A. Eshwari

MBA

29) A. Sindhu

SMS

~~30) CH. Shiva Shiral~~

30) CH. Shiva Shankar Reddy

CSE-3

31) N. Abhilash Reddy

ECE-3

32) Surya

CSE (COT)

33) Vamsi

ECE-3

34) Jahnvi

ECE-3

35) Preethi

ECE-3

36) Chaitanya

Chemical

37) J. Anil Kumar Reddy

Chemical

38) L. TaTaji

Chemical

39) P. Kauthikeya

EEE-1





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years

**Event Date:** 14th to 18th September 2023

**Event Name:** Ganeshotsav-2023

**Event Location:** CBIT campus, Secunderabad, Gandipet, Kukatpally and LB Nagar

**Event Number:** 1

**Type of Event:** Fundraiser

### **Task Report:**

Chaitanya Spandana conducted a fundraising event during this year's Ganesh Chaturthi, continuing our tradition of encouraging the usage of Eco-friendly Ganesh idols instead of POP (Plaster-Of-Paris) idols. The traditional POP idols are not eco-friendly. They release harmful chemicals into the water, causing pollution and many other problems. Instead, using eco-friendly idols, made from natural materials like clay which are biodegradable won't pollute our water bodies and will decompose naturally, leaving no harmful residue behind as we celebrate with grace and pride.

The reception we got for the event last year, drove the way and laid the foundation for us to work on and execute the event on a much larger scale. We set up a stall in our college campus from 14th of September, thus opening the sale for the students as well as for the faculty till 16th September. Apart from the stall for the sale of Eco-friendly idols, we also conducted a few buzz events in the campus near the canteen during the lunch hour from 13th to 15th of September for the students, enlightening them about Ganesh Chaturthi and its divine history in a simple and fun manner.

The prices of the idols kept for sale in the campus and as well as outside the campus started from Rs. 149/-. There were 4 different sizes available for sale i.e., 6, 7, 9 and 10 inches. Our volunteers took out their precious time despite it being their holidays to work on the stalls and its management. We would like to thank and appreciate the immense

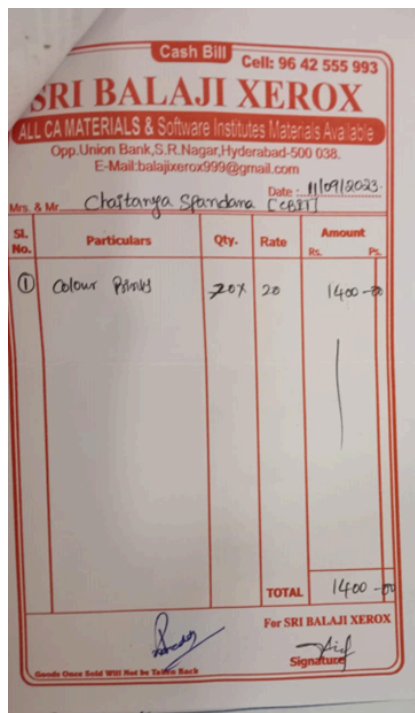
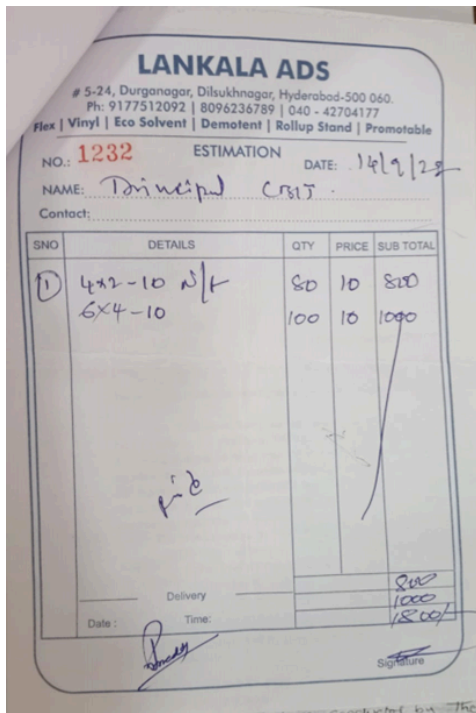


commitment shown by our dear volunteers for the whole duration of the event without which this event would not have been possible for its larger part.

The stalls outside the college were set up from 16th to 18th September in the following zones: Kokapet, LB Nagar, Secunderabad and Kukatpally. The volunteers in our club were divided into the above-mentioned zones based on the zone which is nearer to their locality. The setup of the stalls and the sale of the idols were efficiently carried out by our beloved volunteers. Approximately 2-3 stalls were set up in each zone based upon the demand analysis done by the logistics dept. The efforts put by each volunteer has made the event a great success.

**No. of idols sold:** 350+  
**Expenditure:** 35,000/-  
**Income generated:** 83,465/-  
**Profit:** 48,465/-

**Bill Pictures:**







# Event Pictures:



# **SPARSHA: THE LANGAUGE OF TOUCH**

**Event Date: 4/11/2023**

**Event Name: Sparsha – The Langaugue Of Touch**

**Event Location: Kokapet govt school ,kokapet ,Hyderabad**

**Event Number: 1**

**Department: Gender Equality**

**Type of Event: Advocacy**

**Amount Spent: 0rs**

**Number of people Impacted: 350+**

**Task Report:**

**We, as a team of Chaitanya Spandana visited a govt school in kokapet. There we found a need of educating children about safe and unsafe touch that gave raise to the event “Sparsha-The Langaugue Of Touch”. Here the team gender equality had did a lot of research and showed commitment in the event , We referred many online tutorials and youtube videos also consulted some spacilaists and got an idea on how to do the event , Finally on 4-11-23 our team successfully done the event we split up into the batches and did the program at the end we successfully educated children onsafe touch and unsafetouch . The students of kokapet Govt School connected with us, The amount of love showered by them on us is an indication of the success of the event**



## **Volunteer testimonials: :**



**HariCharan**

**It is one of the memorable day of my life , I really loved the event , Before the event we had many doubts in our minds , But the person who gave us the courage was our department lead Ram ,He encouraged like our fellow brother and supported us throughout the event . We all loved the event , By the way its my first event in Chaitanya Spandana , After the event Love showered on us by the students melted our hearts it brought tears into my life , I want to thank Ram and the team Chaitanya Spandana for giving me this opportunity.**

**Photos:**

**Drive link:**

<https://drive.google.com/drive/folders/14OOc49ArWBpHwo8A1vZbv6zPBWqyeL>

**Attendees list:**

**Ram, Navya, Gayathri, Nandini, CH Sruthi, Lavanya, Sanjana, Vishal, Hemavardhan,  
Hari charan, Rajesh, Tharun Kumar,**

**Mallikarjun, Osman, Thanmai, Aashritha, Prnathi, Karthik.K, Udhay Kiran, Chandra  
Babu, Kalanjali, Sri Harsha Vyshnavi, Veekshith and Yashwanth**







# **CHILD SAFETY WEEK**

**Event Date: 15/11/2023**

**Event Name: Child Safety Week**

**Event Location: Shankarpalli Mandal**

**Event Number: 3**

**Department: Gender Equality**

**Type of Event: Advocacy**

**Amount Spent: 0rs**

**Number of people Impacted: 900+**

## **Task Report:**

**Children are pure form of innocence. In the harsh reality of today's world, the very innocence that defines childhood becomes a vulnerability. To prevent this vulnerability and spread awareness, We, Chaitanya Spandana along with the NGO- Learning Space Foundation joined our hands to empower 2,000 students across 8 government schools in Shankarpally mandal of Rangareddy District. Locations:-**

- 1. MPPS Ganesh Nagar**
- 2. MPPS Shankarpally Boys**
- 3. ZPHS Shankarpally Boys**
- 4. UPS Mokila**
- 5. ZPHS Shankarpally Girls**
- 6. MPPS Shankarpally Girls**
- 7. UPS Shankarpally**
- 8. MPPS Ayyappareddyguda**

**Our team enlightened the students on protecting themselves from sexual assaults, teaching them how to be the "Boss of your Body", so NO to people who force them to show themselves, to be safe at all times and, enlightening them with essential lessons on INTERNET SAFETY. We also launched a poster campaign in these schools. Engaging with these children, sharing their experiences with us on how the event, felt marvelous. We felt immense pleasure teaching these kids.**

## Volunteer testimonials:



### Sruthi:

**Hello all. Myself Sruthi Ch, a volunteer of Chaitanya Spandana. When I first heard that our club will be collaborating with NGO to enlighten these little souls, my heart had a very warm feeling and I decided that I will do my best to teach these kids as much as I can and give them good knowledge. The excitement started when all of us started from our college to meet these kids. The interaction that all of us had when we taught them was great and the children attentively listened to what we said and understood it. I had lots of fun working with my team. I would like to thank the NGO and the club president for giving me this wonderful opportunity. Hope we do more such wonderful events.**



### **Surya Teja:**

**We had an amazing and experience during our visit to the school. The school's invitation was very welcoming, and the students response exceeded our expectations. Our team actively engaged with the audience, and in the midst of our presentation, we incorporated activities that captured the students attention effectively. It was evident that every student was attentive and grasped the content well. We took the opportunity to personally interact with the students to address any potential personal concerns they might have had. Within the allotted time, we managed to successfully accomplish our task, ensuring that our message reached each and every student. The farewell we received was heartwarming, with everyone bidding us goodbye with beautiful smiles.**



Photos:

Drive link: [https://drive.google.com/drive/folders/1a7HSTerV6m50K1Laq1KGG5xfdc5Yxsa?usp=drive\\_link](https://drive.google.com/drive/folders/1a7HSTerV6m50K1Laq1KGG5xfdc5Yxsa?usp=drive_link)

Attendees list:- [https://drive.google.com/file/d/14zP-PvPJUFUbtCQu7xf-yWUH7evLFnPO/view?usp=drive\\_link](https://drive.google.com/file/d/14zP-PvPJUFUbtCQu7xf-yWUH7evLFnPO/view?usp=drive_link)





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years

**Department:** Health Hygiene and Well- Being

**Event number:** 04

**Event Name:** DISHA (Make Your Own Path)

**Date:** 19<sup>th</sup> November,2023

**Location:** Near Bagum bazar

**Link:** <https://maps.google.com/?cid=6428339449005177298&entry=gps>

**No of people Impacted:** 65

### **Objective Of the Event:**

The primary objective of the event was to provide comprehensive guidance on life leadership, education, career paths, and health tips, aiming to empower participants to make informed decisions and choose the right path in life.

### **Volunteer Testimonial:**

Myself Uyyala Rasagna,

I really enjoyed this event. This was my first event with my health hygiene and well-being department. I really had doubt whether I was able to express my content to the students. But it went good. Really I had wonderful experience with those innocent faces throughout the event DISHA (make your own path).I really had a great time with my club members also. Even I personally had a time with Heena, she is in second class now. She was so expressive , even I had good conversation with her. I want to thank my department head Tejovathi and team Chaitanya Spandana for giving me this opportunity.

### **Participant Testimonial:**

When we were explaining what are the paths that they have to take in their life, they were very curious, I noticed a girl named KAVYA, she is in 10<sup>th</sup> standard, really she listened the

whole content and even she was so enthusiastically answering the questions whatever we have asked. And another girl named HEENA came forward to sing as she wants to become singer in her life. In this way many people engaged in some activities.

**Event Attendees and Instagram IDs:**

- Tejovathi - [@Tejovathi\_ID]
- Veekshith - [@Veekshith\_ID]
- Priyanka - [@Priyanka\_ID]
- Avanthi - [@Avanthi\_ID]
- Rami - [@Rami\_ID]
- Farhan - [@Farhan\_ID]
- Samhrutha - [@Samhrutha\_ID]
- Rasagna – [\_.rasagna\_\_2509]
- Udhay - [@Udhay\_ID]
- Surya - [@Surya\_ID]
- Haripriya - [@Haripriya\_ID]
- Shruthika - [@Shruthika\_ID]
- Sandeep - [@Sandeep\_ID]
- Nithin - [@NithinAnna\_ID]
- Dhekshagna - [@Dhekshagna\_ID]
- Aashrith - [@Aashrith\_ID]
- Sadhiya - [@Sadhiya\_ID]
- Sravani - [@Sravani\_ID]

**Activities:**

- Conducted sessions on health, hygiene, and overall well-being.
- Engaged in interactive discussions to provide guidance and support.
- Organized recreational activities to create a positive and nurturing environment.

**Achievements:**

- Successfully impacted the lives of orphaned children by providing valuable guidance.

- Fostered a sense of community and support among volunteers and participants.
- Contributed to the well-being and positive development of the children.

**Photos link:**

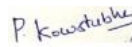
[https://drive.google.com/drive/folders/1QzwUKvxNtAJk1xbgQL1\\_JoUiotJ9ZECJ](https://drive.google.com/drive/folders/1QzwUKvxNtAJk1xbgQL1_JoUiotJ9ZECJ)

**Faculty Coordinators**

**Dr A. Vani**



**Dr P. Kowstubha**





# CHAITANYA BHARATHI INSTITUTE OF TECHNOLOGY

An Autonomous Institute | Affiliated to Osmania University  
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EDUCATION

45  
years

**Event Date:** 05/12/23

**Event Number:** 5

**Event Name:** Swachatha

**Department:** Environment

**Place:** ZPHS Kokapet school, Kokapet

**Type of event:** Advocacy

**Event Summary:**

Waste management involves the systematic and responsible disposal of garbage and debris to ensure both safety and efficiency. This process encompasses the identification of the types of waste for removal and the materials suitable for recycling to promote sustainable practices. Given the increasing global apprehension about waste management and its adverse impact on the environment, it is imperative for nations worldwide to act conscientiously and proactively. Safeguarding the environment for future generations is a pressing necessity. Recognizing this urgency, the Chaitanya Spandana's environment department has taken the initiative to educate students on effective waste management practices. Students were familiarised with various waste management techniques such as landfills, combustion, composting, and recycling. Furthermore, various techniques to reduce or replace plastic were also thought of. Segregation of wet and dry wastes was explained with a game using the chits containing the pictures of wet and dry wastes to the primary students while the other classes had the similar game to learn the segregation of biodegradable and non-biodegradable wastes. Students also cleaned their classrooms at the end of the event.

This event thought the importance of waste management and methods to implement it in daily life.

**Amount spent:** 0

**No of people impacted:** 370+



**Event attendees:** Prasuna, Rashmitha, Rahman, Keerthana, Poojitha, Safee, Rajesh, Pavan, Srinidhi, Haripriya, Praneeth, Sruthi, Sowjanya, Sharavan, Karthik, Neha, Chandrakiran, Sashidhar, Karthikender, Divya, Ganesh, Ch Vijay, D Hemanth, V Jairam, K V Kubeer, R Pattabhi, Dinesh, Yashwanth, Tejovathi, M S Farhaan, Dhekshagna

**Volunteer Testimonials:**

"Hi I am keerthana Participating in the 'Swachata' event was an incredibly rewarding experience. Interacting with the enthusiastic school kids and educating them about waste management left an indelible mark on me. Their eagerness to learn and their genuine interest in understanding how to take care of the environment was inspiring. I felt honored to contribute to their knowledge and witnessed their enthusiasm to make a positive change in their communities. This event reinforced my belief in the power of education and collective efforts towards building a cleaner, greener future for generations to come." Last but not the least I would like to thank spandana for organization this event and letting me take part in this revolution



**Photos Drive Link:**

[https://drive.google.com/drive/folders/1vTY1IAJUm9KKTm7ofLdbfz-sBqVh7dq?usp=drive\\_link](https://drive.google.com/drive/folders/1vTY1IAJUm9KKTm7ofLdbfz-sBqVh7dq?usp=drive_link)

**Faculty Coordinators**

**Dr A. Vani**

**Dr P. Kowstubha**



**Event Number:** 13

**Event Date:** 1<sup>st</sup> December – December 14th

**Event Name:** VASTRADAAN 3.0

**Collection venue:** 1) CBIT COLLEGE, HYDERABAD  
2) Jain Salzburg towers, Banladuda jagir

**Donated venue:** 1) The Hyderabad Children's Aid Society, Nanalnagar  
2) Goonj organisation, Suncity  
3) Joy foundation society, Madhapur  
4) Nayasree Foundation

**Type of Event:** Advocacy

**Amount Spent:** 1194/-

**Impact:** 170+ children

#### **Task Report:**

Chaitanya Spandana organized "Vastradaan3.0," a clothing collection and donation drive at CBIT college and Jain Salzburg tower for 2 and 1 weeks, respectively. Clothes were collected through strategically placed boxes in various locations on campus and the collection venue. The heartening response witnessed was stored until the completion of the drive. On January 3rd, we segregated and sorted the clothes by gender and age, aligning with the results of previous surveys. On January 12th, a portion of the collected clothes was donated to the Hyderabad Children's Aid Society. On January 24th, another section was donated to Goonj organization. Additional clothing items were donated on January 28th to the Joy Foundation Society, and those related to teenagers were donated on February 6th at Nayasree Foundation. The active participation of CBIT students and lecturers, who generously donated clothes and bags, garnered an incredibly positive response from the entire student and faculty community. Let's continue spreading warmth and kindness together! · #Vastradaan #MakingLivesBetter

#### **Event Summary for Insta caption:**

Chaitanya Spandana's Vastradaan3.0: A Heartwarming Clothes Collection Drive! ·· Conducted at CBIT college and Jain Salzburg tower for 2 and 1 weeks respectively. We received an overwhelming response from the generous hearts of students, faculty and residents. After meticulous sorting, we donated clothes to Hyderabad Children's Aid Society, Goonj organization, Joy Foundation Society, and Nayasree Foundation. Your active participation made this drive and donation a huge success! · #Vastradaan #MakingLivesBette

#### **Testimonials:**



**DASHMEET Kour-VOLUNTEER**

Vastradaan the event which I waited for around the year, because this event realised me the importance of clothes who cannot afford it. I am fortunate to be part of this event, I have donated the clothes and was part of distributing the clothes in joy foundation old age home. I was so happy to see the numerous smiles. This eco-friendly event has led me to learn the importance of clothes and donation with great satisfaction.

**Photos drive link:**

[https://drive.google.com/drive/folders/13iit8DtKYZFh\\_ha1q1\\_9HG37LsBtT6FK?usp=drive\\_link](https://drive.google.com/drive/folders/13iit8DtKYZFh_ha1q1_9HG37LsBtT6FK?usp=drive_link)

**List of Volunteers who have attended the event:**

Whole club



**THE HYDERABAD CHILDREN'S AID SOCIETY**  
 Regd. No.18/1950  
 Recognised by Govt. of Telangana vide License No.HYD/2212/2018/163F  
 H.No.9-4-78 & 79, Bairtan, Nanathagar, Hyderabad-500 008, TELANGANA, INDIA.  
 Phone: 23513186, 23513344.  
 PAN No.AAAA0284Q  
 E.mail: rk\_homes@yahoo.co.in Website www.rkhomes.org

No. **10533** RECEIPT Date **12/01/2024**  
**CASH DONATIONS**

Received with thanks from Sri/Smt. Chaitanya Spandana  
 Donor PAN No. \_\_\_\_\_  
 Resident of H. No. CBIT College, Gandipet  
 E-mail \_\_\_\_\_ Mobile No. 8639260110  
 A sum of Rs. \_\_\_\_\_ (Rupees \_\_\_\_\_) towards \_\_\_\_\_

**DONATIONS IN KIND**

ITEM	QUANTITY	APPROXIMATE VALUE
1. Eatables	_____	_____
2. Food Grains	_____	_____
3. Clothing and Bedding	<u>Used cloths - 4 Boxes</u>	_____
4. Education	_____	_____
5. Any others	_____	_____

J. yaswanth.  
Donor's Signature

P. Rithi.  
Receiver's Signature

Income Tax Exemption Certificate F.No.DIT (E)/HYD/80G/46 (04)/REN/08-09-Dt.10-10-2008  
 Proceedings of the Director of Income Tax (Exemptions) Hyderabad Same has been executed in  
 Perpetuity unless specially withdrawn vide Circular No.7/2010(F.No.197/21/2010-ITA) Dt. 27-10-2010





## Faculty Coordinators

Dr A. Vani

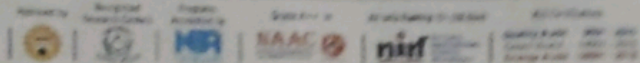
Dr P. Kowstubha





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COMMITTED TO RESEARCH INNOVATION AND EDUCATION  
**45**  
YEARS

To  
The Principal  
CBIT, Gandipet  
Hyderabad - 500075

December 4<sup>th</sup>, 2023

(Through proper channel)

Respected Sir

**Subject: Requesting release of funds to donate blankets**

We **Chaitanya Spandana** are planning to donate blankets to the needy people based on surveys we have done previously. The blankets will be very beneficial to the people who are unable to afford even the basic necessities such as a warm shelter, good food, warm clothes, etc... in this winter season and are struggling due to the severity of the cold out there. These blankets would provide them with some much-required warmth during these harsh conditions. The bills for the expenditure will be submitted to the concerned authorities without fail and on time. The breakdown of the requested amount of funds is as follows:

Blankets: 70(quantity) X 140(price per unit)	= ₹ 9,800/-
Transportation:	= ₹ 1,500/-
<b>Estimated Total</b>	<b>= ₹ 11,300/-</b>

We request you to release the above-mentioned funds of ₹ 11,300/- to carry forward with our donation of blankets which is the most needed necessity by people who don't have a shelter of their own.

Thank You  
Regards  
Executive Board  
Chaitanya Spandana

Faculty Coordinators  
Chaitanya Spandana  
Dr. A. Vani  
Dr. P. Kowstubha

*04.12.2023*  
*Can be permitted*

*P. Kowstubha*

*Recommended & Provided*  
*If the budget may be performed*  
*if the amount is available in*  
*Chaitanya Spandana account.*


*P. Kowstubha*  
*9/12/2023*

*To*  
*Account Dept*  
*CBIT*



## Brush & Beyond Report

### Permission Letter:



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**CHAITANYA SRUJANA - THE ARTS AND CRAFTS CLUB**

Date: 18 November 2023

To  
The principal  
Chaitanya Bharathi Institute of Technology Gandipet  
Hyderabad


Subject: Request for permission to conduct "Brush and Beyond" event.


Respected Sir,

Srujana plans to conduct an event titled "Brush and Beyond" on 24th November 2023 from 1 pm to 3 pm at M002, M003. In this event students will bring out the inner artist in them. This workshop intends to be a platform for people to showcase their creativity and interest towards art. This is a theme-based canvas painting workshop with required demonstrators. We plan to issue participation certificates to all participants as a token of recognition for their artistic contributions.

We assure compliance with safety guidelines and appreciate your support in providing the necessary resources and space. Hoping that you would grant attendance for all participants and permission for conducting the event and allowing us to make necessary arrangements for the same.

Regards Chaitanya Srujana Team,

  
 Nitya Nara  
 President, Chaitanya Srujana

  
 Mrs. A. Satyavati  
 Faculty Coordinator, Chaitanya Srujana

*Recommended & forwarded*

*Forwarded as requested by the club by representatives. Representative amount should be paid to college account.*

*Approved*

*18/11/2023*



**Poster:**

 CHAITANYA SRUJANA  
*presents*  
**Brush & Beyond**  
DISCOVER YOUR INNER ARTIST

**VENUE**  
M003

NOV  
**24**  
1PM - 3 PM

SCAN  
**ME**

@chaitanya\_srujana\_cbit

**Event Details:**

**Event :** Brush & Beyond

**Date :** 24 November 2023

**Venue :** M003 Bio-Tech Block

**Number of persons Attended :** 46

## Summary

The "Brush and Beyond" event, hosted by the Chaitanya Srujana Club, unfolded as a delightful artistic experience for all participants. Taking place on November 24, 2023, at the Bio Tech Block from 1 to 3 pm, this gathering provided attendees with not just canvases but also expert guidance, fostering a creative ambiance that resonated with joy and expression. In this report, we delve into the vibrant strokes and imaginative journeys that transpired during this engaging event, capturing the essence of artistry that flourished within the dynamic confines of the Chaitanya Srujana club.

The event received a response with a remarkable number of people contributing to its success. The wide range of talents on display created an atmosphere as individuals took the opportunity to showcase their unique skills. It was particularly impressive to see beginners getting involved and using the event as a learning experience.

As facilitators our role was vital in guiding each participant to ensure they could produce results. Whether they were experienced performers or newcomers our support aimed to create an environment that fostered growth and skill development. The focus on mentorship and guidance played a role in helping beginners navigate the complexities of their chosen activities.

The active participation of all club members highlighted the sense of club that filled the event. Their enthusiastic involvement and unwavering support created an atmosphere greatly contributing to the overall success of the showcase. The camaraderie among club members not enhanced the experience for participants but also showcased the strength of unity, within our club.

What truly stood out during the event was not the large number of participants but also the evident passion and talent each person brought forth. The diverse. Skills exhibited by participants showcased just how rich our club is, turning this event into a celebration of collective creativity.

The events triumph showcased the involvement, backing and skill that were evident, in every aspect of the gathering.

**Photos:**









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EDUCATION

**45**  
years

## CHAITANYA SRUJANA- ARTS AND CRAFTS CLUB BRUSH & BEYOND ATTENDANCE SHEET

Sno	Name	Section	Roll no	Sign
1	Sanjanadhruthi	IT 2	160122737087	
2	Haswitha	ECE 3	160122735156	
3	Varsha	ECE 1	160122735006	
4	Trisha	IT 1	160123737009	
5	Praneetha	ECE 1	160123735016	
6	Navya Sri Lakshmi	ECE 1	160123735006	
7	Madathanapalle Leena	IT 3	160123737152	
8	Amja Maithili	IT 3	160123737141	
9	Kandhuri Sai Rasagna	IT 3	160123737151	
10	M Sampujya	CSE 1	160122733017	
11	N Sri Vyshnavi	CSE 1	160122733019	
12	Bhaavitha N	CSE 1	160122733004	
13	Vemuri Sai Soumya	IT1	160123737027	
14	Sri Mugdha	IT1	160123737006	
15	L Yashaswini	CSE 2	160122733082	
16	S Krishna Thanaya	CIVIL 1	160122732012	
17	K Abhishek	CIVIL 1	160122732027	
18	A Rohit	CIVIL1	160122732018	
19	P Gowtham	MECH 1	160122736046	

20	C H Rishika	MECH 1	160122736003	
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years

Sno	Name	Section	Roll no	Sign
21	Samanvitha	EEE1	160123734010	
22	Srinithya	EEE1	160123734017	
23	Sruthihitha	EEE1	160123734021	
24	Pallavi Srivalli	Biotech	160123805034	
25	S Anjali	Biotech	160123805040	
26	K Ramya	CSE 2	160122733079	
27	Taruna	CSE 2	160122733083	
28	Srishti	CSE 2	160122733093	
29	Yashaswini	CSE 2	160122733082	
30	Vasita	CSE 2	160122733088	
31	Indu Surya	CET	160122749010	
32	G Meghana	CSE 1	160123733009	
33	G Susvitha	CSE 1	160123733014	
34	M Jahnavi	MECH 1	160123736007	
35	K Venkat Mahesh	CIVIL 1	160123732036	
36	Lingam John Ethan	CSE 1	160123733043	
37	CH Sai Ram Raj	CSE 2	160122733101	
38	M Kaushik Sai	CSE 2	160122733118	
39	M Srinayana	IT 1	160122732014	

40	K Purna Sameera	AIDS 1	160122771006	
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EDUCATION

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years

**CHAITANYA SRUJANA- ARTS AND CRAFTS CLUB  
BRUSH & BEYOND  
CLUB MEMBERS ATTENDANCE SHEET**

Sno.	Name	Section	Roll no.
1	A Rishitha	CSM	160122748002
2	A Vishaal	MECH 1	160123736016
3	Badilanka Deepthi	MECH 2	160122736073
4	Shanmukha Mythri	ECE 3	160121735160
5	M Dhriti Raj	AIML	160123729005
6	Rida Shaik	IT 3	160123737161
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			

## Craftopia Report

### Poster:





## **Event Details:**

**Event :** Craftopia

**Date :** 18-30 september 2023

**Number of participants :** 65

## **Summary**

Craftopia, an engaging artistic extravaganza hosted by the Chaitanya Srujana Club, unfolded its vibrant canvas from September 18 to 30, 2023. A total of 65 participants, fueled by a passion for painting, gathered to immerse themselves in the world of creativity. The event not only celebrated the diverse forms of artistic expression but also fostered a sense of community among attendees.

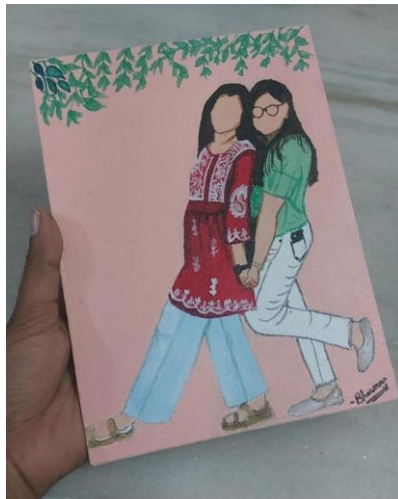
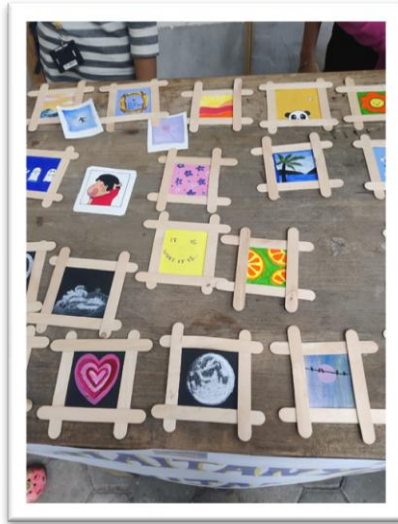
At the heart of Craftopia was the act of painting, with participants delving into their imagination to produce unique and visually stunning artworks. From brush strokes to color palettes, each participant brought forth their individuality onto the canvas, transforming the event space into a kaleidoscope of creativity.

To streamline the process and ensure a seamless experience for both participants and organizers, the Chaitanya Srujana Club implemented a Google form mechanism. Through this digital platform, participants submitted their painting preferences and orders, providing club members with valuable insights into the artistic visions of each contributor. This meticulous approach not only facilitated efficient event coordination but also personalized the experience for participants, making Craftopia a memorable journey for all involved.

The collaboration between the club and participants, facilitated by the Google form, enhanced the overall experience and showcased the power of technology in fostering artistic communities. It allowed club members to gain insights into the specific needs and preferences of participants, ensuring that the event catered to a diverse range of artistic styles and tastes.

Craftopia, with its dynamic fusion of creativity and technology, stands as a testament to the ability of art to bring people together. The event not only provided a platform for self-expression but also strengthened the bonds within the artistic community, leaving a lasting impression on the participants and organizers alike. As the colors dried on the canvases, the echoes of Craftopia continued to resonate, inspiring future collaborations and artistic endeavors.

**Photos:**





**CHAITANYA BHARATHI  
INSTITUTE OF TECHNOLOGY (A)**

Kokapet(Village), Gandipet, Hyderabad, Telangana-500075. [www.cbit.ac.in](http://www.cbit.ac.in)



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EDUCATION

**44**  
years

## **A Report on the event of SELF DEFENSE – training program organised by Chaitanya Suraksha- a women safety club of CBIT on 28<sup>th</sup> June 2023 in Assembly Hall, CBIT**

With the kind approval of the Principal CBIT, the program was started at 10.15 am on 28<sup>th</sup> June, 2023. The intention of the program is to train the girl students of CBIT in self-defence. Now a days it is the need of the hour to every female to be confident while at home and also when they are outside the house specially when alone if attacked. The program started with the inaugural addressing by the Director, Student Affairs and Progression, Dr PV Ravinder Reddy, on the importance of the self-defence training most needed to all the students. He warned to all participants to pay attention to their environment and stay alert to any potential threats or suspicious situations. This proactive mindset can help them to avoid dangerous situations altogether.

The faculty co-ordinator of the Club expressed the importance of Physical and mental stability of the girls every day. Engaging in regular exercise and physical activity can help build strength, stamina, and confidence. To Consider incorporating activities such as martial arts, boxing, or self-defense classes into their routine to develop essential physical skill

**MS Kirtika, 2<sup>nd</sup> year** BTech Biotechnology student of CBIT, gold medallist in Taekwondo and National player was the resource person in demonstrating and simultaneously trained many enthusiastic students on their request.

The training and demonstration Session went for about 2 hours and was attended by around 125 girl students from 1<sup>st</sup> and 2<sup>nd</sup> year of various branches of Engineering besides the Executive student members of Chaitanya Suraksha club. The program was also attended by few female faculty from various branches. DR B Indira, Associate Professor, MCA department, Dr Madhavi Latha, and Ms Kavitha of Biotechnology were among them.

A Feed back was taken at the end of the session where the participants opined the session to be very useful and helpful. They suggested to have many more such programs in near future.

Dr G Vijaya Laxmi  
Associate Professor in Biotechnology and  
Faculty co-ordinator  
Chaitanya Suraksha Club of CBIT

**Few snap shot proofs from the gallery and press note for the event on self defense for girl students -on 28-6-23 in assembly hall CBIT**







## కరాబీతో ఆత్మరక్షణ

మలేషియా: ఆత్మరక్షణకు ప్రైవేట్ ఎంతగానో ఉపయోగపడుతుందని, యువకులు తప్పనిసరిగా నేర్చుకోవాలని వైతన్య భారతి వినిపిస్తున్నట్లు ఆసియా-పసిఫిక్ (సీపీఎఫ్) కళాశాల ప్రెసిడెంట్ డాక్టర్ పి.వి.రవీందర్ రెడ్డి అన్నారు. బుధవారం కళాశాలలో వైతన్య మహిళా భద్రతా క్లబ్ ఆధ్వర్యంలో ప్రైవేట్ కార్యక్రమం నిర్వహించారు. దీన్ని

ప్రారంభించిన ప్రెసిడెంట్ మాట్లాడుతూ జాతికలకు విప్లవాత్మకమైన ఇలాంటి క్రికీలను నేర్పించే వారు ఆత్మరక్షణలో తీసుకోవాలన్నారు. ప్రైవేట్ కళాశాలలో కార్యక్రమం కుమారి కీర్తిక పట్టుకొని సుందర్ యువకులకు ఆత్మరక్షణ మెళుకువలను నేర్పించారు. కార్యక్రమంలో విద్యార్థి వ్యవహారాల డైరెక్టర్ పి.వి.రవీందర్ రెడ్డి, అధ్యాపకులు డాక్టర్ జి.వి.జయలక్ష్మి, డాక్టర్ బి. ఇందర్, డాక్టర్ మాధవి లత పాల్గొన్నారు.



మెళుకువలు నేర్చుకుంటున్న విద్యార్థులు

ఆత్మరక్షణ



## గెలుపోటములు సమానంగా తీసుకోవాలి

హైదరాబాద్, ముద్ర: ఆత్మరక్షణకు తెలివితేటలే ఎంతగానో ఉపయోగపడుతుందని, దాని ద్వారా ప్రతీ ఒక్కరిలో ఆరోగ్యం, మానసిక స్థైర్యం పెంపొందుతుందని సీపీఐటీ కళాశాల ప్రెసిడెంట్ ప్రొఫెసర్ పి. రవీందర్ రెడ్డి అన్నారు. బుధవారం కళాశాలలో వైతన్య సురక్ష మహిళా భద్రతా క్లబ్ స్వీయ రక్షణ కార్యక్రమం నిర్వహించారు. తెల్లవారం లో జాతీయ క్రీడాకారిణి కుమారి కీర్తిక పట్టుకొని

సుందర్ బాలికలకు ఆత్మరక్షణ కోసం కొన్ని మెళుకువలు నేర్పించారు. చిన్నపిల్లలు బాల్యం నుంచే ఇలాంటి క్రీడలను అలవాటు చేసుకోవాలని ఆమె సూచించారు. గెలుపోటములు సమానంగా తీసుకోని ఆత్మస్థైర్యం పెంచుకోవాలన్నారు. సీపీఐటీ కళాశాల విద్యార్థి వ్యవహారాలు, పురోగతి డైరెక్టర్ ప్రొఫెసర్ పి.వి. రవీందర్ రెడ్డి, డాక్టర్ జి.వి.జయలక్ష్మి, డాక్టర్ బి. ఇందర్, డాక్టర్ మాధవి లత పాల్గొన్నారు.



# తైక్వాండోలో విద్యార్థులకు శిక్షణ



శిక్షణ పొందుతున్న విద్యార్థులు

నార్సింగ్, జూన్ 28 (ఆంధ్రజ్యోతి): గండిపేటలోని సీబీఐటీ ఇంజనీరింగ్ కళాశాలలో ఆత్మరక్షణ కోసం విద్యార్థులకు బుధవారం తైక్వాండోలో శిక్షణ ఇవ్వడం నిర్వహించారు. ప్రెసిడెంట్ పి. రవీంద్రరెడ్డి, తైక్వాండో జాతీయ క్రీడాకారిణి కుమారి కీర్తిక పట్టుగ సుందర్ తదితరులు పాల్గొన్నారు. ఈ సందర్భంగా ఆత్మరక్షణ కోసం ఈ తైక్వాండో శిక్షణ ఎంతగానో ఉపయోగ పడుతుందని బాలికలకు చాలా ఆవనరుమని చెప్పారు.

## ఆత్మరక్షణ మెలకువలు నేర్చుకోవాలి

నార్సింగ్: బాలికలు చిన్నతనం నుంచి ఆత్మరక్షణ మెలకువలు నేర్చుకోవాలని తైక్వాండో జాతీయ క్రీడాకారిణి కీర్తిక పట్టుగ సుందర్ అన్నారు. బుధవారం సీబీఐటీ కళాశాల వైతస్య సురక్ష మహిళా భద్రత క్లబ్ ఆధ్వర్యంలో మహిళల స్వీయ రక్షణ కార్యక్రమం నిర్వహించారు.

(c) eenadu

**రాజేంద్రనగర్ టైమ్స్**  
ఈ-దిన పత్రిక Follow on f @

# ఆత్మరక్షణకు తైక్వాండో ఎంతగానో ఉపయోగం

## సీబీఐటీ కళాశాల ప్రెసిడెంట్ ప్రాఫెసర్ పి.రవీంద్రరెడ్డి

రాజేంద్రనగర్ టైమ్స్

ఆత్మరక్షణకు తైక్వాండో ఎంతగానో ఉపయోగపడుతుందని, దాని ద్వారా ప్రతి ఒక్కరిలో ఆరోగ్యం, మానసిక సై ధైర్యం పెంపొందుతుందని సీబీఐటీ కళాశాల ప్రెసిడెంట్ ప్రాఫెసర్ పి.రవీంద్రరెడ్డి అన్నారు. కళాశాలలో వైతస్య సురక్షణ మహిళా భద్రతా క్లబ్ స్వీయ రక్షణ కార్యక్రమం నిర్వహించారు. తైక్వాండోలో జాతీయ క్రీడాకారిణి కుమారి కీర్తిక పట్టుగ సుందర్ బాలికలకు ఆత్మరక్షణ కోసం కొన్ని మెలకువలు నేర్పించారు. చిన్న పిల్లలు బాల్యం నుంచే ఇలాంటి క్రీడలను అలవాటు చేసుకోవాలని ఆమె సూచించారు. విజయం-అపజయం సమానంగా తీసుకోని ఆత్మసైధ్యం పెంచుకోవాలన్నారు. ప్రెసిడెంట్ ప్రాఫెసర్ పి.రవీంద్రరెడ్డి మాట్లాడుతూ తైక్వాండో క్రీడను తోటి పిల్లల పట్ల ఆసనవరంగా ఉపయోగించరాదని తెలిపారు. కేవలం ఆత్మరక్షణ కోసం మాత్రమే ఉపయోగించాలని సూచించారు. ఈ కార్యక్రమంలో డాక్టర్ జి.విజయలక్ష్మి, డాక్టర్ బి.ఇందిరా, డాక్టర్ మధువిలా తదితరులు పాల్గొన్నారు.



అక్షరం

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## ఆత్మవిశ్వాసంతో ముందుకు సాగాలి

రంగారెడ్డి/గండిపేట/రాజేంద్రనగర్/

ఆక్షరం/జూన్ 28:

విద్యార్థులు దేనికి భయపడకుండా అన్నిటిని ఎదుర్కొంటూ ఆత్మవిశ్వాసంతో ముందుకు

సాగాలి సీబీఐటీ కళాశాల ప్రెసిడెంట్ ప్రాఫెసర్ పి.రవీంద్రరెడ్డి అన్నారు. గండిపేటలోని భారతీ ఇన్స్టిట్యూట్ ఆఫ్ ఇంజనీరింగ్ అండ్ కళాశాలలో వైతస్య మహిళా భద్రతా క్లబ్ స్వీయ రక్షణ కార్యక్రమం నిర్వహించారు. తైక్వాండోలో జాతీయ క్రీడాకారిణి కుమారి కీర్తిక పట్టుగ సుందర్ బాలికలకు ఆత్మరక్షణ కోసం కొన్ని మెలకువలు నేర్పించారు. చిన్న పిల్లలు బాల్యం నుంచే ఇలాంటి క్రీడలను అలవాటు చేసుకోవాలని ఆమె సూచించారు. విజయం-అపజయం సమానంగా తీసుకోని ఆత్మసైధ్యం పెంచుకోవాలన్నారు. ప్రెసిడెంట్ ప్రాఫెసర్ పి.రవీంద్రరెడ్డి మాట్లాడుతూ తైక్వాండో క్రీడను తోటి పిల్లల పట్ల ఆసనవరంగా ఉపయోగించరాదని తెలిపారు. కేవలం ఆత్మరక్షణ కోసం మాత్రమే ఉపయోగించాలని సూచించారు. ఈ కార్యక్రమంలో డాక్టర్ జి.విజయలక్ష్మి, డాక్టర్ బి.ఇందిరా, డాక్టర్ మధువిలా తదితరులు పాల్గొన్నారు.

## విద్యార్థులు విద్యతో పాటు అన్ని రంగాల్లో రాణించాలి

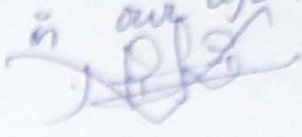
**సీబీఐటీ కళాశాల ప్రిన్సిపల్ ప్రొఫెసర్ పి.రవీందర్ రెడ్డి**


**గండిపేట్(క్రైమ్ మిర్రర్):** ఆత్మరక్షణకు తైక్వాండో ఎంతగానో ఉపయోగపడుతుందని, దాని ద్వారా ప్రతి ఒక్కరిలో ఆరోగ్యం, మానసిక స్థైర్యం పెంపొందుతుందని సీబీఐటీ కళాశాల ప్రిన్సిపల్ ప్రొఫెసర్ పి.రవీందర్ రెడ్డి అన్నారు. కళాశాలలో చైతన్య సురక్షణ మహిళా భద్రతా క్లబ్ స్వీయ రక్షణ కార్యక్రమం నిర్వహించారు. తైక్వాండోలో జాతీయ క్రీడాకారిణి కుమారి కీర్తిక షణ్ముగ సుందర్ బాలికలకు ఆత్మరక్షణ కోసం కొన్ని మెలకువలు నేర్పించారు. చిన్న పిల్లలు బాల్యం నుంచే ఇలాంటి క్రీడలను అలవాటు చేసుకోవాలని ఆమె సూచించారు. విజయం %--%అపజయం సమానంగా తీసుకోని ఆత్మస్థైర్యం పెంచుకోవాలన్నారు. ప్రిన్సిపల్ ప్రొఫెసర్ పి.రవీందర్ రెడ్డి మాట్లాడుతూ తైక్వాండో క్రీడను తోటి పిల్లల పట్ల అనవసరంగా ఉపయోగించరాదని తెలిపారు. కేవలం ఆత్మరక్షణ కోసం మాత్రమే ఉపయోగించాలని సూచించారు. ఈ కార్యక్రమంలో డాక్టర్ జి.విజయలక్ష్మి, డాక్టర్ బి.ఇందిరా, డాక్టర్ మాధవలత తదితరులు పాల్గొన్నారు.

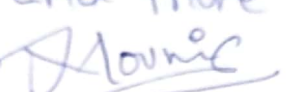






Chaitanya Suraksha - Feed Back - SELF DEFENCE SESSION  
28/6/2023


⇒ It was an amazing session, got to know and learn a lot of things which are actually helpful in our life. Thank you for such a nice session!! 

⇒ Came at the end of the session and still was very beneficial & helpful!! 

⇒ Really enjoyed the tricks and had a great time. Expecting more and more events on self defence. Thank you!! <3. 

⇒ Learnt some awesome techniques and how to stay calm in serious situations! Thanks to team Chaitanya Suraksha!! <3 

⇒ This session gave me confidence to how to react to a situation where it's not that easy to get protected yourself. & learnt how to defend myself from attackers. 

⇒ I guess this session is very useful for every woman out there. It boosts up confidence in ourselves to protect if our own. 

Participants → Feed Back :- self Defence session  
24/6/2022

CHATANYA SURAKSHA

- ① Well done kirthika . Love it. ~~Yes~~
  - ② Very helpful. Enjoyed it. ~~Yes~~
  - ③ Thank you. I gained awareness. ~~Yes~~
  - ④ Nice! need more sessions like these! ~~Yes~~
  - ⑤ Thank you for a valuable things. ~~Yes~~
  - ⑥ It was very helpful. thank you! ~~Yes~~
  - ⑦ It was very useful and ~~as~~ learnt ~~so~~ so much ~~Yes~~
- club event (suggestion:- lecture for boys.) ~~Yes~~ Yes

CBIT / DSA / 15 / 2023

Chaitanya Bharathi Institute of Technology

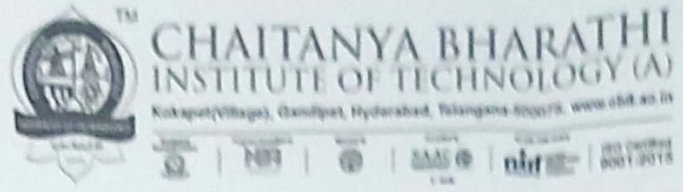
21 JUN 2023

1592

Gandipet, R. Dist. HYDRABAD - 500 075.

44 years

COMMITTED TO RESEARCH INNOVATION AND EDUCATION



20<sup>th</sup> June 2023

To

The Principal

Chaitanya Bharathi Institute of Technology(A)

Gandipet, Hyderabad.

--Through Proper Channel--

**Subject: Request to grant permission for a self defense session by Kirthikha Sunder, National level player-Taekwondo, student of CBIT.**

We the members of Chaitanya Suraksha, hereby request you to grant us the permission to conduct a self defense session to 1<sup>st</sup> and 2<sup>nd</sup> year female students on 28<sup>th</sup> June 2023 from 10:00 AM to 12:00 PM. Self defense is the need of the hour, hence this session would enlighten and empower young women of CBIT to protect themselves from any circumstances. We request you to permit us the access to Assembly Hall in view of the same.

Thank You.

*Bindu*

Bindu Vasini,

Vice President,

Chaitanya Suraksha

*G. Vijaya Laxmi*

Dr.G.Vijaya Laxmi,

Faculty Coordinator,

Chaitanya Suraksha

*Recommended & Persuaded.*

- No financial commitment*
- Trainer is our student "No Kirthika"*
- from Bachelors B.Yo. She participated in national level martial arts events.*

*Shreedy*  
20/06/2023

*Permitted*

*[Signature]*

20/6





No. 890/CBIT/AEC/IC/2023

Dt. 26.06.2023

**CIRCULAR**

Self-defence is a countermeasure that involves defending the health and well-being of oneself from harm. It is taught so that one can be prepared to protect themselves or their family if they are ever in immediate danger. It improves confidence in adults and helps them to level the playing field against an attacker who may be much larger than they are. Self-defence gives tools and skills one needs to confidently assess a dangerous situation and navigate effectively.

Chaitanya Suraksha is organising a self-defence session for **1st and 2nd-year female students**. The details of the session are as follows:

**Instructor** - Kirthika Sunder, 2nd year Biotechnology Student, National Level Taekwondo player.

**Date** - 28th June 2023

**Time** - 10:00 AM to 12:00 Noon

**Venue** - Assembly Hall (Above Canteen)

All the interested female students and faculty are requested to participate according to the said timings.

For any further details in this regard contact Dr. G. Vijaya Laxmi, Associate Prof., Dept. Biotechnology, Faculty Coordinator, Chaitanya Suraksha- Mobile: 9849664939 or Ms. Shreya, Student President-Mobile: 9640052570.

PRINCIPAL

To,

All the Advisors, Directors, Joint Associate & Asst. Directors, Heads of the Departments, In-charges of Sections, CoE Librarian, Head-HR, and PRO, for information and advice to arrange for the circulation of the information among all the staff and students under their control for necessary action at their end.



ECE-3  
2nd year



CHAITANYA BHARATHI  
INSTITUTE OF TECHNOLOGY (A)  
Kokapet(Village), Gandipet, Hyderabad, Telangana-500075. www.cbti.ac.in

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EDUCATION

44  
years

## CHAITANYA SURAKSHA

Self-defence Session

Date:

Attendance Sheet

YEAR:

S.no	Name	Year/Branch	Roll number	Signature
1.	Bindu Vasini	ECE-3	160121735143	[Signature]
2.	Shagira	ECE-3	160121735161	[Signature]
3.	Gayathri	ECE-3	160121735148	[Signature]
4.	Kyathi	"	160121735160	[Signature]
5.	Aelra	"	160121735141	[Signature]
6.	Madhuvitha	"	160121735150	[Signature]
7.	Anu	"	160121735151	[Signature]
8.	Vineela	"	160121735149	[Signature]

ECE-2  
1st year



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EDUCATION

44  
years

## CHAITANYA SURAKSHA

Self-defence Session

Date: 28/06/2023

Attendance Sheet

YEAR: 1<sup>st</sup>

S.no	Name	Year/Branch	Roll number	Signature
1	G. Prasanna	ECE-2	160122735087	[Signature]
2	L. beekshitha	ECE-2	-082	[Signature]
3	T. Sunaina	ECE-2	-093	[Signature]
4	N.N. Samhitha	ECE-2	-085	[Signature]
5	K. Priyanka	ECE-2	-081	[Signature]
6	Tejaswini Reddy	ECE-2	-091	[Signature]
7	Manisha	"	-089	[Signature]
8	Satvika	"	-073	[Signature]
9	Sravani	"	-079	[Signature]
10				

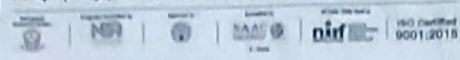






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COMMITTED TO  
RESEARCH,  
INNOVATION AND  
EDUCATION

**44**  
years

Executive  
Board

**CHAITANYA SURAKSHA**

Self-defence Session

Date:

**Attendance Sheet**

YEAR:

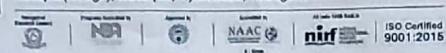
S.no	Name	Year/Branch	Roll number	Signature
1	Bindu Vasini			
2.	G. Sri Harsha	2 <sup>nd</sup> IT-1	160121737033	G. Sri
3	T.A.J. Sri Sarayu	2 <sup>nd</sup> IT-1	160121737022	T.A.J. Sri Sarayu
4	Pranavi. L			
5	Shrinidhi Tavag			

IT-1  
second years



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INNOVATION AND  
EDUCATION

**44**  
years

**CHAITANYA SURAKSHA**

Self-defence Session

Date:

**Attendance Sheet**

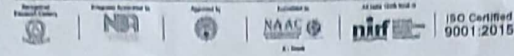
YEAR: 2<sup>nd</sup> Year

S.no	Name	Year/Branch	Roll number	Signature
1	Sanjana.M	2 <sup>nd</sup> Year IT-1	160121737012	Sanjana
2	Mounica.K	2 <sup>nd</sup> Year IT-1	160121737014	Mounica
3	T. Meghana	2 <sup>nd</sup> Year IT-1	160121737013	Megha
4	Shrushta	2 <sup>nd</sup> Year IT-1	160121737015	Shrushta
5	Akshaya	2 <sup>nd</sup> Year IT-1	160121737016	Akshaya
6.	A. Sri Priya	2 <sup>nd</sup> year IT-1	160121737001	A. Sri Priya



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RESEARCH,  
INNOVATION AND  
EDUCATION

44  
years

## CHAITANYA SURAKSHA

Self-defence Session

Date: 28/06/2023

Attendance Sheet

YEAR: 1<sup>st</sup>

S.no	Name	Year/Branch	Roll number	Signature
1	Bhavana Peliwarthi	1 <sup>st</sup> year / BioTech	160122805005	
2	Srihitha . A.	1 <sup>st</sup> year	" 002	
3	Dhriti	"	" 008	
4	Hadiya .	"	" 0010	
5	Kavya	"	" 004	
6	Malavika	"	" 009	
7	Bhavana . P.	"	028	
8	Janya	"	002	
9	Ausha	"	042	
10	Smithanya	"	035	
11	K.sahithi Reddy	"	017	
12	K.shivabhmika	"	016	
13	Y. swarna	"	043	
14	Kathyayini	"	007	
15	B. Nikhitha	"	<del>040</del> 040	
16	Disha	"	027	
17	Supraja	"	029	
18	Charan	"	053	





CHAITANYA BHARATHI  
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COMMITTED TO  
RESEARCH,  
INNOVATION AND  
EDUCATION

44  
years

## CHAITANYA SURAKSHA

Self-defence Session

Date: 28/06/2023

Attendance Sheet

YEAR: 2nd

S.no	Name	Year/Branch	Roll number	Signature
1.	N. Prashanthi	II - Biotech	1601-21-805-031	
2.	K. Akhila	II - Biotech	-020	
3.	Manogna	II - Biotech	-015	
4.	Keerthanana	II - Biotech	-021	
5.	T. Rashmitra	II - Biotech	-041	
6.	T. Neha	II - Biotech	-040	
7.	Nidhi	II - Biotech	-032	
8.	Roshini	II - Biotech	-038	
9.	Phalguni	II - Bio tech	-33	
10.	Arshika	"	-04	
11.	G. vasanthi	"	-13	
12.	K. Harshitha	"	-19	
13.	K. Ashritha	"	-05	
14.	P. Akshitha	"	-34	
15.	P. Priyanka	"	-37	
16.	M. Aishwarya	"	-26	
17.	Khadija	"	-02	
18.	Rosh Alekya	"	-01	
18.	J. Kavya Sri	"	-016	
19.	Thabitha	"	-011	
20.	shamitha	"	-009	
21.	Rashmi	"	-028	
22.	Poojitha	"	-036	
23.	Muskan	"	0-30	
24.	Sneha	"	044	



## CHAITANYA SURAKSHA

Self-defence Session

Date:

Attendance Sheet

YEAR: II NI

S.no	Name	Year/Branch	Roll number	Signature
1	Ritika	AIML II	160121729016	
2	P. Sivi Charana	AIML II	160121729306	
3	J. Poojith	AIML II	160121729032	
4	B. Binduja	AIML II	160121729307	
5	ASHISH V	CSE - C5	16012219030	

IT-3  
2nd year



## CHAITANYA SURAKSHA

Self-defence Session

Date: 28/06/2023

Attendance Sheet

YEAR: 2<sup>nd</sup>

S.no	Name	Year/Branch	Roll number	Signature
1	M. Akanksha	IT-3	160121737152	
2	B. Navya Sri	IT-3	160121737147	
3	A. Varsha Reddy	IT-3	160121737144	
4	Ch. Anshika	IT-3	160121737148	
5	A. Nourika	IT-3	160121737143	
6	M. Sai Charanya	IT-3	160121737153	
7	Gal Ramya	IT-3	160121737141	
8	Y. N. S. Poojitha	IT-3	160121737162	
9	Barthana	IT-3	160121737154	
10	Jeevana Samhaya	IT-3	160121737150	
11	Ch. Sija Chowdary	IT-3	160121737149	
12	A. Veena	IT-3	160121737145	
13	Vaishnavi Vaita	IT-3	160121737159	
14	Vaishnavi R	IT-3	160121737158	
15	Gshita	IT-3	160121737151	





CHAITANYA BHARATHI INSTITUTE OF TECHNOLOGY  
(UGC Autonomous)  
**CHAITANYA SVAASTHYA - THE WELLNESS CLUB**  
Wing of Chaitanya Reethi (The Lifestyle Club - CBIT)



**Report on - UGC Directive - Jan Bhagidhari**

**“SAHA – One-week - activity based event on stress management”**

**10-07-2023 to 15-07-2023**

UGC has directed all Higher Educational Institutes to contribute towards G20 activities, “Jan Bhagidhari” with theme – ‘One Earth, One Family, One Future’.

**UGC Letter to HEIs to organize events, as part of Jan Bhagidhari**



प्र. मनिस र. जोशी  
सचिव  
**Prof. Manish R. Joshi**  
Secretary



सत्यमेव जयते



विश्वविद्यालय अनुदान आयोग  
**University Grants Commission**  
(मिशन चंदालय, भारत सरकार)  
(Ministry of Education, Govt. of India)

D.O.No.2-36/2023(CPP-II)

09<sup>th</sup> June, 2023/ 19 ज्येष्ठ 1945

**Subject: 'Jan Bhagidhari' events during India's G20 Presidency.**

Respected Madam/Sir,

This is in continuation of this office letter dated 6 June 2023 (**copy enclosed**) regarding the 4<sup>th</sup> G20 Education Working Group Meeting and G20 Education Ministers meeting scheduled to be held from 19 – 22 June at Pune.

It is encouraging that Higher Education Institutions (HEIs) have organized/proposed to organize activities under Jan Bhagidhari during India's G20 Presidency.

In order to compile a media report for the Jan Bhagidhari events, the Ministry of Education has created the following google drive link to the Excel sheet:

[https://docs.google.com/spreadsheets/d/1NiZ3GiGKT4S1sRPCvh\\_ODv3rP9CJHrNJKp41vk2M8j0/ed#gid=0](https://docs.google.com/spreadsheets/d/1NiZ3GiGKT4S1sRPCvh_ODv3rP9CJHrNJKp41vk2M8j0/ed#gid=0)

HEIs may provide Google Drive links made by them in the above Excel sheet to share the following:

- Photos/videos/bytes/reels of the Jan Bhagidhari events
- Media clippings

A format for the Media Coverage Template for Jan Bhagidhari Events (for sharing of press clippings/electronic media/online media) is also **attached herewith**. The HEIs are requested to contribute high-resolution photos/videos/student bytes/faculty or teacher bytes/creative reels of Jan Bhagidhari.

With kind regards,

Yours sincerely,

(Manish Joshi)

**Encl.: As stated above.**

To  
The Vice-Chancellors of all Universities  
The Principals of all Colleges/Institutes





प्र. मनिस र. जोशी  
सचिव

**Prof. Manish R. Joshi**  
Secretary



सत्यमेव जयते



विश्वविद्यालय अनुदान आयोग  
**University Grants Commission**  
(विश्व शिक्षण, भारत सरकार)  
(Ministry of Education, Govt. of India)

D.O.No.2-36/2023(CPP-II)

06<sup>th</sup> June, 2023/ 16 जून 2023

**Subject: 'Jan Bhagidari' events during India's G20 Presidency.**

Respected Madam/Sir,

As you are aware, India has assumed the Presidency of the G20 for one year from 01<sup>st</sup> December 2022 to 30<sup>th</sup> November 2023. In this regard, the 4<sup>th</sup> G20 Education Working Group Meeting and G20 Education Ministers' Meeting is going to be held from **19-22 June, 2023 at Pune**. The Ministry of Education (MOE) is organizing a number of programmes and activities under 'Jan Bhagidari' events. This is as per Hon'ble Prime Minister's vision of making India's G20 Presidency people's participation centric. These activities are being organized in educational institution to educate the youth about G20 as well as to, understand their expectations from India's Presidency.

In view of above, MoE has identified and suggested range of activities to hold under 'Jan Bhagidari' events as under:

- i. Routine/pre-scheduled events of the institutions like convocation, annual days, sporting events, seminars etc, should be branded as G20 event.
- ii. Logos, posters, standees of G20 should be displayed on the campus and all events of the institution.
- iii. Special events including seminars, quiz, painting, crossword, declamation, marathon, cycling marathon, Insta Reel and other competitions, sporting events, youth camps, model G20 etc., can be organized on G20 related themes at the institutions and state levels with a grand finale in September at the national level.
- iv. All Institutions to undertake regular Swachhta Campaign in and around their respective campuses as part of G20 event.
- v. G-20 T-Shirts, Caps, Wrist Bands, G20 Badges can be distributed to participating students and to NSS/NYKS volunteers.
- vi. The celebrations will culminate in a grand event in September in which there can be prize distribution of competitions, Jazz Band/ NCC Parade on G-20.
- vii. All events must be amplified through local and social media platforms.
- viii. Institutions may ensure maximum community participation in these events.
- ix. The above list is only indicative. Higher Education Institutions can take up any other activity related to G20 events.

The Higher Education Institutions are requested to organize above mentioned range of activities in their institutions. The details of the activities conducted that may include list of events, media plan, publicity and other relevant details may be uploaded alongwith photos / videos on the University Activity Monitoring Portal (UAMP) at <https://uamp.ugc.ac.in/>.

With kind regards,

Yours sincerely,

  
(Manish Joshi)

To  
The Vice-Chancellors of all Universities  
The Principals of all Colleges/Institutes



बसन्तपुराहा जंक्शन मार्ग, नई दिल्ली-110002 | Bahadar Shah Zafar Marg, New Delhi-110002  
Ph : 011-23236268/23239337 | Fax : 011-2323 8858 | E-mail : secyugc@nic.in



To meet the objective of 'Jan Bhagidhari', Chaitanya Svaasthya (The wellness club of CBIT) has organised a meeting with faculty and student coordinators and planned to conduct one-week interactive sessions for 1st year students of CBIT from 10-07-2023 (Monday) to 15-07-2023 (Saturday).

Meeting photo - Club Faculty coordinators Dr. P. V. Naga Prapurna, Dr. K. Chandra Sekhar, Student Counselor Mrs. Liza Mary Cherian and club's executive board members



The event shall have the title "SAHA", an activity based on stress management. The sessions shall be as per timetable during mentoring sessions. Institute Student Counselor Mrs. Lisa Mary is the Resource Person. The works were identified and volunteers have been decided. Principal approval, release of circular and email to all heads, design and release of poster as per UGC theme, sessions schedule, incharges per session, event photos to be amplified through local print media coverage and CBIT social media platforms like Instagram, Facebook, WhatsApp and YouTube and also to tag UGC and G20 in the posts. There are no finances involved for this event.

### Meeting attendance sheet

CHAITANYA BHARATHI INSTITUTE OF TECHNOLOGY  
(UGC Autonomous)  
CHAITANYA SVAASTHYA - THE WELLNESS CLUB  
Wing of Chaitanya Reethi (The Lifestyle Club - CBIT)

**ATTENDANCE STATEMENT OF PARTICIPANTS**

Academic Year: 2023-2024 Date: 07-07-23

Event: Meeting - 4 to organise one-week session for first year students

S.N	Name of the participant	Department	Full roll no	Signature
1	Moudul Reddy	IT	160120737095	[Signature]
2	Lakshmi Prasanna	Biotech	160121805024	[Signature]
3	Saravna Reddy	Chemical	160121802003	[Signature]
4	Bandu Varuni P	ECE	160121735143	[Signature]
5	Shazia Syed	ECE	160121735161	[Signature]
6	Hirra Varasi	ECE	160121735202	[Signature]
7	Sranya Kalluru	Chemical	1601-21-802-009	[Signature]
8	V.Sai Charan	IT	1601-21-737-133	[Signature]
9	R. Varun	IT	160121737126	[Signature]
10	Bhiksharaja	IT	160121737103	[Signature]
11	A.Vinay Sai Krishna	IT	160121737099	[Signature]
12	K. Prudhvi	IT	160121732110	[Signature]
13	R. Saketh	IT	160121737309	[Signature]
14	Manish	IT	160121737111	[Signature]

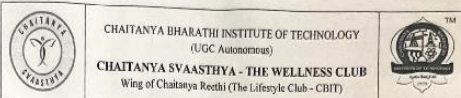
These students have participated in club meeting to plan and finalise one-week program for first year students.

Student President  
Chaitanya Svaasthya - The Wellness club, CBIT

Faculty Coordinator,  
Chaitanya Svaasthya - The Wellness club, CBIT

**Principal permission to organize event in CBIT campus, as part of Jan Bhagidhari**

**Circular issued by Institute**



08-07-2023

To  
Principal, CBIT  
(Through - Director - Student Affairs and Progression)

Respected sir,

**Sub:** Requesting your permission to organize "SAHA" for sem-II students, from 10-07-23 to 15-07-23, as per timetable during mentoring sessions - reg

**Ref:** UGC circular no: D.O.No.2-36/2023 (CPP-II) dt09-06-2023 for 4<sup>th</sup> G20 activities in HEIs as "Jan Bhagidhari", with theme - "One Earth, One Family, One Future".




As per the directives of UGC to HEIs, it is required to contribute towards G20 activities, "Jan Bhagidhari" with theme - "One Earth, One Family, One Future".

To meet one such objective, Chaitanya Svaasthya (The wellness club of CBIT) is organizing "SAHA", One-Week sessions from 10-07-2023 to 15-07-2023, for sem-II students as per timetable during the 'student mentoring & counseling sessions'. Institute Student Counselor Mrs. Lisa Mary is the Resource Person.


We request your permission to organize this activity based stress management week. As indicated in the UGC letter, it is required to design a poster and the event photos are to be amplified through local print media coverage and CBIT social media platforms like Instagram, Facebook, WhatsApp and YouTube and also to tag UGC and G20 in the posts.

Requesting for release of a Circular and email to all HoDs for their support in successful completion of this most needed event. Kindly note that there are no finances involved for this event.

Encl:  
UGC letter  
Excel sheet pages uploaded by about 200 colleges - for reference

 Student President Mr. Mrudul Reddy	 Faculty coordinator Dr. K. Chandra Sekhar	 Faculty coordinator Dr. P. V. Naga Prapurna
--	---	---

*Recommended & Forwarded.*  
1. It can be part of 'Jan Bhagidhari' approved by UGC for G-20 events -  
2. Website of Institute to be taken care of by Student Counselor (Psychologist).  
3. No disturbance to regular classes. No sessions work conducted during meeting hours.  
4. No financial commitment



44 years

No. 911/CBIT/AEC/IC/2023      Dt: 10.07.2023

**CIRCULAR**


Ref: UGC Circular no: D.O.No.2-36/2023 (CPP-II) dt 09-06-2023 for 4<sup>th</sup> G20 activities in HEIs as "Jan Bhagidhari", with theme - "One Earth, One Family, One Future".

\*\*\*

As per the directives of UGC to HEIs, it is required to contribute towards G20 activities, "Jan Bhagidhari" with the theme - "One Earth, One Family, One Future".

Chaitanya Svaasthya (The Wellness Club of CBIT) is organizing "SAHA", Activity based stress management week sessions from 10-07-2023 to 15-07-2023, for II Semester students as per the given timetable during the 'student mentoring & counselling sessions'. The Student Counsellor Mrs. Lisa Mary is the Resource Person.

Hence, all Heads of the Departments are directed to instruct mentoring faculty and students of II Semester to participate in the programme. For further details in this regard contact Dr. M. Chandra Sekhar, Asst. Prof., Dept. of Physics, Mobile: 7981058330.

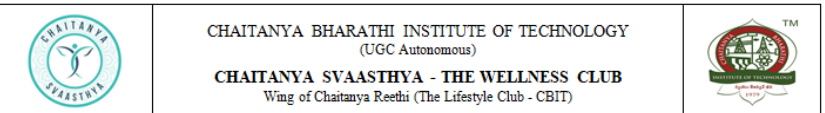
  
**PRINCIPAL**

To  
All Heads of the Departments for information and with a request to arrange for circulation among all the concerned students and faculty under their control.

Directors, Joint Directors, COE, Librarian, Head - HR, Asst. Physical Director for Information.

WBC to upload the same on our website.

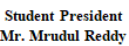
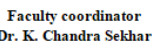
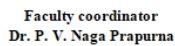
**Sessions schedule**



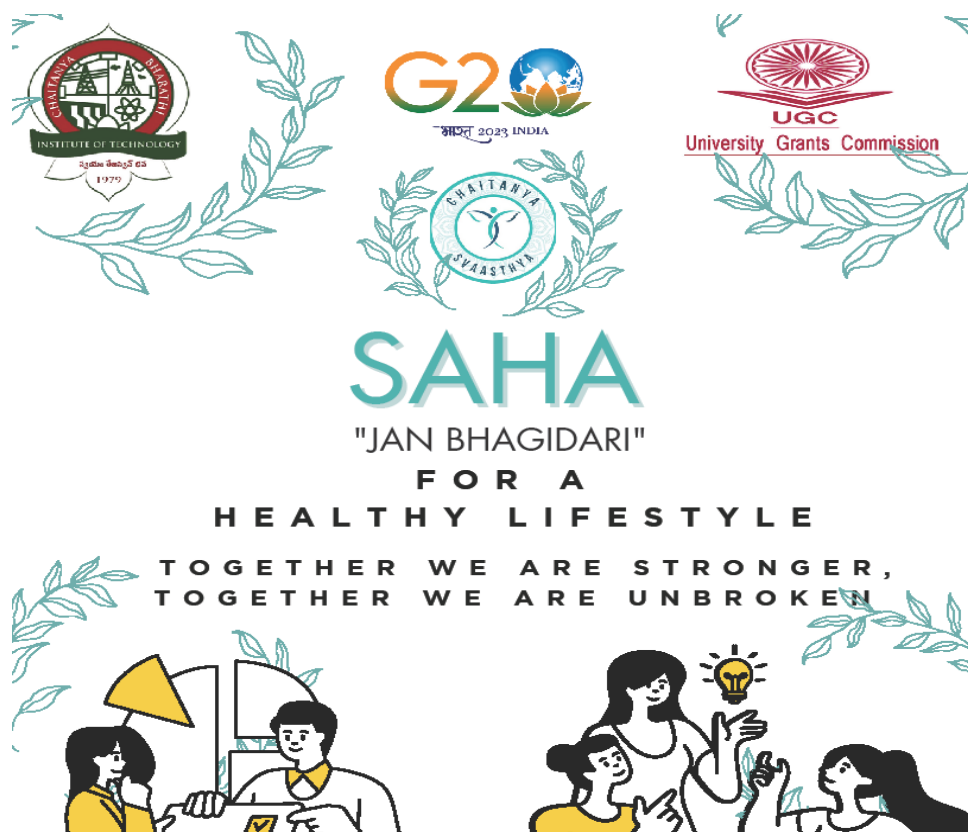
**Academic Year 2023-2024**  
**One-Week Program in Campus for Sem-II students - "SAHA"**  
10-07-2023 to 15-07-2023

**Sessions schedule:**

Time Day	9.10 10.10	10.10 11.10	11.15 12.15	12.15 1.00	1.00 2.00	2.00 3.00	3.05 4.05
Mon 15-07-23				L		EEE-D2 (K-301)	
Tue 16-07-23				U		CSE-2 C2(M-302) Civil-A2 (K-205) ECE-E1 (K-302) AIDS-1-I1(M-304)	Mech-F1 (K-304) IT-3 H3 (M-303) AIML J (M-306)
Wed 17-07-23			CSE-3 C3 (M-303)	H	ECE-E3 (K-303B)	Chem-B(K-206) IT-2 H2(M-201C) Bio Tech-K(K-302/305)	ECE-2 E2(K-303A)
Thur 18-07-23				B		Mech-2 F2(K-305)	IT-1 H1 (M-307)
Fri 19-07-23	EEE-D1(K-207)	CIC-C5(M-305) AIDS I2(K-305)	CSM-C4(M-304)	E			CSE-1 C1 (M-201C)
Sat 20-07-23			Civil-A1 (K-204)	A			
				K			

 Student President  
Mr. Mrudul Reddy
  Faculty coordinator  
Dr. K. Chandra Sekhar
  Faculty coordinator  
Dr. P. V. Naga Prapurna

Poster designed by Chaitanya Svaasthya club students team



The SAHA event poster, as part of Jan Bhagidhari, was launched on Day-1: 10-07-2023 (Monday), by Principal Dr.C. Narasimhulu along with Director Student Affairs and student Progression Dr. P.V.R. Ravindra Reddy, Coordinator for first years, Dr Sreenivas Reddy, Resource person Mrs. Liza mary Cherian, Public Relations Officer Dr G.N.R.Prasad, Faculty Coordinators of Chaitanya Svaasthya club Dr. P.V.Naga Prapurna and Dr M.Chandrasekhar and supported by club student coordinators Mr. Mrudul Reddy, Mr. Sufiyan Ahmed, Ms Sravya, Ms. Shazia, Ms. Sahasra, Mr. Vamsi, Ms. Mytri, Ms Bindu, Ms Laxmi and Abhiram Reddy.





Principal Dr.C.Narasimhulu has addressed the students and emphasized that students should focus on self-care, time management, personality development and work towards their goal with self-confidence. Director Student Affairs and student Progression Dr.P.V.R.Ravindra Reddy in his address has emphasized on maintaining a balance between mental and physical health. Coordinator for first years Dr.B.Sreenivas Reddy has motivated the students to be happy and duty minded.

### Geo-tagged photo of the poster launch





## **Jan Bhagidhari Objective to Spread awareness on social media - details:**

<b>S.No</b>	<b>Date</b>	<b>News Source</b>	<b>Channel</b>	<b>Headline</b>	<b>Link</b>
<b>1.</b>	10/07/2023 Monday	chaitanya.svaasthya	Instagram	“SAHA” Event Day-1 / Inauguration	1. <a href="https://www.instagram.com/p/CuhLKuoKn31/">https://www.instagram.com/p/CuhLKuoKn31/</a>
	11/07/2023 Tuesday			“SAHA” Event Day-2	2. <a href="https://www.instagram.com/p/Cuj9ggfK7eI/?img_index=1">https://www.instagram.com/p/Cuj9ggfK7eI/?img_index=1</a>
	12/07/2023 Wednesday			“SAHA” Event Day-3	3. <a href="https://www.instagram.com/p/Cumi88DIqYA/?img_index=1">https://www.instagram.com/p/Cumi88DIqYA/?img_index=1</a>
	13/07/2023 Thursday			“SAHA” Event Day-4	4. <a href="https://www.instagram.com/p/CupI8aRhmCf/?img_index=1">https://www.instagram.com/p/CupI8aRhmCf/?img_index=1</a>
	14/07/2023 Friday			“SAHA” Event Day-5	5. <a href="https://www.instagram.com/p/Curpra9B53e/?img_index=1">https://www.instagram.com/p/Curpra9B53e/?img_index=1</a>
	15/07/2023 Saturday			“SAHA” Event Day-6/ Closing Ceremony	6. <a href="https://www.instagram.com/p/CuuMamaBtki/?img_index=1">https://www.instagram.com/p/CuuMamaBtki/?img_index=1</a>
<b>S.No</b>	<b>Date</b>	<b>News Source</b>	<b>Channel</b>	<b>Headline</b>	<b>Link</b>
<b>2.</b>	10/07/2023 Monday	chaitanya.svaasthya	Facebook	“SAHA” Event Day-1 / Inauguration	1. <a href="https://www.facebook.com/photo/?fbid=234119532904683&amp;set=a.207422142241089">https://www.facebook.com/photo/?fbid=234119532904683&amp;set=a.207422142241089</a>
	11/07/2023 Tuesday			“SAHA” Event Day-2	2. <a href="https://www.facebook.com/100089199136327/posts/pfbid0ebt4GqT4v99WX6yiAQfeBrB97kSgNAhQXGtwgRXSUhhT3W9Bb82ZDxeuNgt4faol/?mibextid=SDPeY">https://www.facebook.com/100089199136327/posts/pfbid0ebt4GqT4v99WX6yiAQfeBrB97kSgNAhQXGtwgRXSUhhT3W9Bb82ZDxeuNgt4faol/?mibextid=SDPeY</a>
	13/07/2023 Thursday			“SAHA” Event Day-3	3. <a href="https://www.facebook.com/100089199136327/posts/pfbid0ssw45kkYgTT23P3jkyaUL4ZS7WcqMbjUwLwPg8gkquFsLSPy3TecAbXK6nBxQjGI/?d=w&amp;mibextid=jf9HGS">https://www.facebook.com/100089199136327/posts/pfbid0ssw45kkYgTT23P3jkyaUL4ZS7WcqMbjUwLwPg8gkquFsLSPy3TecAbXK6nBxQjGI/?d=w&amp;mibextid=jf9HGS</a>
<b>3.</b>	10/07/2023 Monday	Chaitanya Bharathi Institute of Technology	Facebook	“SAHA” Event Day-1 / Inauguration	1. <a href="https://m.facebook.com/story.php?story_fbid=pfbid02QMibr3ZjihaP5WLcYDjuKeHkMCKV2YaJ7PBgUrtL2MKxL5gUovK9RxcZ9UsGhEgel&amp;id=100063824592564&amp;sfnsn=wiwspwa&amp;mibextid=RUbZ1f">https://m.facebook.com/story.php?story_fbid=pfbid02QMibr3ZjihaP5WLcYDjuKeHkMCKV2YaJ7PBgUrtL2MKxL5gUovK9RxcZ9UsGhEgel&amp;id=100063824592564&amp;sfnsn=wiwspwa&amp;mibextid=RUbZ1f</a>
	11/07/2023 Tuesday			“SAHA” Event Day-2	2. <a href="https://m.facebook.com/story.php?story_fbid=pfbid0yo59AF3j8xnKKG1LamgHXEZGMDBJy3Sbpk7xgVvuxzgatoEQfrvXrFjKWtMbzSfkl&amp;id=100063824592564&amp;sfnsn=wiwspwa&amp;mibextid=RUbZ1f">https://m.facebook.com/story.php?story_fbid=pfbid0yo59AF3j8xnKKG1LamgHXEZGMDBJy3Sbpk7xgVvuxzgatoEQfrvXrFjKWtMbzSfkl&amp;id=100063824592564&amp;sfnsn=wiwspwa&amp;mibextid=RUbZ1f</a>

**Print Media Coverage of "Poster Launch" :**

<b>Name of the Newspaper</b>	Kalam Nigha Epaper		
<b>Date</b>	11/07/2023	<b>Language:</b>	Telugu
<b>Headline</b>	వీడియో టీమ్లు.. వీడియో టీమ్లతో వికాసంపై దృష్టి సారించాలి		

# విద్యార్థులు.. వ్యక్తిత్వ వికాసంపై దృష్టి సారించాలి

## సిబిఐటి కళాశాల ప్రిన్సిపాల్ ప్రాఫెసర్ సి.వి. నరసింహులు

రాజేంద్రనగర్, జూలై 10 (నిఘా న్యూస్): ఒక భూమి ఒక కుటుంబం ఒక భవిష్యత్తు అనే థీమ్తో జన్ భగీధారి జి 20 కార్యకలాపాల్లో భాగంగా యూజిసి అన్ని ఉన్నత విద్యా సంస్థలను ఆదేశించింది. అలాంటి ఒక లక్ష్యాన్ని చేరుకోవడానికి సిబిఐటి కళాశాల చైతన్య స్వాస్థ్య క్లబ్ మొదటి సంవత్సరం విద్యార్థుల కోసం 10 నుండి 15 వ తేదీన వరకు ఒక కార్యచరణ ఆధారిత కార్యక్రమం సాహసు నిర్వహిస్తోందని కళాశాల ప్రిన్సిపాల్ ప్రాఫెసర్ సి.వి.నరసింహులు తెలిపారు. ఈ సందర్భంగా ఈవెంట్ పోస్టర్ను ప్రిన్సిపాల్ విడుదల చేశారు. విద్యార్థులు స్వీయ రక్షణ సమయపాలన వ్యక్తిత్వ వికాసంపై దృష్టి సారించాలని ఆత్మవిశ్వాసంతో తమ లక్ష్యసాధనకు కృషి చేయాలని ఆయన తన ప్రసంగంలో ఉద్ఘాటించారు. కళాశాల స్టూడెంట్ కౌన్సిలర్ లిజా మేరీ చెరియన్ డైరెక్టర్ స్టూడెంట్ ఎఫైర్స్ స్టూడెంట్ ప్రోగ్రామ్ ప్రాఫెసర్ పి.వి.ఆర్.



రవీంద్రారెడ్డి ప్రథమ సంవత్సరము కో,ఆర్డినేటర్ ప్రాఫెసర్ బి.శ్రీనివాస్ రెడ్డి పబ్లిక్ రిలేషన్స్ ఆఫీసర్ డాక్టర్ జి.ఎన్.ఆర్. ప్రసాద్ ఫ్యాకల్టీ కో,ఆర్డినేటర్లు చైతన్య స్వాస్థ్య క్లబ్ డా.పి.వి.నాగ ప్రహర్ష డాక్టర్ ఎం.చంద్రశేఖర్లతో పాటు క్లబ్ విద్యార్థి బృందం మృదుల్ రెడ్డి సుఫియాన్ అహ్మద్ శ్రావ్య షాజియా సహస్ర వంశీ మైత్రి ఎంఎస్ బిందు లక్ష్మి అభిదామ్ రెడ్డి ఈ కార్యక్రమంలో పాల్గొన్నారు.



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<https://epaper.kalamnigha.in/clip/20172>

**Print Media Coverage of “Poster Launch” :**

<b>Name of the Newspaper</b>	Aksharam		
<b>Date</b>	<b>10/07/23</b>	<b>Language:</b>	<b>Telugu</b>
<b>Headline</b>	<p align="center">వీడియోలు టెక్స్టివ్ వికాసంపై దృష్టి కేంద్రీకరించాలి - సిబిఐటి కళాశాల ప్రిన్సిపాల్</p> <p align="center">ప్రిన్సిపాల్ సి.వి. నరసింహులు</p>		

అక్షరం



**విద్యార్థులు వ్యక్తిత్వ వికాసంపై దృష్టి కేంద్రీకరించాలి - సిబిఐటి కళాశాల ప్రిన్సిపాల్ ప్రొఫెసర్ సి.వి. నరసింహులు**

రంగారెడ్డి / రాజేంద్రనగర్ / గండి పేట్ / జులై 10/ అక్షరం న్యూస్ : ఒక భూమి, ఒక కుటుంబం, ఒక భవిష్యత్తు అనే థీమ్ తో “జన్ భగీధారి” జి 20 కార్యకలాపాల్లో భాగం గా యూజిసి అన్ని ఉన్నత విద్యా సంస్థలను ఆదేశించింది. అలాంటి ఒక లక్ష్యాన్ని చేరుకోవడానికి సిబిఐటి కళాశాల యొక్క చైతన్య స్వాస్థ్య క్లబ్ మొదటి సంవత్సరం విద్యార్థుల కోసం 10-07-2023 నుండి 15-07-2023 వరకు ఒక కార్యాచరణ ఆధారిత కార్యక్రమం “సాహ”ను నిర్వహిస్తోంది అని కళాశాల ప్రిన్సిపాల్ ప్రొఫెసర్ సి.వి. నరసింహులు తెలిపారు. ఈ సందర్భంగా ఈవెంట్ పోస్టర్ను ప్రిన్సిపాల్ విడుదల చేశారు. విద్యార్థులు స్వీయ రక్షణ, సమయపాలన, వ్యక్తిత్వ వికాసంపై దృష్టి సారించాలని, ఆత్మవిశ్వాసంతో తమ లక్ష్యసాధనకు కృషి చేయాలని ఆయన తన ప్రసంగంలో ఉద్ఘాటించారు. కళాశాల స్టూడెంట్ కౌన్సిలర్ లిజా మేరీ చెరియన్, డైరెక్టర్ స్టూడెంట్ ఎఫైర్స్ మరియు స్టూడెంట్ ప్రొగ్రెషన్ ప్రొఫెసర్ పి.వి.ఆర్. రవీంద్రారెడ్డి, ప్రథమ సంవత్సరము కోఆర్డినేటర్ ప్రొఫెసర్ బి.శ్రీనివాస్ రెడ్డి, పబ్లిక్ రిలేషన్స్ ఆఫీసర్ డాక్టర్ జి.ఎస్.ఆర్.ప్రసాద్, ఫ్యాకల్టీ కోఆర్డినేటర్లు చైతన్య స్వాస్థ్య క్లబ్ డా.పి.వి.నాగ ప్రపూర్ణ, డాక్టర్ ఎం.చంద్రశేఖర్లతో పాటు క్లబ్ విద్యార్థి బృందం మృదుల్ రెడ్డి, సుఫియాన్ అహ్మద్, శ్రావ్య, షాజియా, సహస్ర, వంశీ, మైత్రీ, ఎంఎస్ బిందు, లక్ష్మి మరియు అభిరామ్ రెడ్డి ఈ కార్యక్రమంలో పాల్గొన్నారు .

**Print Media Coverage of “Poster Launch” :**

<b>Name of the Newspaper</b>	Surya		
<b>Date</b>	11/07/23	<b>Language:</b>	Telugu
<b>Headline</b>	<p align="center">వీడియో థులు టీఎంకీటీఐవీ వీకాసం వీడ దృష్టి సారించాలి</p> <p align="center">-సిబిఐటి కళాశాల ప్రిన్సిపల్ ప్రొఫెసర్ సి.వి.నరసింహులు</p>		



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**విద్యార్థులు వ్యక్తిత్వ వికాసం మీద దృష్టి సారించాలి**

**-సిబిఐటి కళాశాల ప్రిన్సిపల్ ప్రొఫెసర్ సి.వి.నరసింహులు**



గండిపేట్, మేజర్ న్యూస్ (జులై 10): ఒక భూమి, ఒక కుటుంబం, ఒక భవిష్యత్తు అనే థీమ్ తో జన్ భగీధారి జి 20 కార్యకలాపాల్లో భాగంగా యూజిసి అన్ని ఉన్నత విద్యా సంస్థలను ఆదేశించింది. అలాంటి ఒక లక్ష్యాన్ని చేరుకోవడానికి సిబిఐటి కళాశాల యొక్క చైతన్య స్వాస్థ్య క్లబ్ మొదటి సంవత్సరం విద్యార్థుల కోసం 10-07-2023 నుంచి 15-07-2023 వరకు ఒక కార్యచరణ ఆధారిత కార్యక్రమం సాహసు నిర్వహిస్తోంది అని కళాశాల ప్రిన్సిపల్ ప్రొఫెసర్ సి.వి.నరసింహులు తెలిపారు. ఈ సందర్భంగా ఈవెంట్ పోస్టర్ ను ప్రిన్సిపల్ విడుదల చేశారు. విద్యార్థులు స్వీయ రక్షణ, సమయపాలన, వ్యక్తిత్వ వికాసంపై దృష్టి సారించాలని, ఆత్మవిశ్వాసంతో తమ లక్ష్యసాధనకు కృషి చేయాలని ఆయన తన ప్రసంగంలో ఉద్ఘాటించారు. ఈ కార్యక్రమంలో కళాశాల స్టూడెంట్ కౌన్సిలర్ లిజా మేరీ చెరియన్, డైరెక్టర్ స్టూడెంట్ ఎఫైర్స్, స్టూడెంట్ ప్రొగ్రెషన్ ప్రొఫెసర్ పి.వి.ఆర్. రవీంద్రారెడ్డి, ప్రథమ సంవత్సరము కోఆర్డినేటర్ ప్రొఫెసర్ బి.శ్రీనివాస్ రెడ్డి, పబ్లిక్ రిలేషన్స్ ఆఫీసర్ డాక్టర్ జి.ఎన్.ఆర్. ప్రసాద్, ఫ్యాకల్టీ కోఆర్డినేటర్లు చైతన్య స్వాస్థ్య క్లబ్ డా.పి.వి.నాగ ప్రపూర్ణ, డాక్టర్ ఎం.చంద్రశేఖర్ లతో పాటు క్లబ్ విద్యార్థి బృందం మృదుల్ రెడ్డి, సుభియాన్ అహ్మద్, శ్రావ్య, షాబియా, సహస్ర, వంశీ, మైత్రీ, ఎంఎస్ బిందు, లక్ష్మి, అభిరామ్ రెడ్డి తదితరులు పాల్గొన్నారు.



## Print Media Coverage of “Poster Launch” :

<b>Name of the Newspaper</b>	Deccan News Service		
<b>Date</b>	10/07/23	<b>Language:</b>	English
<b>Headline</b>	Chaitanya Svaasthya(The wellness club of CBIT) is organizing “SAHA”,an activity based stress management week		

### Chaitanya Svaasthya (The wellness club of CBIT) is organizing “SAHA”, an activity based stress management week



**DECCAN NEWS SERVICE**  
**HYDERABAD**

UGC has directed all Higher Educational Institutes to contribute towards G20 activities, “Jan Bhagidhari” with theme- ‘One Earth, One Family, One Future’. To meet one such objective, Chaitanya Svaasthya (The wellness club of CBIT) is

organizing “SAHA”, an activity based stress management week from 10-07-2023 to 15-07-2023 for first year students of CBIT. The event poster was launched by The Principal Dr. C. Narasimhulu. In his address, he has emphasized that students should focus on self-care, time management, personality development and

work towards their goal with self-confidence. CBIT Student Counsellor Mrs. Liza Mary Cherian is the Resource Person. Director Student Affairs and student Progression Dr. P.V.R. Ravindra Reddy, Coordinator for first years Dr B.Sreenivas Reddy, Public Relations Officer Dr G.N.R. Prasad, Faculty Coordinators

Chaitanya Svaasthya club Dr. P.V.Naga Prapurna and Dr M.Chandrasekhar are coordinating the events along with club student team Mr. Mrudul Reddy, Mr. Sufiyan Ahmed, Ms Sravya, Ms. Shazia, Ms. Sahasra, Mr. Vamsi, Ms. Mytri, Ms Bindu, Ms Laxmi and Abhiram Reddy.

**Day wise event highlights:**

**Day-1 (Monday) 10-07-2023**  
**Session conducted for EEE -2 sem-II students**

**Photo-1**



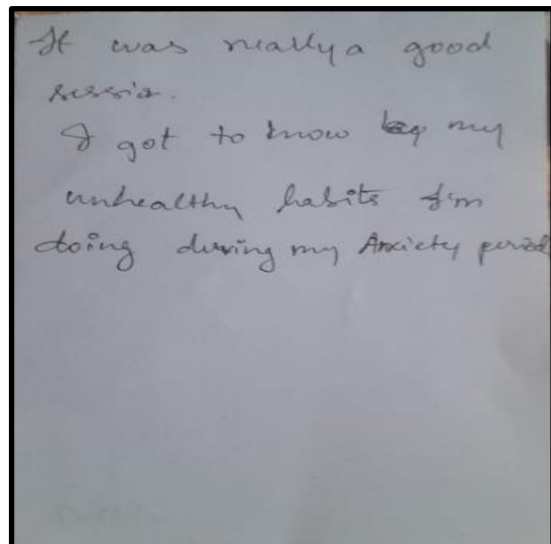
**Photo-2**



**Winner Photo**



**Feedback photo**



**Day-2 (Tuesday) 11-07-2023**  
**Session conducted for Civil-A2 sem-II students**

**Photo-1**



**Photo-2**



**Photo-3**



**Feedback photo**

By this counselling session  
I know how to reduce  
stress and the precautions  
to be taken during the  
stress. Thankyou @chait  
Sraashta club to make  
stress free.



**Day-2 (Tuesday) 11-07-2023**  
**Session conducted for CSE C-2 sem-II students**

**Photo-1**



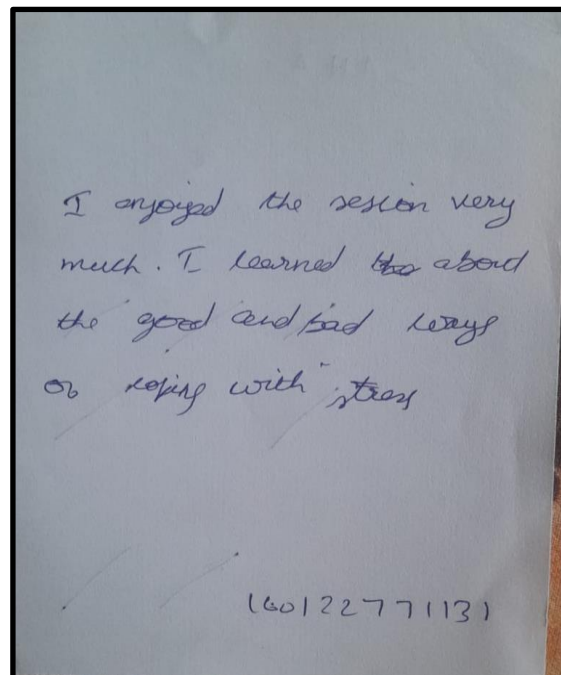
**Photo-2**



**Photo-3**



**Feedback photo**





**Day-2 (Tuesday) 11-07-2023**  
**Session conducted for ECE E-1 sem-II students**

**Photo-1**



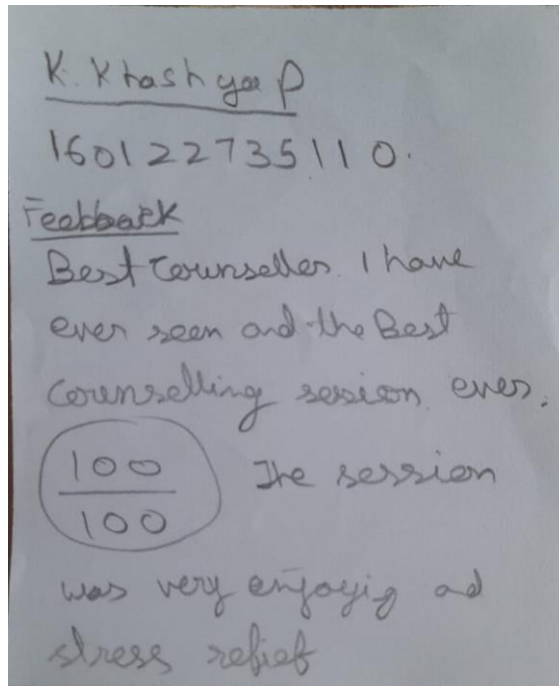
**Photo-2**



**Photo-3**

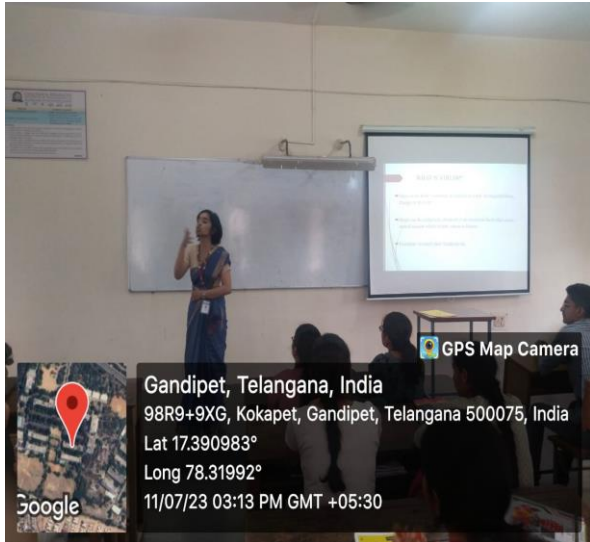


**Feedback photo**



**Day-2 (Tuesday) 11-07-2023**  
**Session conducted for Mech F-1 sem-II students**

**Photo-1**



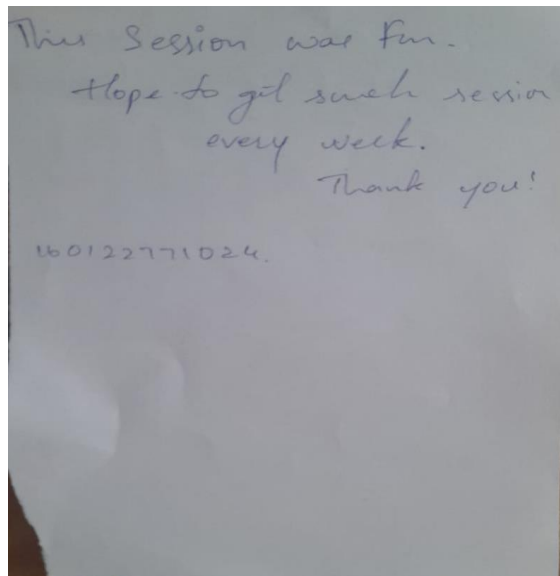
**Photo-2**



**Winner Photo**



**Feedback photo**



**Day-3 (Wednesday) 12-07-2023**  
**Session conducted for CSE C-3 sem-II students**

**Photo-1**



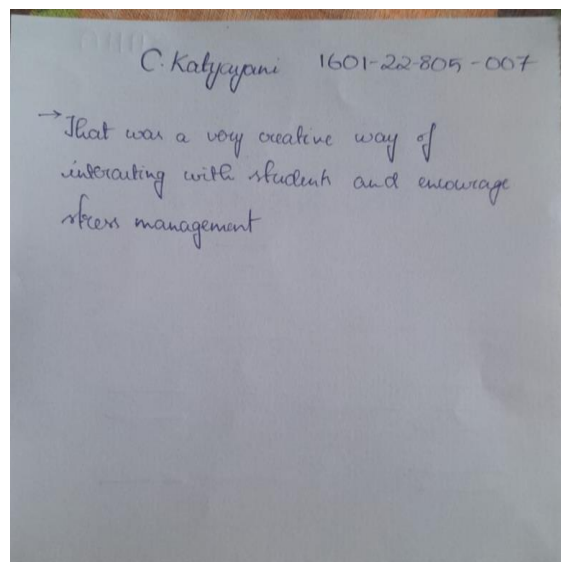
**Photo-2**



**Photo-3**



**Feedback photo**





**Day-3 (Wednesday) 12-07-2023**  
**Session conducted for CHEMICAL sem-II students**

**Photo-1**



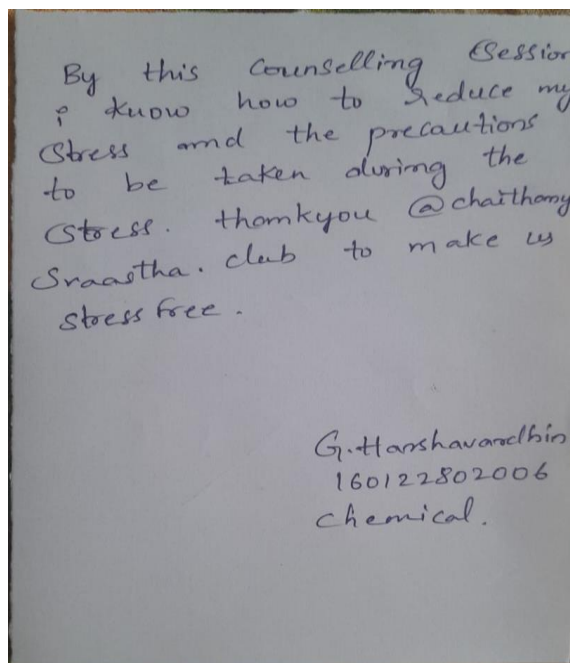
**Photo-2**



**Winner Photo**



**Feedback photo**





**Day-3 (Wednesday) 12-07-2023**  
**Session conducted for IT -2 sem-II students**

**Photo-1**



**Photo-2**



**Feedback Photo-1**

I enjoyed the session very much. I learned ~~the~~ about the good and bad ways of coping with stress.

**Feedback photo-2**

160122802045  
Good I think it is useful to every student because most of the students are facing this problem's.  
~~But~~

**Day-3 (Wednesday) 12-07-2023**  
**Session conducted for Biotech sem-II students**

**Photo-1**



**Photo-2**



**Feedback Photo-1**

Gi.Tharun  
1601-22-802-031

Feedback

- we have enjoyed this section.
- we got some knowledge about this and other.

**Feedback photo-2**

1601-22-802-012

Feedback

- A good stress relief program
- And also the session is a good stress buster.
- And was a good explanation regarding the stress.

**Day-3 (Wednesday) 12-07-2023**  
**Session conducted for ECE E-2 sem-II students**

**Photo-1**



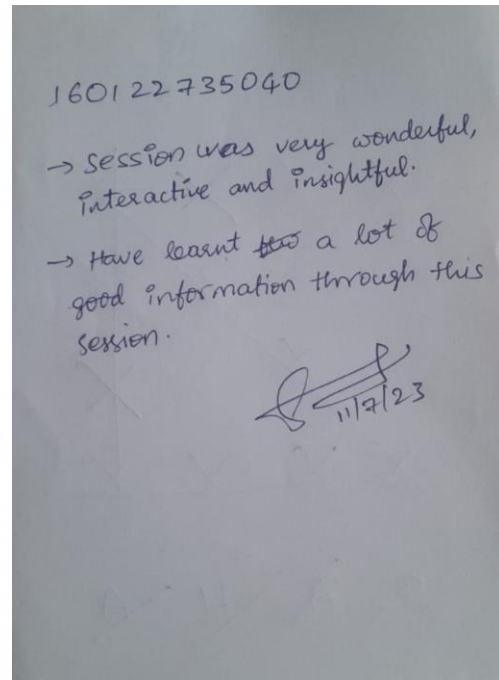
**Photo-2**



**Photo-3**



**Feedback Photo**





**Day-4 (Thursday) 13-07-2023**  
**Session conducted for Mech F-2 sem-II students**

**Photo-1**



**Photo-2**



**Feedback photo-1**

It was really a good session.  
I got to know ~~by~~ my unhealthy habits I'm doing during my Anxiety period

**Feedback photo-2**

→ it was some thing fun and and see the stress and how to overcome from the stress. I enjoyed alot and it is very useful for the session

**Day-4 (Thursday) 13-07-2023**  
**Session conducted for IT-1 sem-II students**

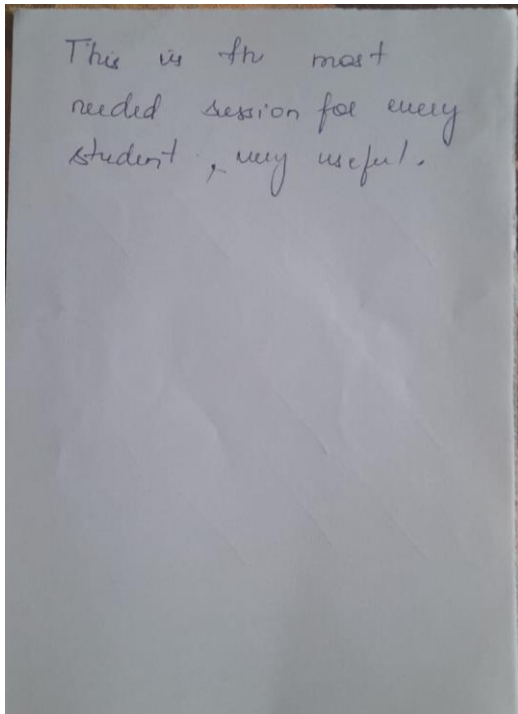
**Photo-1**



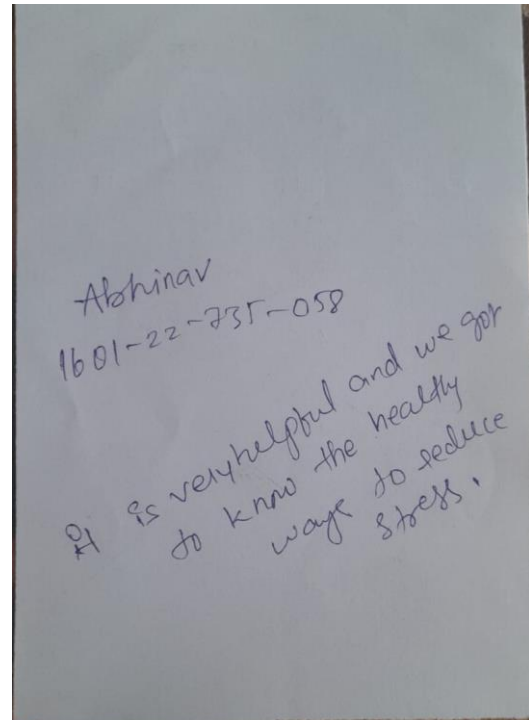
**Photo-2**



**Feedback Photo-1**



**Feedback Photo-2**

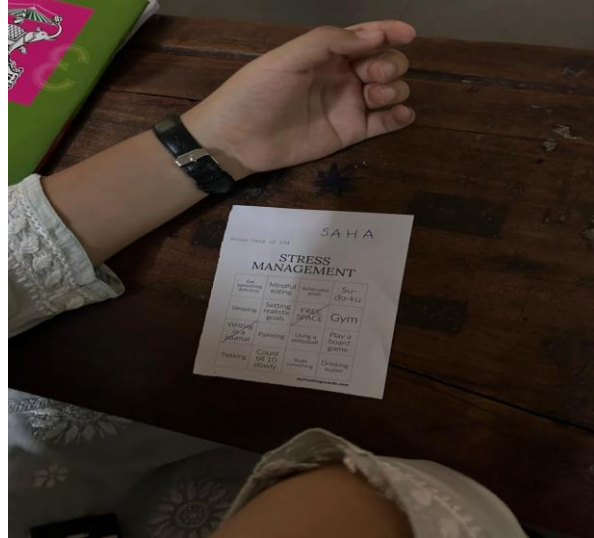


**Day-5 (Friday) 14-07-2023**  
**Session conducted for EEE D-1 sem-II students**

**Photo-1**



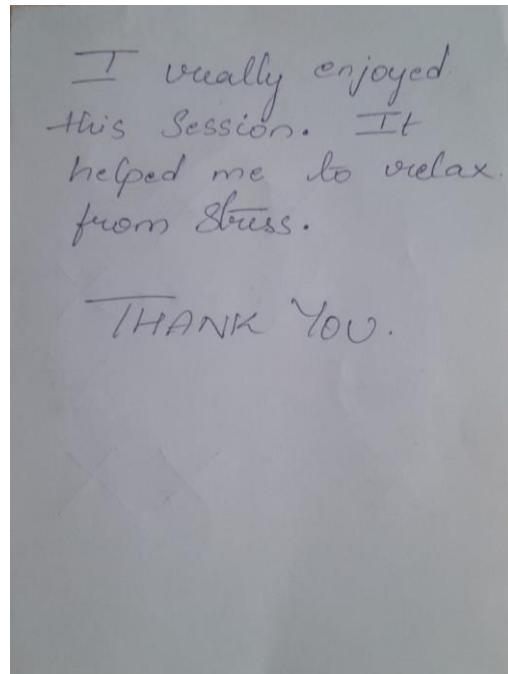
**Photo-2**



**Photo-3**



**Feedback photo**





**Day-5 (Friday) 14-07-2023**  
**Session conducted for CSE C-5 sem-II students**

**Photo-1**



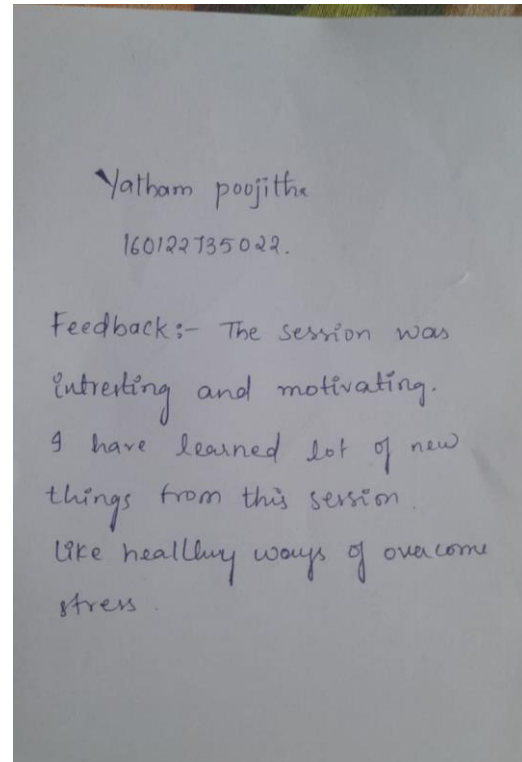
**Photo-2**



**Photo-3**



**Feedback Photo**



**Day-5 (Friday) 14-07-2023**  
**Session conducted for CSE C-4 sem-II students**

**Photo-1**



**Photo-2**



**Photo-3**



**Feedback Photo**

Name: T.D.S. Varshini  
Roll no: 160122735019  
Wonderful ideas to cope<sup>up</sup> during stress. Healthy ways like yoga, listening songs, spending time with family members, trekking walking etc can help us to be stress-free. This session helped us to think about Purpose of life and learn to see everything in a positive way. Helped us to understand how life can teach us in a positive way. We enjoyed a lot through learning in a healthy way. Thank you so much.

**Day-5 (Friday) 14-07-2023**  
**Session conducted for CSE C-1 sem-II students**

**Photo-1**



**Photo-2**



**Feedback Photo-1**

Safa Nozim  
160122735015.  
Today's activity was really fun & you're doing a really good job. You have an amazing voice. It actually made me realize the unhealthy ways I was coping with my stress which I never thought of. It helped me alot. Thankyou so much.

**Feedback Photo-2**

160122734032  
K.V.Bharadwaj Karthik  
This is an interactive session. In this session, how to relieve the stress has been taught. Causes of stress and their management has been explained. Hope you will conduct more sessions.



**Day-6 (Saturday) 15-07-2023**  
**Session conducted for CIVIL -1 sem-II students**

**Photo-1**



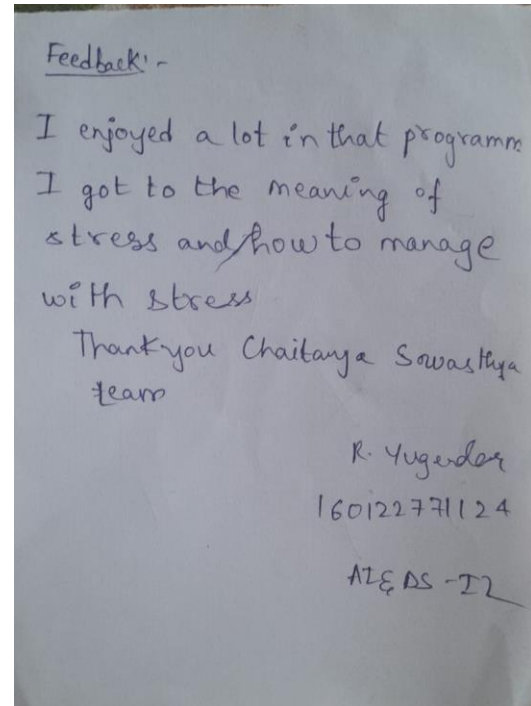
**Photo-2**



**Winner Photo**



**Feedback Photo**



## Closing Ceremony:

**SAHA** event closing ceremony, as part of Jan Bhagidhari, was organised on Day-6 (Saturday) 15-07-2023. Principal Dr.C.Narasimhulu addressed the participants and organisers. The event was supported by Director Student Affairs and Student Progression Dr.P.V.R.Ravindra Reddy, Coordinator for first years Dr.B.Sreenivas Reddy, Resource person, Mrs. Liza Mary Cherian, Public Relations Officer Dr.G.N.R.Prasad, Faculty Coordinator Chaitanya Svaasthya club Dr.M.Chandrasekhar and the club student coordinators Mr. Mrudul Reddy, Mr. Sufiyan Ahmed, Ms Sravya, Ms. Shazia, Ms. Sahasra, Mr. Vamsi, Ms. Mytri, Ms Bindu, Ms Laxmi and Abhiram Reddy.



Principal Dr.C.Narasimhulu, Director Student Affairs and Student Progression Dr.P.V.R.Ravindra Reddy and Chaitanya Svaasthya Club Mr. Mrudul Reddy interacting with the Resource Person Mrs. Liza Mary, during the closing ceremony





Director Student Affairs and Student Progression Dr.P.V.R.Ravindra Reddy along with Coordinator for first years Dr.B.Sreenivas Reddy, addressing the participants and organising team during the closing ceremony



During the closing ceremony, the dignitaries appreciating the Chaitanya Svaasthya Club organising team for their efforts during the one-week SAHA event as part of Jan Bhagidhari.





**Print Media Coverage of “Closing ceremony” :**

<b>Name of the Newspaper</b>	Akshara Sakam		
<b>Date</b>	15/07/23	<b>Language:</b>	Telugu
<b>Headline</b>	Closing ceremony of the stress management week (Translated from Telugu script)		

# ఘనంగా ముగిసిన ఒత్తిడి నిర్వహణపై కార్యశాల

ఆక్షర శకం, హైదరాబాద్, జూలై 15 : గత వారం రోజులుగా సిబిఐటీ కళాశాల లో యుజీసి ఆదేశాలు ప్రచారం జరిగిన కార్యక్రమాలలో భాగంగా - జన్ భగీధారి, థీమ్ - 'ఒక భూమి, ఒక కుటుంబం, ఒక భవిష్యత్తు, ఒత్తిడి నిర్వహణపై ఈ ఒక వారం కార్యక్రమం ఆధారిత కార్యక్రమం ఈ రోజు లో ముగిసినది. చైతన్య స్వాస్థ్య (ది వెల్ నెస్ డ్రవ్) ఫ్యాకల్టీ కోఆర్డినేటర్లు డాక్టర్ నాగ ప్రకాష్ మరియు డాక్టర్ చంద్రశేఖర్ ఒత్తిడి నిర్వహణపై కార్యశాల గురుంచి వివరించారు. ముగింపు కార్యక్రమంలో కళాశాల ప్రెసిడెంట్ ప్రొఫెసర్ సి వి నర్సింహులు మాట్లాడుతూ భిన్నత్వం పట్ల గౌరవం, సమానత్వం, అందరికీ సమాన అవకాశాలు ఉన్నప్పుడే సామాజిక న్యాయం అందుతుంది అని అన్నారు. ప్రొఫెసర్ డాక్టర్ పీవీ రవీంద్రారెడ్డి, మొదటి సంవత్సరం సమన్వయకర్త డాక్టర్ బి శ్రీనివాస్ రెడ్డి , డాక్టర్ జిఎన్ఆర్ ప్రసాద్ , స్టూడెంట్ కౌన్సిలర్ శ్రీమతి లిజా మేరీ చెరియన్ (రిసోర్స్ వర్సన్). విద్యార్థి సమన్వయకర్తలు మృదుల్ రెడ్డి, సుఖియాన్ అహ్మద్, షాజియా సయ్యద్, వంశీ, బిందు, చరణ్ , ఆర్. వరుణ్ , శ్రీ ఆభిరామ్ రెడ్డి ఈ కార్యక్రమంలో పాల్గొన్నారు.



**Print Media Coverage of “Closing ceremony” :**

<b>Name of the Newspaper</b>	Deccan News Service		
<b>Date</b>	16/07/23	<b>Language:</b>	Telugu
<b>Headline</b>	Students Discipline .... Shall have a good future (Translated from Telugu script)		



## విద్యార్థులకు క్రమశిక్షణతో ... మంచి భవిష్యత్ ఉంటుంది

**□ ప్రొఫెసర్ సీవీ సర్సింహులు**

ముద్ర, హైదరాబాద్ : శనివారం సీబీఐటీ కళాశాలలో రెండవ సెమిస్టర్ చదువుతున్న విద్యార్థుల తల్లిదండ్రులతో సమావేశం నిర్వహించారు. ఈ సందర్భంగా కళాశాల ప్రిన్సిపాల్ ప్రొఫెసర్ సీవీ సర్సింహులు మాట్లాడుతూ విద్యార్థులు ఎక్కువగా మొబైల్ ఫోన్లకు బానిసలవుతున్నారు. దీన్ని అరికట్టాల్సిన బాధ్యత కళాశాల సిబ్బంది, తల్లిదండ్రులదని చెప్పారు. ఇప్పుడు, వివిధ కంపెనీలు నైపుణ్యాలను గమనిస్తూ విద్యార్థులను నియమించుకుంటున్నాయి. విద్యార్థి జీవితంలో క్రమశిక్షణ యొక్క ప్రాముఖ్యత అన్ని సరైన విషయాలను

ఆకర్షించగలదు. క్రమశిక్షణతో ఉంటే మంచి భవిష్యత్ లభిస్తుందన్నారు. విద్యార్థులు తమ జీవితంలోని ప్రతి రంగంలో విజయం సాధించగలరు. అందువల్ల క్రమశిక్షణ మరియు విద్యార్థి జీవిత ప్రాముఖ్యతను విస్మరించలేము అని అన్నారు. శిక్షణ మరియు ఫేస్ మెంట్ సలహాదారు డాక్టర్ ఎన్ఎల్ఎన్ రెడ్డి, డైరెక్టర్ స్టూడెంట్ అఫైర్స్ అండ్ ప్రోగ్రెషన్ ప్రొఫెసర్ డాక్టర్ సీవీ రవీందర్ రెడ్డి, మొదటి సంవత్సరం సమన్వయకర్త డాక్టర్ బి శ్రీనివాస్ రెడ్డి, డాక్టర్ జిఎన్ఆర్ ప్రసాద్, డాక్టర్ సటరాజ్ మరియు ఇతర ప్రొఫెసర్లు ఈ కార్యక్రమంలో పాల్గొన్నారు.




**Sun, 16 July 2023**  
[epaper.mudranews.in/c/72952215](http://epaper.mudranews.in/c/72952215)




**Report on**

**“FUTURE FORWARD – One-month activity-based event on personality types and career choices”**

**11-10-2023 to 10-11-2023**

**Objective Of Chaitanya Svaasthya for Future Forward**

At Chaitanya Svaasthya, our wellness club, we are dedicated to fostering holistic well-being among our college community. With 'Future Forward,' our goal is to extend our commitment to the overall growth of final year students. Through discussions, interactive sessions, and expert advice, we aim to guide students in clarifying their career goals, developing a vision for the future, and building the mindset needed for success. By leveraging the resources and supportive environment provided by Chaitanya Svaasthya, we intend to create a platform that encourages self-reflection, imparts practical insights, and empowers students to make informed decisions as they confidently step into the next chapter of their lives with purpose and resilience.

**Meeting To Plan the Event**

To meet the objective, Chaitanya Svaasthya (The wellness club of CBIT) has organized a meeting with faculty and student coordinators and planned to conduct one-month interactive sessions for final year students of CBIT from 11-10-2023 to 10-11-2023.

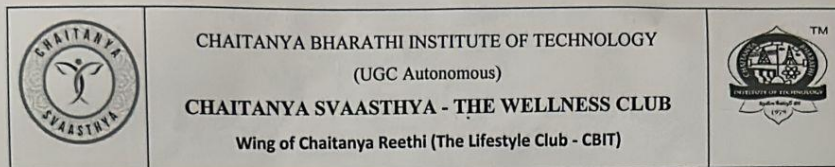
Meeting photo - Club Faculty coordinators Dr. P. V. Naga Prapurna, Student Counsellor Mrs. Liza Mary Cherian and club’s executive board members



In the meeting it was decided that the event shall have the title “FUTURE FORWARD ”, a one-month activity based offline program for final year (VII-sem) students on “personality



types and career choices". The sessions for final year students shall be as per timetable during mentoring sessions, library hours and gender sensitization sessions. Institute Student Counselor Mrs. Liza Mary Cherian will be the Resource Person. The works were identified and volunteers have been decided. Each session will have two volunteers (members of the club) from their respective departments who will handle compering and photography of the event. Principal approval, release of circular and email to all heads, design and release of poster, sessions schedule, incharges per session, event photos to be amplified through CBIT social media platforms like Instagram, WhatsApp. There are no finances involved for this event. Only resources required are basic stationery such as A4 sheets to conduct the activity.



### ATTENDANCE STATEMENT OF PARTICIPANTS

Academic Year:

Date: 10/10/23

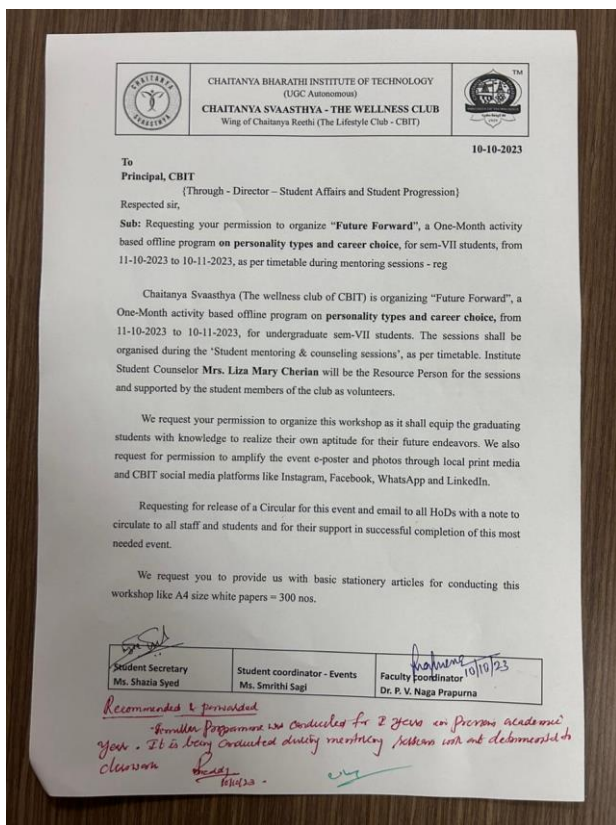
Event: Discussion on upcoming event for sem VII students - "Future Forward"

S.N	Name of the participant	Department	Full roll no	Signature
1	Shazia Syed	ECE	160121735161	[Signature]
2	Sravya	Chem	160121802009	[Signature]
3	Laasya K	AI&DS	160122771008	[Signature]
4	Sharanya Peri	AI&DS	160122771021	[Signature]
5	Sahasra Reddy	Chem	160121802003	[Signature]
6	Lakshmi Prasanna	BioTech	160121805024	[Signature]
7	Abhinandan Reddy	ECE	160122735165	[Signature]
8	Abhinav Reddy	ECE	160122735166	[Signature]
9	Tanvi	ECE	160122735149	[Signature]
10	M Haripriya	CSE	160122733150	[Signature]
11	K. Srikani	CSE	160122733010	[Signature]
12	P. Sharanya	CIVIL	160122732008	[Signature]
13	G. Venkat Parvathi	Chemical	160122802027	[Signature]
1	Dr. Nagar Prapurna	CHEMICAL		[Signature]
2	Mrs. Liza Cherian	COUNSELOR		[Signature]
3	Dr. M. Chandrea Seethan	PHYSICS		[Signature]

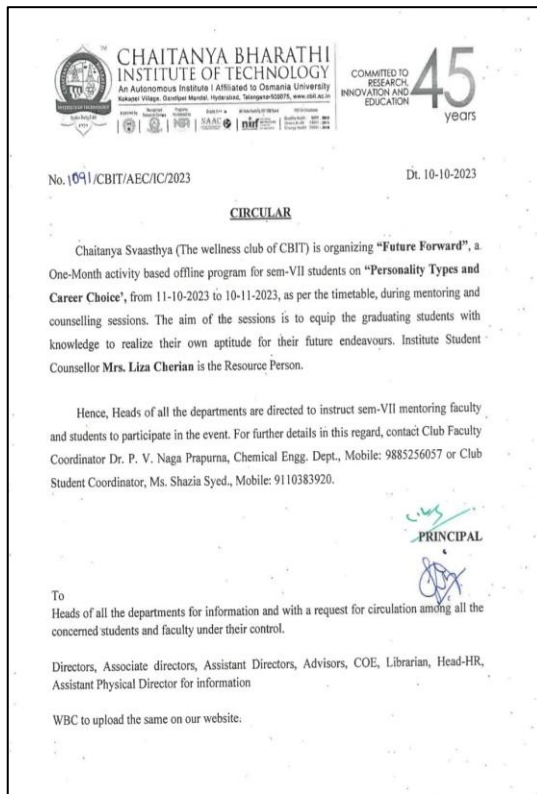
Student President  
Chaitanya Svaasthya - The Wellness club, CBIT

Faculty Coordinator,  
Chaitanya Svaasthya - The Wellness club, CBIT  
10-10-23

**Principal permission to organize event in  
CBIT campus**



**Circular issued by Institute**



**Poster designed by members of Chaitanya Svaasthya Design Team**



# FUTURE FORWARD

CHOOSE THE PATH

ONE-MONTH ACTIVITY BASED OFFLINE PROGRAM FOR SEM-VII STUDENTS ON "PERSONALITY TYPES AND CAREER CHOICE", FROM 11-10-2023 TO 10-11-2023



**FUTURE FORWARD Objective - Spreading awareness on social media**

**Instagram page:**

- <https://www.instagram.com/p/CyP3r2shM6w/?igshid=MzRIODBiNWFIZA>  
≡
- <https://www.instagram.com/p/CyQvgwmhu3J/?igshid=MTc4MmM1YmI2Ng>  
≡
- <https://www.instagram.com/p/Czcw9W1h8F5/?igshid=MTdtaTlnMjRmeHA0eA>  
≡

**Session 1 conducted for Chemical SEM-VII students**



The session was conducted on 11/10/2023-Wednesday during the 3<sup>rd</sup> hour in classroom K-202. The session coordinators were Sravya and Sahasra (3<sup>rd</sup> year students from Chemical department). Resource person Mrs. Liza Mary Cherian briefed the students about the activity. Students were given a standardised personality test, ie, Myers Briggs Personality Test to answer questions related to personality. After which the personality types were matched with the possible career choices which would help the students get a clarity regarding their life choices.

**PHOTO-1**



**PHOTO-2**



## **Session 2 conducted for Civil(A2)SEM-VII students**

The session was conducted on 06/11/2023-Monday during the 5<sup>th</sup> hour in classroom A-204. The session coordinators were Rithvik and Rakshith (2<sup>nd</sup> year students from Civil department). Resource person Mrs. Liza Mary Cherian briefed the students about the activity. Students were given a standardised personality test , ie, Myers Briggs Personality Test to answer questions related to personality. After which the personality types were matched with the possible career choices which would help the students get a clarity regarding their life choices.

**PHOTO-1**



**PHOTO-2**





### **Session 3 conducted for IT-3 SEM-VII students**

The session was conducted on 07/11/2023-Tuesday during the 6<sup>th</sup> hour in classroom L-303. The session coordinators were Arshiya and Nadia (2<sup>nd</sup> year students from IT department). Resource person Mrs. Liza Mary Cherian briefed the students about the activity. Students were given a standardised personality test, ie, Myers Briggs Personality Test to answer questions related to personality. After which the personality types were matched with the possible career choices which would help the students get a clarity regarding their life choices.

### **PHOTO-1**





**PHOTO-2**



### **Outcome Of “FUTURE FORWARD”**

At our 'Future Forward' event, our institute counselor, serving as the resource person, engaged with the final year students in an interactive session aimed at providing valuable insights into various aspects of personal and professional development. The session was structured with a PowerPoint presentation, during which students were presented with thought-provoking questions. Each participant received a sheet to answer the questions from a standardized personality test, covering areas such as decision-making, social preferences (e.g., leaving a party early or staying late), and personality traits (introversion vs. extroversion).

Through this activity, students were encouraged to reflect on their own preferences, values, and decision-making processes. By actively participating in the exercise, they had the opportunity to self-assess and calculate their responses, gaining a deeper understanding of themselves. The interactive nature of the session facilitated open discussions among the students, allowing them to share perspectives and insights.

The anticipated outcomes of this activity include increased self-awareness, improved decision-making skills, and a better understanding of personal preferences and traits. By engaging in this reflective exercise, students not only gained insights into their own behavior but also acquired valuable tools for navigating future challenges and making informed decisions. Overall, the event aimed to empower students with a sense of direction and self-confidence as they prepare to transition into the next phase of their lives.

# TOASTMASTERS CBIT

## EVENT REPORT ON EMPOWERX

**Event Name:** EmpowerX

**Date:** 14-07-2023

**Venue:** Assembly Hall, CBIT, Hyderabad

**Time:** 10:50 AM - 12:15 PM

**Number of Registrations:** 140

**Number of Participants:** 45

**Theme:** From Idea to Impact

**Speaker:**

Mr. Rahul Jain

Professional Speaker and Life Coach

**About the Event:**

An insightful speaker session was conducted on the theme “From Idea to impact”. Mr. Rahul Jain, a renowned professional speaker and an accomplished life coach, captivated the audience with his vibrant and engaging presentation. Rahul Jain emphasised the need of self-awareness, encouraging self-talk, and establishing realistic objectives for increasing confidence. Leadership skills including empathy, decision-making, and productive teamwork were discussed by Rahul Jain. He provided tips to improve communication, attentive listening, and the ability to articulate thoughts. An interactive icebreaker session was also held which made participants work on their impromptu speaking skills.

**Outcome:**

The attendees were equipped with refined personal growth and communication skills. The participants were led by his skilled life counselling to grasp his persuasive communication ideas and embrace newfound confidence. The session ignited a passion for leadership and impactful change, motivating participants to apply their acquired skills to diverse life scenarios.

**Photos:**



Mr. Rahul Jain- The speaker



The Audience



Toastmasters CBIT Team with the speaker





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EDUCATION

**44**  
years

## **TOASTMASTERS CBIT**

### **EVENT REPORT ON HUMOROUS SPEECH CONTEST**

### **AND**

### **EVALUATION SPEECH CONTEST**

**Event Name:** Humorous Speech Contest and Evaluation Speech Contest

**Date:** 14-10-23

**Venue:** D-Block Seminar Hall

**Time:** 10:00 AM – 2:00 PM

**Number of Participants:** 10

#### **About the Event:**

The Area E4 Contest of Toastmasters District 126 was hosted in CBIT for the term 2023-24. Toastmasters from district 126 have joined the contest. There were two contests Humorous Speech Contest ( HSC ) and Evaluation Speech Contest ( ESC ). There were two participants each from Toastmasters clubs of CBIT, Elan and Stagecoach. Humorous Speech is 5 to 7 minutes in length. Vocal variety, gestures, and speech content all play a part in a successful humorous speech. The contest had 6 speakers, one target speaker and 5 judges.

Evaluation speech contest features a 2 to 3 minutes evaluation of a target speaker. The target speaker gives a speech which all the evaluation contestants are to evaluate. The 6 contestants were given five minutes to prepare their evaluations and make notes. The judges compared the analytical abilities of the contestants and evaluated them accordingly.

Professional individuals who are a part of Toastmasters International also participated in the contest.

**Outcome:**

This event motivated people to enhance their speaking and thinking abilities along with analytical thinking. Speech Development is the way the speaker puts ideas together so the audience can understand them. The participants got the opportunity to network with Professionals who are a part of Toastmasters International.

**Photos:**

TOASTMASTERS  
INTERNATIONAL

Since  
1924

DISTRICT 126 | DIVISION E



**TM VARSHINI**



**TM MUNISH**



**TM KUNAL**

# AREA E4 HSC CONTESTANTS



**TM SUNANDA**



**TM MAMATHA**



**TM SREEJA**





**TM VIJAY**



**TM VARSHINI**



**TM KUNAL**

## AREA E4 EC CONTESTANTS



**TM PRAKASH**



**TM MAMATHA**



**TM SREEJA**

### Contestant Posters



TM Mamatha winning Evaluation Speech Contest







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# 45

years

## EWB-CBIT and Toastmasters CBIT

**Date:** 6<sup>th</sup> November 2023

To,  
The Principal (Through proper Channel)  
Chaitanya Bharathi Institute of Technology  
Gandipet  
Hyderabad.

Respected Sir,

**Subject:** Request for Permission to Organize EWB CBIT and Toastmasters CBIT Elocution competition SustainOrate.

**Engineers Without Borders CBIT (EWB) and Toastmasters CBIT** wish to organize an Elocution event named **SustainOrate** on **10th November 2023** from **1 PM to 3 PM**.

The elocution competition's primary aim and concept are to propagate awareness about sustainability. The judges for this event will consist of Toastmasters CBIT and EWB CBIT members, and the participants will be exclusively from the 1st and 2nd years.

We seek your permission to host the event and kindly request your assistance in ensuring its successful execution, as we endeavor to promote the crucial principles of sustainable growth and innovation.

Thanking you  
Yours Sincerely,

Shrina Tyarla  
President, EWB-CBIT

Mamatha Choudary  
President, Toastmasters CBIT

N. Lalitha Kumari  
Faculty Incharge, EWB-CBIT

*Recommended & Rewarded*  
*The event is from 1.00pm to 3.00pm*

Shredy  
6/11/2023





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## CHAITANYALAASYA

**Name of the Event:** Silver Jubilee Alumni Event

**Date of the Event:** 23-12-2023

**Time of the Event:** 6:00 pm

**Venue:** Open Air Auditorium

**Total Number of Participants:** 06

United Dance Crew (UDC) from Chaitanya Laasya stole the spotlight at the grand Silver Jubilee event of CBIT (Chaitanya Bharathi Institute of Technology). The performance by UDC left a lasting impression, captivating the audience that comprised alumni and professors alike. As the crew unleashed their mesmerizing choreography and showcased their incredible dance skills, a wave of excitement and admiration swept through the venue.



The nostalgic atmosphere of the Silver Jubilee celebration was elevated by UDC's dynamic performance, leaving the alumni and professors spellbound. The applause that followed reflected not only the crew's exceptional talent but also the resonance of their artistry across different generations connected by the institution. The appreciation from the esteemed audience underscored the universal appeal of UDC's performance, making it a standout moment in the commemoration of CBIT's years of excellence.



### List of Participants:

S.NO	FULL NAME	Year	BRANCH	ROLL NO	PHONE NUMBER
1	G.Gunashekar	4th	AI&DS	1601-20-771-032	7075298758
2	Pallavi.N	4th	IT	1601-20-737-130	7995324449
3	Joshika.D	4th	ECE	1601-20-735-020	6303549913
4	Sreekar.k	3rd	IT	1601-21-737-178	8522998950
5	Tanvi	3rd	EEE	1601-21-734-019	9441227698
6	R.SaiPriyadarshini	3rd	CSE	1601-21-733-017	8143764746

Student Co-ordinator  
G. Guna Shekar

Faculty Coordinator  
(P. Radha krishna Prasad)





## Echoes - An open mic by Geethi x Vaadya

"Echoes - Unleash Your Inner Melody" was an enchanting Open Mic event organized by Chaitanya Geethi and Chaitanya Vaadya on the 6th of October 2023, from 11 AM to 4 PM, hosted at the Assembly Hall. This captivating event commenced with an inauguration featuring esteemed guests, including our revered Principal, the Director of Student Affairs, and the Faculty Coordinator of Chaitanya Vaadya.

Drawing an overwhelming response, the event witnessed an impressive 100+ enthusiastic registrations, with over 80 dazzling performances throughout the day. What made this event truly special was its diverse participation, as students not only from our college but also from other esteemed institutions like MGIT and Malla Reddy College enthusiastically took part, adding talent and creativity to this memorable gathering.



The event truly came to life with several captivating band performances, showcasing the extraordinary talents of the members from Chaitanya Geethi and Chaitanya Vaadya. These musical ensembles added a vibrant and dynamic dimension to the overall experience, delighting the audience with their harmonious melodies and rhythmic beats. Notably, the enthusiasm of the first-year students was truly commendable, as they actively embraced the opportunity to showcase their talents and passions. Their spirited contributions added a fresh and invigorating element to the event, exemplifying the creative energy that resonated throughout the day.

The event was not only a success but also exceeded our expectations, drawing a substantial and enthusiastic audience. The overwhelmingly positive response from both the performers and the attendees allowed us to expand the event's scale significantly, turning it into a truly grand and memorable celebration of music, art, and expression.

G. Nataraju  
Faculty Coordinator of Geethi

B. Sreenivasa Reddy  
Faculty Coordinator of Vaadya



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## **WRITERS AND POETS CLUB**

EVENT REPORT ON

“UNVEILING YOUR INNER POET”

**Event name:** Unveiling Your Inner Poet

**Date:** 23<sup>rd</sup> September 2023 **Venue:** Conference Hall

**Time:** 10:30 AM – 2:00 PM **Number of registrations:** 55

**Number of participants:** 35

### **CHIEF GUEST:**

Riasath Ali Asrar

### **ABOUT THE EVENT**

On September 23, 2023, the Writer's and Poet's Club hosted

"Unveiling Your Inner Poet," a transformative poetry workshop. Chief guest Riasath Ali Asrar was honored with a memento from Dr. P.V.R. Ravinder Reddy, the Director of Student Affairs, setting the stage for an enriching experience. Asrar delved into the illustrious history of Urdu poetry, unraveling its prosody, forms, structures, and diverse genres. Participants were invigorated to explore their own poetic voices and translate their emotions into verse. In a thrilling climax, attendees penned impromptu Sher and ghazals, unveiling their latent creativity. This workshop not only upskilled their writing but also awakened the inner poet in each participant, leaving an indelible mark on their artistic journeys.

## **EVENT INSIGHTS**



***Student Coordinators***





*P.V.R Ravinder Reddy presenting the memento to Riasath Ali Asrar*



*Riasath Ali Asrar giving the workshop.*



*Audience enjoying the workshop*

*G. Vanitha*

Dr. G Vanitha

Faculty Coordinator





Phone #	Name	College	Sign.
9290126549	Syed Ishaq Nizamuddin	MUSR.	<u>S. Ishaq</u>
9701757926	Abdul Hameed	MUSR.	<u>Abdul Hameed</u>
9121721568	H. Kunal Kumar	CBIT	<u>H. Kunal</u>
8096305881	Zubair Shaik	CBIT	<u>Zubair</u>
6304663995	K. Chayan naik	CBIT	<u>Chayan</u>
8888993433	SK Asif Ali	CBIT	<u>Asif</u>
8639280212	Abdul Rauf	CBIT	<u>Rauf</u>
8341050509	Mohammed Mustafa	CBIT	<u>Mustafa</u>
9581170656	Shafiq	CBIT	<u>Shafiq</u>
6304420571	Prathame Reddy	CBIT	<u>Prathame Reddy</u>
9890360417	Melisa Blossom	CBIT	<u>Melisa Blossom</u>
9059047296	B. Shannukh Sai	CBIT	<u>B. Shannukh</u>
8247406892	G. Deepika	VNR	<u>Deepika</u>
8309238496	P. SHRIYA	CBIT	<u>Shriya</u>
8019986923	V. Sneha	CBIT	<u>Sneha</u>
1390676968	Md. Rahman uddin	CBIT	<u>Rahman</u>
1885103816	MOHAMMED ADNAN	AVEVA Solutions India	<u>Adnan</u>
300557936	Dev Manini Pyne	ICFAI School of Social Sciences	<u>Dev Manini</u>
903673150	Aditi Thakur	ICFAI	<u>Aditi Thakur</u>
1325811	Alekhyas Guddoju	ICFAI	<u>Alekhyas</u>
4455205	Mehemunnisa	CBIT	<u>Mehemunnisa</u>
57088L	Mohammed Siddique	CBIT	<u>Mohammed Siddique</u>
08067	Aakif Ahmad Mir	CBIT	<u>Aakif</u>

Phone #	Name	College
9866075340	Md Aumer Ali Khan	CBIT
7337505054	Mohammed Faizan Ul Islam	CBIT
7675035017	Syeda Javeria Fatima	CBIT

Javeria